A Five-Star Hospital for Overall Quality.
- Centers for Medicare and Medicaid Services

Barton Memorial Hospital
bartonhealth.org/quality
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## PRIMARY CARE

**Pediatrics, Family and Internal Medicine**

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## Community Health Center

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## Additional Physicians

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Barton Memorial Hospital
Operator .......................... 530-541-3420
Admitting .......................... 530-543-5835
Attic Thrift Store .................. 530-541-3378
Community Health Center ........ 530-543-5623
Customer Service (Billing) ...... 530-543-5930
Education .......................... 530-543-5549
EKG ................................. 530-543-5881
Emergency Department ........... 530-543-5890
Foundation ......................... 530-543-5909
Guest Services — Front Desk .... 530-543-5926
Health Information Management (Medical Records) .......................... 530-543-5900
Home Health/ Hospice ............. 530-543-5581
Human Resources (Personnel) .... 530-543-5564
Infusion Center ...................... 530-543-5876
Intensive Care Unit (ICU) ......... 530-543-5860
Laboratory — 4th Street ............ 530-543-5913
Laboratory — Hospital ............. 530-543-5855
Laboratory — Stateline ............. 775-589-8951
Mammography ....................... 530-543-5851
Medical Imaging (MRI, Nuclear Medicine, Ultrasound, X-Ray, CT Scan) .. 530-543-5850
Medical/Surgical Unit .............. 530-543-5870
Nutrition ............................ 530-543-5824
Obstetrics (Family Birthing Center) .... 530-543-5547
Occupational Health .............. 775-589-8987
Orthopedics (In-Patient) ......... 530-543-5865
Public Relations .................... 530-543-5615
Rehabilitation — (Hospital) ...... 530-543-5896
Rehabilitation — (Center) ......... 530-539-6600
Rehabilitation — (Stateline) ... 775-589-8953
Respiratory Care .................... 530-543-5884
Risk Management ................... 530-543-5845
Sleep Studies Lab .................. 530-543-5895
Surgery (General) ................... 530-543-5691
Lake Tahoe Surgery Center ..... 775-588-9188
Pre-Op ............................. 530-543-5528
Volunteer Program (Auxiliary) .... 530-543-5728
The following are outpatient services for those who do not need to be hospitalized for their medical care. For a full listing of all medical services, please visit our website: bartonhealth.org

**Barton Education**
1113 Emerald Bay Rd.
South Lake Tahoe, CA 96150
530-543-5549
Education.BartonHealth.org

Barton offers a range of classes for our community including CPR and first aid. Also offers certification programs for Allied Health for Certified Medical Assistant and Certified Nursing Assistant.

**Barton Performance**
2170B South Ave.
South Lake Tahoe, CA 96150
530-539-6600
BartonOrthopedicsAndWellness.com

Barton Performance helps clients find excellence with a customized program, access to a variety of group performance classes, mental performance coaching, restoration and recovery techniques, and nutritional guidance.

**Center for Orthopedics & Wellness**
2170B South Ave.
South Lake Tahoe, CA 96150
530-539-6600
BartonOrthopedicsAndWellness.com

The Center includes multi-specialty services: orthopedic surgeons, spine specialists, physical medicine and rehabilitation specialists, a sports performance team, pain-management specialists, integrative medicine providers, and health coaches. These specialists work together to ensure patients receive the highest level of comprehensive care, leading to the Center being a certified Center of Excellence by U.S. Ski and Snowboard. Offering wellness services, events and classes for community members, patients, and employers.

**EKG Stress Lab**
Barton Memorial Hospital
2170 South Ave.
South Lake Tahoe, CA 96150
530-543-5881

Electrocardiograms help diagnose evidence of heart enlargement, insufficient blood flow, new or previous heart injuries or rhythm problems, changes in electrical activity of the heart, and signs of inflammation to the sac surrounding the heart. Treadmill stress testing, holter monitoring, event monitoring and nuclear stress testing are also offered.

**Emergency Department**
IN A MEDICAL EMERGENCY DIAL 911
Barton Memorial Hospital
2170 South Avenue
South Lake Tahoe, CA 96150
530-543-5890

Level III Trauma Emergency services provided by board-certified emergency medicine physicians and specially trained nurses 24 hours a day, seven days a week.

**Family Birthing Center**
Barton Memorial Hospital
2170 South Ave.
South Lake Tahoe, CA 96150
530-543-5547

Offering a family-centered experience, the birthing center offers large, remodeled labor, delivery & recovery suites; experienced and dedicated maternity staff; board-certified lactation consultants; and follow up home visits with a registered nurse to answer all your questions after you return home. Barton Memorial Hospital’s Family Birthing Center is a Blue Distinction® Center for Maternity Care. Blue Distinction Centers are nationally designated hospitals that show expertise in delivering improved patient safety and better health outcomes.

**Community Interpreter Line**
Linea telefónica para intérprete de español. 530-539-6135

Allows Spanish speaking patients can access an interpreter who will connect them with the desired department. Permite que los pacientes de habla hispana tengan acceso a un/a intérprete que los conectara con el departamento deseado.
**Gastroenterology Lab**

Barton Memorial Hospital  
2170 South Avenue  
South Lake Tahoe, CA 96150  
530-543-5985

Our Gastroenterology (GI) lab offers preventive and curative services for digestive diseases. Some of the services provided are colonoscopies, sigmoidoscopies, hemorrhoid treatment and diagnosis, and treatment of diseases such as reflux/GERD, cancer, polyps and ulcers. The GI lab is also a satellite liver clinic for Stanford University.

**Infusion Center**

Barton Memorial Hospital  
2170 South Avenue  
South Lake Tahoe, CA 96150  
530-543-5876

Outpatient infusion services are available. Blood draws from access devices, IV medication therapy and blood transfusions are a few of the services offered. Some cancer support services are also available.

**Laboratory**

Barton Memorial Hospital  
2170 South Avenue  
South Lake Tahoe, CA 96150  
530-543-5855

Our comprehensive laboratories offer full health panels and blood screenings, with a physician’s order, to help you be informed and proactive with your health.

**Home Health**

2092 Lake Tahoe Blvd., Suite 500  
South Lake Tahoe, CA 96150  
530-543-5581  
775-782-1510

Barton provides at-home health care services with a doctor’s referral. Under the direction of your physician, we provide home care that best fits your needs. Our team includes registered nurses, rehabilitation services (including physical, occupational and speech therapy), medical social workers, nutritionists and home health aides.

**Hospice**

2092 Lake Tahoe Blvd., Suite 500  
South Lake Tahoe, CA 96150  
530-543-5581  
775-782-1510

Hospice care is a specialty program providing comfort and relief of symptoms for those who are terminally ill. Hospice care is provided in the privacy and comfort of your own home, a nursing facility or group home. Our team will work with you, your physician and your family to determine the most beneficial treatment and how to provide care. Hospice care is reserved for those who have a disease with a life prognosis of six months or less, as determined by your physician.

**Infusion Center**

Barton Memorial Hospital  
2170 South Avenue  
South Lake Tahoe, CA 96150  
530-543-5876

Outpatient infusion services are available. Blood draws from access devices, IV medication therapy and blood transfusions are a few of the services offered. Some cancer support services are also available.

**Laboratory**

Barton Memorial Hospital  
2170 South Avenue  
South Lake Tahoe, CA 96150  
530-543-5855

155 Highway 50, Suite 200  
Stateline, NV 89449  
775-589-8951

1067 Fourth Street  
South Lake Tahoe, CA 96150  
530-543-5913

- Our comprehensive laboratories offer full health panels and blood screenings, with a physician’s order, to help you be informed and proactive with your health.

**Medical Imaging**

Barton Memorial Hospital  
2170 South Avenue  
South Lake Tahoe, CA 96150  
530-543-5851

- Barton Outpatient MRI  
  (at Stateline Medical Center)  
  165 US-50, Stateline, Nevada  
  89449  
  530-543-5850

Barton’s Medical Imaging Department offers the following services: CT scanning with 128-slice low dose technology, MRI machine features state-of-the-art Short Bore and Wide Bore technology, ultrasound, digital mammography with 3D tomography and stereotactic, X-ray and fluoroscopy, nuclear medicine and interventional radiography rivaling those of urban hospitals. We also offer preventive screenings and exams for cardiac and lung disease, cancer and tumors, organ function, respiratory diseases, vascular and circulatory diseases, arthritis, bone fractures, infections, breast screenings and biopsy, OB/GYN exams, digestive and colon disorders, spider vein treatment, embolisms, and many other diseases, disorders and abnormalities. All services are done in-house and appointments can usually be made in just a few days.

**Nutrition**

Barton Memorial Hospital  
2170 South Avenue  
South Lake Tahoe, CA 96150  
530-543-5824

Our registered dietitian nutritionists provide individualized medical nutrition therapy, education and counseling for diabetes, cardiovascular disease, digestive disorders, oncology, maternal and pediatric nutrition, geriatric nutrition, weight control, sports nutrition, and wellness to meet your goals.

**Occupational Health**

Stateline Medical Center  
155 Highway 50  
Stateline, NV 89449  
775-589-8987

Providing employee health services for your business, including workers compensation injuries, medical...
review officer service and drug testing, flight exams, commercial driver's license exams, pre-employment exams, immunizations, and tuberculosis screenings.

**Rehabilitation Barton Memorial Hospital**
2170 South Avenue
South Lake Tahoe, CA 96150
530-543-5896

**Center for Orthopedics & Wellness**
2170B South Avenue, Suite 200
South Lake Tahoe, CA 96150
530-539-6600

Stateline Medical Center
155 Highway 50
Stateline, NV 89449
775-589-8953

Providing physical, occupational, speech and hand therapy with the most comprehensive services for your rehabilitation needs. We treat sports injuries, chronic pain and will assist with surgery recovery. We accept many patients including those with neurological concerns, incontinence and lymphedema. Specialty services include orthotics, running video gait analysis, bike fitting, compu-trainer, Vo2 Max and Resting Metabolic Rate Testing, functional knee testing, Alter G and treadmill and aquatic therapy.

**Respiratory Care Services**
Barton Memorial Hospital
2170 South Avenue
South Lake Tahoe, CA 96150
530-543-5884

Respiratory Care Services provides a full range of services for respiratory evaluation, including pulmonary function testing, bronchoscopy and oximetry, along with education for people with specific respiratory issues.

**Ski Resort Clinics**
Barton Medical Clinic at Heavenly Mountain Resort
530-543-5575
Barton Medical Clinic at Kirkwood Resort
209-258-7236
Barton Medical Clinic at Sierra-at-Tahoe
530-659-7434

Our resort-based clinics offer urgent care treatment of ski and snowboard injuries; X-rays, IV moderate sedation; patient ground & airlift transport to hospitals & trauma centers; ski resort employee health care; ski resort employee workers comp injuries.

**Skilled Nursing**
Barton Memorial Hospital
2170 South Avenue
South Lake Tahoe, CA 96150
530-543-5885

Our hospital-based 5-Star Skilled Nursing Facility accommodates 48 residents with all of the home-like amenities integrated into the clinical setting. Our purpose is to exceed the health care needs of our residents in a safe and secure environment while encouraging them to feel like a part of our Barton community. The Skilled Nursing Facility provides long-term care and rehabilitation care to residents who do not need acute care but cannot be cared for at home.

**Sleep Studies Lab**
Barton Memorial Hospital
2170 South Avenue
South Lake Tahoe, CA 96150
530-543-5895

Offers in-house and at home sleep studies for diagnosis and treatment of sleep disorders such as snoring, sleep apnea, insomnia, narcolepsy and restless legs/periodic leg movements (PLM).

**Surgery**
Barton General Surgery
1139 3rd Street
South Lake Tahoe, CA 96150
530-543-5691

Barton Memorial Hospital Pre-Op Office
2209 South Avenue
South Lake Tahoe, CA 96150
530-543-5528

**Lake Tahoe Surgery Center**
212 Elks Point Road,
Suite 201
Zephyr Cove, NV 89448
775-588-9188

Board-certified surgeons representing various specialties perform numerous surgical procedures. Registered nurses provide expertise for all areas of the surgery department, including pre-op, recovery and operating rooms. The da Vinci Robotic Surgery is available at Barton Memorial Hospital location.

**Telemedicine**
2209 South Avenue, Suite A
South Lake Tahoe, CA 96150
530-543-5833

Various specialists are offered through Telehealth for Tahoe related to cardiology, psychiatry, endocrinology, neurology, dermatology, oncology, infectious disease, and post-concussion management. Following a referral from a primary care physician, an appointment can be made with one of the specialists.
A PRIMARY CARE PROVIDER sees you for everyday health, wellness, and illnesses. This is your regular or family doctor who may specialize in Internal Medicine, Family Medicine, or Pediatrics. Your Primary Care Provider, who may be a doctor, nurse practitioner or a physician’s assistant, helps patients understand the bigger picture of your health and takes care of or coordinates any kind of health care services you may need, including:

- Reviewing your prescription medications
- Reviewing your lab test results
- Referring you to a special clinical program that might help you
- Referring you to a Care Manager to help you stay healthy
- Annual wellness and preventative exams
- Giving you a flu shot and other preventive screenings
- Referrals to a specialist

Patients now have access to medical information through an after-hours clinical advice line by calling their primary care office. Providers covered by the hospital financial assistance program (FAP) are noted and may be subject to change. Please check with your provider to ensure coverage.

PEDIATRICS, FAMILY AND INTERNAL MEDICINE

STEVEN L. BROOKS, MD
Barton Primary Care | Stateline Medical Center
165 Hwy 50 Stateline, NV 89449 | 775-589-8960

Medical School: University of Illinois, Chicago, IL
Hospital Affiliation: Barton Memorial Hospital
Board Certification: American Association of Physicians Specialists

Provider Covered by the Hospital Financial Assistance Policy (FAP)
JASON CROWLEY, NP
Barton Community Health Center
2201 South Avenue South Lake Tahoe, CA 96150 | 530-543-5623

Graduate School: Simmons University, Boston, MA
Specialty: Family Practice

Provider Covered by the Hospital Financial Assistance Program (FAP)

NICOLE DELAPLANTE, DO
Barton Family Medicine
1090 3rd Street, South Lake Tahoe, CA 96150 | 530-543-5660

Medical School: New York College of Osteopathic Medicine, Old Westbury, NY
Board Certifications: American Board of Obesity Medicine; American Board of Family Medicine; ACLS Certified; Advanced Life Support in Obstetrics (ALSO)

Provider Covered by the Hospital Financial Assistance Policy (FAP)

MICHAEL P. DOYLE, MD
Barton Pediatrics
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5550

Medical School: Medical College of Wisconsin, Milwaukee, WI
Board Certification: American Board of Pediatrics
Services: Pediatric primary care and pediatric acute illness.

Provider Covered by the Hospital Financial Assistance Policy (FAP)

JENNIFER EHLMANN, MD
Barton Pediatrics
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5550

Medical School: State University of New York School of Medicine, Syracuse, NY
Board Certification: American Board of Pediatrics
Services: Pediatric primary care and pediatric acute illness.

Provider Covered by the Hospital Financial Assistance Policy (FAP)

ELKE HOUSER, MSN, FNP-C, ENP-C
Barton Community Health Center
2201 South Avenue South Lake Tahoe, CA 96150 | 530-543-5623

Graduate School: Chamberlain University, IL
Board Certification: American Association of Nurse Practitioners
Specialty: Family Practice

Provider Covered by the Hospital Financial Assistance Policy (FAP)
PATRICK MARTIN, MD
Alpine Family Practice
1108 4th Street, South Lake Tahoe, CA 96150 | 530-542-5740

Medical School: Tulane Medicine, New Orleans, LA
Hospital Affiliation: Barton Memorial Hospital
Board Certification: American Board of Family Medicine
Services: Full family care, pediatrics, health promotion, allergy testing and treatment, acute and chronic illnesses, complete skin care.

Provider Covered by the Hospital Financial Assistance Policy (FAP)

CATHEY KNIGHT, FNP-C, AOCNP
Barton Primary Care | Stateline Medical Center
165 Hwy 50 Stateline, NV 89449 | 775-589-8960

Graduate School: University of Nevada, Reno
Specialty: Family Practice

Provider Covered by the Hospital Financial Assistance Policy (FAP)

ERIN JONES, MD
Barton Primary Care | Stateline Medical Center
165 Hwy 50 Stateline, NV 89449 | 775-589-8960

Medical School: Keck School of Medicine, University of Southern California, Los Angeles, CA
Board Certification: American Board of Family Medicine

Provider Covered by the Hospital Financial Assistance Policy (FAP)

MARIA MCGURRIN, PNP
Barton Pediatrics
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5550

Graduate School: MGH Institute of Health Professions, MA

Provider Covered by the Hospital Financial Assistance Policy (FAP)
ALLISON L. MONROE, MD
Alpine Family Practice
1108 4th Street, South Lake Tahoe, CA 96150  |  530-542-5740

Medical School: University of Michigan, Ann Arbor, MI
Hospital Affiliation: Barton Memorial Hospital
Professional Certification: American Academy of Family Medicine
Board Certifications: American Board of Family Medicine

Provider Covered by the Hospital Financial Assistance Policy (FAP)

MATTHEW MULLEN, FNP-C
Barton Community Health Center
2201 South Avenue South Lake Tahoe, CA 96150 | 530-543-5623

Graduate School: Spring Arbor University, MI
Specialty: Family Practice

Provider Covered by the Hospital Financial Assistance Program (FAP)

LUCIA NIEPAGEN, RN MSN FNP-C PHN
Barton Community Health Center
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5623

Graduate School: Samuel Merritt University, CA
Professional Affiliations: American Nurses Association & the American Association of Nurse Practitioners.

