2019 Barton Health
Health & Wellness Directory
Medical Resource Guide
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**2019 Barton Health & Wellness Directory**  
**Medical Resource Guide**
**Barton Memorial Hospital**

<table>
<thead>
<tr>
<th>Department</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>Operator</td>
<td>530-541-3420</td>
</tr>
<tr>
<td>Admitting</td>
<td>530-543-5835</td>
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<tr>
<td>Infusion Center</td>
<td>530-543-5876</td>
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<tr>
<td>Attic Thrift Store</td>
<td>530-541-3378</td>
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<tr>
<td>Community Health Center</td>
<td>530-543-5623</td>
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<tr>
<td>Customer Service (Billing)</td>
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<tr>
<td>Education</td>
<td>530-543-5549</td>
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<tr>
<td>EKG</td>
<td>530-543-5881</td>
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<tr>
<td>Emergency Department</td>
<td>530-543-5890</td>
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<tr>
<td>Front Desk</td>
<td>530-543-5926</td>
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<tr>
<td>Foundation</td>
<td>530-543-5909</td>
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<tr>
<td>Gift Shop</td>
<td>530-543-5927</td>
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<tr>
<td>Health Information Management</td>
<td>530-543-5900</td>
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<tr>
<td>(Medical Records)</td>
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<tr>
<td>Home Health/ Hospice</td>
<td>530-543-5581</td>
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<tr>
<td>Human Resources (Personnel)</td>
<td>530-543-5564</td>
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<tr>
<td>Intensive Care Unit (ICU)</td>
<td>530-543-5860</td>
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<tr>
<td>Laboratory — 4th Street</td>
<td>530-543-5913</td>
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<tr>
<td>Laboratory — Hospital</td>
<td>530-543-5855</td>
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<tr>
<td>Laboratory — Stateline</td>
<td>775-589-8951</td>
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<tr>
<td>Medical Imaging (MRI, Nuclear Medicine, Ultrasound, X-Ray, CT Scan)</td>
<td>530-543-5850</td>
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<tr>
<td>Mammography</td>
<td>530-543-5851</td>
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<tr>
<td>Medical/Surgical Unit</td>
<td>530-543-5870</td>
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<tr>
<td>Nutrition</td>
<td>530-543-5824</td>
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<tr>
<td>Obstetrics (Family Birthing Center)</td>
<td>530-543-5547</td>
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<tr>
<td>Occupational Health</td>
<td>775-589-8987</td>
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<tr>
<td>Orthopedics (In-Patient)</td>
<td>530-543-5865</td>
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<tr>
<td>Public Relations</td>
<td>530-543-5615</td>
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<tr>
<td>Rehabilitation (Hospital)</td>
<td>530-543-5896</td>
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<tr>
<td>Rehabilitation — (Center)</td>
<td>530-543-5706</td>
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<tr>
<td>Rehabilitation — (Stateline)</td>
<td>775-589-8953</td>
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<tr>
<td>Respiratory Care</td>
<td>530-543-5884</td>
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<tr>
<td>Risk Management</td>
<td>530-543-5845</td>
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<tr>
<td>Sleep Studies Lab</td>
<td>530-543-5895</td>
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<td>Surgery (General)</td>
<td>530-543-5691</td>
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<tr>
<td>- Lake Tahoe Surgery Center</td>
<td>775-588-9188</td>
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<tr>
<td>- Pre-Op</td>
<td>530-543-5528</td>
</tr>
<tr>
<td>Volunteer Program (Auxiliary)</td>
<td>530-543-5728</td>
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</table>
The following are outpatient services for those who do not need to be hospitalized for their medical care. For a full listing of all medical services, please visit our website: bartonhealth.org

Barton Education
1113 Emerald Bay Rd.
South Lake Tahoe, CA 96150
530-543-5549
Barton offers a range of classes for our community including CPR and first aid. Barton also offers a medical assistant vocational certification.

Medical & Continuing Education:
education.BartonHealth.org

Fitness, Well-being & Employer Wellness:
BartonHealth.org/communityed

Barton Performance by ALTIS™
2170B South Ave.
South Lake Tahoe, CA 96150
530-539-6600
BartonPerformance.com
The collaboration between Barton Health and ALTIS™ combines the medical expertise and wellness philosophy of Barton Health and the elite training experience of ALTIS™. Barton Performance by ALTIS™ is offering memberships for all fitness levels and performance goals by utilizing a proven philosophy, sophisticated analysis tools, and internationally acclaimed performance coaching.

Center for Orthopedics & Wellness
2170B South Ave.
South Lake Tahoe, CA 96150
530-539-6600
BartonOrthopedicsAndWellness.com
The Center includes multi-specialty services: orthopedic surgeons, spine specialists, physical medicine and rehabilitation specialists, a sports performance team, pain-management specialists, integrative medicine providers, general practitioners, health coaches, coordinators, acupuncture, and behavioral health. These specialists work together to ensure patients receive the highest level of comprehensive care, leading to the Center being a certified Center of Excellence by U.S. Ski and Snowboard. Health coaches and coordinators will guide patients through a personalized wellness experience.

EKG / Echo
Barton Memorial Hospital
2170 South Ave.
South Lake Tahoe, CA 96150
530-543-5881
Electrocardiograms help diagnose evidence of heart enlargement, insufficient blood flow, new or previous heart injuries or rhythm problems, changes in electrical activity of the heart, and signs of inflammation to the sac surrounding the heart. Treadmill stress testing, holter monitoring, event monitoring and nuclear stress testing are also offered.

Emergency Department
IN A MEDICAL EMERGENCY DIAL 911
Barton Memorial Hospital
2170 South Avenue
South Lake Tahoe, CA 96150
530-543-5890
Level III Trauma Emergency services provided by board-certified emergency medicine physicians and specially trained nurses 24 hours a day, seven days a week.

Family Birthing Center
Barton Memorial Hospital
2170 South Ave.
South Lake Tahoe, CA 96150
530-543-5547
Offering a family-centered experience, the birthing center offers large, remodeled labor, delivery & recovery suites; experienced and dedicated maternity staff; board-certified lactation consultants; and follow up home visits with a registered nurse to answer all your questions after you return home.

Gastroenterology Lab
Barton Memorial Hospital
2170 South Ave.
South Lake Tahoe, CA 96150
530-543-5985
Our Gastroenterology (GI) lab offers preventive and curative services for digestive diseases. Some of the services provided are colonoscopies, sigmoidoscopies, hemorrhoid treatment and diagnosis, and treatment of diseases such as reflux/GERD, cancer, polyps and ulcers. The GI lab is also a satellite liver clinic for Stanford University.
**Home Health**
2092 Lake Tahoe Blvd., Ste. 500
South Lake Tahoe, CA 96150
530-543-5581 | 775-782-1510

Barton provides at-home health care services with a doctor’s referral. Under the direction of your physician, we provide home care that best fits your needs. Our team includes registered nurses, rehabilitation services (including physical, occupational and speech therapy), medical social workers, nutritionists and home health aides.

**Hospice**
2092 Lake Tahoe Blvd., Suite 500
South Lake Tahoe, CA 96150
530-543-5581 | 775-782-1510

Hospice care is a specialty program providing comfort and relief of symptoms for those who are terminally ill. Hospice care is provided in the privacy and comfort of your own home, a nursing facility or group home. Our team will work with you, your physician and your family to determine the most beneficial treatment and how to provide care. Hospice care is reserved for those who have a disease with a life prognosis of six months or less, as determined by your physician.

**Infusion Center**
Barton Memorial Hospital
2170 South Avenue
South Lake Tahoe, CA 96150
530-543-5876

Outpatient infusion services are available. Blood draws from access devices, IV medication therapy and blood transfusions are a few of the services offered. Some cancer support services are also available.

**Laboratory**
Barton Memorial Hospital
2170 South Avenue
South Lake Tahoe, CA 96150
530-543-5855
1067 Fourth Street
South Lake Tahoe, CA 91650
530-543-5913

Stateline Medical Center
155 Highway 50
Stateline, NV 89449
775-589-8951

Our comprehensive laboratories offer full health panels and blood screenings, with a physician’s order, to help you be informed and proactive with your health.

**Medical Imaging**
Barton Memorial Hospital
2170 South Avenue
South Lake Tahoe, CA 96150
530-543-5850

Barton’s Medical Imaging Department offers the following services: CT scanning with 128-slice low dose technology, MRI, ultrasound, digital mammography with 3D tomography and stereotactic, X-ray and fluoroscopy, nuclear medicine and interventional radiography rivaling those of urban hospitals. We also offer preventive screenings and exams for cardiac and lung disease, cancer and tumors, organ function, respiratory diseases, vascular and circulatory diseases, arthritis, bone fractures, infections, breast screenings and biopsy, OB/GYN exams, digestive and colon disorders, spider vein treatment, embolisms, and many other diseases, disorders and abnormalities. All services are done in-house and appointments can usually be made in just a few days.

**Nutrition**
Barton Memorial Hospital
2170 South Avenue
South Lake Tahoe, CA 96150
530-543-5824

Our registered dietitians provide individualized medical nutrition therapy, education and counseling for diabetes, cardiovascular disease, digestive disorders, oncology, maternal and pediatric nutrition, geriatric nutrition, weight control, sports nutrition, and wellness to meet your goals.

**Occupational Health**
Stateline Medical Center
155 Highway 50
Stateline, NV 89449
775-589-8987

Providing employee health services for your business, including workers compensation injuries, medical review officer service and drug testing, flight exams, commercial driver’s license exams, pre-employment exams, immunizations, and tuberculosis screenings.
Rehabilitation
Barton Memorial Hospital
2170 South Avenue
South Lake Tahoe, CA 96150
530-543-5896

Center for Orthopedics & Wellness
2170B South Ave.
South Lake Tahoe, CA 96150
530-539-6600

Stateline Medical Center
155 Highway 50
Stateline, NV 89449
775-589-8953

Providing physical, occupational, speech and hand therapy with the most comprehensive services for your rehabilitation needs. We treat sports injuries, chronic pain and will assist with surgery recovery. We accept many patients including those with neurological concerns, incontinence and lymphedema. Specialty services include orthotics, running video gait analysis, bike fitting, computer trainer, VO2 Max and Resting Metabolic Rate Testing, functional knee testing, Bridge Program (return to sport), Alter G & treadmill and aquatic therapy.

Skilled Nursing
Barton Memorial Hospital
2170 South Avenue
South Lake Tahoe, CA 96150
530-543-5885

Our hospital-based Skilled Nursing Facility accommodates 48 residents with all of the home-like amenities integrated into the clinical setting. Our purpose is to exceed the health care needs of our residents in a safe and secure environment while encouraging them to feel like a part of our Barton community. The Skilled Nursing Facility provides long-term care and rehabilitation care to residents who do not need acute care but cannot be cared for at home.

Respiratory Care Services
Barton Memorial Hospital
2170 South Avenue
South Lake Tahoe, CA 96150
530-543-5884

Respiratory Care Services provides a full range of services for respiratory evaluation, including pulmonary function testing, bronchoscopy and oximetry, along with education for people with specific respiratory issues.

Sleep Studies Lab
Barton Memorial Hospital
2170 South Avenue
South Lake Tahoe, CA 96150
530-543-5895

Offers in-house and at home sleep studies for diagnosis and treatment of sleep disorders such as snoring, sleep apnea, insomnia, narcolepsy and restless legs/periodic leg movements (PLM).

Ski Resort Clinics
Barton Medical Clinic
at Heavenly Mountain Resort
530-543-5575

Barton Medical Clinic at Kirkwood Resort
209-258-7236

Medical Clinic at Sierra-at-Tahoe
530-659-7434

Our resort-based clinics offer urgent care treatment of ski and snowboard injuries; X-rays, IV moderate sedation; patient ground & airlift transport to hospitals & trauma centers; ski resort employee health care; ski resort employee workers comp injuries.

Surgery
Barton General Surgery
1090 3rd Street
South Lake Tahoe, CA 96150
530-543-5691

Barton Memorial Hospital
Pre-Op Office
2170 South Avenue
South Lake Tahoe, CA 96150
530-543-5528

Lake Tahoe Surgery Center
212 Elks Point Road, Suite 201
Zephyr Cove, NV
775-588-9188

Board-certified surgeons representing various specialties perform numerous surgical procedures. Registered nurses provide expertise for all areas of the surgery department, including pre-op, recovery and operating rooms. The da Vinci Robotic Surgery is available at Barton Memorial Hospital location.

Telemedicine
530-543-5833

Various specialists are offered through Telehealth for Tahoe related to cardiology, psychiatry, endocrinology, neurology, dermatology, oncology, infectious disease, and post-concussion management. Following a referral from a primary care physician, an appointment can be made with one of the specialists.
A PRIMARY CARE PROVIDER sees you for everyday health, wellness, and illnesses. This is your regular or family doctor who may specialize in Internal Medicine, Family Medicine, or Pediatrics. Your Primary Care Provider understands the big picture of your health and takes care of or coordinates any kind of health care services you may need, including:

- Reviewing your prescription medications
- Reviewing your lab test results
- Referring you to a special clinical program that might help you
- Referring you to a Care Manager to help you stay healthy
- Giving you a flu shot and other preventive screenings
- Referrals to a specialist

Providers covered by the hospital financial assistance program (FAP) are noted and may be subject to change. Please check with your provider to ensure coverage.