Provider Covered by the Hospital Financial Assistance Policy (FAP)

JENIFER E. NORRIS, MD
Barton Community Health Center
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5623

Medical School: State University of New York Downstate Medical Center College of Medicine
Hospital Affiliation: Barton Memorial Hospital
Board Certification: American Board of Family Medicine
Services: Acupuncture, preventative care, acute and chronic illness management for infants, children and adults. Speaks Spanish - Habla Español

Provider Covered by the Hospital Financial Assistance Policy (FAP)

KIM ORTA, FNP
Barton Community Health Center
2201 South Avenue, South Lake Tahoe, CA 96150  |  530-543-5623

Graduate School: University of Phoenix, Costa Mesa, CA
Board Certification: American Association of Nurse Practitioners
Professional Certifications: American Association of Nurse Practitioners (AANP), California Association for Nurse Practitioners (CANP)

Provider Covered by the Hospital Financial Assistance Policy (FAP)
ALLISON STEINMETZ, MD
Barton Family Medicine
1090 3rd Street, South Lake Tahoe, CA 96150 | 530-543-5660

Medical School: Tulane University School of Medicine, New Orleans, LA
Board Certifications: American Board of Internal Medicine; American Board of Pediatrics
Services: Primary care physician for all ages with a specific talent for treating menopausal issues, teenagers and women’s health.

Provider Covered by the Hospital Financial Assistance Policy (FAP)

BARBARA PIDERMANN, DNP
Barton Family Medicine
1090 3rd Street, South Lake Tahoe, CA 96150 | 530-543-5660

Graduate School: California State Long Beach, Long Beach, CA
Board Certifications: American Academy of Nurse Practitioners

Provider Covered by the Hospital Financial Assistance Policy (FAP)

DANIELLE PRIEM, DO
Barton Pediatrics
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5550

Medical School: Des Moines University, Des Moines, IA
Professional Certifications: American Board of Pediatrics

Provider Covered by the Hospital Financial Assistance Policy (FAP)

TYLER PETERSON, DO
Barton Family Medicine
1090 3rd Street, South Lake Tahoe, CA 96150 | 530-543-5660

Medical School: Touro University of Nevada
Professional Certification: Board Certified through the American Board of Family Medicine

Provider Covered by the Hospital Financial Assistance Policy (FAP)
ANDREW H. TANG, MD
Barton Primary Care | Stateline Medical Center
165 Hwy 50 Stateline, NV 89449  |  775-589-8960

Medical School: Creighton University, Omaha, NE
Hospital Affiliations: Barton Memorial Hospital
Board Certifications: American Board of Internal Medicine

Provider Covered by the Hospital Financial Assistance Policy (FAP)

KELLY VIAL, FNP-C
Barton Family Medicine
1090 3rd Street, South Lake Tahoe, CA 96150  |  530-543-5660

Graduate School: Samuel Merritt University, Sacramento/Oakland, CA
Board Certifications: American Academy of Nurse Practitioners

Provider Covered by the Hospital Financial Assistance Policy (FAP)
A **SPECIALIST** is an individual that specializes in a particular type of medicine, like Orthopedics, Gynecology, or Psychiatry. If your specialist appointment requires a referral, you can often get approval for your referral before you even leave your primary care doctor’s office. Some specialty services are available without referral from your doctor (called “self-referral”) such as well-woman visits. Some health insurance plans do not require you to get an authorized referral to see a specialist. Ask your primary care provider which services you are eligible to receive without prior authorization.

Providers covered by the hospital financial assistance program (FAP) are noted and may be subject to change. Please check with your provider to ensure coverage.

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**AUDIOLOGY**

**MARINA MULVEY, AUD**  
Barton Audiology  
2169 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5815

**Post-Graduate School:** University of Florida, Gainesville, FL  
**Certifications:** California State License in Audiology  
**Services:** Adult & Pediatric Hearing exams & Hearing aid fitting  

*Provider Covered by the Hospital Financial Assistance Policy (FAP)*
HOLLY BURNAM, NP
Barton Cardiology
155 Highway 50, Suite 203, Stateline, NV 89449 | 775-589-8916

Graduate School: Sonoma State University, Rohnert Park, CA
Board Certifications: Basic Life Support, Advanced Cardiac Life Support, Pediatric Advanced Life Support

Provider Covered by the Hospital Financial Assistance Policy (FAP)

DAVID R. YOUNG, MD
Barton Cardiology
155 Highway 50, Suite 203, Stateline, NV 89449 | 775-589-8916

Medical School: University of Nevada, School of Medicine, Reno, NV
Board Certifications: American Board of Internal Medicine with Sub-Specialty in Cardiology; American Board of Internal Medicine
Hospital Affiliations: Barton Memorial Hospital, Renown Regional Medical Center

Provider Covered by the Hospital Financial Assistance Policy (FAP)

HYUN HA, DDS
Tahoe Dental Arts
2180 Lake Tahoe Blvd., #5, South Lake Tahoe, CA 96150 | 530-541-8229

Dental School: Loma Linda University School of Dentistry, Loma Linda, CA
Hospital Affiliation: Barton Memorial Hospital
Specialty: General and cosmetic dentistry

ANDREK INGERSOLL, DDS
Carson City Pediatric Dentistry
4530 S. Carson St., Suite 5, Carson City, NV 89701 | 775-461-3800

Dental School: Case Western Reserve School of Dental Medicine, Cleveland, OH
Residency: Offutt Air Force Base in Omaha, Nebraska
Hospital Affiliation: Barton Memorial Hospital
Specialty: Pediatric Dentistry

FREDERICK JOHN, DMD
Carson City Pediatric Dentistry
4530 S. Carson St., Suite 5, Carson City, NV 89701 | 775-461-3800

Dental School: University of Nevada, Las Vegas School of Dental Medicine, Las Vegas, NV
Residency: Primary Children’s Medical Center; Pediatric Dental Residency
Hospital Affiliation: Barton Memorial Hospital
Services: Pediatric Dentistry
**KEVIN OLSON, DMD**  
Carson City Pediatric Dentistry  
4530 S. Carson St., Ste. 5, Carson City, NV 89701  |  775-461-3800  
**Dental School:** University of Nevada, Las Vegas School of Dental Medicine, Las Vegas, NV  
**Residency:** Cincinnati Children’s Hospital Medical Center  
**Hospital Affiliation:** Barton Memorial Hospital  
**Speciality:** Pediatric Dentistry

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**EAR, NOSE & THROAT**

**ALEX J. CATEN, MD**  
Sierra Nevada Ear, Nose and Throat Associates  
1520 Virginia Ranch Rd., Ste. 103, Gardnerville, NV 89410  |  775-782-3888  
2874 N. Carson St., Ste. 220, Carson City, NV 89706  |  775-883-7666  
801 E. Williams Avenue, Ste. 3310, Fallon, NV 89406  |  775-883-7666  
**Medical School:** Tufts University School of Medicine, Boston, MA; Harvard University School of Public Health, Boston, MA  
**Hospital Affiliations:** Barton Memorial Hospital; Lake Tahoe Surgery Center; Carson Valley Medical Center; Carson Tahoe Regional Medical Center; Sierra Surgery and Imaging  
**Board Certifications:** American Board of Otolaryngology  
**Services:** Otolaryngology, rhinology, head and neck surgery, treatment of sinus and allergy

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**PAUL D. MANOUKIAN, MD**  
Sierra Nevada Ear, Nose and Throat Associates  
1520 Virginia Ranch Rd., Ste. 103, Gardnerville, NV 89410  |  775-782-3888  
2874 N. Carson St., Ste. 220, Carson City, NV 89706  |  775-883-7666  
801 E. Williams Avenue, Ste. 3310, Fallon, NV 89406  |  775-883-7666  
**Medical School:** Tufts University School of Medicine, Boston, MA; Harvard University School of Public Health, Boston, MA  
**Hospital Affiliations:** Barton Memorial Hospital; Lake Tahoe Surgery Center; Carson Valley Medical Center; Carson Tahoe Regional Medical Center; Sierra Surgery and Imaging  
**Board Certifications:** American Board of Otolaryngology  
**Services:** Otolaryngology, rhinology, head and neck surgery, treatment of sinus and allergy

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**ALEXANDER MANTEGHI, DO**  
2169 South Avenue South Lake Tahoe, CA 96150 | Phone: 530-543-5815  
**Medical School:** Ohio University Heritage College of Osteopathic Medicine  
**Board Certifications:** American Osteopathic Board of Ophthalmology and Otolaryngology - Head and Neck Surgery  
**Affiliated Memberships:** American Society of Pediatric Otolaryngology; The College of Physicians of Philadelphia; Pennsylvania College of Otolaryngology, Head and Neck Surgery; American Osteopathic Association  
**Services:** Adult and Pediatric ENT Patients  

*Provider Covered by the Hospital Financial Assistance Policy (FAP)*
K. BRIAN ROMANESCHI, MD
Sierra Nevada Ear, Nose and Throat Associates
1520 Virginia Ranch Rd., Ste. 103, Gardnerville, NV 89410 | 775-782-3888
2874 N. Carson St., Ste. 220, Carson City, NV 89706 | 775-883-7666
801 E. Williams Avenue, Ste. 3310, Fallon, NV 89406 | 775-883-7666

Medical School: University of Washington School of Medicine, Seattle, WA
Hospital Affiliations: Barton Memorial Hospital, Lake Tahoe Surgery Center, Carson Valley Medical Center, Carson Tahoe Regional Medical Center, Sierra Surgery and Imaging
Board Certifications: American Board of Otolaryngology
Services: Otolaryngology, rhinology, head and neck surgery, laser and facial plastic surgery, treatment of sinus and allergy

GASTROENTEROLOGY

AZADEH BRUMAND, MD
Barton Gastroenterology
1139 3rd Street, South Lake Tahoe, CA 96150 | 530-543-5985

Medical School: Touro University Nevada, College of Osteopathic Medicine, NV
Board Certifications: American Board of Internal Medicine
Provider Covered by the Hospital Financial Assistance Policy (FAP)

GYNECOLOGY

MEGAN JEWELL, MD
Barton OB/GYN
2175 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5711

Medical School: Chicago Medical School, Chicago, IL
Board Certifications: Board Certified in Obstetrics & Gynecologists, DaVinci Robot Certification for Benign Gynecology, American Board of Obstetrics & Gynecology
Provider Covered by the Hospital Financial Assistance Policy (FAP)

ELISABETH NIGRINI, MD
Barton OB/GYN
2175 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5711

Medical School: University of Pittsburgh School of Medicine, Pittsburgh, PA
Board Certifications: American Board of Obstetrics and Gynecology, American College of Obstetricians and Gynecologists
Provider Covered by the Hospital Financial Assistance Policy (FAP)
**CLARE RUDOLPH, MD**
Barton OB/GYN  
2175 South Avenue, South Lake Tahoe, CA 96150  |  530-543-5711  
Gynecology & Obstetrics | Barton Community Health Center  
2201 South Avenue, South Lake Tahoe, CA 96150  |  530-543-5467  
Medical School: St. Louis University School of Medicine, St. Louis, MO  
Board Certifications: American Board of Obstetrics & Gynecology  
*Provider Covered by the Hospital Financial Assistance Policy (FAP)*

**AMANDA WEAVIL, MD**
Barton OB/GYN  
2175 South Avenue, South Lake Tahoe, CA 96150  |  530-543-5711  
Gynecology & Obstetrics | Barton Community Health Center  
2201 South Avenue, South Lake Tahoe, CA 96150  |  530-543-5467  
Medical School: University of Maryland School of Medicine, Baltimore, MD  
Board Certifications: American Board of Obstetrics & Gynecology, DaVinci Robot Certification for Benign Gynecology  
*Provider Covered by the Hospital Financial Assistance Policy (FAP)*

**GARY F. WILLEN, MD, MBA**
Tahoe Women’s Care  
961 Mica Drive, Carson City, NV 89705  |  530-544-8333  |  775-267-6700  
Medical School: MD – Albany Medical College, Albany, NY; MBA – University of South Florida, Tampa, FL  
Hospital Affiliations: Barton Memorial Hospital; Carson Valley Medical Center; Lake Tahoe Surgery Center  
Board Certifications: American Board of Obstetrics & Gynecology; Accreditation Council for Gynecologic Endoscopy  

**NEUROLOGY**

**RITUPARNA DAS, MD**
Barton Neurology  
1067 4th Street, South Lake Tahoe, CA 96150  |  530-539-6047  
Medical School: Medical College of Georgia, Augusta, Georgia  
Board Certifications: American Board of Psychiatry and Neurology  
Affiliated Membership: American Academy of Neurology  
Service: Adult Neurology Care  
*Provider Covered by the Hospital Financial Assistance Policy (FAP)*
OBSTETRICS

MEGAN JEWELL, MD
Barton OB/GYN
2175 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5711

Medical School: Chicago Medical School, Chicago, IL
Board Certifications: Board Certified in Obstetrics & Gynecologists, DaVinci Robot Certification for Benign Gynecology, American Board of Obstetrics & Gynecology

Provider Covered by the Hospital Financial Assistance Policy (FAP)

ELISABETH NIGRINI, MD
Barton OB/GYN
2175 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5711

Medical School: University of Pittsburgh School of Medicine, Pittsburgh, PA
Board Certifications: American Board of Obstetrics and Gynecology, American College of Obstetricians and Gynecologists

Provider Covered by the Hospital Financial Assistance Policy (FAP)

CLARE RUDOLPH, MD
Barton OB/GYN
2175 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5711

Gynecology & Obstetrics | Barton Community Health Center
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5467

Medical School: St. Louis University School of Medicine, St. Louis, MO
Board Certifications: American Board of Obstetrics & Gynecology

Provider Covered by the Hospital Financial Assistance Policy (FAP)

AMANDA WEAVIL, MD
Barton OB/GYN
2175 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5711

Gynecology & Obstetrics | Barton Community Health Center
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5467

Medical School: University of Maryland School of Medicine, Baltimore, MD
Board Certifications: American Board of Obstetrics & Gynecology, DaVinci Robot Certification for Benign Gynecology

Provider Covered by the Hospital Financial Assistance Policy (FAP)
RICHARD D. BOTTO, MD
Barton Occupational Health | Stateline Medical Center
155 Hwy. 50, Stateline, NV 89449  | 775-589-8987

Medical School: University of Tennessee Center for Health Sciences, Memphis, TN
Board Certifications: American Board of Family Medicine
Services: General family medicine, acupuncture and holistic care offered in a peaceful environment.

MICHELLE FEENEY, MSN, FNP
Barton Urgent Care | Stateline Medical Center
155 Hwy. 50, Stateline, NV 89449 | 775-589-8900

Graduate School: University of San Francisco, San Francisco, CA
Certifications: American Academy of Nurse Practitioners
Services: Adult and pediatric acute illnesses, adult and pediatric primary care.

JANET GOODALL, NP, PA
Barton Occupational Health | Stateline Medical Center
155 Highway 50, Stateline, NV 89449 | 775-589-8987

Graduate School: Master of Physician Assistant – University of Nebraska Medical Center, Omaha, NE; Master of Family Nurse Practitioner/Physician Assistant – University of California, Davis, Davis, CA
Certifications: American Academy of Nurse Practitioners; National Commission on Certification of Physician Assistants

JAMIE MILLER, MSN, FNP
Barton Occupational Health | Stateline Medical Center
155 Hwy. 50, Stateline, NV 89449 | 775-589-8987

Graduate School: University of Nevada, Reno
Certifications: American Academy of Nurse Practitioners

ANDREW H. TANG, MD
Barton Occupational Health | Stateline Medical Center
155 Highway 50, Stateline, NV 89449  | 775-589-8987

Medical School: Creighton University, Omaha, NE
Board Certifications: American Board of Internal Medicine
ONCOLOGY

JANET GOODALL, PA, FNP
Barton Oncology
1139 3rd Street, South Lake Tahoe, CA 96150 | 530-582-6450

Graduate School: Master of Physician Assistant – University of Nebraska Medical Center, Omaha, NE; Master of Family Nurse Practitioner/Physician Assistant – University of California, Davis, Davis, CA
Certifications: American Academy of Nurse Practitioners; National Commission on Certification of Physician Assistants

MELISSA KAIME, MD, FACP
Barton Oncology
1139 3rd Street, South Lake Tahoe, CA 96150 | 530-582-6373

Tahoe Forest Cancer Center
10121 Pine Ave., Truckee, CA 96161 | 530-582-6450

Medical School: St. Louis University School of Medicine, St. Louis, MO
Board Certifications: American Board of Internal Medicine – Oncology, Internal Medicine, Heatology

CATHEY KNIGHT, FNP-C, AOCNP
Barton Oncology
1139 3rd Street, South Lake Tahoe, CA 96150 | 530-582-6450

Graduate School: University of Nevada, Reno
Specialty: Family Practice

AHRIN B. KOPPEL, MD
Barton Oncology
1139 3rd Street, South Lake Tahoe, CA 96150 | 530-582-6373

Tahoe Forest Cancer Center
10121 Pine Avenue, Truckee, CA 96161 | 530-582-6450

Medical School: Sackler School of Medicine - New York State American Branch, New York, NY
Hospital Affiliations: Barton Memorial Hospital; Tahoe Forest Hospital; UC Davis
Board Certifications: American Board of Internal Medicine – Internal Medicine, Heatology & Medical Oncology

THOMAS SEMRAD, MD
Barton Oncology
1139 3rd Street, South Lake Tahoe, CA 96150 | 530-582-6373

Tahoe Forest Cancer Center
10121 Pine Avenue, Truckee, CA 96161 | 530-582-6450

Medical School: Rush University Medical School, Chicago, IL
Hospital Affiliations: Barton Memorial Hospital, Tahoe Forest Hospital
Board Certifications: American Board of Internal Medicine – Medical Oncology; American Board of Internal Medicine – Internal Medicine, Physician & Surgeon.
OPHTHALMOLOGY

ROBERT S. WOLFF, MD
Sierra Nevada Eye Center
3475 G.S. Richards Blvd., Carson City, NV 89703 | 775-841-2000

Medical School: Vanderbilt University, Nashville, TN
Hospital Affiliations: Barton Memorial Hospital; Carson Valley Medical Center; Carson Tahoe Regional Medical Center; Renown; St. Mary’s Medical Center; Northern Nevada Medical Center; Lake Tahoe Surgery Center
Board Certifications: American Board of Ophthalmology
Services: Evaluation and treatment of eye disease, no-stitch cataract surgery, glaucoma laser and surgery, pterygium excision, Botox treatment, eyelid surgery

OPTOMETRY

MARK LEHMANN, OD
Lake Tahoe Eye Care Optometry
2074 Lake Tahoe Blvd. Suite 2, South Lake Tahoe, CA 96150 | 530-541-2030

Medical School: Illinois University, Chicago, IL
Hospital Affiliation: Barton Memorial Hospital
Services: Comprehensive eye care for all ages, diagnosing and treating ocular disease and performing pre and post-operative exams for refractive, cataract and strabismus surgery.

ORAL & MAXILLOFACIAL SURGERY

RACHEL APPELBLATT, MD
Tahoe Oral Surgery and Implant Center
591 Tahoe Keys Blvd., Ste. D4, South Lake Tahoe, CA 96150 | 530-541-4042

Medical School: University of the Pacific Arthur A. Dugoni School of Dentistry, San Francisco, CA; New York University School of Medicine, New York, NY
Hospital Affiliation: Barton Memorial Hospital
Board Certifications: California Dental License; California Physician & Surgeon’s License

DANIEL MARTIN, DDS
Tahoe Oral Surgery and Implant Center
591 Tahoe Keys Blvd., Ste. D4, South Lake Tahoe, CA 96150 | 530-541-4042

Dental School: University of the Pacific Arthur A. Dugoni School of Dentistry, San Francisco, CA
Hospital Affiliation: Barton Memorial Hospital
Board Certifications: American Board of Oral & Maxillofacial Surgeons; California Dental License; Nevada Dental License; Nevada General Anesthesia; Advanced Cardiac Life Support; Basic Life Support for Health Care Providers; Advanced Traumatic Life Support; California DEA Certificate
GREGORY BURKARD JR., DO
Center for Orthopedics & Wellness
2170B South Avenue South Lake Tahoe, CA 96150 | 530-543-5554
Tahoe Orthopedics & Sports Medicine
212 Elks Point Rd., Ste. 200, Zephyr Cove, NV 89448 | 775-589-8950
935 Mica Dr., Bldg. C, Ste. 15, Carson City, NV 89705 | 775-783-3065

Medical School: New York College of Osteopathic Medicine, Old Westbury, NY
Board Certifications: Physical Medicine and Rehabilitation, Board Certified in Physical Medicine and Rehabilitation
Specialties: Sports and Musculoskeletal Medicine, Regenerative medicine therapies (i.e. PRP, Bone Marrow Aspirate), Musculoskeletal ultrasound including therapeutic injections and diagnostics, Comprehensive spine care using fluoroscopy-guided interventional procedures (cervical to lumbar spine)

Provider Covered by the Hospital Financial Assistance Policy (FAP)

JASON CALL, PA-C
Center For Orthopedics & Wellness
2170B South Avenue South Lake Tahoe, CA 96150 | 530-543-5554
Tahoe Orthopedics & Sports Medicine
212 Elks Point Rd., Ste. 200, Zephyr Cove, NV 89448 | 775-589-8950
935 Mica Dr., Bldg. C, Ste. 15, Carson City, NV 89705 | 775-783-3065

Graduate School: University of Nebraska Medical Center, Lincoln, NE
Board Certifications: American Academy of Physician Assistants; National Commission on Certification of Physician Assistants; NCCPA; Advanced Cardiac Life Support; Basic Life Support

Provider Covered by the Hospital Financial Assistance Policy (FAP)

ZACHARY CHILD, MD
Center for Orthopedics & Wellness
2170B South Avenue, South Lake Tahoe, CA 96150 | 530-543-5554
Tahoe Orthopedics & Sports Medicine
935 Mica Dr., Bldg. C, Ste. 15, Carson City, NV 89705 | 775-783-3065

Medical School: University of Nevada School of Medicine, Reno, NV
Board Certifications: American Board of Orthopaedic Surgery, Step 1 & 2
Services: Orthopedics, Spine, chronic back pain, artificial disc replacement and repair, tumor surgery with emphasis on primary and malignant tumors of pelvis, spine and extremities.

Provider Covered by the Hospital Financial Assistance Policy (FAP)
MICHAEL F. FRY, MD
Orthopedics | Barton Community Health Center
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5783
Medical School: University of Southern California School of Medicine, Los Angeles, CA
Hospital Affiliations: Barton Memorial Hospital; Carson Tahoe Regional Medical Center; University of California – Davis; Sierra Surgery Hospital
Board Certifications: American Board of Orthopaedic Surgery; Fellowship – Spine Surgery at U.C. Davis
Services: Treatment of adult and pediatric diseases of the spine and spine trauma.
Provider Covered by the Hospital Financial Assistance Policy (FAP)

KATIE GOLLOTTO, DO, FAAPMR
Barton Sports and Physical Medicine
155 Highway 50, suite 203, Stateline NV 89449 | 775-589-8915
Medical School: Philadelphia College of Osteopathic Medicine, PA
Board Certifications: Board Certified Sports Medicine Specialist
Board Certified Physical Medicine and Rehabilitation Specialist
Provider Covered by the Hospital Financial Assistance Policy (FAP)

ALISON GANONG, MD
Center for Orthopedics & Wellness
21708 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5554
Tahoe Orthopedics & Sports Medicine
925 Tahoe Blvd, Ste. 105, Incline Village, NV 89451 | 775-580-7600
Medical School: Medical University of Nevada, Reno, NV
Board Certifications: Physical Medicine & Rehabilitation; Sports Medicine Diplomat in Physical Medicine & Rehabilitation
Provider Covered by the Hospital Financial Assistance Policy (FAP)

MICHAEL JASKOT, PA-C
Center for Orthopedics & Wellness
21708 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5554
Tahoe Orthopedics & Sports Medicine
212 Elks Point Rd., Ste. 200, Zephyr Cove, NV 89448 | 775-589-8950
935 Mica Dr., Bldg. C, Ste 15, Carson City, NV 89705 | 775-783-3065
Graduate School: University of Utah, Salt Lake City, UT
Certification: National Commission on Certification of Physician Assistants
Provider Covered by the Hospital Financial Assistance Policy (FAP)
DAVID A. JONES, MD
Tahoe Fracture & Orthopedic Clinic
973 Mica Dr., Ste. 201, Carson City, NV 89705 | 775-783-6190 | 800-500-1135

Medical School: Albert Einstein College of Medicine, Bronx, NY
Hospital Affiliations: Barton Memorial Hospital; Carson Tahoe Regional Medical Center; Sierra Surgery Center; University of California Davis Medical Center
Board Certification: American Board of Orthopaedic Surgery
Services: Artificial disk replacement, spine surgery for treatment of scoliosis, treatment of degenerative back and neck disorders, spine fractures and tumors, trained in minimally invasive techniques and microsurgery kyphoplasty.

MARCO MENDOZA, MD
Tahoe Fracture & Orthopedic Clinic
973 Mica Dr., Ste. 201, Carson City, NV 89705 | 775-783-6190 | 800-500-1135

Medical School: University of Kentucky College of Medicine, Lexington, KY
Board Certifications: American Board of Orthopaedic Surgery

LYDIA O’BANNON, PA-C
Center for Orthopedics & Wellness
21708 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5554

Tahoe Orthopedics & Sports Medicine
212 Elks Point Rd., Ste. 200, Zephyr Cove, NV 89448 | 775-589-8950
925 Tahoe Blvd, Ste. 105, Incline Village, NV 89451 | 775-580-7600
935 Mica Dr., Bldg. C, Ste. 15, Carson City, NV 89705 | 775-783-3065

Graduate School: Towson University, MD
Board Certifications: NCCPA board certified, Phlebotomy certified, BLS/ACLS certified, Certified Aesthetic Injector, GAIT (Geriatric Assessment Interdisciplinary Team) certified

Provider Covered by the Hospital Financial Assistance Policy (FAP)

JEFFREY A. ORR, MD
Center for Orthopedics & Wellness
21708 South Avenue South Lake Tahoe, CA 96150 | 530-543-5554

Tahoe Orthopedics & Sports Medicine
935 Mica Dr., Bldg. C, Ste. 15, Carson City, NV 89705 | 775-783-3065
212 Elks Point Rd., Ste. 200, Zephyr Cove, NV 89448 | 775-589-8950

Medical School: Georgetown University, Washington D.C.
Board Certifications: American Board of Orthopaedic Surgery, Sports Medicine Fellowship
Services: Specializing in operative and non-operative services for orthopedic and sports medicine needs with concentration on bones, joints, ligaments, tendons, muscles, and nerves.

Provider Covered by the Hospital Financial Assistance Policy (FAP)
**DANA RANDALL, PA-C**  
Center for Orthopedics & Wellness  
21708 South Avenue South Lake Tahoe, CA 96150 | 530-543-5554  
Tahoe Orthopedics & Sports Medicine  
935 Mica Dr., Bldg. C, Ste. 15, Carson City, NV 89705 | 775-783-3065  
925 Tahoe Blvd, Ste. 105, Incline Village, NV 89451 | 775-580-7600  
Graduate School: Kings College, Wilkes Barre, PA  
Provider Covered by the Hospital Financial Assistance Policy (FAP)

**DANIEL T. ROBERTSON, MD**  
Center for Orthopedics & Wellness  
21708 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5554  
Tahoe Orthopedics & Sports Medicine  
212 Elks Point Rd., Ste. 200, Zephyr Cove, NV 89448 | 775-589-8950  
935 Mica Dr., Bldg. C, Ste 15, Carson City, NV 89705 | 775-783-3065  
Medical School: Loma Linda University, Loma Linda, CA  
Hospital Affiliations: Barton Memorial Hospital; Lake Tahoe Surgery Center; Carson Valley Medical Center; Carson Tahoe Regional Medical Center; Sierra Surgery Hospital  
Board Certifications: American Board of Orthopaedic Surgery; Additional certification in hand surgery.  
Services: Specializing in surgery of the hand, wrist, elbow and shoulder.  
Provider Covered by the Hospital Financial Assistance Policy (FAP)

**ROBERT E. RUPP, MD**  
Center for Orthopedics & Wellness  
21708 South Avenue South Lake Tahoe, CA 96150 | 530-543-5554  
Tahoe Orthopedics & Sports Medicine  
925 Tahoe Blvd., Ste. 105, Incline Village, NV 89451 | 775-580-7600  
212 Elks Point Rd., Ste. 200, Zephyr Cover, NV 89448 | 775-589-8950  
935 Mica Dr., Bldg. C, Ste 15, Carson City, NV 89705 | 775-783-3065  
Medical School: University of Texas Medical Branch, Galveston, TX  
Hospital Affiliations: Barton Memorial Hospital; Carson Valley Medical Center; Lake Tahoe Surgery Center; Incline Village Community Hospital  
Board Certifications: American Board of Orthopaedic Surgery; Certificate of Added Qualification of Sports Medicine, Director of Lake Tahoe Sports Medicine Fellowship  
Services: Sports medicine, advanced techniques of shoulder, hip and knee surgery, arthroscopic rotator cuff repair and hip arthroscopy to avoid hip replacement, trauma and fracture surgery, anterior hip replacement.  
Provider Covered by the Hospital Financial Assistance Policy (FAP)
PAUL RYAN, MD
Center for Orthopedics & Wellness
2170B South Avenue, South Lake Tahoe, CA 96150 | 530-543-5554
Tahoe Orthopedics & Sports Medicine
925 Tahoe Blvd. Ste 105, Incline Village, NV, 89451 | 775-580-7600
935 Mica Drive, Bldg C Ste 15, Carson City, NV 89705 | 775-783-3065

Medical School: Tulane University School of Medicine, New Orleans, LA
Certifications: American Board of Orthopaedic Surgery Certification
Attending Faculty – Lake Tahoe Sports Medicine Fellowship, Associate Professor of Surgery – Uniformed Services University, American Orthopaedic Foot & Ankle Society, American Association of Orthopaedic Surgeons, Society of Military Orthopaedic Surgeons, Sub-specialty training in Foot & Ankle Surgery
Services: Specializes in comprehensive foot & ankle surgical care, including sports, arthritis, replacement, deformity, and trauma.

Provider Covered by the Hospital Financial Assistance Policy (FAP)

SCOTT W. SOUTHWARD, MD
1520 Virginia Ranch Rd., Ste. 1B, Gardnerville, NV 89410 | 775-782-1670
2158 Jean Avenue, South Lake Tahoe, CA 96150 | 530-541-4117

Medical School: University of Nevada School of Medicine, Reno, NV
Hospital Affiliations: Barton Memorial Hospital; Carson Valley Medical Center; University of California Davis Medical Center
Board Certifications: American Board of Orthopaedic Surgery; North American Arthroscopy Board
Services: Orthopedic surgery, sports medicine

KYLE E. SWANSON, MD, FAAOS
Center for Orthopedics & Wellness
2170B South Avenue, South Lake Tahoe, CA 96150 | 530-543-5554
Tahoe Orthopedics & Sports Medicine
212 Elks Point Rd., #200, Zephyr Cover, NV 89448 | 775-589-8950
935 Mica Dr., Ste. 15, Carson City NV 89705 | 775-783-3065

Medical School: Texas Tech University Health Sciences Center, Lubbock, TX
Hospital Affiliations: Barton Memorial Hospital; Lake Tahoe Surgery Center; Carson Valley Medical Center
Board Certifications: American Board of Orthopaedic Surgery; Certificate of Added Qualifications in Sports Medicine
Services: Orthopedic surgery, total shoulder, total shoulder replacement, treatment of sports injuries and bone trauma.

Provider Covered by the Hospital Financial Assistance Policy (FAP)

AMY VILLARET, PA
Center for Orthopedics & Wellness
2170B South Avenue, South Lake Tahoe, CA 96150 | 530-539-6600
Tahoe Orthopedics & Sports Medicine
925 Tahoe Blvd, Ste. 105, Incline Village, NV 89451 | 775-580-7600

Graduate School: Stanford University, Palo Alto, CA
Certifications: National Commission on Certification of Physician Assistants

Provider Covered by the Hospital Financial Assistance Policy (FAP)
PAIN MANAGEMENT

PETER J. DIGRANDE, MD
Barton Memorial Hospital
2170 South Avenue, South Lake Tahoe, CA 96150  |  530-543-5552

Medical School: University of California at San Diego, San Diego, CA
Hospital Affiliations: Barton Memorial Hospital; Carson Valley Medical Center; Lake Tahoe Surgery Center
Board Certifications: American Board of Anesthesia Association membership; Fellow – pain management.
Services: Treatment of acute chronic pain and malignant chronic benign pain syndromes.

PALLIATIVE CARE

SHERELLEN GERHART, MD
Barton Palliative Care
2092 Lake Tahoe Blvd., Suite 500, South Lake Tahoe, CA 96150
530-600-1960

Medical School: University of Texas Health Science Center, San Antonio, TX
Board Certifications: Board Certified Internists; Board Certified in Geriatric Medicine; Board Certified in Palliative and Hospice Medicine

Provider Covered by the Hospital Financial Assistance Policy (FAP)

PHYSICAL MEDICINE

GREGORY BURKARD JR., DO
Center for Orthopedics & Wellness
2170B South Avenue South Lake Tahoe, CA 96150  |  530-543-5554

Tahoe Orthopedics & Sports Medicine
212 Elks Point Rd., Ste. 200, Zephyr Cove, NV 89448 | 775-589-8950
935 Mica Dr., Bldg. C, Ste. 15, Carson City, NV 89705 | 775-783-3065

Medical School: New York College of Osteopathic Medicine, Old Westbury, NY
Board Certifications: Physical Medicine and Rehabilitation, Board Certified in Physical Medicine and Rehabilitation
Specialties: Sports and Musculoskeletal Medicine, Regenerative medicine therapies (i.e. PRP, Bone Marrow Aspirate), Musculoskeletal ultrasound including therapeutic injections and diagnostics, Comprehensive spine care using fluoroscopy-guided interventional procedures (cervical to lumbar spine)

Provider Covered by the Hospital Financial Assistance Policy (FAP)
ALISON GANONG, MD  
Center for Orthopedics & Wellness  
2170B South Avenue South Lake Tahoe, CA 96150 | 530-539-6600  
Tahoe Orthopedics & Sports Medicine  
925 Tahoe Blvd., Ste. 105, Incline Village, NV 89541 | 775-580-7600  
Medical School: University of Nevada, Reno School of Medicine, Reno, NV  
Board Certifications: Physical Medicine & Rehabilitation; Sports Medicine  
Diplomat in Physical Medicine & Rehabilitation  
Provider Covered by the Hospital Financial Assistance Policy (FAP)

KATIE GOLLOTTO, DO, FAAPMR  
Barton Sports and Physical Medicine  
155 Highway 50, suite 203, Stateline NV 89449 | 775-589-8915  
Medical School: Philadelphia College of Osteopathic Medicine, PA  
Board Certifications: Board Certified Sports Medicine Specialist  
Board Certified Physical Medicine and Rehabilitation Specialist  
Provider Covered by the Hospital Financial Assistance Policy (FAP)

PLASTIC SURGERY

KATHLEEN HOLOYDA, MD  
Barton Plastic & Reconstructive Surgery  
1139 3rd Street, South Lake Tahoe, CA 96150 | 530-543-5799  
Medical School: University of Wisconsin School of Medicine and Public Health, WI  
Services: Reconstructive & aesthetic surgery including: Cleft lip & palate repair, Breast reconstruction after lumpectomy or mastectomy, Breast reduction, Wound care including for burn victims, Hand and foot defects, Congenital anomalies, Deviated septum correction, Scar minimization, Reconstruction after tumor removal, Liposuction, Breast augmentation, Breast lift (mastopexy), Male breast reduction, Breast Implant illness, Abdominoplasty, Mommy Makeover, Rhinoplasty, Brow lift, Blepharoplasty, Facelift, Necklift, Otoplasty, Brachioplasty, Labiaplasty, Thigh Lift, Gender confirmation. Also offering non-surgical services including Botox, Juvederm, Kybella, Medical grade skin care  
Provider Covered by the Hospital Financial Assistance Policy (FAP)

PSYCHIATRY & MENTAL HEALTH

JOSEPH HIBBELN, MD  
Barton Psychiatry and Mental Health  
2158 Jean Ave, South Lake Tahoe, CA 96150 | 530-600-1968  
Medical School: University of Illinois at Chicago  
Board Certifications: Licensed Physician and Surgeon, Medical Board of CA, Board Certification in Psychiatry, American Board of Psychiatry and Neurology, Adult Psychiatrist  
Provider Covered by the Hospital Financial Assistance Policy (FAP)
SONIA RUPP, MD
Barton Psychiatry and Mental Health | Stateline Medical Center
155 Highway 50, Stateline, NV 89449 | 775-589-8946
Medical School: University of Texas Medical Branch, Galveston, TX
Hospital Affiliations: Barton Memorial Hospital
Board Certifications: American Board of Psychiatry and Neurology, Child and Adolescent Psychiatrist
Provider Covered by the Hospital Financial Assistance Policy (FAP)

LEONARD HOLMGREN, MD
Barton Memorial Hospital Medical Imaging
2170 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5850
Carson Valley Medical Center Medical Imaging
1107 Hwy. 395 South, Gardnerville, NV 89410 | 775-782-1533
Medical School: Tufts University School of Medicine, Boston, MA
Hospital Affiliations: Barton Memorial Hospital, Carson Valley Medical Center
Board Certifications: American College of Radiology, Radiology Society of North America, American Roentgen Ray Society
Services: Fellowship-trained Musculoskeletal Radiologist with interests in pain management procedures, kyphoplasty and coronary CTA.