<table>
<thead>
<tr>
<th>Name</th>
<th>Specialty</th>
<th>Contact Information</th>
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<tbody>
<tr>
<td>SIERRA ARMSTRONG, FNP</td>
<td>FAMILY PRACTICE</td>
<td>2201 South Avenue, South Lake Tahoe, CA 96150</td>
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<tr>
<td></td>
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<td>Graduate School: Chamberlain College of Nursing</td>
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<td>Provider Covered by the Hospital Financial Assistance Policy (FAP)</td>
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<tr>
<td>ANDREA BALDWIN, FNP</td>
<td>FAMILY PRACTICE</td>
<td>2201 South Avenue, South Lake Tahoe, CA 96150</td>
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<td>Graduate School: Kaplan University</td>
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<tr>
<td>CATHEY BERVID, RN, MSN, NP</td>
<td>FAMILY PRACTICE</td>
<td>155 Highway 50, Stateline, NV 89449</td>
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<td>Graduate School: University of Nevada, Reno</td>
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<td>RICHARD D. BOTTO, MD</td>
<td>FAMILY PRACTICE</td>
<td>3097 Harrison Ave., Ste. G, South Lake Tahoe, CA 96150</td>
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<td></td>
<td></td>
<td>Medical School: University of Tennessee Center for Health Sciences, Memphis, TN</td>
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<td>Board Certifications: American Board of Family Medicine</td>
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<td>Services: General family medicine, acupuncture and holistic care offered in a peaceful environment</td>
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<td>Provider Covered by the Hospital Financial Assistance Policy (FAP)</td>
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</table>
STEVEN L. BROOKS, MD

BARTON PRIMARY CARE | STATELINE MEDICAL CENTER
155 Highway 50, Stateline, NV 89449 | 775-589-8960

Medical School: University of Illinois, Chicago, IL
Hospital Affiliations: Barton Memorial Hospital
Board Certifications: American Association of Physicians Specialists
Provider Covered by the Hospital Financial Assistance Policy (FAP)

JAY CHUNG, MD

BARTON INTERNAL MEDICINE | STATELINE MEDICAL CENTER
155 Hwy 50, Stateline, NV 89449 | 775-589-8900

Medical School: University of Texas, Houston, TX
Hospital Affiliations: Barton Memorial Hospital
Board Certifications: Diplomat – American Board of Internal Medicine & Rheumatology; Certified Clinical Densitometrist with expertise in Osteoporosis
Provider Covered by the Hospital Financial Assistance Policy (FAP)

ANDREA CLARK, FNP

BARTON COMMUNITY HEALTH CENTER
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5623

Graduate School: Sonoma State University, Rohnert Park, CA
Certifications: American Academy of Nurse Practitioners
Specialty: Family practice
Provider Covered by the Hospital Financial Assistance Policy (FAP)

TODD DEGIOVANNI, PA-C

BARTON COMMUNITY HEALTH CENTER
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5623

Graduate School: Midwestern University
Certifications: National Commission of Certification of Physician Assistants
Specialty: Family Practice
Provider Covered by the Hospital Financial Assistance Policy (FAP)

NICOLE DELAPLANTE, DO

BARTON FAMILY MEDICINE
1090 3rd Street, South Lake Tahoe, CA 96150 | 530-543-5660

Medical School: New York College of Osteopathic Medicine, Old Westbury, NY
Board Certifications: American Board of Obesity Medicine; American Board of Family Medicine; ACLS Certified; Advanced Life Support in Obstetrics (ALSO)
Provider Covered by the Hospital Financial Assistance Policy (FAP)
JENNIFER EHMAN, MD
BARTON PEDIATRICS
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5550
Medical School: State University of New York School of Medicine, Brooklyn, NY
Board Certifications: American Board of Pediatrics
Services: Pediatric primary care and pediatric acute illness.
Provider Covered by the Hospital Financial Assistance Policy (FAP)

ERIN JONES, MD
BARTON FAMILY MEDICINE
1090 3rd Street, South Lake Tahoe, CA 96150 | 530-543-5660
Medical School: Keck School of Medicine, University of Southern California, Los Angeles, CA
Board Certifications: American Board of Family Medicine
Services: Integrative medicine, child wellness checks, women’s health and geriatrics.
Provider Covered by the Hospital Financial Assistance Policy (FAP)

D. PATRICK MARTIN, MD
ALPINE FAMILY PRACTICE
1108 4th Street, South Lake Tahoe, CA 96150 | 530-542-5740
Medical School: Tulane Medicine, New Orleans, LA
Hospital Affiliation: Barton Memorial Hospital
Board Certifications: American Board of Family Medicine
Services: Full family care, pediatrics, health promotion, allergy testing and treatment, acute and chronic illnesses, complete skin care.

BROOKS MARTIN, MD
BARTON FAMILY MEDICINE
1090 3rd Street, South Lake Tahoe, CA 96150 | 530-543-5660
Medical School: Boston University, Boston, MA
Hospital Affiliations: Barton Memorial Hospital
Professional Certifications: American Board of Family Medicine
Services: Board spectrum family medicine including geriatrics, pediatrics, preventative care and acute and chronic illnesses. Travel medicine including immunizations, ADHD diagnosis and management, vasectomy, DAN (Diver’s Alert Network affiliate physician.
Provider Covered by the Hospital Financial Assistance Policy (FAP)

MICHAEL P. DOYLE, MD
LAKE TAHOE PEDIATRICS
2074 Lake Tahoe Blvd., Ste. 9, South Lake Tahoe, CA 96150 | 530-541-6100
Medical School: Medical College of Wisconsin, Milwaukee, WI
Hospital Affiliations: Barton Memorial Hospital
Board Certifications: American Board of Pediatrics
Services: Office and hospital care for children from birth to age 21.
Provider Covered by the Hospital Financial Assistance Policy (FAP)
HENNING MEHRENS, MD

FAMILY PRACTICE AND URGENT CARE
960 Tahoe Keys Blvd., South Lake Tahoe, CA 96150  |  530-544-1733
Medical School: Ohio State University College of Medicine, Columbus, OH
Hospital Affiliations: Barton Memorial Hospital
Services: Family practice, urgent care clinic, open seven days a week.

ALPINE FAMILY PRACTICE
1108 4th Street, South Lake Tahoe, CA 96150  |  530-542-5740
Medical School: University of Michigan, Ann Arbor, MI
Hospital Affiliations: Barton Memorial Hospital
Professional Certifications: American Academy of Family Medicine
Board Certifications: American Board of Family Medicine

JENIFER E. NORRIS, MD

ALPINE FAMILY PRACTICE
1108 4th Street, South Lake Tahoe, CA 96150  |  530-542-5740
Medical School: Doctor of Nursing Practice, California State Fullerton
Hospital Affiliations: Barton Memorial Hospital
Board Certifications: American Board of Family Medicine
Services: Acupuncture, preventative care, acute and chronic illness management for infants, children and adults. Speaks Spanish - Habla Español

BARBARA PIDERMANN, DNP

BARTON FAMILY MEDICINE
1090 3rd Street, South Lake Tahoe, CA 96150  |  530-543-5660
Graduate School: California State Long Beach, Long Beach, CA
Board Certifications: American Academy of Nurse Practitioners
Provider Covered by the Hospital Financial Assistance Policy (FAP)

DANIELLE PRIEM, DO

BARTON PEDIATRICS
2201 South Avenue, South Lake Tahoe, CA 96150  |  530-543-5550
Medical School: Des Moines University, Des Moines, IA
Professional Certifications: American Board of Pediatrics
Provider Covered by the Hospital Financial Assistance Policy (FAP)
ALLISON STEINMETZ, MD
BARTON FAMILY MEDICINE
1090 3rd Street, South Lake Tahoe, CA 96150 | 530-543-5660
Medical School: Tulane University School of Medicine, New Orleans, LA
Board Certifications: American Board of Internal Medicine; American Board of Pediatrics
Services: Primary care physician for all ages with a specific talent for treating menopausal issues, teenagers and women’s health.
Provider Covered by the Hospital Financial Assistance Policy (FAP)

ANDREW H. TANG, MD
BARTON PRIMARY CARE | STATELINE MEDICAL CENTER
155 Highway 50, Stateline, NV 89449 | 775-589-8960
Medical School: Creighton University, Omaha, NE
Hospital Affiliations: Barton Memorial Hospital
Board Certifications: American Board of Internal Medicine
Provider Covered by the Hospital Financial Assistance Policy (FAP)

KELLY VIAL, FNP-C
BARTON FAMILY MEDICINE
1090 3rd Street, South Lake Tahoe, CA 96150 | 530-543-5660
Graduate School: Samuel Merritt University, Sacramento/Oakland, CA
Board Certifications: American Academy of Nurse Practitioners
Provider Covered by the Hospital Financial Assistance Policy (FAP)

MATTHEW WONNACOTT, MD
BARTON COMMUNITY HEALTH CENTER
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5623
Medical School: Uniformed Services University of Health Sciences
Board Certifications: American Board of Family Medicine
Services: Family Practice
Provider Covered by the Hospital Financial Assistance Policy (FAP)

SAMANTHA STERN, PA
BARTON COMMUNITY HEALTH CENTER
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5623
Graduate School: Pacific University
Provider Covered by the Hospital Financial Assistance Policy (FAP)
A **SPECIALIST** is an individual that specializes in a particular type of medicine, like Orthopedics, Oncology, or Psychiatry. If your specialist appointment requires a referral, you can often get approval for your referral before you even leave your primary care doctor’s office. Some specialty services are available without referral from your doctor (called “self-referral”) such as well-woman visits. Some health insurance plans do not require you to get an authorized referral to see a specialist. Ask your primary care provider which services you are eligible to receive without prior authorization.

Providers covered by the hospital financial assistance program (FAP) are noted and may be subject to change. Please check with your provider to ensure coverage.

### AUDIOLOGY

**DANIELLE KNOWLTON, MA, FAAA**

**BARTON AUDIOLOGY**

2169 South Ave., South Lake Tahoe, CA 96150 | 530-543-5815

**Graduate School:** Sacramento State University, Sacramento, CA

**Board Certifications:** Certificate of Clinical Competence in Audiology; California State License in Audiology; Fellow – American Academy of Audiology

**Hospital Affiliations:** Barton Memorial Hospital

**Provider Covered by the Hospital Financial Assistance Policy (FAP)**

### CARDIOLOGY

**DAVID R. YOUNG, MD**

**BARTON CARDIOLOGY | BARTON MEMORIAL HOSPITAL**

2170 South Ave., South Lake Tahoe, CA 96150 | 530-543-5497

**Medical School:** University of Nevada, School of Medicine, Reno, NV

**Board Certifications:** American Board of Internal Medicine with Sub-Specialty in Cardiology; American Board of Internal Medicine

**Hospital Affiliations:** Barton Memorial Hospital, Renown Regional Medical Center

**Provider Covered by the Hospital Financial Assistance Policy (FAP)**

### DENTISTRY

**HYUN HA, DDS**

**TAHOE DENTAL ARTS**

2180 Lake Tahoe Blvd., #5, South Lake Tahoe, CA 96150 | 530-541-8229

**Dental School:** Loma Linda University School of Dentistry, Loma Linda, CA

**FREDERICK JOHN, DMD**

**CARSON CITY PEDIATRIC DENTISTRY**

4530 S. Carson St., Ste. 5, Carson City, NV 89701 | 775-461-3800

**Dental School:** University of Nevada, Las Vegas School of Dental Medicine, Las Vegas, NV

**Residency:** Primary Children’s Medical Center; Pediatric Dental Residency
**KEVIN OLSON, DMD**

**CARSON CITY PEDIATRIC DENTISTRY**
4530 S. Carson St., Ste. 5, Carson City, NV 89701 | 775-461-3800

*Dental School:* University of Nevada, Las Vegas School of Dental Medicine, Las Vegas, NV  
*Residency:* Cincinnati Children's Hospital Medical Center  
*Services:* Pediatric Dentistry

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**ALEX J. CATEN, MD**

**SIERRA NEVADA EAR, NOSE AND THROAT ASSOCIATES**
1520 Virginia Ranch Rd., Ste. 103, Gardnerville, NV 89410 | 775-782-3888  
2874 N. Carson St., Ste. 220, Carson City, NV 89706 | 775-883-7666  
801 E. Williams Ave., Ste. 3310, Fallon, NV 89406 | 775-883-7666  

*Medical School:* Tulane University School of Medicine, New Orleans, LA

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**PAUL D. MANOUKIAN, MD**

**SIERRA NEVADA EAR, NOSE AND THROAT ASSOCIATES**
1520 Virginia Ranch Rd., Ste. 103, Gardnerville, NV 89410 | 775-782-3888  
2874 N. Carson St., Ste. 220, Carson City, NV 89706 | 775-883-7666  
801 E. Williams Ave., Ste. 3310, Fallon, NV 89406 | 775-883-7666

*Medical School:* Tufts University School of Medicine, Boston, MA; Harvard University School of Public Health, Boston, MA  
*Hospital Affiliations:* Barton Memorial Hospital; Lake Tahoe Surgery Center; Carson Valley Medical Center; Carson Tahoe Regional Medical Center; Sierra Surgery and Imaging  
*Board Certifications:* American Board of Otolaryngology  
*Services:* Otolaryngology, rhinology, head and neck surgery, treatment of sinus and allergy

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**K. BRIAN ROMANESCHI, MD**

**SIERRA NEVADA EAR, NOSE AND THROAT ASSOCIATES**
1520 Virginia Ranch Rd., Ste. 103, Gardnerville, NV 89410 | 775-782-3888  
2874 N. Carson St., Ste. 220, Carson City, NV 89706 | 775-883-7666  
801 E. Williams Ave., Ste. 3310, Fallon, NV 89406 | 775-883-7666

*Medical School:* University of Washington School of Medicine, Seattle, WA  
*Hospital Affiliations:* Barton Memorial Hospital, Lake Tahoe Surgery Center, Carson Valley Medical Center, Carson Tahoe Regional Medical Center, Sierra Surgery and Imaging  
*Board Certifications:* American Board of Otolaryngology  
*Services:* Otolaryngology, rhinology, head and neck surgery, laser and facial plastic surgery, treatment of sinus and allergy
**RONALD ROTH, MD**

**BARTON EAR, NOSE AND THROAT**
2169 South Ave., South Lake Tahoe, CA 96150 | 530-543-5815

- **Medical School:** University of Southern California, Los Angeles, CA
- **Hospital Affiliations:** Barton Memorial Hospital; Lake Tahoe Surgery Center
- **Board Certifications:** American Board of Otolaryngology
- **Services:** Treatment of ear, nose and throat, breathing, voice and sinus problems, sleep apnea and allergy, facial trauma and reconstructive surgery.
- **Provider Covered by the Hospital Financial Assistance Policy (FAP)**

**DANIEL A. NORMAN, MD**

**BARTON GASTROINTESTINAL LAB | BARTON MEMORIAL HOSPITAL**
2170 South Ave., South Lake Tahoe, CA 96150 | 530-543-5985

- **Medical School:** Temple University, Philadelphia, PA
- **Hospital Affiliations:** Barton Memorial Hospital
- **Board Certifications:** American Board of Internal Medicine – Gastroenterology
- **Services:** Anoscopy, colonoscopy, endoscopy, esophageal dilatation, nonsurgical treatment of hemorrhoid disease
- **Provider Covered by the Hospital Financial Assistance Policy (FAP)**

**JOSEPH HANCOCK, MD, FACP, FACG, JD**

**BARTON GASTROENTEROLOGY**
1139 3rd Street, South Lake Tahoe, CA 96150 | 530-543-5691

- **Medical School:** Hahnemann University, Philadelphia, PA
- **Board Certifications:** Board Certified: Internal Medicine, American Board of Internal Medicine, Board Certified: Gastroenterology
- **Services:** Anoscopy, colonoscopy, endoscopy, esophageal dilatation, nonsurgical treatment of hemorrhoid disease
- **Provider Covered by the Hospital Financial Assistance Policy (FAP)**

**MEGAN JEWELL, MD**

**BARTON WOMEN’S HEALTH**
2175 South Ave., South Lake Tahoe, CA 96150 | 530-543-5711

- **Medical School:** Chicago Medical School, Chicago, IL
- **Board Certifications:** Board Certified in Obstetrics & Gynecologists, DaVinci Robot Certification for Benign Gynecology
- **Provider Covered by the Hospital Financial Assistance Policy (FAP)**
GYNECOLOGY

CLARE RUDOLPH, MD
BARTON WOMEN’S HEALTH
2175 South Ave., South Lake Tahoe, CA 96150  |  530-543-5711
Medical School: St. Louis University School of Medicine, St. Louis, MO
Board Certifications: American Board of Obstetrics & Gynecology
Provider Covered by the Hospital Financial Assistance Policy (FAP)

AMANDA STEVENS WEAVIL, MD
BARTON WOMEN’S HEALTH
2175 South Ave., South Lake Tahoe, CA 96150  |  530-543-5711
Medical School: University of Maryland School of Medicine, Baltimore, MD
Board Certifications: American Board of Obstetrics & Gynecology
Provider Covered by the Hospital Financial Assistance Policy (FAP)