TRACY PROTELL, MD
Barton Psychiatry and Mental Health | Stateline Medical Center
155 Highway 50, Stateline, NV 89449 | 775-589-8946
Barton Psychiatry and Mental Health
2158 Jean Ave, South Lake Tahoe, CA 96150 | 530-600-1968
Medical School: University of Nevada School of Medicine, Reno, NV
Board Certifications: American Board of Pediatrics, American Board of Psychiatry and Neurology, Child and Adolescent Psychiatrist
Provider Covered by the Hospital Financial Assistance Policy (FAP)
PAUL KNIGHT, MD
Medical Imaging | Barton Memorial Hospital
2170 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5850
Carson Valley Medical Center Medical Imaging
1107 Hwy. 395 South, Gardnerville, NV 89410 | 775-782-1533
Medical School: Rush University Medical School, Chicago, IL
Hospital Affiliations: Barton Memorial Hospital, Carson Valley Medical Center
Board Certifications: American Board of Radiology

ROBERT SILK, MD
Medical Imaging | Barton Memorial Hospital
2170 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5850
Carson Valley Medical Center Medical Imaging
1107 Hwy. 395 South, Gardnerville, NV 89410 | 775-782-1533
Medical School: Uniformed Services University of the Health Sciences, Bethesda, MD
Hospital Affiliations: Barton Memorial Hospital, Carson Valley Medical Center
Board Certifications: American Board of Radiology
Services: Interventional Radiology

RHEUMATOLOGY

LEAH KRULL, MD
Center for Orthopedics & Wellness
2170B South Avenue, South Lake Tahoe, CA 96150
Medical School: University of South Florida, Florida
Board Certifications: Rheumatology Board Certified, USSANOR Musculoskeletal Certified, Certified Clinical Densitometrist, ACLS/BLS Certified, American Board of Internal Medicine
Provider Covered by the Hospital Financial Assistance Policy (FAP)

LEAH WALSH, FNP-BC
Center for Orthopedics & Wellness
2170B South Avenue, South Lake Tahoe, CA 96150
Medical School: Chamberlain University, IL
Provider Covered by the Hospital Financial Assistance Policy (FAP)
SLEEP MEDICINE

GREG TIRDEL, MD
Barton Sleep Studies Lab
2170 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5895
Tahoe Forest
10956 Donner Pass Road, Ste. 130, Truckee, CA 96161 | 530-582-6400

Education: Hahnemann University, Philadelphia, PA
Residency: Santa Clara Valley Medical Center
Fellowship: Stanford University Hospital
Hospital Affiliations: Barton Memorial Hospital, Tahoe Forest Hospital
Board Certifications: American Board of Internal Medicine, American Board of Internal Medicine - Critical Care Medicine, American Board of Internal Medicine - Pulmonary Medicine, American Board of Sleep Medicine

Surgery

KIMBERLY EVANS, MD, FACS
Barton General Surgery
1139 3rd Street, South Lake Tahoe, CA 96150 | 530-543-5691

Medical School: University of Florida College of Medicine, Gainesville, FL
Hospital Affiliations: Barton Memorial Hospital, Carson Valley Medical Center
Board Certifications: American Board of Surgery
Services: Advanced Trauma Life Support, Da Vinci Advanced Training, General Surgery

Provider Covered by the Hospital Financial Assistance Policy (FAP)

WILLIAM SHEPARD, DO
Barton General Surgery
1139 3rd Street, South Lake Tahoe, CA 96150 | 530-543-5691

Medical School: College of Osteopathic Medicine of the Pacific, Pomona, CA
Board Certifications: American Osteopathic Board of Surgery
Services: Advanced Trauma Life Support, Da Vinci Advanced Training, GI endoscopy, General Surgery

Provider Covered by the Hospital Financial Assistance Policy (FAP)
URGENT CARE

SANDRA TAYLOR, MD, FACS, MS
Barton General Surgery
1139 3rd Street, South Lake Tahoe, CA 96150 | 530-543-5691
Medical School: University of Colorado Health Sciences Center, Denver, CO
Hospital Affiliation: Barton Memorial Hospital
Board Certifications: Diplomat American Board of Surgery
Services: Advanced Trauma Life Support, Da Vinci Advanced Training
Provider Covered by the Hospital Financial Assistance Policy (FAP)

STEVEN L. BROOKS, MD
Barton Urgent Care | Stateline Medical Center
155 Hwy. 50, Stateline, NV 89449 | 775-589-8900
Medical School: University of Illinois, Chicago, IL
Board Certifications: American Association of Physicians Specialists
Provider Covered by the Hospital Financial Assistance Policy (FAP)

ERIC EWALD, MD
Barton Urgent Care | Stateline Medical Center
155 Hwy. 50, Stateline, NV 89449 | 775-589-8900
Medical School: Ross University School of Medicine, Dominica, West Indies
Board Certifications: American Board of Family Medicine
Provider Covered by the Hospital Financial Assistance Policy (FAP)

MICHELLE FEENEY, MSN, FNP
Barton Urgent Care | Stateline Medical Center
155 Hwy. 50, Stateline, NV 89449 | 775-589-8900
Graduate School: University of San Francisco, San Francisco, CA
Certifications: American Academy of Nurse Practitioners
Services: Adult and pediatric acute illnesses, adult and pediatric primary care.
Provider Covered by the Hospital Financial Assistance Policy (FAP)

JANET GOODALL, NP, PA
Barton Urgent Care | Stateline Medical Center
155 Hwy. 50, Stateline, NV 89449 | 775-589-8900
Graduate School: Master of Physician Assistant – University of Nebraska Medical Center, Omaha, NE; Master of Family Nurse Practitioner/Physician Assistant – University of California, Davis, Davis, CA
Certifications: American Academy of Nurse Practitioners; National Commission on Certification of Physician Assistants
Provider Covered by the Hospital Financial Assistance Policy (FAP)
SPECIALISTS

STUART MICHELSON, MD
Barton Urgent Care | Stateline Medical Center
155 Hwy. 50, Stateline, NV 89449 | 775-589-8900

Medical School: Oregon Health & Science University School of Medicine
Board Certifications: American Board of Emergency Medicine
Provider Covered by the Hospital Financial Assistance Policy (FAP)

JAMIE MILLER, MSN, FNP
Barton Occupational Health | Stateline Medical Center
155 Hwy. 50, Stateline, NV 89449 | 775-589-8987

Graduate School: University of Nevada, Reno
Certifications: American Academy of Nurse Practitioners
Provider Covered by the Hospital Financial Assistance Policy (FAP)

ADAM OUIMET, MD
Barton Urgent Care | Stateline Medical Center
155 Hwy. 50, Stateline, NV 89449 | 775-589-8900

Medical School: Florida State University College of Medicine, Tallahassee, FL
Board Certifications: American Board of Emergency Medicine, Diplomat
Provider Covered by the Hospital Financial Assistance Policy (FAP)

SCOTT SWANSON, MD
Barton Urgent Care | Stateline Medical Center
155 Hwy. 50, Stateline, NV 89449 | 775-589-8900

Medical School: University of Rochester School of Medicine & Dentistry
Board Certifications: American Board of Internal Medicine
Provider Covered by the Hospital Financial Assistance Policy (FAP)

WARREN WITHERS, MD
Barton Urgent Care | Stateline Medical Center
155 Hwy. 50, Stateline, NV 89449 | 775-589-8900

Medical School: Creighton University School of Medicine, Omaha, NE
Board Certifications: American Board of Emergency Medicine
Provider Covered by the Hospital Financial Assistance Policy (FAP)
UROLOGY

BRIAN STEIXNER, MD
Barton Urology
2169 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5400

Medical School: Temple University School of Medicine, Philadelphia, PA
Hospital Affiliations: Barton Memorial Hospital
Board Certifications: American Board of Urology
Services: Specializing in urologic conditions for men, women, teens and children. Performing minimally invasive procedures in the diagnosis and treatment of urologic cancers, voiding issues in men and women, kidney stones, erectile dysfunction, low testosterone and other urologic conditions. Treats all diseases of the male and female urinary system.

Provider Covered by the Hospital Financial Assistance Policy (FAP)

WELLNESS SERVICES

ADRIANA COVELL, HHP, CN, NBC-HWC
Center for Orthopedics & Wellness
2170B South Avenue, South Lake Tahoe, CA | 530-539-6620

Graduate School: University of Sao Paulo, Brazil, Natural Healing Institute of Naturopathy, Encinitas, CA, Institute for Professional Excellence in Coaching, USA
Services: Health Coach, Certified Holistic Health Practitioner, Certified Nutritionist & Life Coach specializing in weight management, emotional health and behavior modification in order to promote and improve the health of participants, National Board Certified Health and Wellness Coach

Provider Covered by the Hospital Financial Assistance Policy (FAP)

AMY SMITH, FNP, NBC-HWC
Center for Orthopedics & Wellness
2170 B South Avenue, South Lake Tahoe, CA | 530-539-6620

Graduate School: University of San Francisco, San Francisco, CA; University of Arizona Integrative Medicine Fellow
Board Certifications: American Nurses Credentialing Center, Integrative Health Coaching Certification, National Board Certified Health & Wellness Coach
Services: Incorporates a patient-centered, holistic healing approach focused on the root cause of disease by combining research-based complementary healing modalities adjunctive to conventional medicine. Providing consultative integrative services to primary care treatment plans which incorporates personalized plans focused on lifestyle medicine characteristics of nutrition, movement, approaches for everyday stress management and daily mindfulness.

Provider Covered by the Hospital Financial Assistance Policy (FAP)
The **BARTON COMMUNITY HEALTH CENTER** provides comprehensive healthcare services to the community. Most forms of insurance are accepted for various preventative and curative visits; please check with your insurance to validate your network. For those who do not have healthcare coverage, we will work with you to find an applicable program that may offset charges. Free vaccinations are available for children and adults who qualify.

Open six days a week, Monday through Saturday from 8am to 5pm. Same day and walk-in appointments available. Accepting Medi-Cal, other insurances and sliding scale. Providers covered by the hospital financial assistance program (FAP) are noted and may be subject to change. Please check with your provider to ensure coverage. *Please call to schedule an appointment. Same day Family Practice appointments are available.*

**Main**: 530-543-5623  |  **Pediatrics**: 530-543-5550  |  **Obstetrics**: 530-543-5467
MICHAEL F. FRY, MD
Orthopedics | Barton Community Health Center
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5783

Medical School: University of Southern California School of Medicine, Los Angeles, CA
Hospital Affiliations: Barton Memorial Hospital; Carson Tahoe Regional Medical Center; University of California – Davis; Sierra Surgery Hospital
Board Certifications: American Board of Orthopaedic Surgery; Fellowship – Spine Surgery at U.C. Davis
Services: Treatment of adult and pediatric diseases of the spine and spine trauma.

Provider Covered by the Hospital Financial Assistance Policy (FAP)

ELKE HOUSER, MSN, FNP-C, ENP-C
Barton Community Health Center
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5623

Graduate School: Chamberlain University, IL
Board Certification: American Association of Nurse Practitioners
Specialty: Family Practice

Provider Covered by the Hospital Financial Assistance Policy (FAP)

BROOKS MARTIN, MD
Barton Community Health Center
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5623

Medical School: Boston University, Boston, MA
Professional Certification: American Board of Family Medicine
Services: ADHD diagnosis and management.

Provider Covered by the Hospital Financial Assistance Policy (FAP)

MARIA McGURRIN, PNP
Barton Pediatrics | Barton Community Health Center
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5550

Graduate School: MGH Institute of Health Professions, MA

Provider Covered by the Hospital Financial Assistance Policy (FAP)

MATTHEW MULLEN, FNP-C
Barton Community Health Center
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5623

Graduate School: Spring Arbor University, MI
Specialty: Family Practice

Provider Covered by the Hospital Financial Assistance Program (FAP)
LUCIA NIEPAGEN, RN MSN FNP-C PHN
Barton Community Health Center
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5623

Graduate School: Samuel Merritt University
Associations: American Association of Nurse Practitioners
American Nurses Association
Specialty: Family Practice

Provider Covered by the Hospital Financial Assistance Program (FAP)

JENIFER E. NORRIS, MD
Barton Community Health Center
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5623

Medical School: State University of New York Downstate Medical Center
College of Medicine
Hospital Affiliation: Barton Memorial Hospital
Board Certification: American Board of Family Medicine
Services: Acupuncture, preventative care, acute and chronic illness management for infants, children and adults. Speaks Spanish - Habla Español

Provider Covered by the Hospital Financial Assistance Policy (FAP)

KIM ORTA, FNP
Barton Community Health Center
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5623

Graduate School: University of Phoenix, Costa Mesa, CA
Professional Certifications: American Association of Nurse Practitioners (AANP), California Association for Nurse Practitioners (CANP)
Board Certification: American Association of Nurse Practitioners

Provider Covered by the Hospital Financial Assistance Policy (FAP)

DANIELLE PRIEM, DO
Barton Pediatrics | Barton Community Health Center
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5550

Medical School: Des Moines University, Des Moines, IA
Board Certifications: American Board of Pediatrics

Provider Covered by the Hospital Financial Assistance Policy (FAP)

MICHAEL P. SULLIVAN, MD
Barton Community Health Center
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5783

Medical School: University of Arizona Medical College, Tucson, AZ
Board Certifications: American Board of Neurology, Electrophysiology

Provider Covered by the Hospital Financial Assistance Policy (FAP)
The following physicians see patients at Barton Health, but do not take direct appointments.