GARY F. WILLEN, MD, MBA
TAHOE WOMEN’S CARE
961 Mica Drive, Carson City, NV 89705  |  530-544-8333  |  775-267-6700
Medical School: MD – Albany Medical College, Albany, NY; MBA – University of South Florida, Tampa, FL
Hospital Affiliations: Barton Memorial Hospital; Carson Valley Medical Center; Lake Tahoe Surgery Center
Board Certifications: American Board of Obstetrics & Gynecology; Accreditation Council for Gynecologic Endoscopy

NEUROLOGY

RITUPARNA DAS, MD
BARTON NEUROLOGY
1139 3rd Street, South Lake Tahoe, CA 96150  |  530-539-6047
Medical School: Medical College of Georgia, Augusta, Georgia
Board Certifications: American Board of Psychiatry and Neurology
Provider Covered by the Hospital Financial Assistance Policy (FAP)

MICHAEL P. SULLIVAN, MD
BARTON COMMUNITY HEALTH CENTER
2201 South Ave., South Lake Tahoe, CA 96150  |  530-543-5783
Medical School: University of Arizona Medical College, Tucson, AZ
Board Certifications: American Board of Neurology, Electroencephalography
Provider Covered by the Hospital Financial Assistance Policy (FAP)
OBSTETRICS

MEGAN JEWELL, MD
BARTON WOMEN'S HEALTH
2175 South Ave., South Lake Tahoe, CA 96150 | 530-543-5711
Medical School: Chicago Medical School, Chicago, IL
Board Certifications: Board Certified in Obstetrics & Gynecology, DaVinci Robot Certification for Benign Gynecology
Provider Covered by the Hospital Financial Assistance Policy (FAP)

CLARE RUDOLPH, MD
BARTON WOMEN'S HEALTH
2175 South Ave., South Lake Tahoe, CA 96150 | 530-543-5711
Medical School: St. Louis University School of Medicine, St. Louis, MO
Board Certifications: American Board of Obstetrics & Gynecology
Provider Covered by the Hospital Financial Assistance Policy (FAP)

AMANDA STEVENS WEAVIL, MD
BARTON WOMEN'S HEALTH
2175 South Ave., South Lake Tahoe, CA 96150 | 530-543-5711
Medical School: University of Maryland School of Medicine, Baltimore, MD
Board Certifications: American Board of Obstetrics & Gynecology
Provider Covered by the Hospital Financial Assistance Policy (FAP)

OCCUPATIONAL HEALTH

RICHARD D. BOTTO, MD
BARTON OCCUPATIONAL HEALTH | STATELINE MEDICAL CENTER
155 Hwy. 50, Stateline, NV 89449 | 775-589-8987
Medical School: University of Tennessee Center for Health Sciences, Memphis, TN
Board Certifications: American Board of Family Medicine
Services: General family medicine, acupuncture and holistic care offered in a peaceful environment.
Provider Covered by the Hospital Financial Assistance Policy (FAP)

JANET GOODALL, PA, FNP
BARTON OCCUPATIONAL HEALTH | STATELINE MEDICAL CENTER
155 Hwy. 50, Stateline, NV 89449 | 775-589-8987
Graduate School: Master of Physician Assistant — University of Nebraska Medical Center, Omaha, NE; Master of Family Nurse Practitioner/Physician Assistant — University of California, Davis, Davis, CA
Certifications: American Academy of Nurse Practitioners; National Commission on Certification of Physician Assistants
Provider Covered by the Hospital Financial Assistance Policy (FAP)
**OCCUPATIONAL HEALTH**

**STEVEN LEMAN, MD**

BARTON OCCUPATIONAL HEALTH | STATELINE MEDICAL CENTER  
155 Hwy. 50, Stateline, NV 89449 | 775-589-8987  
**Medical School:** University of Washington School of Medicine, Seattle, WA  
**Board Certifications:** American Board of Family Medicine  
**Provider Covered by the Hospital Financial Assistance Policy (FAP)**

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**CLINTON PURVANCE, MD**

BARTON OCCUPATIONAL HEALTH | STATELINE MEDICAL CENTER  
155 Hwy. 50, Stateline, NV 89449 | 775-589-8987  
**Medical School:** University of Nevada, Reno, NV  
**Hospital Affiliations:** Barton Memorial Hospital  
**Board Certifications:** American Board of Emergency Medicine  
**Services:** Occupational Medicine  
**Provider Covered by the Hospital Financial Assistance Policy (FAP)**

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**ANDREW H. TANG, MD**

BARTON OCCUPATIONAL HEALTH | STATELINE MEDICAL CENTER  
155 Highway 50, Stateline, NV 89449 | 775-589-8960  
**Medical School:** Creighton University, Omaha, NE  
**Hospital Affiliations:** Barton Memorial Hospital  
**Board Certifications:** American Board of Internal Medicine  
**Provider Covered by the Hospital Financial Assistance Policy (FAP)**

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**ONCOLOGY**

**CATHEY BERVID, RN, MSN, NP**

BARTON ONCOLOGY  
1139 3rd Street, South Lake Tahoe, CA 96150 | 530-600-5691  
**Graduate School:** University of Nevada, Reno  
**Specialty:** Family Practice

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**JANET GOODALL, PA, FNP**

BARTON ONCOLOGY  
1139 3rd Street, South Lake Tahoe, CA 96150 | 530-600-5691  
**Graduate School:** Master of Physician Assistant — University of Nebraska Medical Center, Omaha, NE; Master of Family Nurse Practitioner/Physician Assistant — University of California, Davis, Davis, CA  
**Certifications:** American Academy of Nurse Practitioners; National Commission on Certification of Physician Assistants
SPECIALISTS
ONCOLOGY

MELISSA KAIME, MD, FACP
BARTON ONCOLOGY
1139 3rd Street, South Lake Tahoe, CA 96150 | 530-600-5691
TAHOE FOREST CANCER CENTER
10121 Pine Ave., Truckee, CA 96161 | 530-582-6450
Medical School: St. Louis University School of Medicine, St. Louis, MO
Board Certifications: American Board of Internal Medicine – Oncology, Internal Medicine, Heatology

AHRIN B. KOPPEL, MD
BARTON ONCOLOGY
1139 3rd Street, South Lake Tahoe, CA 96150 | 530-600-5691
TAHOE FOREST CANCER CENTER
10121 Pine Ave., Truckee, CA 96161 | 530-582-6450
Medical School: Sackler School of Medicine - New York State American Branch, New York, NY
Hospital Affiliations: Barton Memorial Hospital; Tahoe Forest Hospital; UC Davis
Board Certifications: American Board of Internal Medicine – Oncology, Internal Medicine, Heatology & Medical Oncology

THOMAS SEMRAD, MD
BARTON ONCOLOGY
1139 3rd Street, South Lake Tahoe, CA 96150 | 530-600-5691
TAHOE FOREST CANCER CENTER
10121 Pine Ave., Truckee, CA 96161 | 530-582-6450
Medical School: Rush University Medical School, Chicago, IL
Hospital Affiliations: Barton Memorial Hospital; Tahoe Forest Hospital
Board Certifications: American Board of Internal Medicine – Medical Oncology; American Board of Internal Medicine – Internal Medicine, Physician & Surgeon.

OPHTHALMOLOGY

ROBERT S. WOLFF, MD
SIERRA NEVADA EYE CENTER
3475 G.S. Richards Blvd., Carson City, NV 89703 | 775-841-2000
Medical School: Vanderbilt University, Nashville, TN
Hospital Affiliations: Barton Memorial Hospital; Carson Valley Medical Center; Carson Tahoe Regional Medical Center; Renown; St. Mary’s Medical Center; Northern Nevada Medical Center; Lake Tahoe Surgery Center
Board Certifications: American Board of Ophthalmology
Services: Evaluation and treatment of eye disease, no-stitch cataract surgery, glaucoma laser and surgery, pterygium excision, Botox treatment, eyelid surgery
OPTOMETRY

BILL DOWNEY, OD
3637 Larch Ave., Ste. 2 & 3, South Lake Tahoe, CA 96150 | 530-544-3403
Medical School: Southern California College of Optometry, Fullerton, CA
Hospital Affiliations: Barton Memorial Hospital
Board Certifications: National Board of Examiners in Optometry

MARK LEHMANN, OD
LAKE TAHOE EYE CARE OPTOMETRY
2074 Lake Tahoe Blvd. Suite 2, South Lake Tahoe, CA 96150 | 530-541-2030
Medical School: Illinois University, Chicago, IL
Services: Comprehensive eye care for all ages, diagnosing and treating ocular disease and performing pre and post-operative exams for refractive, cataract and strabismus surgery.

ORAL & MAXILLOFACIAL SURGERY

RACHEL APPELBLATT, MD
TAHOE ORAL SURGERY AND IMPLANT CENTER
591 Tahoe Keys Blvd., Ste. D4, South Lake Tahoe, CA 96150 | 530-541-4042
Medical School: University of the Pacific Arthur A. Dugoni School of Dentistry, San Francisco, CA; New York University School of Medicine, New York, NY
Board Certifications: California Dental License; California Physician & Surgeon's License

DANIEL MARTIN, DDS
TAHOE ORAL SURGERY AND IMPLANT CENTER
591 Tahoe Keys Blvd., Ste. D4, South Lake Tahoe, CA 96150 | 530-541-4042
Dental School: University of the Pacific Arthur A. Dugoni School of Dentistry, San Francisco, CA
Board Certifications: American Board of Oral & Maxillofacial Surgeons; California Dental License; Nevada Dental License; Nevada General Anesthesia; Advanced Cardiac Life Support; Basic Life Support for Health Care Providers; Advanced Traumatic Life Support; California DEA Certificate
AUTUMN APGAR, PA-C
CENTER FOR ORTHOPEDICS & WELLNESS
2170B South Ave, South Lake Tahoe, CA 96150 | 530-543-5554
TAHOE ORTHOPEDICS & SPORTS MEDICINE
212 Elks Point Rd., Ste. 200, Zephyr Cove, NV 89448 | 775-589-8950
Graduate School: Western University of Health Sciences, Pomona, CA
Board Certifications: National Commission on Certification of PA
Provider Covered by the Hospital Financial Assistance Policy (FAP)

GREGORY BURKARD JR., DO
CENTER FOR ORTHOPEDICS & WELLNESS
2170B South Ave, South Lake Tahoe, CA 96150 | 530-543-5554
TAHOE ORTHOPEDICS & SPORTS MEDICINE
212 Elks Point Rd., Ste. 15, Carson City, NV 89705 | 775-783-3065
Medical School: New York College of Osteopathic Medicine, Old Westbury, NY
Board Certifications: Physical Medicine and Rehabilitation, Board Certified in Physical Medicine and Rehabilitation
Specialties: Sports and Musculoskeletal Medicine, Regenerative medicine therapies (i.e. PRP, Bone Marrow Aspirate), Musculoskeletal ultrasound including therapeutic injections and diagnostics, Comprehensive spine care using fluoroscopy-guided interventional procedures (cervical to lumbar spine)
Provider Covered by the Hospital Financial Assistance Policy (FAP)

JASON CALL, PA-C
CENTER FOR ORTHOPEDICS & WELLNESS
2170B South Ave, South Lake Tahoe, CA 96150 | 530-543-5554
TAHOE ORTHOPEDICS & SPORTS MEDICINE
212 Elks Point Rd., Ste. 200, Zephyr Cove, NV 89448 | 775-589-8950
Graduate School: University of Nebraska Medical Center, Lincoln, NE
Hospital Affiliations: Barton Memorial Hospital
Board Certifications: American Academy of Physician Assistants; National Commission on Certification of Physician Assistants; NCCPA; Advanced Cardiac Life Support; Basic Life Support
Provider Covered by the Hospital Financial Assistance Policy (FAP)

ZACHARY CHILD, MD
CENTER FOR ORTHOPEDICS & WELLNESS
2170B South Ave, South Lake Tahoe, CA 96150 | 530-543-5554
TAHOE ORTHOPEDICS & SPORTS MEDICINE
935 Mica Dr., Bldg. C, Ste. 15, Carson City, NV 89705 | 775-783-3065
Medical School: University of Nevada School of Medicine, Reno, NV
Board Certifications: American Board of Orthopaedic Surgery, Step 1 & 2
Services: Orthopedics, Spine, chronic back pain, artificial disc replacement and repair, tumor surgery with emphasis on primary and malignant tumors of pelvis, spine and extremities.
Provider Covered by the Hospital Financial Assistance Policy (FAP)
JEFFERY R. CUMMINGS, MD

TAHOE FRACTURE & ORTHOPEDIC CLINIC
973 Mica Dr., Ste. 201, Carson City, NV 89705 | 775-783-6190
1520 Virginia Ranch Rd., Ste 101B, Gardnerville, NV 89410 | 800-500-1135

Medical School: Loma Linda University, Loma Linda, CA

Hospital Affiliations: Barton Memorial Hospital; Lake Tahoe Surgery Center; Carson Valley Medical Center; Carson Tahoe Regional Medical Center; Sierra Surgery Hospital

Board Certifications: American Board of Orthopaedic Surgery

Services: Treatment of adult and pediatric diseases of the spine and spine trauma.

Provider Covered by the Hospital Financial Assistance Policy (FAP)

KYLE ERKKILA, PA-AC

CENTER FOR ORTHOPEDICS & WELLNESS
2170B South Ave, South Lake Tahoe, CA 96150 | 530-543-5554

TAHOE ORTHOPEDICS & SPORTS MEDICINE
212 Elkspoint Rd., Ste. 200, Zephyr Cove, NV 89448 | 775-589-5554
935 Mica Dr., Bldg. C, Ste. 15, Carson City, NV 89705 | 775-783-3065

Graduate School: Oregon Health & Science University, Portland, OR

Board Certifications: National and State Commission of Physician Assistants

Provider Covered by the Hospital Financial Assistance Policy (FAP)

MICHAEL F. FRY, MD

CENTER FOR ORTHOPEDICS & WELLNESS
2170B South Ave, South Lake Tahoe, CA 96150 | 530-543-5554

TAHOE FRACTURE & ORTHOPEDIC CLINIC
1520 Virginia Ranch Rd., Ste 101B, Gardnerville, NV 89410 | 800-500-1135
973 Mica Dr., Ste. 201, Carson City, NV 89705 | 775-783-6190 | 800-500-1135

Medical School: University of Southern California School of Medicine, Los Angeles, CA

Hospital Affiliations: Barton Memorial Hospital; Carson Tahoe Regional Medical Center; University of California — Davis; Sierra Surgery Hospital

Board Certifications: American Board of Orthopaedic Surgery; Fellowship — Spine Surgery at U.C. Davis

Services: Treatment of adult and pediatric diseases of the spine and spine trauma.

Provider Covered by the Hospital Financial Assistance Policy (FAP)

ALISON GANONG, MD

CENTER FOR ORTHOPEDICS & WELLNESS
2170B South Ave, South Lake Tahoe, CA 96150 | 530-543-5554

TAHOE ORTHOPEDICS & SPORTS MEDICINE
925 Tahoe Blvd, Ste. 105, Incline Village, NV 89451 | 775-580-7600

Medical School: Medical University of Nevada, Reno, NV

Provider Covered by the Hospital Financial Assistance Policy (FAP)
### DAMIAN GARZA, PA-C
**Center for Orthopedics & Wellness**
21708 South Ave, South Lake Tahoe, CA 96150 | 530-543-5554

**Graduate School:** University of Nebraska Medical School, Omaha, NE

**Board Certifications:** National Commission on Certification of Physician’s Assistant

**Provider Covered by the Hospital Financial Assistance Policy (FAP)**

### DAVID A. JONES, MD
**Tahoe Fracture & Orthopedic Clinic**
973 Mica Dr., Ste. 201, Carson City, NV 89705 | 775-783-6190 | 800-500-1135

**Medical School:** Albert Einstein College of Medicine, Bronx, NY

**Hospital Affiliations:** Barton Memorial Hospital; Carson Tahoe Regional Medical Center; Sierra Surgery Center; University of California Davis Medical Center

**Board Certifications:** American Board of Orthopaedic Surgery

**Services:** Artificial disk replacement, spine surgery for treatment of scoliosis, treatment of degenerative back and neck disorders, spine fractures and tumors, trained in minimally invasive techniques and microsurgery kyphoplasty.

### MARCO MENDOZA, MD
**Tahoe Fracture & Orthopedic Clinic**
973 Mica Dr., Ste. 201, Carson City, NV 89705 | 775-783-6190 | 800-500-1135

**Medical School:** University of Kentucky College of Medicine, Lexington, KY

**Board Certifications:** Board Eligible - American Board of Orthopedic Surgery

### JEFFREY A. ORR, MD
**Center for Orthopedics & Wellness**
21708 South Ave, South Lake Tahoe, CA 96150 | 530-543-5554

**Medical School:** Georgetown University, Washington D.C.

**Services:** Specializing in operative and non-operative services for orthopedic and sports medicine needs with concentration on bones, joints, ligaments, tendons, muscles, and nerves.

**Provider Covered by the Hospital Financial Assistance Policy (FAP)**

### TERRENCE R. ORR, MD
**Center for Orthopedics & Wellness**
21708 South Ave, South Lake Tahoe, CA 96150 | 530-543-5554

**Medical School:** Medical College of Wisconsin, Milwaukee, WI

**Hospital Affiliations:** Barton Memorial Hospital; Lake Tahoe Surgery Center; Sierra Surgery Hospital; St. Mary’s at Galena

**Board Certifications:** American Board of Orthopaedic Surgery; Certificate of Added Qualification of Sports Medicine

**Services:** Sports medicine, arthroscopic surgery of the knee and shoulder.

**Provider Covered by the Hospital Financial Assistance Policy (FAP)**
LISA ROBERGE, PA
ORTHOPEDICS AT BARTON COMMUNITY HEALTH CENTER
2201 South Ave., South Lake Tahoe, CA 96150 | 530-543-5783
Graduate School: Medical University of South Carolina, Charleston, SC
Board Certifications: National Commission on Certification of Physician Assistants
Provider Covered by the Hospital Financial Assistance Policy (FAP)

DANIEL T. ROBERTSON, MD
CENTER FOR ORTHOPEDICS & WELLNESS
2170B South Ave, South Lake Tahoe, CA 96150 | 530-543-5554
TAHOE ORTHOPEDICS & SPORTS MEDICINE
212 Elks Point Rd., Ste. 200, Zephyr Cove, NV 89448 | 775-589-8950
935 Mica Dr., Bldg. C, Ste 15, Carson City, NV 89705 | 775-783-3065
Medical School: Loma Linda University, Loma Linda, CA
Hospital Affiliations: Barton Memorial Hospital; Lake Tahoe Surgery Center; Carson Valley Medical Center; Carson Tahoe Regional Medical Center; Sierra Surgery Hospital
Board Certifications: American Board of Orthopaedic Surgery; Additional certification in hand surgery.
Services: Specializing in surgery of the hand, wrist, elbow and shoulder.
Provider Covered by the Hospital Financial Assistance Policy (FAP)

ROGER ROGALSKI, MD
TAHOE FRACTURE & ORTHOPEDIC CLINIC
1520 Virginia Ranch Rd., Ste. 101B, Gardnerville, NV 89410
2874 N. Carson St., Ste. 105, Carson City, NV 89706
Medical School: Mount Sinai School of Medicine, New York, NY
Hospital Affiliations: Barton Memorial Hospital; Carson Valley Medical Center; Carson Tahoe Regional Medical Center; Sierra Surgery Hospital; Lake Tahoe Surgery Center
Board Certifications: American Board of Orthopaedic Surgery

ROBERT E. RUPP, MD
CENTER FOR ORTHOPEDICS & WELLNESS
2170B South Ave, South Lake Tahoe, CA 96150 | 530-543-5554
TAHOE ORTHOPEDICS & SPORTS MEDICINE
925 Tahoe Blvd., Ste. 105, Incline Village, NV 89451 | 775-580-7600
212 Elks Point Rd., Ste. 200, Zephyr Cove, NV 89448 | 775-589-8950
935 Mica Dr., Bldg. C, Ste 15, Carson City, NV 89705 | 775-783-3065
Medical School: University of Texas Medical Branch, Galveston, TX
Hospital Affiliations: Barton Memorial Hospital; Carson Valley Medical Center; Lake Tahoe Surgery Center; Incline Village Community Hospital
Board Certifications: American Board of Orthopaedic Surgery; Certificate of Added Qualification of Sports Medicine
Services: Sports medicine, advanced techniques of shoulder, hip and knee surgery, arthroscopic rotator cuff repair and hip arthroscopy to avoid hip replacement, trauma and fracture surgery.
Provider Covered by the Hospital Financial Assistance Policy (FAP)
ORTHOPEDICS & SPORTS MEDICINE

SCOTT W. SOUTHARD, MD
1520 Virginia Ranch Rd., Ste. 1B, Gardnerville, NV 89410 | 775-782-1670
2158 Jean Ave., South Lake Tahoe, CA 96150 | 530-541-4117
Medical School: University of Nevada School of Medicine, Reno, NV
Hospital Affiliations: Barton Memorial Hospital; Carson Valley Medical Center; University of California Davis Medical Center
Board Certifications: American Board of Orthopaedic Surgery; North American Arthroscopy Board
Services: Orthopedic surgery, sports medicine

KEITH R. SWANSON, MD
CENTER FOR ORTHOPEDICS & WELLNESS
2170B South Ave, South Lake Tahoe, CA 96150 | 530-543-5554
TAHOE ORTHOPEDICS & SPORTS MEDICINE
212 Elks Point Rd., Ste. 200, Zephyr Cove, NV 89448 | 775-589-8950
935 Mica Dr., Bldg. C, Ste 15, Carson City, NV 89705 | 775-783-3065
Medical School: University of Texas Medical Branch, Galveston, TX
Hospital Affiliations: Barton Memorial Hospital; Lake Tahoe Surgery Center; Carson Valley Medical Center
Board Certifications: American Board of Orthopaedic Surgery; Certificate of Added Qualification of Sports Medicine
Services: Arthroscopic surgery of the knee and shoulder, joint replacement surgery
Provider Covered by the Hospital Financial Assistance Policy (FAP)

KYLE E. SWANSON, MD
CENTER FOR ORTHOPEDICS & WELLNESS
2170B South Ave, South Lake Tahoe, CA 96150 | 530-543-5554
TAHOE ORTHOPEDICS & SPORTS MEDICINE
212 Elks Point Rd., #200, Zephyr Cove, NV 89448 | 775-589-8950
935 Mica Dr., Ste. 15, Carson City NV 89705 | 775-783-3065
Medical School: Texas Tech University Health Sciences Center, Lubbock, TX
Hospital Affiliations: Barton Memorial Hospital; Lake Tahoe Surgery Center; Carson Valley Medical Center
Board Certifications: American Board of Orthopaedic Surgery; Certificate of Added Qualifications in Sports Medicine
Services: Orthopedic surgery, total shoulder, total shoulder replacement, treatment of sports injuries and bone trauma.
Provider Covered by the Hospital Financial Assistance Policy (FAP)

AMY VILLARET, PA
CENTER FOR ORTHOPEDICS & WELLNESS
2170B South Ave, South Lake Tahoe, CA 96150 | 530-539-6600
TAHOE ORTHOPEDICS & SPORTS MEDICINE
925 Tahoe Blvd, Ste. 105, Incline Village, NV 89451 | 775-580-7600
Graduate School: Stanford University, Palo Alto, CA
Certifications: National Commission on Certification of Physician Assistants
Provider Covered by the Hospital Financial Assistance Policy (FAP)
OSTEOPOROSIS

WILLIAM COTTRELL, MD

BARTON OSTEOPOOROSIS & BONE HEALTH
1139 3rd Street, South Lake Tahoe, CA 96150  |  530-543-5490
935 Mica Dr., Bldg. C, Ste. 15, Carson City, NV 89703  |  775-783-3065

Medical School: University of Missouri School of Medicine, Columbia, MO
Hospital Affiliations: Barton Memorial Hospital
Services: Treatment for Osteoporosis and metabolic bone disease.
Provider Covered by the Hospital Financial Assistance Policy (FAP)

PAIN MANAGEMENT

PETER J. DIGRANDE, MD

BARTON MEMORIAL HOSPITAL
2170 South Ave., South Lake Tahoe, CA 96150  |  530-543-5552

Medical School: University of California at San Diego, San Diego, CA
Hospital Affiliations: Barton Memorial Hospital; Carson Valley Medical Center; Lake Tahoe Surgery Center
Board Certifications: American Board of Anesthesia Association membership; Fellow – pain management.
Services: Treatment of acute chronic pain and malignant chronic benign pain syndromes.

PALLIATIVE CARE

SHERELLEN GERHART, MD

BARTON PALLIATIVE CARE
1067 4th Street, South Lake Tahoe, CA 96150  |  530-600-1960

Medical School: University of Texas Health Science Center, San Antonio, TX
Board Certifications: Board Certified Internists; Board Certified in Geriatric Medicine; Board Certified in Palliative and Hospice Medicine
Provider Covered by the Hospital Financial Assistance Policy (FAP)

PHYSICAL MEDICINE

GREGORY BURKARD JR., DO

CENTER FOR ORTHOPEDICS & WELLNESS
2170B South Ave, South Lake Tahoe, CA 96150  |  530-543-5554

TAHOE ORTHOPEDICS & SPORTS MEDICINE
212 Elks Point Rd., Ste. 200, Zephyr Cove, NV 89448  |  775-589-8950
935 Mica Dr., Bldg. C, Ste. 15, Carson City, NV 89705  |  775-783-3065

Medical School: New York College of Osteopathic Medicine, Old Westbury, NY
Board Certifications: Physical Medicine and Rehabilitation, Board Certified in Physical Medicine and Rehabilitation
Specialties: Sports and Musculoskeletal Medicine, Regenerative medicine therapies (i.e. PRP, Bone Marrow Aspirate), Musculoskeletal ultrasound including therapeutic injections and diagnostics, Comprehensive spine care using fluoroscopy-guided interventional procedures (cervical to lumbar spine)
ALISON GANONG, MD
CENTER FOR ORTHOPEDICS & WELLNESS
21708 South Ave, South Lake Tahoe, CA 96150 | 530-539-6600
TAHOE ORTHOPEDICS & SPORTS MEDICINE
925 Tahoe Blvd., Ste. 105, Incline Village, NV 89541 | 775-580-7600
Medical School: University of Nevada, Reno School of Medicine, Reno, NV
Board Certifications: Physical Medicine & Rehabilitation; Sports Medicine Diplomate in Physical Medicine & Rehabilitation
Provider Covered by the Hospital Financial Assistance Policy (FAP)

ROBIN Y. TOMITA, MD
AFFILIATE OF TAHOE FRACTURE & ORTHOPEDIC CLINIC
1139 Third St., South Lake Tahoe, CA 96150 | 530-543-5554
973 Mica Dr., Ste. 201, Carson City, NV 89705 | 775-783-6190 | 800-500-1135
Medical School: Hahnemann University School of Medicine, Philadelphia, PA
Hospital Affiliations: Barton Memorial Hospital; Carson Tahoe Regional Medical Center
Board Certifications: American Board of Physical Medicine & Rehabilitation; American Board of Electrodiagnostic Medicine
Services: Nonoperative management of low back and neck pain, arthritis, nerve disorders and carpal tunnel syndrome, EMG/nerve conduction, nerve conduction studies, pain management.

PATRICIA L. FERRARO, DPM
2229 Barton Ave., South Lake Tahoe, CA 96150 | 530-541-2665
Medical School: California College of Podiatric Medicine, Oakland, CA
Hospital Affiliations: Barton Memorial Hospital; Lake Tahoe Surgery Center
Board Certifications: American Board of Podiatric Orthopedics & Primary Medicine
Services: Diabetic foot care, sports medicine, all foot concerns.

BETSY GLASS, LCSW
BEHAVIORAL HEALTH | BARTON COMMUNITY HEALTH CENTER
2201 South Ave., South Lake Tahoe, CA 96150 | 530-543-5623
Graduate School: University of South Carolina, Columbia, SC
Board Certifications: Board of Behavioral Sciences
Services: Individual therapy with adults 18+
Provider Covered by the Hospital Financial Assistance Policy (FAP)
PSYCHIATRY & BEHAVIORAL HEALTH

REBECCA PHILLIPSEN, MSW, LCSW, RPT
BARTON PSYCHIATRY | STATELINE MEDICAL CENTER
155 Highway 50, Stateline, NV 89449 | 775-589-8946
Graduate School: University of South Carolina, Columbia, SC
Board Certifications: San Diego State University
Services: Play and Expressive Arts Child Therapy
Provider Covered by the Hospital Financial Assistance Policy (FAP)

TRACY PROTELL, MD
BARTON PSYCHIATRY | STATELINE MEDICAL CENTER
155 Highway 50, Stateline, NV 89449 | 775-589-8946
BARTON COMMUNITY HEALTH CENTER
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-600-1968
Medical School: University of Nevada School of Medicine, Reno, NV
Board Certifications: American Board of Pediatrics, American Board of Psychiatry and Neurology
Provider Covered by the Hospital Financial Assistance Policy (FAP)

MARIANNA RANDOLPH, LCSW
CENTER FOR ORTHOPEDICS & WELLNESS
2170 B South Ave., South Lake Tahoe, CA 96150 | 530-539-6620
BEHAVIORAL HEALTH
1067 Fourth St., South Lake Tahoe, CA | 530-539-6620
Graduate School: San Diego State University, San Diego, CA
Services: Individual therapy with adults 18+ specializing in chronic pain, chronic health conditions, family caregiving, life transitions, depression, anxiety, grief and loss, stress management and finding sense of purpose. Group therapy and psychoeducational classes on stress management, mindfulness techniques, and Cognitive Behavioral Therapy
Provider Covered by the Hospital Financial Assistance Policy (FAP)

SONIA RUPP, MD
BARTON PSYCHIATRY | STATELINE MEDICAL CENTER
155 Highway 50, Stateline, NV 89449 | 775-589-8946
Medical School: University of Texas Medical Branch, Galveston, TX
Hospital Affiliations: Barton Memorial Hospital
Board Certifications: American Board of Psychiatry and Neurology
Provider Covered by the Hospital Financial Assistance Policy (FAP)

KIMBERLY VANKIRK, LCSW
BEHAVIORAL HEALTH | BARTON COMMUNITY HEALTH CENTER
2201 South Ave., South Lake Tahoe, CA 96150 | 530-543-5623
Graduate School: University of Denver, Denver, CO
Board Certifications: Board of Behavioral Sciences (CA)
Services: Individual therapy with adults 18+
Provider Covered by the Hospital Financial Assistance Policy (FAP)
**RHEUMATOLOGY**

**JAY CHUNG, MD**

**BARTON RHEUMATOLOGY**
155 Hwy. 50, Stateline, NV 89449  |  775-589-8960

**Medical School:** University of Texas, Houston, TX

**Hospital Certifications:** Barton Memorial Hospital

**Board Certifications:** Diplomat – American Board of Internal Medicine & Rheumatology, Certified Clinical densitometrist with expertise in osteoporosis

**Provider Covered by the Hospital Financial Assistance Policy (FAP)**

**RADIOLOGY & INTERVENTIONAL RADIOLOGY**

**LEONARD HOLMGREN, MD**

**BARTON MEMORIAL HOSPITAL MEDICAL IMAGING**
2170 South Ave., South Lake Tahoe, CA 96150  |  530-543-5850

**CARSON VALLEY MEDICAL CENTER MEDICAL IMAGING**
1107 Hwy. 395 South, Gardnerville, NV 89410  |  775-782-1533

**Medical School:** Tufts University School of Medicine, Boston, MA

**Hospital Certifications:** Barton Memorial Hospital, Carson Valley Medical Center

**Board Certifications:** American College of Radiology, Radiology Society of North America, American Roentgen Ray Society

**Services:** Fellowship-trained Musculoskeletal Radiologist with interests in pain management procedures, kyphoplasty and coronary CTA.