**ANESTHESIOLOGY**

**TIGRAN AVAKUMOV, MD**
Medical School: University of South Dakota Sanford School of Medicine, Sioux Falls, SD

**PATRICK BAGHDIKIAN, MD**
Medical School: University of California, San Francisco, CA

**PETER DIGRANDE, MD**
Medical School: University of California, San Diego, CA

**ATALANTA OLITO, DO**
Medical School: College of Osteopathic Medicine of the Pacific

**CHERYL ORR, MD**
Medical School: University of Pittsburgh, Pittsburgh, PA

**BROOKS ROHLEN, MD**
Medical School: University of Utah School of Medicine

**EMERGENCY**

**MICHAEL GOLLOTTO, DO**
Medical School: Philadelphia College of Osteopathic Medicine, PA

**NIRVANA KUNDU, MD**
Medical School: Uniformed Services University of the Health Sciences, Bethesda, MD

**AMY ANTON, MD**
Medical School: Oregon Health Sciences University
*Provider Covered by the Hospital Financial Assistance Policy (FAP)*

**STEVE ASTENGO, DO**
Medical School: Arizona College of Osteopathic Medicine, Glendale, AZ
*Provider Covered by the Hospital Financial Assistance Policy (FAP)*
ALLISON BREWER, MD
Medical School: University of Vermont College of Medicine, Burlington, VT
Provider Covered by the Hospital Financial Assistance Policy (FAP)

BRETT BAILEY, DO
Medical School: Lincoln Memorial University, TN
Provider Covered by the Hospital Financial Assistance Policy (FAP)

JOHN ELLIOTT, MD
Medical School: Georgetown University School of Medicine, Washington DC
Provider Covered by the Hospital Financial Assistance Policy (FAP)

LARS ENSIGN, MD
Medical School: University of Washington School of Medicine, Seattle, WA
Provider Covered by the Hospital Financial Assistance Policy (FAP)

LANCE ORR, MD
Medical School: Augusta University, Medical School of Georgia, Augusta, GA
Provider Covered by the Hospital Financial Assistance Policy (FAP)

MICHAEL HABICHT, MD
Medical School: University of California Irvine School of Medicine, Irvine, CA
Provider Covered by the Hospital Financial Assistance Policy (FAP)

MICHAEL MCLAUGHLIN, MD
Medical School: University of Pittsburgh School of Medicine, Pittsburgh, PA
Provider Covered by the Hospital Financial Assistance Policy (FAP)

MICHAEL MCLADDLING, MD
Medical School: University of California Irvine School of Medicine, Irvine, CA
Provider Covered by the Hospital Financial Assistance Policy (FAP)

NATHAN FURST-NICHOLS, MD
Medical School: University of Rochester, Rochester, NY
Provider Covered by the Hospital Financial Assistance Policy (FAP)

NATHAN FURST-NICHOLS, MD
Medical School: University of Rochester, Rochester, NY
Provider Covered by the Hospital Financial Assistance Policy (FAP)

KATHI GLAUNER, MD
Medical School: University of Kansas School of Medicine, Kansas, KS
Provider Covered by the Hospital Financial Assistance Policy (FAP)

KATHI GLAUNER, MD
Medical School: University of Kansas School of Medicine, Kansas, KS
Provider Covered by the Hospital Financial Assistance Policy (FAP)

REBECCA GRAY, MD
Medical School: University of Washington School of Medicine, Seattle, WA
Provider Covered by the Hospital Financial Assistance Policy (FAP)

REBECCA GRAY, MD
Medical School: University of Washington School of Medicine, Seattle, WA
Provider Covered by the Hospital Financial Assistance Policy (FAP)

TARGHEE OEVERAAS, MD
Medical School: University of Nevada, Reno School of Medicine, Reno, NV
Provider Covered by the Hospital Financial Assistance Policy (FAP)

TARGHEE OEVERAAS, MD
Medical School: University of Nevada, Reno School of Medicine, Reno, NV
Provider Covered by the Hospital Financial Assistance Policy (FAP)

THOMAS JANTOS, MD
Medical School: University of Pittsburgh School of Medicine, Pittsburgh, PA
Provider Covered by the Hospital Financial Assistance Policy (FAP)

THOMAS JANTOS, MD
Medical School: University of Pittsburgh School of Medicine, Pittsburgh, PA
Provider Covered by the Hospital Financial Assistance Policy (FAP)

STEVE MCNAMARA, MD MPH
Medical School: Oregon Health and Science University School of Medicine, Portland, OR
Provider Covered by the Hospital Financial Assistance Policy (FAP)

STEVE MCNAMARA, MD MPH
Medical School: Oregon Health and Science University School of Medicine, Portland, OR
Provider Covered by the Hospital Financial Assistance Policy (FAP)

KATHI GLAUNER, MD
Medical School: Weill Medical College of Cornell
Provider Covered by the Hospital Financial Assistance Policy (FAP)

STEVE MCNAMARA, MD MPH
Medical School: Oregon Health and Science University School of Medicine, Portland, OR
Provider Covered by the Hospital Financial Assistance Policy (FAP)

THOMAS JANTOS, MD
Medical School: Oregon Health and Science University School of Medicine, Portland, OR
Provider Covered by the Hospital Financial Assistance Policy (FAP)

THOMAS JANTOS, MD
Medical School: Oregon Health and Science University School of Medicine, Portland, OR
Provider Covered by the Hospital Financial Assistance Policy (FAP)
PETER PROTELL, MD
Medical School: University of Nevada, Reno School of Medicine, Reno, NV
Provider Covered by the Hospital Financial Assistance Policy (FAP)

TAMARA MCBRIDE, MD
Medical School: University of Arizona College of Medicine, Tucson, AZ
Provider Covered by the Hospital Financial Assistance Policy (FAP)

RAYMOND STILLWELL, MD
Medical School: University of Arkansas for Medical Sciences
Provider Covered by the Hospital Financial Assistance Policy (FAP)

LEIGH WAYNE MILLER, MD
Medical School: East Tennessee State University James H. Quillen College of Medicine, Johnson City, TN
Provider Covered by the Hospital Financial Assistance Policy (FAP)

TIMOTHY TONINI, DO
Medical School: Pikeville Kentucky College of Medicine, Pikeville, KY
Provider Covered by the Hospital Financial Assistance Policy (FAP)

MARISSA MUSCAT, MD
Medical School: Michigan State University College of Human Medicine, East Lansing, MI
Provider Covered by the Hospital Financial Assistance Policy (FAP)

KANDRA YEE, MD
Medical School: Oregon Health & Science University School of Medicine, Portland, OR
Provider Covered by the Hospital Financial Assistance Policy (FAP)

SERGEI ROBINSON, DO
Medical School: Lake Erie College of Osteopathic Medicine
Provider Covered by the Hospital Financial Assistance Policy (FAP)

LEIGH WAYNE MILLER, MD
Medical School: East Tennessee State University James H. Quillen College of Medicine, Johnson City, TN
Provider Covered by the Hospital Financial Assistance Policy (FAP)

RAYMOND STILLWELL, MD
Medical School: University of Arkansas for Medical Sciences
Provider Covered by the Hospital Financial Assistance Policy (FAP)

PATHOLOGY

DAVID FINNIGAN, MD
Medical School: Georgetown University of School of Medicine
Provider Covered by the Hospital Financial Assistance Policy (FAP)

MARY RHONDA SNEERINGER, MD
Medical School: Stritch School of Medicine, Loyola University Chicago, Chicago, IL
Provider Covered by the Hospital Financial Assistance Policy (FAP)

BRADLEY GRAY, MD
Medical School: University of Arkansas for Medical Sciences
Provider Covered by the Hospital Financial Assistance Policy (FAP)

STEFAN SCHUNK, MD
Medical School: University of Medicine & Dentistry of New Jersey, Newark, NJ
Provider Covered by the Hospital Financial Assistance Policy (FAP)

GRACE HARDING, DO
Medical School: Lake Erie College of Osteopathic Medicine, Erie, PA
Provider Covered by the Hospital Financial Assistance Policy (FAP)

ANDREW TANG, MD
Medical School: Creighton University School of Medicine, Omaha, NE
Provider Covered by the Hospital Financial Assistance Policy (FAP)

JACOB MARQUETTE, DO
Medical School: Lake Erie College of Osteopathic Medicine, Erie, PA
Provider Covered by the Hospital Financial Assistance Policy (FAP)

FAYE SMITH-CHAKMAKOVA, MD
Medical School: Ross University School of Medicine, Barbados
Appelblatt, Rachel ...................... 22A
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Ingersoll, Andrek .............................. 15A
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Jewell, Megan ................................. 17A, 19A
John, Frederick .................................. 15A
Jones, David ..................................... 25A
Jones, Erin ........................................ 10A
Kaim, Melissa ..................................... 21A
Knight, Cathey ................................. 10A, 21A
Knight, Paul ..................................... 31A
Koppel, Ahrin ..................................... 21A
Krull, Leah ........................................ 31A
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Manoukian, Paul ................................ 16A
Manteghi, Alexander ....................... 16A
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Martin, Daniel .................................... 22A
Martin, Patrick .................................. 10A
McGurin, Maria ................................. 10A, 37A
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<td>Young, David</td>
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# YOUTH PREVENTIVE CARE CHECKLIST

Talk with your doctor about your child’s risks and preventive care screening plan.

## EXAMS

<table>
<thead>
<tr>
<th>Exam Description</th>
<th>Age Range</th>
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<tbody>
<tr>
<td>Refer to Your Pediatrician’s Recommendation for Well-Child</td>
<td>1 week and older</td>
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## VACCINES

<table>
<thead>
<tr>
<th>Vaccine Description</th>
<th>Age Range</th>
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<tbody>
<tr>
<td>Annual Flu Shot - Every Fall</td>
<td>6 months and older</td>
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<tr>
<td>Pentacel, Prevnar, Hepatitis B and Rotavirus</td>
<td>2 months</td>
</tr>
<tr>
<td>Pentacel, Prevnar and Rotavirus</td>
<td>4 months</td>
</tr>
<tr>
<td>Pentacel, Prevnar, Hepatitis B, Flu Shot and Rotavirus</td>
<td>6 months</td>
</tr>
<tr>
<td>MMR, Varicella and Hepatitis A</td>
<td>12 months</td>
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<tr>
<td>Pentacel and Prevnar</td>
<td>15 months</td>
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<tr>
<td>Hepatitis A</td>
<td>18 months</td>
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<tr>
<td>DTaP, Polio, MMR, and Varicella</td>
<td>4 years</td>
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<tr>
<td>Human Papillomavirus (HPV)</td>
<td>11-12</td>
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<tr>
<td>Meningococcal Conjugate (MCV4)</td>
<td>11-12</td>
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<tr>
<td>Tetanus, Diptheria, Pertussis (Tdap)</td>
<td>11-12</td>
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## SCREENINGS

<table>
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<tr>
<th>Screening</th>
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<tr>
<td>Oral Health Assessment</td>
<td>6 months</td>
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<tr>
<td>Anemia, TB, and Lead Tests</td>
<td>12 months</td>
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<tr>
<td>Body Mass Index (BMI)</td>
<td>2 and older</td>
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<tr>
<td>Vision Test</td>
<td>3 and older</td>
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<tr>
<td>Depression</td>
<td>12 and older</td>
</tr>
</tbody>
</table>
# Adult Preventive Care Checklist

Talk with your doctor about your risks and preventive care screening plan.

## Exams

<table>
<thead>
<tr>
<th>Exam Description</th>
<th>Recommended Age</th>
</tr>
</thead>
<tbody>
<tr>
<td>Periodic Well Visits with Your Primary Care Physician</td>
<td>18 and older</td>
</tr>
</tbody>
</table>

## Vaccines

<table>
<thead>
<tr>
<th>Vaccine Description</th>
<th>Recommended Age</th>
</tr>
</thead>
<tbody>
<tr>
<td>Annual Flu Shot – Every Fall</td>
<td>18 and older</td>
</tr>
<tr>
<td>Pneumococcal (Pneumonia)</td>
<td>65 and older</td>
</tr>
<tr>
<td>Tetanus, Diphtheria, Pertussis (Td/Tdap) – Every 10 Years</td>
<td>18 and older</td>
</tr>
<tr>
<td>Zostavax (Shingles)</td>
<td>60 and older</td>
</tr>
</tbody>
</table>

## Screenings

<table>
<thead>
<tr>
<th>Screening Description</th>
<th>Recommended Age</th>
</tr>
</thead>
<tbody>
<tr>
<td>Diabetes</td>
<td>18 and older</td>
</tr>
<tr>
<td>Body Mass Index (BMI)</td>
<td>18 and older</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>20 and older</td>
</tr>
<tr>
<td>Colon Cancer (Colonoscopy, Sigmoidoscopy, Stool Test)</td>
<td>50 - 75</td>
</tr>
<tr>
<td>Depression</td>
<td>18 and older</td>
</tr>
<tr>
<td>Tobacco and Alcohol Use</td>
<td>18 and older</td>
</tr>
</tbody>
</table>

## Women Only Screenings

<table>
<thead>
<tr>
<th>Screening Description</th>
<th>Recommended Age</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cervical Cancer (Pap Smear, HPV) – Every 3-5 Years</td>
<td>21 - 65</td>
</tr>
<tr>
<td>Chlamydia</td>
<td>24 and younger</td>
</tr>
<tr>
<td>Breast Cancer Screening</td>
<td>40 and older</td>
</tr>
<tr>
<td>Osteoporosis</td>
<td>65 and older</td>
</tr>
</tbody>
</table>
Pain isn't always obvious, but most suicidal people show signs that they are thinking about suicide.

Warning signs can be subtle and may include increased alcohol and drug use, mood changes and withdrawal. By recognizing these signs, knowing how to start a conversation and where to turn for help, you have the power to make a difference – the power to save a life.

GIVE & GET SUPPORT
For suicide prevention and support, call the National Suicide Prevention Lifeline at 1-800-273-8255 or visit suicideispreventable.org.
# 2022 Community Resource Directory

**MEDICAL RESOURCE GUIDE**

## BASIC NEEDS SERVICES

<table>
<thead>
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<th>Service</th>
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<tr>
<td>Animal Services</td>
<td>4B</td>
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<tr>
<td>Financial Assistance</td>
<td>4B</td>
</tr>
<tr>
<td>Food &amp; Clothing</td>
<td>5B</td>
</tr>
<tr>
<td>Housing</td>
<td>5B</td>
</tr>
<tr>
<td>Transportation</td>
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</tr>
</tbody>
</table>

## BEHAVIORAL HEALTH SERVICES

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>Insurance Types</td>
<td>7B</td>
</tr>
<tr>
<td>Information &amp; Resources</td>
<td>8B</td>
</tr>
<tr>
<td>Mental Health Counseling</td>
<td>9B</td>
</tr>
<tr>
<td>Substance Abuse Counseling</td>
<td>11B</td>
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<tr>
<td>Support Groups</td>
<td>11B</td>
</tr>
<tr>
<td>Private Practice - Therapists &amp; Businesses</td>
<td>14B</td>
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</tbody>
</table>

## EMERGENCY SERVICES

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<tr>
<td>Law Enforcement</td>
<td>18B</td>
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<tr>
<td>Fire &amp; Rescue</td>
<td>19B</td>
</tr>
<tr>
<td>Emergency Medical</td>
<td>19B</td>
</tr>
</tbody>
</table>

## MEDICAL SERVICES

<table>
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<tr>
<th>Service</th>
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<tr>
<td>Cancer Support</td>
<td>20B</td>
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<tr>
<td>Medi-Cal (for Dental)</td>
<td>21B</td>
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<tr>
<td>Medical Support Services</td>
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</tr>
<tr>
<td>People with Disabilities</td>
<td>21B</td>
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</tbody>
</table>

## SENIOR SERVICES

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<th>Service</th>
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</thead>
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<tr>
<td>Housing &amp; Care Facilities</td>
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<tr>
<td>Support Services</td>
<td>23B</td>
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</table>

## YOUTH & FAMILY SERVICES

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## COMMUNITY RESOURCE INDEX

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<tbody>
<tr>
<td></td>
<td>28B</td>
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</tbody>
</table>
ANIMAL SERVICES

El Dorado County Animal Services
1120 Shakori Dr
South Lake Tahoe, CA 96150
530-573-7925

Humane Society of Truckee-Tahoe
Promotes sentiments of humanity and gentleness towards domestic and other animals to protect their health and safety via education, advocacy and humane ethics.

3538 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-542-2857

Lake Tahoe Wildlife Care
An independent, nonprofit volunteer organization whose function is to rescue, rehabilitate and release orphaned and injured wild birds and animals.

1551 Al Tahoe Blvd.
South Lake Tahoe, CA 96150
530-577-2273
ltwc.org

FINANCIAL ASSISTANCE

CalWORKS
Cash aid and services for families in need.

3368 Sandy Way
South Lake Tahoe, CA 96150
530-573-3200
C4Yourself.com

El Dorado County Victim/Witness
Advocacy and assistance with medical bills, wage loss, relocation and other services for victims or witnesses of crimes.

778 Pacific St.
Placerville, CA 95667
530-642-4760
EDCGov.us

HEAP
Federally funded HEAP helps income-eligible families pay their energy bills. If you are eligible, HEAP can help you pay for electricity, wood, propane or heating oil. Benefits may be paid once a year. No charge.

1360 Johnson Blvd., #103
South Lake Tahoe, CA 96150
530-573-3490
EDCGov.us

South Lake Tahoe Cancer League
Offers limited needed financial aid and transportation to cancer patients who are in active treatment (i.e. not in remission, “being followed after treatment” or on Hospice). In order to be eligible for a grant or transportation, the cancer patient must be a permanent resident of the area from the El Dorado/Placer County Line, CA on the west through the south
shore of Douglas County Line/Stateline Lake Tahoe to Glenbrook, NV on the east.
P.O. Box 17962
South Lake Tahoe, CA 96151
530-573-1703
solaketahoecl@gmail.com

Veterans Resource Centers of America
Services provided include rental assistance, utility assistance, security deposits, case management and referrals for employment, legal, health, childcare, food, transportation and assistance for homeless veterans.
106 East Adams St., #203
Carson City, NV 89706
775-300-6796
nnvrc@vetsresource.org

Veterans Service Center
Funded by the United States Department of Veterans Affairs, the Veteran Family Services program is administered through Volunteers of America to provide supportive services to extremely low or very low-income veteran families who are homeless or at risk of becoming homeless.
916-265-3400
voa-ncnn.org

FOOD & CLOTHING

Boys & Girls Club of Lake Tahoe
Free meals for any child, 18 or under, in the community. Meal time starts at 5pm, Monday through Friday at the Boys & Girls Club of Lake Tahoe. Children do not need to be current members of the club.
1100 Lyons Ave.
South Lake Tahoe, CA 96150
530-542-0838
BGCLT.org

Bread & Broth – Nutritious Bagged Food
Mondays 4-5:30pm
Fridays 3-5pm
St. Theresa Grace Hall
1041 Lyons Ave.
South Lake Tahoe, CA 96150
530-542-2876

CalFresh
Formerly known as food stamps - can add to your food budget to put healthy, nutritious food on your table using monthly electronic benefits that can be used to buy foods at many markets and stores. Apply by phone, online or in person.
3368 Sandy Way
South Lake Tahoe, CA 96150
530-573-3200
C4Yourself.com

Christmas Cheer
Provides food, some clothing and household items. Open Tuesday thru Thursday, 11am to 2pm.
1120 3rd St.
South Lake Tahoe, CA 96150
P.O. Box 14489
South Lake Tahoe, CA 96151
530-542-4934
ChristmasCheer
Tahoe@gmail.com

El Dorado County Community Services
Offering a wide range of accessible programs designed to meet basic needs and improve the quality of life for residents living in our community. No charge.