**PAUL KNIGHT, MD**

**BARTON MEMORIAL HOSPITAL MEDICAL IMAGING**
2170 South Ave., South Lake Tahoe, CA 96150  |  530-543-5850

**CARSON VALLEY MEDICAL CENTER MEDICAL IMAGING**
1107 Hwy. 395 South, Gardnerville, NV 89410  |  775-782-1533

**Medical School:** Rush University Medical School, Chicago, IL

**Hospital Certifications:** Barton Memorial Hospital, Carson Valley Medical Center

**Board Certifications:** American Board of Radiology

**ROBERT SILK, MD**

**BARTON MEMORIAL HOSPITAL MEDICAL IMAGING**
2170 South Ave., South Lake Tahoe, CA 96150  |  530-543-5850

**CARSON VALLEY MEDICAL CENTER MEDICAL IMAGING**
1107 Hwy. 395 South, Gardnerville, NV 89410  |  775-782-1533

**Medical School:** Uniformed Services University of the Health Sciences, Bethesda, MD

**Hospital Affiliations:** Barton Memorial Hospital, Carson Valley Medical Center

**Board Certifications:** American Board of Radiology

**Services:** Interventional Radiology
KIMBERLY EVANS, MD
BARTON GENERAL SURGERY
1090 3rd Street, South Lake Tahoe, CA 96150 | 530-543-5691
Medical School: University of Florida College of Medicine, Gainesville, FL
Hospital Affiliations: Barton Memorial Hospital, Carson Valley Medical Center
Board Certifications: American Board of Surgery
Services: Advanced Trauma Life Support, Da Vinci Advanced Training, General Surgery
Provider Covered by the Hospital Financial Assistance Policy (FAP)

SANDRA TAYLOR, MD, FACS, MS
BARTON GENERAL SURGERY
1090 3rd Street, South Lake Tahoe, CA 96150 | 530-543-5691
Medical School: University of Colorado Health Sciences Center, Denver, CO
Hospital Affiliations: Barton Memorial Hospital
Services: Advanced Trauma Life Support, Da Vinci Advanced Training, General Surgery
Board Certifications: Diplomat American Board of Surgery, Advanced Trauma Life Support, DaVinci Advanced Training
Provider Covered by the Hospital Financial Assistance Policy (FAP)

WILLIAM SHEPARD, DO
BARTON GENERAL SURGERY
1090 3rd Street, South Lake Tahoe, CA 96150 | 530-543-5691
Medical School: College of Osteopathic Medicine of the Pacific, Pomona, CA
Services: Advanced Trauma Life Support, Da Vinci Advanced Training, GI endoscopy, General Surgery
Provider Covered by the Hospital Financial Assistance Policy (FAP)

STEVEN L. BROOKS, MD
BARTON URGENT CARE | STATELINE MEDICAL CENTER
155 Hwy. 50, Stateline, NV 89449 | 775-589-8900
Medical School: University of Illinois, Chicago, IL
Hospital Affiliations: Barton Memorial Hospital
Board Certifications: American Association of Physicians Specialists
Provider Covered by the Hospital Financial Assistance Policy (FAP)

ERIC EWALD, MD
BARTON URGENT CARE | STATELINE MEDICAL CENTER
155 Hwy. 50, Stateline, NV 89449 | 775-589-8900
Medical School: Ross University School of Medicine, Dominica, West Indies
Board Certifications: American Board of Family Medicine
Provider Covered by the Hospital Financial Assistance Policy (FAP)
MICHELLE FEENEY, MSN, FNP

BARTON URGENT CARE | STATELINE MEDICAL CENTER
155 Hwy. 50, Stateline, NV 89449  |  775-589-8900

Graduate School: University of San Francisco, San Francisco, CA
Certifications: American Academy of Nurse Practitioners
Services: Adult and pediatric acute illnesses, adult and pediatric primary care.
Provider Covered by the Hospital Financial Assistance Policy (FAP)

JANET GOODALL, PA, FNP

BARTON URGENT CARE | STATELINE MEDICAL CENTER
155 Hwy. 50, Stateline, NV 89449  |  775-589-8900

Graduate School: Master of Physician Assistant — University of Nebraska Medical Center, Omaha, NE; Master of Family Nurse Practitioner/Physician Assistant — University of California, Davis, Davis, CA
Certifications: American Academy of Nurse Practitioners; National Commission on Certification of Physician Assistants
Provider Covered by the Hospital Financial Assistance Policy (FAP)

STUART MICHELMON, MD

BARTON URGENT CARE | STATELINE MEDICAL CENTER
155 Hwy. 50, Stateline, NV 89449  |  775-589-8900

Medical School: Oregon Health & Science University School of Medicine
Board Certifications: American Board of Emergency Medicine
Provider Covered by the Hospital Financial Assistance Policy (FAP)

SCOTT SWANSON, MD

BARTON URGENT CARE | STATELINE MEDICAL CENTER
155 Hwy. 50, Stateline, NV 89449  |  775-589-8900

Medical School: University of Rochester School of Medicine & Dentistry
Board Certifications: American Board of Internal Medicine
Provider Covered by the Hospital Financial Assistance Policy (FAP)

WARREN WITHERS, MD

BARTON URGENT CARE | STATELINE MEDICAL CENTER
155 Hwy. 50, Stateline, NV 89449  |  775-589-8900

Medical School: Creighton University School of Medicine, Omaha, NE
Board Certifications: American Board of Emergency Medicine
Provider Covered by the Hospital Financial Assistance Policy (FAP)
**UROLOGY**

**BRADLEY ANDERSON, MD**

BARTON UROLOGY
2169 South Ave., South Lake Tahoe, CA 96150 | 530-543-5400

Medical School: University of Oklahoma College of Medicine, Oklahoma City, OK

Hospital Affiliations: Barton Memorial Hospital

Board Certifications: American Board of Urology

Services: Specializing in urologic conditions for men, women, teens and children. Performing minimally invasive robotic surgeries for prostate cancer, kidney cancer, bladder cancer and other urologic conditions. Treats diseases and disorders including prostate and testicular-related issues, urinary tract infections, kidney stones and bladder problems.

Provider Covered by the Hospital Financial Assistance Policy (FAP)

**WELLNESS SERVICES**

**GREG BERGNER, MD, ACLM**

CENTER FOR ORTHOPEDICS & WELLNESS
2170 B South Ave., South Lake Tahoe, CA 96150 | 530-539-6620

Graduate School: University of Illinois, Champaign, IL

Board Certifications: American College of Lifestyle Medicine Diplomate

Services: Medical Director of Wellness and Lifestyle, Complete Health Improvement Program Facilitator, Lifestyle Medicine consultations

Provider Covered by the Hospital Financial Assistance Policy (FAP)

**MELINDA CHOY, LAC**

CENTER FOR ORTHOPEDICS & WELLNESS
2170 B South Ave., South Lake Tahoe, CA 96150 | 530-539-6620

Graduate School: Five Branches University, Santa Cruz, CA

Board Certifications: Licensed Acupuncturist, Master’s Degree in Traditional Chinese Medicine, National Certification Diplomat in Acupuncture and Chinese Herbology

Services: Acupuncture, Traditional Chinese Medicine, Herbology, Functional Medicine, Root Cause Medicine

Provider Covered by the Hospital Financial Assistance Policy (FAP)

**ADRIANA COVELL, BS, HHP, CN**

CENTER FOR ORTHOPEDICS & WELLNESS
2170B South Ave., South Lake Tahoe, CA | 530-539-6620

Graduate School: University of Sao Paulo, Brazil, Natural Healing Institute of Naturopathy, Encinitas, CA, Institute for Professional Excellence in Coaching, USA

Services: Health Coach, Certified Holistic Health Practitioner, Certified Nutritionist & Life Coach specializing in weight management, emotional health and behavioral modification in order to promote and improve the health of participants.
NANCY LAURENSON, MSc., NBC-HWC

CENTER FOR ORTHOPEDICS & WELLNESS
2170B South Ave., South Lake Tahoe, CA | 530-539-6620

Graduate School: Kings College London, UK; Duke Integrative Medicine
Board Certification: National Board Certified Health & Wellness Coach
Services: Wellness Navigator, Clinical Exercise Physiologist and Integrative Health Coach specializing in lifestyle modification, cardiac rehab, chronic disease and stress management to promote and improve the health of participants.

MARIANNA RANDOLPH, LCSW

CENTER FOR ORTHOPEDICS & WELLNESS
2170 B South Ave., South Lake Tahoe, CA | 530-539-6620
BEHAVIORAL HEALTH
1067 Fourth St., South Lake Tahoe, CA | 530-539-6620

Graduate School: San Diego State University, San Diego, CA
Services: Individual therapy with adults 18+ specializing in chronic pain, chronic health conditions, family caregiving, life transitions, depression, anxiety, grief and loss, stress management and finding sense of purpose. Group therapy and psychoeducational classes on stress management, mindfulness techniques, and Cognitive Behavioral Therapy
Provider Covered by the Hospital Financial Assistance Policy (FAP)

AMY SMITH, FNP, NBC-HWC

CENTER FOR ORTHOPEDICS & WELLNESS
2170 B South Ave., South Lake Tahoe, CA | 530-539-6620

Graduate School: University of San Francisco, San Francisco, CA; University of Arizona Integrative Medicine Fellow
Board Certifications: American Nurses Credentialing Center, Integrative Health Coaching Certification, National Board Certified Health & Wellness Coach
Services: Incorporates a patient-centered, holistic healing approach to your health by combining conventional medicine and research-based complementary healing modalities including: Integrative Medicine Consultations, Nutrient/Supplement Assessments, and Mindfulness Training.
Provider Covered by the Hospital Financial Assistance Policy (FAP)
The Barton Community Health Center provides comprehensive healthcare services to the community. Most forms of insurance are accepted for various preventative and curative visits; please check with your insurance to validate your network. For those who do not have healthcare coverage, we will work with you to find an applicable program that may offset charges. Free vaccinations are available for children and adults who qualify.

Open six days a week, Monday through Saturday from 8am to 5pm. Same day and walk-in appointments available. Accepting Medi-Cal, other insurances and sliding scale. Providers covered by the hospital financial assistance program (FAP) are noted and may be subject to change. Please check with your provider to ensure coverage.

Please call to schedule an appointment. Same day Family Practice appointments are available.

Main: **530-543-5623** | Pediatrics: **530-543-5550** | Obstetrics: **530-543-5467**

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**SIERRA ARMSTRONG, FNP**

FAMILY PRACTICE | BARTON COMMUNITY HEALTH CENTER  
2201 South Avenue, South Lake Tahoe, CA 96150  |  530-543-5623  
Graduate School: Chamberlain College of Nursing  
Provider Covered by the Hospital Financial Assistance Policy (FAP)

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**ANDREA BALDWIN, FNP**

FAMILY PRACTICE | BARTON COMMUNITY HEALTH CENTER  
2201 South Ave., South Lake Tahoe, CA 96150  |  530-543-5623  
Graduate School: Kaplan University, Davenport, IA  
Specialty: Family Practice  
Provider Covered by the Hospital Financial Assistance Policy (FAP)

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**ANDREA CLARK, FNP**

FAMILY PRACTICE | BARTON COMMUNITY HEALTH CENTER  
2201 South Ave., South Lake Tahoe, CA 96150  |  530-543-5623  
Graduate School: Sonoma State University, Rohnert Park, CA  
Board Certifications: Licensed Registered Nurse, California Board of Nursing  
Professional Certifications: American Academy of Nurse Practitioners Certification  
Specialty: Family Practice  
Provider Covered by the Hospital Financial Assistance Policy (FAP)

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**TODD DEGIOVANNI, PA-C**

FAMILY PRACTICE | BARTON COMMUNITY HEALTH CENTER  
2201 South Ave., South Lake Tahoe, CA 96150  |  530-543-5623  
Graduate School: Midwestern University, Downers Grove, IL  
Board Certifications: National Commission on Certification of Physician Assistants  
Provider Covered by the Hospital Financial Assistance Policy (FAP)
JENNIFER EHmann, MD
Barton Pediatrics | Barton Community Health Center
2201 South Ave., South Lake Tahoe, CA 96150 | 530-543-5550
Medical School: State University of New York School of Medicine, Brooklyn, New York
Board Certifications: American Board of Pediatrics
Services: Pediatric primary care and pediatric acute illness.
Provider Covered by the Hospital Financial Assistance Policy (FAP)

MICHAEL F. FRY, MD
Orthopedics | Barton Community Health Center
2201 South Avenue, South Lake Tahoe CA 96150 | 530-543-5783
Medical School: University of Southern California, School of Medicine, Los Angeles, CA
Hospital Affiliations: Barton Memorial Hospital, Carson Tahoe Regional Medical Center, U.C. Davis, Sierra Surgery Hospital
Board Certifications: American Board of Orthopaedic Surgery, Fellowship in Spine Surgery – U.C. Davis
Services: Treatment of adult and pediatric diseases of the spine and spine trauma.
Provider Covered by the Hospital Financial Assistance Policy (FAP)

BETSY GLASS, LCSW
Behavioral Health | Barton Community Health Center
2201 South Ave., South Lake Tahoe, CA 96150 | 530-543-5623
Graduate School: University of South Carolina, Columbia, SC
Board Certifications: Board of Behavioral Sciences
Services: Individual therapy with adults 18+
Provider Covered by the Hospital Financial Assistance Policy (FAP)

MEGAN JEWELL, MD
Gynecology & Obstetrics | Barton Community Health Center
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5467
Medical School: Chicago Medical School, Chicago, IL
Board Certifications: Board Certified in Obstetrics & Gynecologists, DaVinci Robot Certification for Benign Gynecology
Provider Covered by the Hospital Financial Assistance Policy (FAP)
DANIELLE PRIEM, DO  
BARTON PEDIATRICS | BARTON COMMUNITY HEALTH CENTER  
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5550  
Medical School: Des Moines University, Des Moines, IA  
Board Certifications: American Board of Pediatrics  
Provider Covered by the Hospital Financial Assistance Policy (FAP)

TRACY PROTELL, MD  
PSYCHIATRY | BARTON COMMUNITY HEALTH CENTER  
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-600-1968  
Medical School: University of Nevada School of Medicine, Reno, NV  
Board Certifications: American Board of Pediatrics, American Board of Psychiatry and Neurology  
Provider Covered by the Hospital Financial Assistance Policy (FAP)

LISA ROBERGE, PA  
ORTHOPEDICS | BARTON COMMUNITY HEALTH CENTER  
2201 South Ave., South Lake Tahoe, CA 96150 | 530-543-5783  
Graduate School: Medical University of South Carolina, Charleston, SC  
Board Certifications: National Commission on Certification of Physician Assistants  
Provider Covered by the Hospital Financial Assistance Policy (FAP)

CLARE RUDOLPH, MD  
GYNECOLOGY & OBSTETRICS | BARTON COMMUNITY HEALTH CENTER  
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5467  
Medical School: St. Louis University School of Medicine, St. Louis, MO  
Board Certifications: American Board of Obstetrics and Gynecology  
Provider Covered by the Hospital Financial Assistance Policy (FAP)
AMANDA STEVENS WEAVIL, MD
GYNECOLOGY & OBSTETRICS | BARTON COMMUNITY HEALTH CENTER
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5623
Medical School: University of Maryland School of Medicine, Baltimore, MD
Board Certifications: American Board of Obstetrics & Gynecology
Provider Covered by the Hospital Financial Assistance Policy (FAP)

KIMBERLY VANKIRK, LCSW
BEHAVIORAL HEALTH | BARTON COMMUNITY HEALTH CENTER
2201 South Ave., South Lake Tahoe, CA 96150 | 530-543-5623
Graduate School: University of Denver, Denver, CO
Board Certifications: Board of Behavioral Sciences (CA)
Services: Individual therapy with adults 18+
Provider Covered by the Hospital Financial Assistance Policy (FAP)

SAMANTHA STERN, PA
FAMILY PRACTICE | BARTON COMMUNITY HEALTH CENTER
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5623
Graduate School: Pacific University
Provider Covered by the Hospital Financial Assistance Policy (FAP)

MICHAEL P. SULLIVAN, MD
NEUROLOGY | BARTON COMMUNITY HEALTH CENTER
2201 South Ave., South Lake Tahoe, CA 96150 | 530-543-5783
Medical School: University of Arizona Medical College, Tucson, AZ
Board Certifications: American Board of Neurology, Electrophysiology
Provider Covered by the Hospital Financial Assistance Policy (FAP)

MATTHEW WONNACOTT, MD
FAMILY PRACTICE | BARTON COMMUNITY HEALTH CENTER
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5623
Medical School: Uniformed Services University of Health Sciences
Board Certifications: American Board of Family Medicine
Services: Family Practice
Provider Covered by the Hospital Financial Assistance Policy (FAP)
The following physicians see patients at Barton Health, but do not take direct appointments.

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<th>ANESTHESIOLOGY</th>
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<td>Tigran Avakumov, MD</td>
<td>Medical School:</td>
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<td>University of South Dakota Sanford School of Medicine, Sioux Falls, SD</td>
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<td>Patrick Baghdikian, MD</td>
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<td>University of California, San Francisco, CA</td>
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<td>Peter Digrande, MD</td>
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<td>University of California, San Diego, CA</td>
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<td>Wes Irwin, MD</td>
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<td>Nirvana Kundu, MD</td>
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<td>Uniformed Services University of the Health Sciences, Bethesda, MD</td>
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<td>Cheryl Orr, MD</td>
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<td>University of Pittsburgh, Pittsburgh, PA</td>
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<td>Brooks Rohlen, MD</td>
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<td>University of Utah School of Medicine</td>
<td>University of Utah School of Medicine</td>
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<td>James Stansbury, MD</td>
<td>Medical School:</td>
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<td></td>
<td>University of Medicine &amp; Dentistry of New Jersey, Newark, New Jersey</td>
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<td>Steve Astengo, MD</td>
<td>Allison Brewer, MD</td>
</tr>
</tbody>
</table>
LARS ENSIGN, MD
Medical School: University of Washington School of Medicine, Seattle, WA
Provider Covered by the Hospital Financial Assistance Policy (FAP)

KATHI GLAUNER, MD
Medical School: University of Kansas School of Medicine, Kansas, KS
Provider Covered by the Hospital Financial Assistance Policy (FAP)

MICHAEL HABICHT, MD
Medical School: University of California Irvine School of Medicine, Irvine, CA
Provider Covered by the Hospital Financial Assistance Policy (FAP)

AUBREY HOYE, DO
Medical School: Michigan State University College of Osteopathic Medicine, East Lansing, MI
Provider Covered by the Hospital Financial Assistance Policy (FAP)

RYAN HORTON, MD
Medical School: University of Texas Health Science, San Antonio, TX
Provider Covered by the Hospital Financial Assistance Policy (FAP)

THOMAS JANTOS, MD
Medical School: University of Pittsburgh School of Medicine, Pittsburgh, PA
Provider Covered by the Hospital Financial Assistance Policy (FAP)

CLAY JOSEPHY, MD
Medical School: University of Washington School of Medicine, Seattle, WA
Provider Covered by the Hospital Financial Assistance Policy (FAP)

STEVEN LEMAN, MD
Medical School: University of Washington School of Medicine, Seattle, WA
Provider Covered by the Hospital Financial Assistance Policy (FAP)

MICHAEL MCCLAUGHLIN, MD
Medical School: University of Pittsburgh School of Medicine, Pittsburgh, PA
Provider Covered by the Hospital Financial Assistance Policy (FAP)

COREY MCLEOD, MD
Medical School: University of South Florida College of Medicine, Tampa, FL
Provider Covered by the Hospital Financial Assistance Policy (FAP)

ELIZABETH MCNAMRA, MD
Medical School: Weill Medical College of Cornell

BROOKE MYATT, MD
Medical School: University of Nevada, Reno School of Medicine, Reno, NV

TARGHEE OEVERAAS, MD
Medical School: University of Nevada, Reno School of Medicine, Reno, NV
Provider Covered by the Hospital Financial Assistance Policy (FAP)

LANCE ORR, MD
Medical School: Augusta University, Medical School of Georgia, Augusta, GA
Provider Covered by the Hospital Financial Assistance Policy (FAP)

PETER PROTELL, MD
Medical School: University of Nevada, Reno School of Medicine, Reno, NV
Provider Covered by the Hospital Financial Assistance Policy (FAP)
EMERGENCY PHYSICIANS

RAYMOND STILLWELL, MD
Medical School: Keck School of Medicine of USC, Los Angeles, CA
Provider Covered by the Hospital Financial Assistance Policy (FAP)

TIMOTHY TONINI, DO
Medical School: Pikeville Kentucky College of Medicine, Pikeville, KY
Provider Covered by the Hospital Financial Assistance Policy (FAP)

KANDRA YEE, MD
Medical School: Oregon Health & Science University School of Medicine, Portland, OR
Provider Covered by the Hospital Financial Assistance Policy (FAP)

HOSPITALISTS

JOHN F. LEWISON, MD
Medical School: University of Maryland, Baltimore, MD
Provider Covered by the Hospital Financial Assistance Policy (FAP)

JEAN MAKRIS, MD
Medical School: University of California, San Francisco, CA
Provider Covered by the Hospital Financial Assistance Policy (FAP)

TAMARA MCBRIDE, MD
Medical School: University of Arizona College of Medicine, Tucson, AZ
Provider Covered by the Hospital Financial Assistance Policy (FAP)

MONIKA MEHRENS, DO
Medical School: Western University of Health Sciences, Pomona, CA
Provider Covered by the Hospital Financial Assistance Policy (FAP)

LEIGH WAYNE MILLER, MD
Medical School: East Tennessee State University James H. Quillen College of Medicine, Johnson City, TN
Provider Covered by the Hospital Financial Assistance Policy (FAP)

MARISSA MUSCAT, MD
Medical School: Michigan State University College of Human Medicine, East Lansing, MI
Provider Covered by the Hospital Financial Assistance Policy (FAP)

STEFAN SCHUNK, MD
Medical School: University of Medicine & Dentistry of New Jersey, Newark, NJ
Provider Covered by the Hospital Financial Assistance Policy (FAP)

MARY RHONDA SNEERINGER, MD
Medical School: Stritch School of Medicine, Loyola University Chicago, Chicago, IL
Provider Covered by the Hospital Financial Assistance Policy (FAP)

ANDREW TANG, MD
Medical School: Creighton University School of Medicine, Omaha, NE
Provider Covered by the Hospital Financial Assistance Policy (FAP)

PATHOLOGY

JOHNATHAN HOLLYFIELD, MD
Medical School: American University of the Caribbean Medical School
Anderson, Bradley .......................... 32A
Appleblatt, Rachel .......................... 20A
Apgar, Autumn .............................. 21A
Armstrong, Sierra ........................... 8A, 34A
Baldwin, Andrea ............................ 8A, 34A
Bergner, Greg ............................... 32A
Bervid, Cathey ............................... 8A, 18A
Botto, Richard .............................. 8A, 17A
Brooks, Steven .............................. 9A, 30A
Burkard, Gregory Jr. ........................ 21A, 26A
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# Youth Preventative Care Checklist

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<td>1 week and older</td>
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<table>
<thead>
<tr>
<th>VACCINES</th>
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<td>Annual Flu Shot – Every Fall</td>
<td>6 months and older</td>
</tr>
<tr>
<td>Pentacel, Prevnar, Hepatitis B and Rotavirus</td>
<td>2 months</td>
</tr>
<tr>
<td>Pentacel, Prevnar and Rotavirus</td>
<td>4 months</td>
</tr>
<tr>
<td>Pentacel, Prevnar, Hepatitis B, Flu Shot and Rotavirus</td>
<td>6 months</td>
</tr>
<tr>
<td>MMR, Varicella and Hepatitis A</td>
<td>12 months</td>
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<tr>
<td>Pentacel and Prevnar</td>
<td>15 months</td>
</tr>
<tr>
<td>Hepatitis A</td>
<td>18 months</td>
</tr>
<tr>
<td>DTaP, Polio, MMR, and Varicella</td>
<td>4 years</td>
</tr>
<tr>
<td>Human Papillomavirus (HPV)</td>
<td>11 - 12 years old</td>
</tr>
<tr>
<td>Meningococcal Conjugate MCV4</td>
<td>11 - 12 years old</td>
</tr>
<tr>
<td>Tetanus, Diptheria, Pertussis (Tdap)</td>
<td>11 - 12 years old</td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th>SCREENINGS</th>
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<tr>
<td>Oral Health Assessment</td>
<td>6 months</td>
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<tr>
<td>Anemia, TB, and Lead Tests</td>
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<tr>
<td>Body Mass Index (BMI)</td>
<td>2 and older</td>
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<tr>
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<td>3 and older</td>
</tr>
<tr>
<td>Depression</td>
<td>12 and older</td>
</tr>
</tbody>
</table>
### Adult Preventative Care Checklist

#### EXAMS
- Periodic Well Visits with Your Primary Care Physician (18 and older)

#### VACCINES
- Annual Flu Shot - Every Fall (18 and older)
- Pneumococcal (Pneumonia) (65 and older)
- Tetanus, Diptheria, Pertussis (Td/Tdap) - Every 10 years (18 and older)
- Zostavax (Shingles) (60 and older)

#### SCREENINGS
- Diabetes (18 and older)
- Body Mass Index (BMI) (18 and older)
- Cholesterol (20 and older)
- Colon Cancer (colonoscopy, Sigmoidoscopy, Stood Test) (50 to 75 years old)
- Depression (18 and older)
- Tobacco and Alcohol Use (18 and older)

#### WOMEN ONLY SCREENINGS
- Cervical Cancer (Pap Smear, HPV) – Every 3-5 Years (21 to 65 years old)
- Chlamydia (24 and younger)
- Breast Cancer Screening (40 and older)
- Osteoporosis (65 and older)
2019
Community Resource Directory
Medical Resource Guide
Pain isn’t always obvious, but most suicidal people show signs that they are thinking about suicide.

Warning signs can be subtle and may include increased alcohol and drug use, mood changes and withdrawal. By recognizing these signs, knowing how to start a conversation and where to turn for help, you have the power to make a difference – the power to save a life.

**GIVE & GET SUPPORT**

For suicide prevention and support, call the National Suicide Prevention Lifeline at 1-800-273-8255 or visit suicideispreventable.org.
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ANIMAL SERVICES

Lake Tahoe Humane Society
Promotes sentiments of humanity and gentleness towards domestic and other animals to protect their health and safety via education, advocacy and humane ethics.
884 Emerald Bay Rd.
South Lake Tahoe, CA 96150
Tuesday and Friday, 8am-12pm
530-542-2857
LakeTahoeHumaneSociety.com

FINANCIAL ASSISTANCE

CalWORKS
Cash aid and services for families in need.
3368 Lake Tahoe Blvd., Ste. 100
South Lake Tahoe, CA 96150
530-573-3200
C4Yourself.com

El Dorado County Victim/Witness
Advocacy and assistance with medical bills, wage loss, relocation and other services for victims or witnesses of crimes.
778 Pacific St.
Placerville, CA 95667
530-642-4760
EDCGov.us

General Assistance
Cash aid program providing vouchers for housing, utilities and personal needs.
3368 Lake Tahoe Blvd., Ste. 100
South Lake Tahoe, CA 96150
530-573-3200
C4Yourself.com

HEAP
Federally funded HEAP helps income-eligible families pay their energy bills. If you are eligible, HEAP can help you pay for electricity, wood, propane or heating oil. Benefits may be paid once a year. No charge.
1360 Johnson Blvd., #103
South Lake Tahoe, CA 96150
530-573-3490
EDCGov.us

South Lake Tahoe Cancer League
Offers limited needed financial aid and transportation to cancer patients who are in active treatment (i.e. not in remission, “being followed after treatment” or on Hospice). In order to be eligible for a grant or transportation, the cancer patient must be a permanent resident of the area from the El Dorado/Placer County Line, CA on the west through the south shore of Douglas County Line/Stateline Lake Tahoe to Glenbrook, NV on the east.
P.O. Box 17962
South Lake Tahoe, CA 96151
530-573-1703
solaketahoecl@gmail.com

Veterans Resource Centers of America
Services provided include rental assistance, utility assistance, security deposits, case management and referrals for employment, legal, health, childcare, food, transportation and assistance for homeless veterans.
106 East Adams St., #203
Carson City, NV 89706
775-360-2155
nnvrc@vetsresource.org

Veterans Service Center
Funded by the United States Department of Veterans Affairs, the Veteran Family Services program is administered through Volunteers of America to provide supportive services to extremely low or very low-income veteran families who are homeless or at risk of becoming homeless.
916-228-3153
voa-ncnn.org
**BOYS & GIRLS CLUB OF LAKE TAHOE**

Free meals for any child, 18 or under, in the community. Meal time starts at 5pm, Monday through Friday at the Boys & Girls Club of Lake Tahoe. Children do not need to be current members of the club.