1360 Johnson Blvd., Ste #103
South Lake Tahoe, CA 96150
530-573-3490
EDCGov.us

Live Violence Free
Food, clothing, toys and a variety of household items available for victims of domestic violence and sexual assault.
2941 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-544-2118 Business
530-544-4444 24-hour
LiveViolenceFree.org

City of South Lake Tahoe Senior Center Nutrition Program
People age 60 and older can have a lunch time meal Monday through Friday in El Dorado County. Call for information.
530-573-3130

HOUSING

Affordable Housing Complexes in Tahoe

Bijou Woods Apartments
3421 Spruce Ave.
South Lake Tahoe, CA 96150
530-544-4070

Evergreen Tahoe Apartments
1432 Melba Dr.
South Lake Tahoe, CA 96150
530-541-1543

Sierra Garden Apartments
1801 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-541-7237
Sky Forest Acres
Affordable housing for persons with physical disabilities
750 Emerald Bay Rd.
South Lake Tahoe, CA 96150
844-567-6505

Tahoe Coalition for the Homeless
1137 Emerald Bay Road,
South Lake Tahoe, CA 96150
530-600-2822
TahoeHomeless.org
or Find Us on Facebook at:
TahoeCoalitionForTheHomeless

Tahoe Pines Apartments
3431 Spruce Ave.
South Lake Tahoe, CA 96150
530-541-1333

Tahoe Valley Townhomes
1055 Tata Ln.
South Lake Tahoe, CA 96150
530-541-7274

Section 8 Rental Assistance

El Dorado County Community Services
1360 Johnson Blvd. #103
South Lake Tahoe, CA 96150
530-573-3490

Domestic Violence Shelter
24-hour response:
Emergency shelter and 90-day temporary shelter for male and female victims of domestic violence and their families.
2941 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-544-2118 Business
530-544-4444 24-hour
LiveViolenceFree.org

Housing Hotline
The Housing Hotline is a phone number you can call and get information, locate resources, request assistance, or potentially file a complaint regarding the condition of your rental unit. No charge. English & Spanish.
1052 Tata Ln.
South Lake Tahoe, CA 96150
530-542-7417
CityOfSLT.us

Only Kindness, Inc.
Offering rapid rehousing, veteran services and coordinated entry.
Placerville, CA
530.344.1864
info@onlykindness.net

TRANSPORTATION

AMTRAK
Bus to Sacramento and out of the area.
800-872-7245
amtrak.com

Tahoe Transportation District
Includes South Shore fixed-route service and commuter bus service to Carson City and the Carson Valley.
775-589-5503
530-541-7149
TahoeTransportation.org

South Lake Tahoe Cancer League
Free transportation for permanent residents for cancer treatments or office visits for cancer patients currently undergoing treatment. Transportation provided in South Lake Tahoe, Reno, Sparks, Truckee, the Carson Valley and UC Davis/Sacramento.
P.O. Box 17962
South Lake Tahoe, CA 96151
530-573-1703
solketahoecl@gmail.com

South Tahoe Express Shuttle from Stateline Casinos to Reno International Airport.
866-893-2463
SouthTahoeExpress.com

ADA Paratransit Transportation Services
A shared-ride, origin to destination, curb-to-curb transportation service. Intended for persons who are unable to travel to or from transit stops or centers within the service area, independently board, ride, or exit fixed-route transit vehicles or otherwise independently “navigate the system.” All persons must prove eligibility for the paratransit service. Eligible riders include seniors age 65 and over with government issued photo ID, veterans of any age with a service-connected disability and individuals under 65 with a medically verified disability.

FARE
One-way ride = Free
Personal Care Attendants (PCAs) travel for free with eligible passengers.
Make Reservations: Call Dispatch between 6:00am to 8:00pm at least the day prior to travel.
530-541-7149 Ext. 3
TahoeTransportation.org
info@tahoe
transportation.org
INSURANCE TYPES

**ADULT**

**Adult Severe:**
El Dorado County Behavioral Health

**Adult Mild to Moderate:**
Barton Community Health Center

**Adult Medi-Care – Mild to Moderate:**
A Balanced Life

**CHILD**

**Child Severe:**
El Dorado County Behavioral Health
Sierra Child & Family (by El Dorado County Behavioral Health referral only)

**Child Mild to Moderate:**
Sierra Child & Family (by El Dorado County Behavioral Health referral only)
Youth & Family Services (by El Dorado County Behavioral Health referral only)

**ALL OTHERS**

**No Insurance / Low-Income**
Barton Community Health Center
Live Violence Free
Family Resource Center

**Private Pay**
Private Practice
Primary Care Providers
Live Violence Free

Always call your insurance carrier to get a list of in-network providers as the list above may change and is not a comprehensive list.

There is also an option of setting up a single-case agreement. Check your insurance coverage as it may include an Employee Assistance Program (EAP) which can provide therapy sessions among other benefits.
INFORMATION RESOURCES

Alzheimer’s Association of Northern CA and Northern NV
Helpline available 24-hours a day, 7-days a week, 365-days a year.
775-786-8061
800-272-3900 Helpline
alz.org/norcal

Brain & Behavior Research Foundation
Research breakthroughs, causes and to someday find a cure for mental illnesses. Free webinars, recovery stories, and the latest in brain research studies.
800-829-8289
BBRFoundation.org

Each Mind Matters
California’s mental health movement. Recover stories and inspirational blogs. Adults and youth.
800-273-8255
SuicideIsPreventable.org
EachMindMatters.org

El Dorado County Victim/Witness Assistance
Referrals for crisis intervention and counseling, advocacy, and compensation for victims of crime. All ages. No charge.
1360 Johnson Blvd. South Lake Tahoe, CA 96150
530-573-3100
EDCGov.us
VCGCB.ca.gov/victims

Health Coaching
Health coaching is a process that promotes a healthy lifestyle through individual empowerment and motivation. Your health coach partners with you to identify your health and wellness goals, then helps you achieve sustainable behavior changes.
Barton Center for Orthopedics & Wellness
2170B South Ave.
South Lake Tahoe, CA 96150
530-539-6620
BartonOrthopedicsAndWellness.com/healthcoach

Kick it California
Smoking cessation information. Quitting literature and telephone coaching. Qualifying Medi-Cal patients provide prescription from physician. If pregnant, need authorization from physician. Children in household 5 years or less, no authorization. Monday-Friday 7am-9pm and Saturday 9am to 5pm.
1-800-300-8096
kickitca.org

Mindfulness Training
Become more aware of your present self with your thoughts, feelings, body, and the environment with Mindfulness Training. Decrease stress, improve concentration and functioning, and better manage emotional and physical health with different, guided mindfulness techniques.
Barton Center for Orthopedics & Wellness
2170B South Ave.
South Lake Tahoe, CA 96150
530-539-6620
BartonOrthopedicsAndWellness.com/classes

M.O.S.T. (Mobile Outreach Safety Team)
The Douglas County Sheriff’s Department has developed their own intervention team.
775-782-5126
MOSTDouglas.com

NAMI - El Dorado County So. Lake Tahoe
Non-judgmental support to families and individuals living with mental illness (support, education, advocacy) during times of need as well as guidance on how to begin a path of recovery. Donations accepted.
Mon-Thu 10am-3pm
English Warm-line:
530-306-4101
Spanish Warm-line:
530-344-4876
NAMIWarm-line: county-wide available M-Thur 10 a.m. - 3 p.m.:
530-306-4101
NAMIELDoradoCounty.org
f2fnami@gmail.com
NAMI - Family To Family
Free 12-session class for family members, partners and friends of individuals with mental health issues.

English Warm-line: 530-306-4101
Spanish Warm-line: 530-344-4876

NAMI Warm-line: county-wide available M-Thur 10 a.m. - 3 p.m.: 530-306-4101
f2fnami@gmail.com

NAMI South Lake Tahoe - Warm Lines
English Warm-line: 530-306-4101
Spanish Warm-line: 530-344-4876

National Suicide & Prevention Lifeline
800-799-4889

Tahoe Alliance for Safe Kids (TASK)
Community coalition focused on youth substance abuse prevention.

TahoeSafeKids.com

St. Theresa’s Catholic Church
Spiritual and family counseling.
1037 Lyons Ave.
South Lake Tahoe, CA 96150
530-544-3533
Tahoecatholic.com

Suicide Prevention Network
Local South Shore suicide support & resources.
775-783-1510
530-721-0615
SPNAwareness.org

Tahoe Coalition for the Homeless
Phone number and mailing address in service year round.
P.O. Box 13514
South Lake Tahoe, CA 96151
530-600-2822
TahoeHomeless.org
Facebook.com/Tahoe CoalitionFor TheHomeless

Teen Text Support Line
Text "start" to 741741 to get immediate help.
CrisisTextLine.org

MENTAL HEALTH COUNSELING

A Balanced Life: Individual, Family & Child Therapy, Inc.
Provides individual, couples and family therapy to children, adolescents and adults.
Call or go to the website for available programs and services. ComPsych EAP, Medicare, California Victim Compensation Program, County of El Dorado office of Education Child Development Programs, Veterans Choice Program, California Conservation Corps, Caesars Entertainment EA Nevada Behavioral Healthcare Option.
2100 Eloise Ave.
South Lake Tahoe, CA 96150
530-544-1748
Text-Only Line:
530-448-1728
ABalancedLifeTahoe.com

Barton Community Health Center
This clinic provides primary health care services and mental and behavioral health services. Insurance accepted: Medi-Cal, other insurance and Sliding Scale.
2201 South Ave.
South Lake Tahoe, CA 96150
530-543-5623
BartonHealth.org

Barton Psychiatry & Mental Health
Evaluation and medication for children and adolescents, including play therapy. Insurance and private pay by referral.

Stateline Medical Center
155 Hwy. 50, Stateline, NV 89449
774-589-8946

Barton Psychiatry & Mental Health
2158 Jean Ave.
South Lake Tahoe, CA 96150
530-600-1968
BartonHealth.org

Carson Tahoe Behavioral Health Services – Inpatient Psychiatric
Adults ages 18 and older inpatient psychiatric disorders and chemical dependency. Accepts most insurance, Medicare and Medicaid.
1080 N. Minnesota St.
Carson City, NV 89703
775-445-7350
CarsonTahoe.com
**Carson Tahoe Behavioral Health Services-Inpatient Treatment**
Intensive treatment for adults 18+ for substance abuse. Medical model detoxification; chemical dependency program.

1080 N. Minnesota St.  
Carson City, NV 89703  
775-445-7350  
CarsonTahoe.com

**Carson Tahoe Behavioral Health Services – Outpatient Psychiatric**
Treats adults with psychiatric and addictive disorders through individual counseling. Accepts most insurance; Medicare.

775 Fleischmann Way  
Carson City, NV 89703  
775-445-7756  
CarsonTahoe.com

**Carson Tahoe Behavioral Health Services-Outpatient Treatment**
Adult, individual and/or group substance abuse counseling. Accepts most insurance, Medicare.

775 Fleischmann Way  
Carson City, NV 89703  
775-445-7756  
CarsonTahoe.com

**El Dorado County Behavioral Health**
Assessments for specialty mental health services for adults and children with Medi-Cal. Individual, and group therapy, case management and medication support for those that qualify. Referrals to other community providers for those not meeting Medi-Cal requirements for specialty mental health services. Wellness Center open from 1pm-4pm Mon-Fri., open to all community members 18 years and older regardless of insurance status or enrollment in services. Wellness activities range from socialization, peer support and quality of life improvement classes and activities.

24-hour Crisis Hotline

1900 Lake Tahoe Blvd.  
South Lake Tahoe, CA 96150  
530-544-2219

**24-Hour Crisis Hotline**  
530-573-7970  
edcgov.us/mentalhealth

**Family Resource Center**
Bilingual counseling for children ages 5 to 18 and adults who do not have insurance. Donations accepted. No charge.

3501 Spruce Ave., #B  
South Lake Tahoe, CA 96150  
530-542-0740  
TahoeFRC.org

**Infant Parent Center**
The Infant Parent Center is a non profit that serves families from conception to five years of age. Our relationship with each family is warm and personal creating a safe and collaborative environment. Our agency promotes prevention and family wellness. Our staff have specialized training in Infant Mental Health and have an average of over 15 years working with families.

2489 Lake Tahoe Blvd. Suite 30  
South Lake Tahoe, CA 96150  
530-676-2899 #0  
InfantParentCenter.com

**Live Violence Free**
Counseling, advocacy and support for child and adult victims of domestic violence, sexual assault and child abuse and their families. 24-hour emergency response. No insurance or payment for our counseling.

2941 Lake Tahoe Blvd.  
South Lake Tahoe, CA 96150  
530-544-4444 – 24-Hour  
530-544-2118 – Business  
LiveViolenceFree.org

**Psychiatric Health Facility**
A 24-hour structured, therapeutic environment staffed by trained mental health professionals which provides services to both voluntary and involuntary adult patients who are in acute psychiatric distress. Private pay, Medi-Cal, sliding scale.

530-543-6873  
edcgov.us/mentalhealth

**Rural Clinic of Carson City**
Services for children, adolescents and adults. Includes outpatient counseling, psychosocial rehabilitation, service coordination, consultation and education, crisis services, group therapy. Sliding scale, Medicare, and Medicaid.

1665 Old Hot Springs Rd., Ste. 150  
Carson City, NV 89706  
775-687-0870
**Reno Behavioral Healthcare Hospital**
Comprehensive mental health and addiction treatment for patients of all ages. Free, confidential assessments available 24/7
6940 Sierra Center Pkwy.
Reno, NV 89511
775-393-2201
Renobehavioral.com

**Sierra Child & Family Services**
Provides counseling services to children & families. Medi-Cal only.

**Populations Served:**
Children/Youth 0-21 years old that are referred from El Dorado County Mental Health for intensive services, Specialty Mental Health Services

**Payment Accepted:**
Medi-Cal
2580 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-544-2111

**Tahoe Youth & Family Services**
Substance abuse evaluations and counseling for youth and adults. Medi-Cal, private insurance and private pay.
1021 Fremont Ave.
South Lake Tahoe, CA 96150
530-541-2445
TahoeYouth.org

**SUBSTANCE ABUSE COUNSELING**

**El Dorado County Behavioral Health**
Substance use assessments, treatment referrals, and group therapy.

**24 hour Access line**
1-800-929-1955
1900 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-573-7970

**Mountain High Recovery Center**
Mountain High Recovery Center (MHRC) seeks the healing and recovery of all individuals, families, and communities affected by the misuse of substances. MHRC believes that treatment should be local, affordable, and individualized to each person’s story.

530-600-6505
www.mountainhighrecovery.org
info@mountainhighrecovery.org

**National Institute on Drug Abuse**
Use the SAMHSA Treatment Locator or call
1-800-729-6686
DrugAbuse.gov

**Reno Behavioral Healthcare Hospital**
Comprehensive mental health and addiction treatment for patients of all ages. Free, confidential assessments available 24/7
6940 Sierra Center Pkwy.
Reno, NV 89511
775-393-2201
Renobehavioral.com

**RJ Counseling**
Individual and Family Addiction Counseling. Providing counseling to overcome drug and alcohol problems. All ages: Adolescents, Teens and Adults.
870 Emerald Bay Road
South Lake Tahoe, CA 96150
530-545-0891
rbarna@rjcounseling.com
rjcounseling.com

**Tahoe Youth and Family Services**
Substance abuse evaluations and counseling for youth and adults. Medi-Cal, private insurance and private pay.
1021 Fremont Ave.
South Lake Tahoe, CA 96150
530-541-2445
TahoeYouth.org

**SUPPORT GROUPS**

**A Balanced Life:**
SMART Recovery Group
Free weekly group counseling for addiction of any type (drugs, alcohol, gambling, overeating, etc.). Tuesdays 6-7pm.
2100 Eloise Ave.
South Lake Tahoe CA 96150
530-544-1748
Text-Only Line:
530-448-4528
ABalancedLifeTahoe.com/community-programs

**Al-Anon**
Friends and family members of problem drinkers share their experiences and learn how to apply the principles of the Al-Anon program to their individual situations. No charge.
888-425-2666 - Call 24 Hours a Day
al-anon-alateen.org
Alcoholics Anonymous
Groups are held 7 days per week with specialty groups for men, women and young people. Please call for more information. No charge.
530-541-1243 - Call 24 Hours a Day

Camp Sunrise
Camp Sunrise is a FREE grief summer camp designed for children age 7 – 14 who have experienced the death of a family member. Children receive grief education and support through fun-filled activities and programs. Held once each year.
2092 Lake Tahoe Blvd., Ste. 500
South Lake Tahoe, CA 96150
530-543-5592
BartonHealth.org/CampSunrise

Live Violence Free Domestic Violence Support Group
Support group for victims affected by domestic violence.
2941 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-544-2118
LiveViolenceFree.org

El Dorado County Family Caregiver Support Program
Monday through Friday 8am to 5pm.
3368 Lake Tahoe Blvd. #203
South Lake Tahoe, CA 96150
866-901-3212
edcgov.us

El Dorado County Behavioral Health Community - Wellness Support Groups
Substance use assessments, treatment referrals, group therapy, social activities and education for improved mental health. Call for scheduled activities.
M-F 8-5 Access Line
530-621-6290 and the 24 hour Access line
1-800-929-1955
1900 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-544-2219 - 24 Hour Crisis Help
530-573-7970
edcgov.us/mentalhealth

Family Ties of Nevada
This support line is designed to assist people in finding resources for a loved one with any chronic illness, disability or other condition. Callers who don’t know where to go for help call the support line from 8:30am – 5pm, Monday-Friday.
3710 Grant Dr., #B, Reno, NV 89509
775-823-9500
FamilyTiesNV.net

Foster and Kinship Care Support - Spanish
Tuesdays & Wednesdays
5pm-7:15pm
3501 Spruce Ave., Ste. #B
South Lake Tahoe, CA 96150
530-542-0740
TahoeFRC.org

Lake Tahoe Community College Foster and Kinship Care Education Program
The Foster and Kinship Care Education Program at Lake Tahoe Community College offers FREE classes and trainings for current and prospective Resource Families (foster care and kinship care, relative or non-relative). Programs and trainings are designed to engage and educate Resource Families so they are able to meet the educational; emotional; behavioral and developmental needs of the children in their care. Training topics cover a wide range of subjects with an emphasis on trauma informed care.
530-541-4660 x 575
www.ltcc.edu/fkce
kehuxtable@ltcc.edu

Head Injury Association of Northern Nevada (HIANN)
Our mission is to be the voice of advocacy for brain injury survivors, their families, and caregivers. We help brain injury survivors that have conditions resulting from concussions, TBI, strokes and other causes, put their lives back together “piece by piece.”
P.O. Box 19314, Reno, NV 89511
(775) 830-4261
hiann.org
info@hiann.org

Mommy & Me Support Group
We invite new parents and their babies or toddlers to attend our FREE weekly groups to share experiences and discuss the joys and challenges of parenting. Get support
from other parents as well as professional support from a childbirth instructor, nurse, and guest presenters. Infants & Toddlers (up to 36 months)

Barton Center for Orthopedics & Wellness
2170B South Ave
South Lake Tahoe, CA 96150
530-539-6620
BartonHealth.org/mommyandme

NAMI Family Support Group
Free support group for families who have a loved one affected by mental illness.
Second Tuesday of each month from 6-7:30pm at the El Dorado County Main Library. Adults eligible.

El Dorado County Main Library
1000 Rufus Allen St.
South Lake Tahoe, CA 96150

English Warm-line: 530-306-4101
Spanish Warm-line: 775-407-0306

NAMI Warm-line: County-wide available M-Thur 10 a.m. - 3 p.m. (530) 306-4101 f2fnami@gmail.com

Narcotics Anonymous
Call for meetings and locations. 530-541-4100
SierraSageNA.org

Reflections Of Life and Loss
Free grief support group provides info and support for those grieving the loss of a loved one. Please call for times. Registration required.

2092 Lake Tahoe Blvd., Ste. 500
South Lake Tahoe, CA 96150
530-543-5592
BartonOrthopedicsandWellness.com/supportgroups

Sierra Child & Family Services
Foster and adoptive parent support group, First Thursday of every month, 5pm-6:30pm.

2580 Lake Tahoe Blvd., Suite D
South Lake Tahoe, CA 96150
530-544-2111

Smart Recovery Group
A science-based addiction recovery support group. Alternative to traditional 12-step programs.

2100 Eloise Ave.
South Lake Tahoe, CA 96150
530-544-1748

Survivors Of Suicide Loss Support Group
Provides healing peer support for people coping with the loss of a loved one to suicide.

530-721-0615
SPAwareness.org
PRIVATE PRACTICE

ACCEPTING PRIVATE HEALTH INSURANCE, REIMBURSEMENT OR CASH PAYMENTS.

Catherine Aisner, PH.D., PSY
CA Lic# 10543
LMFT NV Lic #3182-R
Lake Tahoe CA/NV

Telehealth Only
530-416-6696

Treatments/Diagnosis:
Couples Therapy
Populations: Couples

Advanced Clinical Training:
ICEFET Certified Emotionally Focused Couples Therapist
Payment/Insurance
Accepted: Cash Pay

Marcella Araiza, LMFT
CA Lic# 111395

A Balanced Life
2100 Eloise Ave.
South Lake Tahoe, CA 96150
530-544-1748
530-544-1728 (fax)
Text-Only Line:
530-448-4528

Treatments/Diagnosis:
Co-occurring substance abuse issues, self-harm, depression,
anxiety, parenting, family conflict, teen behavioral issues.
Populations: Adults, Teens, Spanish speaking
Payment/Insurance
Accepted: Cash, Check, Credit, CPS, Victim’s Compensation Board, Head Start, Com Psych EAP, Nevada Behavioral Health EAP, MediCal

Sandra Branton, EDD, LMFT
CA Lic# 18217

870 Emerald Bay Rd.
South Lake Tahoe, CA 96150
530-541-5977
Nicole Cooley, LMFT, RDT
NV MFT Lic# 01430
Green Room Healing Arts
160 Pine Ridge Dr, Suite D
Stateline, NV 89449
775-442-4142

Populations: Adults, children, couples, families
Treatment/diagnoses: Anxiety, depression, trauma, relationships, personal growth
Advanced Clinical Training: Expressive arts/drama therapy, yoga RYT-200
Payment methods: United Healthcare, Cigna, Beacon, BCBS NV, Out of network, sliding scale

Greenroomhealingarts.com
Greenroomhealingarts@gmail.com

Thomas Dickey, MFT
CA Lic# 32853
2489 Lake Tahoe Blvd., Ste. 26
South Lake Tahoe, CA 96150
530-543-0400
530-543-1209 (fax)

Diagnoses: Depression, Anxiety, Relationships, Goal Setting, Parenting
Treatments: Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Family Systems Therapy, Short Term Dynamic Psychotherapy
Populations: Teens and older
Payment/Insurance Accepted: Cash, sliding scale, most insurance accepted

Laurie Gallagher, LSCW
CA Lic# 13934
3320 Sandy Way, #4
South Lake Tahoe, CA 96150
530-542-2409 *2

Treatment/Diagnosis: Depression, Anxiety, PTSD, Transitions
Populations: Adults, Children, Couples, Families
Advanced Clinical Training: Eye Movement Desensitization & Reprocessing; Cognitive Behavioral Therapy; Dialectical Behavioral Therapy; Domestic Violence; Certified EMDR Provider
Payment/Insurance Accepted: some insurance, cash pay

Elizabeth (Betsy) Glass, LCSW
CA # 67042
Nurture Your Nature Counseling
Lake Tahoe Acupuncture and Wellness
2244 Barton Avenue
S. Lake Tahoe, CA 96150
530-494-0900
nurtureyournaturecounseling@gmail.com

Treatments/Diagnoses: Anxiety, Depression, Trauma/PTSD, OCD, Life Transitions
Populations: Individuals – Adults and Adolescents
Advanced Clinical Training: Diplomat of the Academy of Cognitive Therapy; Certified Provider of Prolonged Exposure; Advanced Clinical Training in Trauma-Focused Cognitive Behavioral Therapy; and Exposure and Response Prevention, Bilingual (English/Spanish)
Payment/Insurance Accepted: Cash, Check, Barton EAP, Anthem Blue Cross/Blue Shield and Prominence

Nancy J. Huzicka Crebs, LMFT
CA Lic# 92420
870 Emerald Bay Rd, Ste. 104, Room 3
South Lake Tahoe, CA 96150
530-386-8386

Treatment/Diagnoses: PTSD, Uncomplicated Bereavement, Social Anxiety Disorder, Anxiety Disorders, Depressive Disorders
Populations: Adolescents, Adults, Geriatrics
Advanced Clinical Training: Eye Movement Desensitization & Reprocessing; Repair & Reattachment Grief Therapy
Payment/Insurance Accepted: Cash, Check, Credit, Com Psych (EAP for Kirkwood & Heavenly and other businesses), MHN, Out-of-Network with most insurances.
Erin Kelly, LMFT
CA Lic# 45628
A Balanced Life
2100 Eloise Ave.
South Lake Tahoe, CA 96150
530-544-1748
Text-Only Line: 530-448-4528
530-544-1728 Fax
Treatments/Diagnoses:
Co-occurring disorders, Play Therapy, Substance Abuse.
Population: ages 3+
Advanced Clinical Training:
Art Therapy
Payment/Insurance Accepted:
Cash, Check, Com Psych (EAP for Kirkwood & Heavenly), Victim’s Witness, Head Start, Nevada Behavioral Health EAP. No Medi-Cal. Out-of-Network with most insurances. EAP Nevada Behavioral Healthcare option

Jennifer Kile, LMFT
Integrate Therapy
CA Lic# 123167 NV Lic# 3314-R
2489 Lake Tahoe Blvd., Ste. 29
South Lake Tahoe, CA 96150
530-208-5633
integratetherapy.us
Treatments/Diagnoses:
Anxiety, Depression, Inner Critic, Religious Trauma/PTSD, Personal Growth
Population: Adolescents, Adults
Advanced Clinical Training:
Brainspotting; Cognitive Behavior Therapy; Dialectical Behavior Therapy; Mindfulness; Self-Compassion
Payment/Insurance Accepted:
Cash, Check, Credit, HSA

Marta McLean, LMFT
CA Lic # 87044
3053 Harrison Ave., Suite #203,
South Lake Tahoe, CA 96150
530-686-5330
martamcleanlmft@gmail.com
Treatments/Diagnoses:
Anxiety, Depression, Trauma/PTSD, OCD, Life Transitions
Populations: Individuals:
Children 10+, Adolescents, Adults
Advanced Clinical Training:
Nationally Certified in Trauma-Focused Cognitive Behavioral Therapy; Prolonged Exposure Therapy for PTSD, Dialectical Behavioral Therapy; treatment of survivors of trauma and abuse, Exposure and Response Prevention for OCD
Payment/Insurance Accepted:
Cash, Check, Vail Resorts EAP (ComPsych)Check, Out-of-Network with most insurances
Populations Not Served:
Couples therapy, Substance use counseling

Kate Mosher, LCSW
CA Lic# 66640
3053 Harrison Ave., Suite #203
South Lake Tahoe, CA 96150
530-494-9839
Treatments areas/Diagnoses:
Childhood Disorders, PTSD, OCD, Anxiety, and Other.
Preferred Populations:
Children/Teens 0-17, Young Adults 18-21, Adults.
Advanced Clinical Training:
Trauma Therapy including National Certification in Trauma-Focused Cognitive Behavioral Therapy; Cognitive Behavioral Therapy, Exposure therapy including Exposure and Response Prevention.

Payment/Insurance Accepted:
Cash; Victim Witness /CalVCB katiemoo@yahoo.com

Viola Nungary, MFT
CA Lic# 31975
2489 Lake Tahoe Blvd., Ste. 26
South Lake Tahoe, CA 96150
530-542-0800
Treatments/Diagnoses:
Anxiety, Depression, Marital/Couple Issues, Grief/Loss, Coping with a major life crisis or transition
Populations: Individuals and couples
Advanced Clinical Training:
Eye Movement Desensitization & Reprocessing; Hypnosis
Payment/Insurance Accepted:
Most insurances accepted
Populations Not Served:
Not ADA accessible

Marni Perschnick, LCSW
Wildflower Wellness, PLLC
NV Lic# 8427-C
ID: LCSW-36384
Telehealth only. Clients must be located in Nevada when receiving services due to licensing restrictions.

530-205-3142
Wellnesswithmarni.com Wildflowerwellness@mplcsw.com
Treatments/Diagnoses:
Anxiety, stress, relationship challenges, spirituality
Populations: Adult individuals
Advanced Clinical Training:
Forest Therapy Guide
Payment/Insurance Accepted:
Private Pay, Cigna (NV), UMR (NV)
Marianna Randolph, LCSW  
CA Lic# 24256, NV Lic# 9495-C  
A Balanced Life  
2100 Eloise Ave.  
South Lake Tahoe, CA 96150  
530-544-1748  
530-544-1728 (fax)  
Text-Only Line:  
530-448-4528  
abalancedlifetahoe.com  
Mood disorders, anxiety, stress management, couples counseling, work related problems, life adjustments, adult ADHD, anger management  
A Balanced Life  
2100 Eloise Ave.  
South Lake Tahoe, CA 96150  
530-544-1748  
Fax: (530) 544-1728  
abalancedlifetahoe.com  
Focused or preferred areas of treatment or diagnoses: Depression, Anxiety, Grief/Loss, Chronic Pain/Health Conditions, Adult ADHD, Caretaker burnout  
Populations served: Military/First Responders, Children, Adults, Relationships, and Sexual Trauma Survivors  
Advanced Clinical Training: Certified Cognitive Behavioral Group Therapist, Advanced Training in Mental Health Integrative Medicine, Mindfulness Based Stress Reduction; Certified Level 2 Gottman Couples Therapist  
Payment/Insurance Accepted: Cash, Check, Medicare, Out-of-Network with most insurance, Medicare, Nevada Behavioral Health EAP  
Populations: Adults, medical professionals, Couples, Families with Teens  
Advanced Clinical Training: Certified Level II Gottman Couples Therapist; Perinatal Mood & Anxiety Disorders; Specialized Family Therapy; Court Ordered Family Reunification; Domestic Violence Facilitation Certificate  
Payment/Insurance Accepted: Cash, Check, Com Psych (EAP for Kirkwood & Heavenly), Victim’s Witness, Head Start, No Medi-Cal, Out-of-Network with most insurances. Nevada Behavioral Health EAP  
Matthew Wong, PSY.D.  
CA PSY# 26365  
870 Emerald Bay Rd., Ste. 303, Box 3  
South Lake Tahoe, CA 96150  
415-806-0275  
530-600-0633 Fax  
Treatments/Diagnoses: ADHD, Anxiety, Depression, Adjustment Disorder, Learning Disorders  
Populations: Children (4+), Adolescents, Young Adults  
Limits on Access to Services/Populations Not Served: Active substance abuse, dual-diagnosis, active psychotic disorders  
Advanced Clinical Training: Pediatric Neuropsychology, Psych Assessment  
Payment/Insurance Accepted: Anthem, Cigna, Blue Shield  
Limits on Access to Services/Populations Not Served: No active substance abuse, dual-diagnosis, or active psychotic disorders
**LAW ENFORCEMENT**

**California Highway Patrol (CHP)**  
Highway law enforcement, child safety seat information, AMBER Alerts, DUI info and other youth safety information.
2063 Hopi Ave.  
South Lake Tahoe, CA 96150  
530-577-1001  
chp.ca.gov

**City Of South Lake Tahoe - Emergency Alerts**  
Receive emergency alerts via cell phone or email. Sign up at the city’s website.
530-542-6093  
CityOfSLT.us/signups

**Douglas County Sheriff’s Office**  
175 Highway 50  
Stateline, NV 89449  
775-782-5126  
DouglasCoNVSheriff.com

**El Dorado County Sheriff’s Office**  
1360 Johnson Blvd., #100  
South Lake Tahoe, CA 96150  
530-573-3000  
530-573-3300  
(Non-Emergency Dispatch)  
edcgov.us/  
Government/sheriff

**El Dorado County Tahoe Crisis Information**  
Crisis Hotline, Live Violence Free, 24-Hour
530-544-4444  
530-544-4444 Live Violence Free (24 hour)  
911 Imminent Danger

**El Dorado County Public Defender’s Office - South Lake Tahoe**  
1360 Johnson Blvd., #106  
South Lake Tahoe, CA 96150  
530-573-3115  
530-542-4801 (Fax)

**El Dorado County Jail - South Lake Tahoe**  
1051 Al Tahoe Blvd.  
South Lake Tahoe, CA 96150  
530-573-3030  
530-573-3032 (Fax)

**Lake Tahoe Secret Witness**  
The Secret Witness Program relies on the anonymous tips of community members. When a person becomes aware of criminal activity, the individual can make an anonymous phone call to a 24-hour, 7-days a week hotline.
P.O. Box 14282  
South Lake Tahoe, CA 96151  
530-541-6800 (Hotline)

**South Lake Tahoe Police Department**  
City of South Lake Tahoe law enforcement.
1352 Johnson Blvd.  
South Lake Tahoe, CA 96150  
530-542-6100
**CityOfSLT.us/police**  
Crisis Call Center  
775-784-8085 Local  
775-784-8090 Local  
800-992-5757  
Crisis Hotline

**FIRE & RESCUE**

**Lake Valley Fire Protection District**  
Fire protection and emergency medical response on the East Slope of El Dorado County. Chipping program, defensible space program and information.  
2211 Keetack St.  
South Lake Tahoe, CA 96150  
530-577-3737  
LakeValleyFire.org

**South Lake Tahoe Fire & Rescue**  
Fire protection within the City of South Lake Tahoe.  
2101 Lake Tahoe Blvd.  
South Lake Tahoe, CA 96150  
530-542-6160  
cityofslt.us/fire

**American Red Cross**  
Disaster relief and emergency preparedness plus CPR certification and first aid courses.  
1565 Exposition Blvd.  
Sacramento, CA 95815  
916-993-7070  
RedCrossCRC.org/CA/sacramento

**Barton Memorial Hospital**  
24-hour emergency care. Level III Trauma Center.  
2170 South Ave.  
South Lake Tahoe, CA 96150  
530-541-3420  
BartonHealth.org

**Barton Urgent Care**  
Monday-Saturday, 8am-6pm & Sunday 9am-5pm. Insurance and self-pay.  
Stateline Medical Center  
155 Hwy. 50  
Stateline, NV 89449  
775-589-8900  
BartonHealth.org/urgentcare

**California Poison Control System (CPCS)**  
Provides immediate, free and expert treatment, advice and referral over the phone in case of exposure to poisonous or toxic substances. Services are available 24-hours a day, 7-days a week.  
800-222-1222  
CalPoison.org

**Quick Care Tahoe**  
Open 7 Days a Week 8:30 am to 6:00 pm  
Walk Ins Welcome  
Located in the Tahoe Valley Pharmacy Center  
2074 Lake Tahoe Blvd  
Suite 9  
South Lake Tahoe, CA 96150  
530.600.2117  
info@quickcaretahoe.com
CANCER SUPPORT

American Cancer Society
Offering multiple support programs for patients and caregivers throughout Northern California and Nevada. Transportation support in many areas.
800-227-2345 24-hour Cancer.org

Barton Cancer Support Services
Helping participants reach an improved state of wellness through guided exercise, yoga, and nutrition. Cancer support services are supported by the Barton Foundation with a simple application process.
530-539-6620 BartonHealth.org/cancersupport

Barton Oncology
Follow up appointments available in cooperation with the Gene Upshaw Memorial Tahoe Forest Cancer Center.