1100 Lyons Ave.
South Lake Tahoe, CA 96150
530-542-0838
BGCLT.org

**BREAD & BROTH – HOT MEALS**

Monday Meal - Every Monday 4:00-5:30pm
St. Theresa Grace Hall
1041 Lyons Ave.
South Lake Tahoe, CA 96150
530-542-2876

Second Serving - Every Friday 4-5pm
Lake Tahoe Community Presbyterian Church
2733 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
775-588-3993
BreadAndBroth.org

**CALFRESH**

Formerly known as food stamps - can add to your food budget to put healthy, nutritious food on your table using monthly electronic benefits that can be used to buy foods at many markets and stores. Apply by phone, online or in person.

3368 Lake Tahoe Blvd., Ste. 100
South Lake Tahoe, CA 96150
530-573-3200
C4Yourself.com

**CHRISTMAS CHEER**

Provides food, some clothing and household items. Open Tuesday thru Thursday, 11am to 2pm.

1120 3rd St.
South Lake Tahoe, CA 96150
P.O. Box 14489
South Lake Tahoe, CA 96151
530-542-4934
ChristmasCheerTahoe@gmail.com

**EL DORADO COUNTY COMMUNITY SERVICES**

Offering a wide range of accessible programs designed to meet basic needs and improve the quality of life for residents living in our community. No charge.

1360 Johnson Blvd., Ste #103
South Lake Tahoe, CA 96150
530-573-3490
EDCGov.us

**FAMILY RESOURCE CENTER**

Clothing available and a variety of food items everyday Mon-Fr 8:30am to 4:30pm. USDA food commodities are distributed the second Friday of every month until gone.

3501 Spruce Ave., #B
South Lake Tahoe, CA 96150
530-542-0740
TahoeFRC.org

**LIVE VIOLENCE FREE**

Food, clothing, toys and a variety of household items available for victims of domestic violence and sexual assault.

2941 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-544-2118 Business
530-544-4444 24-hour
LiveViolenceFree.org

**CITY OF SOUTH LAKE TAHOE**

Senior Center Nutrition Program
People age 60 and older can have a lunch time meal Monday through Friday in El Dorado County. Call for information.

530-573-3130
HOUSING

AFFORDABLE HOUSING COMPLEXES IN TAHOE

Bijou Woods Apartments
3421 Spruce Ave.
South Lake Tahoe, CA 96150
530-544-4070

Evergreen Tahoe Apartments
1432 Melba Dr.
South Lake Tahoe, CA 96150
530-541-1543

Sierra Garden Apartments
1801 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-541-7237

Sky Forest Acres
Affordable housing for persons with physical disabilities
750 Emerald Bay Rd.
South Lake Tahoe, CA 96150
800-466-7722

Tahoe Coalition for the Homeless
Provides a warm room shelter during evenings in the winter months. Phone number and mailing address in service year round.

P.O. Box 13514
South Lake Tahoe, CA 96151
775-573-0822
TahoeHomeless.org
or Find Us on Facebook at:
TahoeCoalitionForTheHomeless

Tahoe Pines Apartments
3431 Spruce Ave.
South Lake Tahoe, CA 96150
530-541-1333

Tahoe Valley Townhomes
1055 Tata Ln.
South Lake Tahoe, CA 96150
530-541-7274

SECTION 8 RENTAL ASSISTANCE

El Dorado County Community Services
1360 Johnson Blvd. #103
South Lake Tahoe, CA 96150
530-573-3490

Domestic Violence Shelter
24-hour response: Emergency shelter and 90-day temporary shelter for male and female victims of domestic violence and their families.
2941 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-544-2118 (Business)
530-544-4444 (24-hour)
LiveViolenceFree.org

Housing Hotline
The Housing Hotline is a phone number you can call and get information, locate resources, request assistance, or potentially file a complaint regarding the condition of your rental unit. No charge. English & Spanish.
1052 Tata Ln.
South Lake Tahoe, CA 96150
530-542-7417
CityOfSLT.us

Only Kindness, Inc.
Offering rapid rehousing, veteran services and coordinated entry.
Placerville, CA
530.344.1864
info@onlykindness.net
TRANSPORTATION

AMTRAK
Bus to Sacramento and out of the area.
800-872-7245
amtrak.com

Tahoe Transportation District
Includes South Shore fixed-route service and commuter bus service to Carson City and the Carson Valley. Provides ADA paratransit service within the City of South Lake Tahoe, northern El Dorado County and western Douglas County.
775-589-5502
530-541-7149
TahoeTransportation.org

South Lake Tahoe Cancer League
Free transportation for permanent residents for cancer treatments or office visits for cancer patients currently undergoing treatment. Transportation provided in South Lake Tahoe, Reno, Sparks, Truckee, the Carson Valley and UC Davis/Sacramento.
P.O. Box 17962
South Lake Tahoe, CA 96151
530-573-1703
solaketahoecl@gmail.com

South Tahoe Express
Shuttle from Stateline Casinos to Reno International Airport.
775-325-8944
SouthTahoeExpress.com

ADA Paratransit Transportation Services
A shared-ride, origin to destination, curb-to-curb transportation service. Intended for persons who are unable to travel to or from transit stops or centers within the service area, independently board, ride, or exit fixed-route transit vehicles or otherwise independently “navigate the system.” All persons must prove eligibility for the paratransit service. Eligible riders include seniors age 65 and over with government issued photo ID, veterans of any age with a service-connected disability and individuals under 65 with a medically verified disability.

FARE
One-way ride = $3 | Ten one-way rides = $30
Pay with a pre-purchased pass or exact cash.
Drivers cannot make change. Personal Care Attendants (PCAs) travel for free with eligible passengers.

Make Reservations: Call Dispatch between 6:00am to 8:00pm at least the day prior to travel.
530-541-7149 Ext. 3
TahoeTransportation.org
info@tahoetransportation.org
Always call your insurance carrier to get a list of in-network providers as the list above may change and is not a comprehensive list.

There is also an option of setting up a single-case agreement. Check your insurance coverage as it may include an Employee Assistance Program (EAP) which can provide therapy sessions among other benefits.
The following icons are intended to help identify the behavioral health resources and services, by need, that are available in the South Lake Tahoe region.

**INFORMATION & RESOURCES**

1-800-NO-BUTTS
Smoking cessation information. Quitting literature and telephone counseling. Qualifying Medi-Cal patients provide prescription from physician. If pregnant, need authorization from physician. Children in household 5 years or less, no authorization. Monday–Friday 7am–9pm and Saturday 9am to 5pm.
1-800-662-8887 (1-800-NO-BUTTS)

Alzheimer’s Association of Northern CA and Northern NV
Helpline available 24-hours a day, 7–days a week, 365–days a year.
775-786-8061
800-272-3900 Helpline
alz.org/norcal

Brain & Behavior Research Foundation
Research breakthroughs, causes and to someday find a cure for mental illnesses. Free webinars, recovery stories, and the latest in brain research studies.
800-829-8289
BBRFoundation.org

Each Mind Matters
California’s mental health movement. Recover stories and inspirational blogs. Adults and youth.
800-273-8255
SuicidelsPreventable.org
EachMindMatters.org

El Dorado County Victim/Witness Assistance
Referrals for crisis intervention and counseling, advocacy, and compensation for victims of crime. All ages. No charge.
778 Pacific St.
Placerville, CA 95667
530-642-4760
EDCGov.us
VCGCB.ca.gov/victims

Health Coaching
Health coaching is a process that promotes a healthy lifestyle through individual empowerment and motivation. Your health coach partners with you to identify your health and wellness goals, then helps you achieve sustainable behavior changes.

Barton Center for Orthopedics & Wellness
2170B South Ave.
South Lake Tahoe, CA
530-539-6620
BartonOrthopedicsAndWellness.com

Hope Lutheran Church
Spiritual & family counseling.
930 Julie Ln.
South Lake Tahoe, CA 96150
530-541-1975

Mindfulness Training
Become more aware of your present self with your thoughts, feelings, body, and the environment with Mindfulness Training. Decrease stress, improve concentration and functioning, and better manage emotional and physical health with different, guided mindfulness techniques. Classes are instructed by a Licensed Clinical Social Worker specializing in Cognitive Behavioral Therapy and Mindfulness Training.

Barton Center for Orthopedics & Wellness
2170B South Ave.
South Lake Tahoe, CA 96150
530-539-6620
BartonOrthopedicsAndWellness.com/classes

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EachMindMatters.org

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BartonOrthopedicsAndWellness.com

Hope Lutheran Church
Spiritual & family counseling.
930 Julie Ln.
South Lake Tahoe, CA 96150
530-541-1975

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Barton Center for Orthopedics & Wellness
2170B South Ave.
South Lake Tahoe, CA 96150
530-539-6620
BartonOrthopedicsAndWellness.com/classes
M.O.S.T. (Mobile Outreach Safety Team)
The Douglas County Sheriff’s Department has developed their own intervention team.
775-782-5126
MOSTDouglas.com

NAMI (National Alliance on Mental Illness)
Education, support and advocacy. Mental health statistics, definitions, how to get help, recovery stories, national mental health policy guidelines promoting improved services and supports. The toll-free NAMI Helpline provides free referral, information and support – a much needed lifeline for many.

English Warm-line: 530-306-4101
Spanish Warm-line: 775-407-0306
NAMI Warm-line: county-wide available
M-Thur 10 a.m. - 3 p.m.: 530-306-4101
NAMI.org

NAMI - El Dorado County So. Lake Tahoe
Non-judgmental support to families and individuals living with mental illness (support, education, advocacy) during times of need as well as guidance on how to begin a path of recovery. Donations accepted.
Mon-Thu 10am-3pm
English Warm-line: 530-306-4101
Spanish Warm-line: 775-407-0306
NAMI Warm-line: county-wide available
M-Thur 10 a.m. - 3 p.m.: 530-306-4101
NAMIELDoradoCounty.org
f2fnami@gmail.com

NAMI - Family To Family
Free 12-session class for family members, partners and friends of individuals with mental health issues.

English Warm-line: 530-306-4101
Spanish Warm-line: 775-407-0306
NAMI Warm-line: county-wide available
M-Thur 10 a.m. - 3 p.m.: 530-306-4101
f2fnami@gmail.com

NAMI South Lake Tahoe - Warm Lines
English Warm-line: 530-306-4101
Spanish Warm-line: 775-407-0306
NAMI Warm-line: county-wide available
M-Thur 10 a.m. - 3 p.m.: 530-306-4101

National Suicide & Prevention Lifeline
800-799-4889

Smoking Cessation Classes
Start your smoke-free life now. Freedom from Smoking is the premier smoking cessation program from the American Lung Association. It helps you develop a plan of action that leads to your quit day. Call today for upcoming class details.
530-539-6620
BartonHealth.org/communityed

South Tahoe Drug Free Coalition
Community coalition focused on youth substance abuse prevention.
530-541-2445
BeDrugSafe.com

St. Theresa's Catholic Church
Spiritual and family counseling.
1037 Lyons Ave.
South Lake Tahoe, CA 96150
530-544-3533

Suicide Prevention Network
Local South Shore suicide support & resources.
775-783-1510
SPNAwareness.org

Tahoe Coalition for the Homeless
Provides a warm room shelter during evenings in the winter months. Phone number and mailing address in service year round.
P.O. Box 13514
South Lake Tahoe, CA 96151
775-573-0822
TahoeHomeless.org
Facebook.com/TahoeCoalitionForTheHomeless

Teen Text Support Line
Text "start" to 741741 to get immediate help.
CrisisTextLine.org
MENTAL HEALTH COUNSELING

A Balanced Life: Individual, Family & Child Therapy, Inc.
Provides individual, couples and family therapy to children, adolescents and adults. Call or go to the website for available programs and services. ComPsych EAP, Medicare, California Victim Compensation Program, County of El Dorado office of Education Child Development Programs, Veterans Choice Program.
2100 Eloise Ave.
South Lake Tahoe, CA 96150
530-544-1748
ABalancedLifeTahoe.com

Barton Community Health Center
This clinic provides primary health care services and mental and behavioral health services. Insurance accepted: Medi-Cal, other insurance and Sliding Scale.
2201 South Ave.
South Lake Tahoe, CA 96150
530-543-5623
BartonHealth.org

Barton Psychiatry
Evaluation and medication for children and adolescents, including play therapy. Insurance and private pay by referral.
155 Hwy. 50
Stateline, NV 89449
774-589-8946
Community Health Center
2201 South Ave.
South Lake Tahoe, CA 96150
530-600-1968
BartonHealth.org

Carson Tahoe Behavioral Health Services – Outpatient Psychiatric
Treats adults with psychiatric and addictive disorders through individual counseling. Accepts most insurance, Medicare.
775 Fleischmann Way
Carson City, NV 89703
775-445-7756
CarsonTahoe.com

Carson Tahoe Behavioral Health Services-Outpatient Treatment
Adult, individual and/or group substance abuse counseling. Accepts most insurance, Medicare.
775 Fleischmann Way
Carson City, NV 89703
775-445-7756
CarsonTahoe.com

Carson Tahoe Behavioral Health Services-Inpatient Psychiatric
Carson Tahoe Behavioral Health Services-Inpatient Treatment
Intensive treatment for adults 18+ for substance abuse. Medical model detoxification; chemical dependency program.
1080 N. Minnesota St.
Carson City, NV 89703
775-445-7350
CarsonTahoe.com

El Dorado County Behavioral Health
Assessments for specialty mental health services for adults and children with Medi-Cal. Individual, family and group therapy, case management and medication support for those that qualify. Referrals to other community providers for those not meeting Medi-Cal requirements for specialty mental health services. Wellness Center open from 1pm-4pm Mon-Fr, open to all community members 18 years and older regardless of insurance status or enrollment in services. Wellness activities range from socialization, peer support and quality of life improvement classes and activities. 24-hour Crisis Hotline.
1900 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-544-2219 24-Hour Crisis Hotline
530-573-7970
edcgov.us/mentalhealth
**Family Resource Center**
Bilingual counseling for children ages 5 to 18 and adults who do not have insurance. Donations accepted. No charge.
3501 Spruce Ave., #B
South Lake Tahoe, CA 96150
530-542-0740
TahoeFRC.org

**Infant Parent Center**
The Infant Parent Center is a non profit that serves families from conception to five years of age. Our relationship with each family is warm and personal creating a safe and collaborative environment. Our agency promotes prevention and family wellness. Our staff have specialized training in Infant Mental Health and have an average of over 15 years working with families.
2949 Lake Tahoe Blvd., Ste. B4
South Lake Tahoe, CA 96150
530-676-2899 #0
InfantParentCenter.com

**Live Violence Free**
Counseling, advocacy and support for child and adult victims of domestic violence, sexual assault and child abuse and their families. 24-hour emergency response. No insurance or payment for our counseling.
2941 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-676-2899 #0
LiveViolenceFree.org

**Psychiatric Health Facility**
A 24-hour structured, therapeutic environment staffed by trained mental health professionals which provides services to both voluntary and involuntary adult patients who are in acute psychiatric distress. Private pay, Medi-Cal, sliding scale.
935-B Spring St.
Placerville, CA 95667
530-621-6210
edcgov.us/mentalhealth