1139 3rd St
South Lake Tahoe, CA 96150
530-582-6450
BartonHealth.org/oncology

Barton Infusion Center
Inside Barton Memorial Hospital
Cancer support services including blood transfusions, hydrations, labs and medications.
2170 South Ave.
South Lake Tahoe, CA 96150
530-543-5876
BartonHealth.org/infusion

Gene Upshaw Memorial Cancer Center
Tahoe Forest Cancer Center
The Cancer Center at Tahoe Forest Hospital offers services for the early detection, diagnosis and treatment of cancer. Affiliated with UC Davis.
10121 Pine Ave.
Truckee, CA 96161
530-582-6450
TahoeCancerCenter.com

Renown Children’s Hospital
Treats children and adolescents with cancer. Children’s Specialty Care is also home to the Children’s Infusion Center offering 24/7 physical coverage
1155 Mill St.
Reno, NV 89502
775-982-KIDS (5437)
Renown.org/children

South Lake Tahoe Cancer League
Limited financial assistance grants for permanent South Lake Tahoe residents who are receiving treatment for cancer. Provides transportation at no charge for active treatment at UC Davis/Sacramento, Truckee, Reno, Carson Valley and local. No charge.
P.O. Box 17982
South Lake Tahoe, CA 96151
530-573-1703
solaketahoeccl@gmail.com
**MEDI-CAL (FOR DENTAL)**

**Diamond Springs Dental**
Dentist on the western slope of El Dorado County who sees both adults and children and takes all forms of private insurance, Medi-Cal, CMSP and discount plans.

540 Pleasant Valley Road
Diamond Springs, CA 95619
530-344-0290

**El Dorado Smiles - El Dorado Community Health Center Mobile Dental Clinic**
Provides high-quality preventative services—comprehensive exams, x-rays, basic fillings, restorative procedures, fluorides, varnishes, sealants, dental cleanings, oral hygiene instruction, and dental education to everyone.

Please call for information. Services also available in the Dental Mobile Van. Check our website for a calendar of dates and locations.

3100 Ponte Morino Dr., #120
Cameron Park, CA 95682
530-497-5016
edchc.org

**Preventive Dental Care**
Dr. Injoo Han
Placerville dentist who takes Medi-Cal, self-pay, most insurances.

4355 Golden Center Drive, Ste. A
Placerville, CA 95667
530-622-3430

**Shingle Springs Health & Wellness Center- Dental**
5168 Honpie Rd.
Shingle Springs, CA 95667
530-387-4975
sshwc.org

**The Smile Shop**
Dr. April Westfall, DMD
Dr. LaVonne Hammelman, DMD MPH
Accepts Medi-Cal and Met-Life insurance. Serves all ages. Currently accepting new patients.
Emergency walk-in hours
Mon-Fri 7am
3461 Lake Tahoe Blvd
South Lake Tahoe, CA 96150
530-600-2835
TheSmileShopTahoe.com
TheSmileShopTahoe@gmail.com

**Young Tahoe Smiles**
Dr. Mireya Ortega
Basic dental care for children ages 0-16 without insurance and whose family meets financial eligibility. Cost $5, $10, $20 per visit.

**Young Tahoe Smiles Program**
1060 Ski Run Blvd.
South Lake Tahoe, CA 96150
530-541-7040
YoungTahoeSmiles.com

**COUNTY MEDICAL SERVICES PROGRAM (CMSP) & Path2Health/Medical**
Health coverage for low-income adults in 35 rural counties including El Dorado. Apply in person, by phone or online.

3368 Sandy Way
South Lake Tahoe, CA 96150
530-573-3200
c4yourself.com

**El Dorado County Health & Human Services**
Provides a variety of services including communicable disease control, immunizations and community nursing.

1360 Johnson Blvd., #103
South Lake Tahoe, CA 96150
530-573-3155
edcgov.us/humanservices

**Medi-Cal**
California’s Medicaid health care program. Pays for a variety of medical services for children and adults with limited income and resources. Apply in person, by phone, or online.

3368 Sandy Way
South Lake Tahoe, CA 96150
530-573-3200
c4yourself.com

**PEOPLE WITH DISABILITIES**

**Alta CA Regional**
Intervention and support for adults and children at risk for, or with, intellectual and/or developmental disabilities and their families.

2489 Lake Tahoe Blvd., Ste. 1
South Lake Tahoe, CA 96150
530-314-5970
AltaRegional.org
Choices Day Program
Support services for adults with developmental disabilities. Programs to foster independence, personal development and self-sufficiency.
1950 Lake Tahoe Blvd. #2
South Lake Tahoe, CA 96150
530-541-0167
CTS-choices.org/south-lake-tahoe

Job Placement: Vocational Rehabilitation
Provide services and advocacy resulting in employment and equality for individuals with disabilities.
2489 Lake Tahoe Blvd., Ste. 4
South Lake Tahoe, CA 96150
530-541-3226
dor.ca.gov

Lake Tahoe Unified School District
Programs for special needs students ages 0-22 years; Early intervention program 0-3 years; Preschool program for 3-5 year olds; Special education classes for students in transitional Kindergarten through grade 12.
1021 Al Tahoe Blvd.
South Lake Tahoe, CA 96150
530-541-2850
LTUSD.org

Tahoe Area Coordinating Council for the Disabled
Community Advocacy Group. Meets at California Department of Vocational Rehabilitation office at noon on the 4th Monday of the month. FREE.
2572 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-544-1127
TahoeAreaCoordinatingCouncilfortheDisabled.com

Trails At The Lake
Provides personnel services, training and support for the physically, developmentally, and/or psychiatrically challenged persons including job training, personal budgeting assistance and independent or assisted living services. Private pay, may qualify for aid.
2494 Lake Tahoe Blvd., Ste. 5
South Lake Tahoe, CA 96150
530-539-4191
TrailsAtTheLake.org

MEDICAL SERVICES
**HOUSING & CARE FACILITIES**

**Barton Skilled Nursing Facility**
A 5-Star 48-bed unit located within the Barton Memorial Hospital campus, providing both long-term care and short-term rehabilitation stays.
2170 South Ave.
South Lake Tahoe, CA 96150
530-543-5885
BartonHealth.org

**Brooksdale in Gardnerville**
Assisted living and memory care services for seniors promoting an active lifestyle. Private pay, long term care insurance.
1565 Virginia Ranch Rd.
Gardnerville, NV 89410
855-224-5130

**Carson Valley Senior Living**
High quality assisted living and memory care in Gardnerville, Nevada. Pet friendly.
1189 Kimmerling Rd.
Gardnerville, NV 89460
775-265-1400
CarsonValleySeniorLiving.net

**Gardnerville Health And Rehabilitation Center**
A 24-hour skilled nursing facility. Providing long-term care, post acute rehabilitation, physical therapy, occupational therapy, speech-language pathology, social services including transition planning. Accepting Medicare, Medicaid, private insurance and private pay.
1573 Mathias Parkway
Gardnerville, NV 89410
855-221-7955
GardnervilleHealthAndRehab.com

**Kelly Ridge Apartments**
Affordable housing for seniors. Independent living.
1447 Herbert Ave.
South Lake Tahoe, CA 96150
530-542-1680
KellyRidgeLakeTahoe.com

**Mountain View Health And Rehabilitation Center**
Residential facility for seniors providing dementia services, 24-hour skilled nursing, restorative nursing, and long-term care. Accepting Medicare, Medicaid, private insurance, HMO and private pay.
201 Koontz Ln.
Carson City, NV 89701
866-883-3622
MountainViewHealthAndRehab.com

**Tahoe Senior Plaza**
Affordable housing for seniors 62 and older. Independent living.
1101 3rd St.
South Lake Tahoe, CA 96150
530-542-7048
TahoeSeniorPlaza.com

**The Arbors Memory Care Community**
Alzheimer’s and other dementia care facility in Nevada.
2121 East Prater Way
Sparks, NV 89434
775-331-8875
ArborsMemoryCare.com

**SUPPORT SERVICES**

**Adult Protective Services**
Investigates reports of abuse or neglect of persons 65 years of age and older, and those ages 18-64 who meet the criteria for dependent adults. Licensed in CA and NV.
3057-A Briw Road
Placerville, CA 95667
530-642-4800

**A Hand At Home**
Provides a wide range of non-medical support services that help families function and meet their needs for daily living in the comfort of their own home. Private pay and long-term care insurance. Licensed in California and Nevada.
3053 Harrison Ave., Ste. 205
South Lake Tahoe, CA 96150
530-545-0780
AHandAtHome.net
Barton Home Health
Skilled home health care for post-operative, diabetic, rehabilitation, cardiac and wound care.
2092 Lake Tahoe Blvd., Ste. 500
South Lake Tahoe, CA 96150
530-543-5581
BartonHealth.org/homehealth

Barton Hospice
Provides comfort and relieves symptoms of those who are terminally ill.
2092 Lake Tahoe Blvd., Ste. 500
South Lake Tahoe, CA 96150
530-543-5581
BartonHealth.org/hospice

Douglas County Senior Center
Recreational, educational and wellness activities for seniors age 60 and older. Meals on Wheels, homemaker services and DART transportation.
1329 Waterloo Lane
Gardnerville, NV 89410
775-782-5500
DouglasCountyNV.gov

Eden Home Care
Our compassionate caregivers are ready to help you with a variety of daily activities such as light housekeeping, meal planning, medication reminders, bathing, dressing and other helpful tasks.
911 Mountain St.
Carson City, NV 89703
775-392-2000
Eden-Health.com

Elder Options
Working with families to find solutions for older family members in honoring their wishes and keeping them safe at home. Provides 24/7 home care and care management supervision.
2074 Lake Tahoe Blvd., #7
South Lake Tahoe, CA 96150
530-541-1812
800-336-1709
ElderOptionsCA.com

El Dorado County Senior Center
Senior Helpline.
530-621-6150

El Dorado County Veterans Affairs
Hours in South Lake Tahoe: Open 2nd and 3rd Tuesday of each month. By appointment only. Veterans can get help with compensation for service related disabilities; pension and education benefits; referrals to VA medical facilities; government life insurance; survivor benefits; CA college fee waiver; and more.
3368 Sandy Way
South Lake Tahoe, CA 96150
530-543-6094, CityOfSLT.us

Employment Resource Center
Helping individuals search for a job, develop a quality resume, enhance job interview skills and more.
3368 Lake Tahoe Blvd. #102
South Lake Tahoe, CA 96150
530-573-4330, edcgov.us

South Lake Tahoe Senior Center
An activity and information center that brings support services including exercise programs, computer lab, tax preparation, legal services, daily meals and nutrition counseling to the senior population of South Lake Tahoe. Call for more information.
3050 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-542-6094, CityOfSLT.us

Tahoe Douglas Senior Center
Membership program for Tahoe basin residents. Recreational and support available including a month luncheon, group shopping and activity trips.
885 U.S. Hwy. 50
P.O. Box 1771
Zephyr Cove, NV 89448
775-588-5140

Vitality For Life
Intensive outpatient senior wellness and mental health program serving seniors with depression, anxiety, grief and loss, social isolation and other mental health/life issues. Primary Medicare with secondary insurance or private pay.

Adult Mental Health Center
1107 Hwy. 395 N.
Gardnerville, NV 89410
775-782-1599
YOUTH & FAMILY SERVICES

ACO Medicare Nurse Wise Health Line
Accountable Care Organization’s NurseWise 24-Hour Medicare line. A dedicated nurse line available 24-hours a day, 7-days a week to answer questions.
844-811-7358

Big Brothers Big Sisters of Northern Sierra
BBBS makes meaningful, monitored matches between adult volunteers and at-risk children, ages 3 through 18, in El Dorado County. These mentors are friends and champions who serve as a positive role model and consistent supportive presence in these children’s chaotic and unstable lives.

Tahoe Mountain Lab
3079 Harrison Ave.
South Lake Tahoe, CA 96150
530-626-1222
Todd White
530-556-5014

Boys And Girls Club
After school programs for school aged children during the school year. All day programs during summer and school breaks.
P.O. Box 17846
South Lake Tahoe, CA 96151
1100 Lyons Ave.
South Lake Tahoe, CA 96150
530-542-0838
bgcft.org

CASA – Court Appointed Special Advocates
CASA El Dorado’s trained and court-appointed volunteers advocate on behalf of abused, neglected and at-risk youth.

Foster Kinship Education Program
Providing education and support opportunities to care providers of children and youth in out-of-home care. Trainings are free and open to all community members. Trainings support attachment; social-emotional development; mental health; positive parenting techniques; trauma impacts, trauma informed care; developmental delays; neurodiversity; sensory issues; community resources; self-care and resiliency. FKCE also offers Kinship Provider Support Groups to provide support to relatives caring for family members.
LTCC.edu/FKCE
kehuxtable@ltcc.edu

1354 Johnson Blvd., Ste. 2
South Lake Tahoe, CA 96150
530-573-3093
CASAElDorado.org
**Child Health And Disability Prevention Program**
Complete health and dental assessments for early detection and prevention of diseases and disabilities in children and youth. Services include school entry exams, sports physicals and immunizations.
Serving Medi-Cal eligible children birth through 20 years and low income children at or below 200 percent of poverty, birth through 18 years.

1360 Johnson Blvd., Ste. 103
South Lake Tahoe, CA 96150
530-573-3155
edcgov.us/publichealth

**Catalyst Community**

1029 Takela Dr., Ste. 2
South Lake Tahoe, CA 96150
530-541-5848
catalystcomm.org

**El Dorado County Child Protective Services**
Investigates reports of abuse, neglect or harm. Provides referrals to community resources.

3368 Lake Tahoe Blvd., Ste. 100
South Lake Tahoe, CA 96150
530-573-3200
844-756-3699 (toll free)
edcgov.us

**El Dorado County – Community Hub Team**
Hub Teams help families with everyday parenting by offering guidance on children’s behavior, parenting support, early literacy activities and connections to health insurance, doctors, dentists and wellness visits for expectant parents and families with children 0-18 throughout El Dorado County. Services are located at local libraries or by calling the toll free line.

1-833-332-4827
First5Eldorado.com/community-hubs

**El Dorado County Health & Human Services – Public Health**
Public Health provides a variety of services including communicable disease control, community health assessment, specialized health education, tuberculosis testing (PPD), nursing case management for high risk women and infants and immunizations for all ages.

1360 Johnson Blvd., Ste. 103
South Lake Tahoe, CA 96150
(530) 573-3155
edcgov.us/PublicHealth/

**El Dorado County Office Of Education**

**Early Head Start Programs**
Serves birth to age 3 years, including teen parents, with weekly home visits. The focus of this federally funded program is to enhance family relationships and promote healthy child growth and development. Free for income eligible families.

**Head Start Center-Based Programs**
Preschool programs for children ages 3 to 5. Individualized early childhood programs focus on school readiness, literacy, health, nutrition and social services. Free for income eligible families.

**El Dorado County Office of Education Child Development Programs**
1286 Kyburz Ave.
South Lake Tahoe, CA 96150
530-543-8242 – South Lake Tahoe
530-295-2270 – Western Slope

**Family Resource Center**
Low cost bilingual summer environmental education program and social skills groups during the school year.

3501 Spruce Ave., Ste. B
South Lake Tahoe, CA 96150
530-542-0740
TahoeFRC.org

**HealthyChildren.org**
Up-to-the-minute pediatric health information specially customized for you and your family. A monthly HealthyChildren.org e-newsletter.

**The American Academy of Pediatrics**
141 Northwest Point Blvd.
Elk Grove Village, IL 60007
HealthyChildren.org
info@healthychildren.org
Live Violence Free
Children’s Art Therapy
A program that is trauma focused for children using techniques to help children from the Windows Between Worlds Art Program.
2941 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-544-2118
LiveViolenceFree.org

Sierra Child & Family Services
Provides support for foster youth and foster or adoptive families. Families who are interested in becoming a foster or adoptive parent should call to inquire.
2580 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-544-2111

SOS Outreach
A national youth development non-profit which utilizes adventure sports to engage at-risk and underserved students in long-term relationships
3053 Harrison Ave unit #204
South Lake Tahoe, CA 96151
530-918-4092
775-298-0261 Direct
530-206-6361 Mobile
SOSOutreach.org

South Lake Tahoe Library
Public access internet, wifi, books, audiobooks, movies and children’s programs.
Mon: 10-5,
Tues and Wed: 10-7
Thurs-Sat: 10-5,
Closed Sundays
1000 Rufus Allen Blvd.
South Lake Tahoe, CA 96150
530-573-3185
ElDoradoLibrary.org

South Lake Tahoe Recreation Center
Year-round aquatic and other recreational programs for families. Self pay with a sliding scale.
1180 Rufus Allen Blvd.
South Lake Tahoe, CA 96150
530-542-6056
CityOfSLT.us

Tahoe Immigration Law
Amber Reinholdt, Esq.
Specializing in Family petitions, waivers, DACA, adjustment of status, asylum, removal defense & bond, finance visas, consular processing. Call for a free and confidential consultation.
2489 Lake Tahoe Blvd,
Suite 21
South Lake Tahoe, CA 96150
530-578-0144
tahoeimmigrationlaw@gmail.com
tahoeimmigrationlaw.com

Tahoe Youth & Family Services
Drop-in center for youth up to age 24.
Call for appointment.
Basic needs and support. No charge.
1021 Fremont Ave.
South Lake Tahoe, CA 96150
530-541-2445
TahoeYouth.org

University Of California
CalFresh Nutrition Education
Advocating for nutrition, help adults and their families establish and maintain healthy eating habits and physically active lifestyles. Available for any nutritional resources you may need. No charge but must be eligible for Supplemental Nutrition Assistance Program (SNAP), WIC or Head Start.
3368 Sandy Way
South Lake Tahoe, CA 96150
530-573-3200
UCalFresh.com

Supportive Services
for Veterans Families
Funded by the United States Department of Veterans Affairs, the Veteran Family Services program is administered through Volunteers of America to provide supportive services to extremely low or very low-income veteran families who are homeless or at risk for becoming homeless. For more information call or visit online.
916-265-3400
VOA-NCNN.org
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