**Rural Clinic of Carson City**
Services for children, adolescents and adults. Includes outpatient counseling, psychosocial rehabilitation, service coordination, consultation and education, crisis services, group therapy. Sliding scale, Medicare, and Medicaid.
1665 Old Hot Springs Rd., Ste. 150
Carson City, NV 89706
775-687-0870

**Reno Behavioral Healthcare Hospital**
Comprehensive mental health and addiction treatment for patients of all ages. Free, confidential assessments available 24/7
6940 Sierra Center Pkwy.
Reno, NV 89511
775-393-2201
Renobehavioral.com

**Sierra Child & Family Services**
Provides counseling services to children & families. Medi-Cal only, for children only.
2580 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-544-2111

**Tahoe Youth & Family Services**
Substance abuse evaluations and counseling for youth and adults. Medi-Cal, private insurance and private pay.
1021 Fremont Ave.
South Lake Tahoe, CA 96150
530-541-2445
TahoeYouth.org
El Dorado County Behavioral Health
Substance use assessments, treatment referrals and group therapy.
1900 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-573-7970

National Institute on Drug Abuse
Use the SAMHSA Treatment Locater or call 1-800-662-HELP (4357)
DrugAbuse.gov

Reno Behavioral Healthcare Hospital
Comprehensive mental health and addiction treatment for patients of all ages. Free, confidential assessments available 24/7
6940 Sierra Center Pkwy.
Reno, NV 89511
775-393-2201
Renobehavioral.com

Tahoe Youth and Family Services
Substance abuse evaluations and counseling for youth and adults. Medi-Cal, private insurance and private pay.
1021 Fremont Ave.
South Lake Tahoe, CA 96150
530-541-2445
TahoeYouth.org

A Balanced Life:
SMART Recovery Group
Free weekly group counseling for addiction of any type (drugs, alcohol, gambling, overeating, etc.). Tuesdays 6-7pm.
2100 Eloise Ave.
South Lake Tahoe CA 96150
530-544-1748
ABalancedLifeTahoe.com/community-programs

Al-Anon
Friends and family members of problem drinkers share their experiences and learn how to apply the principles of the Al-Anon program to their individual situations. No charge.
888-425-2666 - Call 24 Hours a Day
al-anon-alateen.org

Alcoholics Anonymous
Groups are held 7 days per week with specialty groups for men, women and young people. Please call for more information. No charge.
530-541-1243 - Call 24 Hours a Day

Breast Cancer Online Support
Online support groups available for women who have been diagnosed with breast cancer.
OneInEightSupport.org

Camp Sunrise
Camp Sunrise is a FREE grief summer camp designed for children age 7 – 14 who have experienced the death of a family member. Children receive grief education and support through fun-filled activities and programs. Held once each year.
2092 Lake Tahoe Blvd., Ste. 500
South Lake Tahoe, CA 96150
530-543-5592

Live Violence Free
Domestic Violence Support Group
Support group for victims affected by domestic violence.
2941 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-544-2118
LiveViolenceFree.org

El Dorado County Family Caregiver Support Program
Meets the 1st Wednesday of every month from 3-4:30pm.
3050 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-621-6151
edcgov.us

El Dorado County Behavioral Health Community - Wellness Support Groups
Substance use assessments, treatment referrals, group therapy, social activities and education for improved mental health. Monday-Friday, 1-4pm. Call for current scheduled activities
1900 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-544-2219 - 24 Hour Crisis Help
530-573-7970
edcgov.us/mentalhealth
Family Ties of Nevada
This support line is designed to assist people in finding resources for a loved one with any chronic illness, disability or other condition. Callers who don’t know where to go for help call the support line from 8:30am – 5pm, Monday-Friday.
3710 Grant Dr., #B, Reno, NV 89509
866-326-8437
FamilyTiesNV.net

Foster and Kinship Care Support - Spanish
Tuesdays & Wednesdays 5pm-7:15pm
3501 Spruce Ave., Ste. #B
South Lake Tahoe, CA 96150
530-542-0740
TahoeFRC.org

Freedom From Smoking Classes
Ready to quit? Start your smoke-free life now. Freedom From Smoking® is the premier smoking cessation program from the American Lung Association. It helps you develop a plan of action that leads to your quit day. Learn how to quit smoking. In-person classes.
530-539-6620
BartonHealth.org/communityed

Gamblers Anonymous
Support group for people with a gambling problem. Senior and adults eligible.
Tuesdays at 6pm
Tahoe Community Church
145 Daggett Way, Stateline, NV 89449
775-588-5860
tahoecommunitychurch.org

Head Injury Association of Northern Nevada (HIANN)
Our mission is to be the voice of advocacy for brain injury survivors, their families, and caregivers. We help brain injury survivors that have conditions resulting from concussions, TBI, strokes and other causes, put their lives back together “piece by piece.”
P.O. Box 19314, Reno, NV 89511
(775) 830-4261
hiann.org
info@hiann.org

Mommy & Me Support Group
We invite new parents and their babies or toddlers to attend our FREE weekly groups to share experiences and discuss the joys and challenges of parenting. Get support from other parents as well as professional support from a childbirth instructor, nurse, and guest presenters. Infants (up to 12 months) – Thursdays 2-4pm
Barton Center for Orthopedics & Wellness
2170B South Ave
South Lake Tahoe, CA 96150
530-543-5712
BartonHealth.org/events

NAMI Family Support Group
Free support group for families who have a loved one affected by mental illness. Second Tuesday of each month from 6-7:30pm at the El Dorado County Main Library. Adults eligible.
El Dorado County Main Library
1000 Rufus Allen St.
South Lake Tahoe, CA 96150
English Warm-line: 530-306-4101
Spanish Warm-line: 775-407-0306
NAMI Warm-line: county-wide available
M-Thur 10 a.m. - 3 p.m.: (530) 306-4101
f2fnami@gmail.com

Narcotics Anonymous
Call for meetings and locations.
530-541-4100
SierraSageNA.org

Overeaters Anonymous
Adults eligible. Tuesdays at 6pm
Tahoe Community Church
145 Daggett Way, Stateline, NV 89449
775-588-5860

Parkinson's Disease Support Group
The Parkinson's Disease Support Group offers support for those diagnosed with Parkinson’s disease, as well as family members and caretakers of those affected.
Meetings held 2nd Wednesday of the month, 3-4pm
Barton Center for Orthopedics & Wellness
2170B South Ave, South Lake Tahoe, CA 96150
530-543-5712
BartonHealth.org/events
Reflections Of Life And Loss
Free grief support group provides info and support for those grieving the loss of a loved one. Please call for times. Registration required.
2092 Lake Tahoe Blvd., Ste. 500
South Lake Tahoe, CA 96150
530-543-5592
BartonHealth.org

Sierra Child & Family Services
Foster and adoptive parent support group. First Thursday of every month, 5pm-6:30pm.
2580 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-544-2111

Smart Recovery Group
A science-based addiction recovery support group. Alternative to traditional 12-step programs. Fridays 6pm-7pm. Free.
2100 Eloise Ave.
South Lake Tahoe, CA 96150
530-544-1748

Survivors Of Suicide Loss Support Group
Provides healing peer support for people coping with the loss of a loved one to suicide. Fourth Thursday of every month (except holidays) at 6pm.
Barton Public Relations
2092 Lake Tahoe Blvd., Ste. 400
South Lake Tahoe, CA 96150
775-783-1510
SPAwareness.org

Women’s Cancer Support Group
The Women’s Cancer Support Group offers a safe, confidential environment where women with cancer, or a history of cancer, can meet others and address their challenges.
Held monthly on the last Tuesday of each month from 5:30-6:30pm
Barton Memorial Hospital Mountain Café
2170 South Ave.
South Lake Tahoe, CA
530-600-1950
BartonHealth.org/events

Adult Family Caregiver Support Group
Adults/ families who care for adults with chronic and disabling health conditions are invited to attend a monthly caregiver support group. Group members will learn about community resources, disease processes, coping strategies, importance of self-care, and ways to connect to others with adult family member with a chronic health condition, such as dementia, Parkinson's disease, MS, or diabetes.
Meetings held 2nd Wednesday of the month, 3-4pm
Barton Center for Orthopedics & Wellness
2170B South Ave.
South Lake Tahoe, CA
530-539-6629
BartonHealth.org/events
Accepting private health insurance, reimbursement or cash payments.

Catherine Aisner, PH.D., PSY  CA Lic# 10543
2311 Lake Tahoe Blvd., Ste. 3
South Lake Tahoe, CA 96150
530-541-6696
Treatments/Diagnosis: Couples, Trauma
Populations: Couples
Advanced Clinical Training: ICEEFT-Certified Emotionally Focused Couples Therapist, Eye Movement Desensitization and Reprocessing; IA Certified EMDR Therapist
Payment/Insurance Accepted: Barton employees

Marcella Araiza, AMFT  CA Lic# 81216
(Under clinical supervision of Lindsay Simon)
Treatments/Diagnosis: Co-occurring substance abuse issues, self-harm, depression, anxiety, parenting, family conflict, teen behavioral issues
Populations: Adults, Teens, Spanish-speaking
Payment/Insurance Accepted: Cash, Check, Credit, sliding scale, CPS, Victim’s Compensation Board, Head Start, soon to be accepting Comp Psych EAP

Sandra Branton, EDD, LMFT  CA Lic# 18217
870 Emerald Bay Rd.
South Lake Tahoe, CA 96150
530-541-5977

Thomas Dickey, MFT  CA Lic# 32853
2489 Lake Tahoe Blvd., Ste. 26
South Lake Tahoe, CA 96150
530-543-0400
530-543-1209 (fax)
Diagnoses: Depression, Anxiety, Relationships, Goal Setting, Parenting
Treatments: Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Family Systems Therapy, Short Term Dynamic Psychotherapy
Populations: Teens and older.
Payment/Insurance Accepted: Cash, Sliding Scale, Most Insurance Accepted

Kelly K. Edmundson, MA, LMFT, LCADC
NV LMFT Lic #01353, CA LMFT Lic #106336,
NV LCADC Lic #00476-LC
Eight Limbs Therapy
310 Dorla Court, Suite 209
Zephyr Cove, NV 89448
775-339-8674
(775) 773-4828 (fax)
www.eightlimbstherapy.com
kelly@eightlimbstherapy.com
Preferred Treatment/Diagnoses: Substance Use Disorders, Relationship Issues, Life Transitions, Grief/Loss, Mood disorders,
Preferred Populations: Individuals ages 12+, Couples, Families (including co-parenting through separation and/or divorce), Therapy Groups
Advanced Clinical Training: Mindfulness, LGBTQ+, Substance Use Disorders, SOC gender affirmation support, Group therapy.
Payment/Insurance Accepted: Hometown Health, Cash, Check, Credit/Debit card, Health Savings Account card
Limits on access to services/populations not served: Psychotic disorders, Psychological testing, Clients >12 years old, Custody evaluations

Erin Eisenlohr, LMFT, MFC  CA Lic# 50832
NV Lic# 01349
310 Dorla Ct., Ste. 209
Zephyr Cove, NV 89449
775-749-8161
ErinEisenlohr.com
Treatments/Diagnoses: Anxiety, Depression, Trauma/PTSD, Grief/Loss, Life Transitions
Populations: Individuals – Adults and Adolescents
Advanced Clinical Training: Diplomat of the Academy of Cognitive Therapy; Certified Provider of Prolonged Exposure; Advanced Clinical Training in Trauma-Focused Cognitive Behavioral Therapy and Cognitive Processing Therapy, Bilingual (English/Spanish)
Payment/Insurance Accepted: Cash, Check, Barton EAP, Insurance Pending
Laurie Gallagher, LSCW  
CA Lic# 13934  
3320 Sandy Way, #4  
South Lake Tahoe, CA 96150  
530-542-2409 *2  
**Treatment/Diagnosis:** Depression, Anxiety, PTSD, Transitions  
**Populations:** Adults, Children, Couples, Families  
**Advanced Clinical Training:** Eye Movement Desensitization & Reprocessing; Cognitive Behavioral Therapy; Dialectical Behavioral Therapy; Domestic Violence  
**Payment/Insurance Accepted:** Cash, Anthem Blue Cross, MHN, Aetna, Cigna, Blue Shield, Raley's, Safeway  

Erin Kelly, LMFT  
CA Lic# 45628  
A Balanced Life  
2100 Eloise Ave.  
South Lake Tahoe, CA 96150  
530-544-1748  
530-544-1728 Fax  
**Treatments/Diagnoses:** Co-occurring disorders, Play Therapy, Substance Abuse.  
**Population:** ages 2+  
**Advanced Clinical Training:** Art Therapy  
**Payment/Insurance Accepted:** Cash, Check, Comp Psych (EAP for Kirkwood & Heavenly), Victim's Witness, Head Start, CPS. No Medi-Cal. Out-of-Network with most insurances. We accept Medicare  

Nancy J. Huzicka Crebs, LMFT  
CA Lic# 92420  
870 Emerald Bay Rd, Ste. 104, Room 3  
South Lake Tahoe, CA 96150  
530-386-8386  
**Treatments/Diagnoses:** PTSD, Uncomplicated Bereavement, Social Anxiety Disorder, Anxiety Disorders, Depressive Disorders  
**Populations:** Adolescents, Adults, Geriatrics  
**Advanced Clinical Training:** Eye Movement Desensitization & Reprocessing; Repair & Reattachment Grief Therapy  
**Payment/Insurance Accepted:** Cash, Check, Credit, Comp Psych (EAP for Kirkwood & Heavenly), Victim's Compensation Board, Out-of-Network with most insurances.  

Karen Maack, MFT  
CA Lic# 42597  
960 Emerald Bay Rd., #5  
South Lake Tahoe, CA 96150  
530-545-8928  
**Treatments/Diagnoses:** Everything; Depression/Anxiety  
**Populations:** Individuals, Couples, Adolescents  
**Payment/Insurance Accepted:** Cash, EAP, Aetna, Hometown Health, Prominence Blue Cross  

Karen Joaquin, LMFT  
CA Lic# 82969  
**Treatments/Diagnoses:** Depression, anxiety, co-occurring substance abuse, self-harming,  
**Population:** Adults, +10 Kids, Teens, Families  
**Payment/Insurance Accepted:** Cash, Check, Credit, Comp Psych (EAP for Kirkwood & Heavenly), Victim's Compensation Board, Out-of-Network with most insurances.  

Tiffany Machia, AMFT  
CA Lic# 110842  
(Under clinical supervision of Lindsay Simon and Karen Joaquin)  
**Treatments/Diagnoses:** Parental Guidance, Family conflict, child play therapy, childhood trauma  
**Preferred Populations:** Adults, Children 3+, Teens, Families  
**Advanced Clinical Training:** Trauma-Focused CBT, Child Play Therapy  
**Payment/Insurance Accepted:** Sliding Scale, Cash, Check, Credit, CPS, Victims Compensation Board, Head Start
Kate Mosher, LCSW  CA Lic# 66640  
870 Emerald Bay Rd., Ste. 303  
South Lake Tahoe, CA 96150  
530-494-9839  
Treatments/Diagnoses: PTSD; Anxiety Disorders; Reactive Attachment Disorder; Mood Disorders; Childhood Disorders  
Preferred Populations: 0-6 Years Old, Children, Trauma Survivors  
Advanced Clinical Training: Trauma-Focused Cognitive Behavioral Therapy; Early Childhood Mental Health Training; Sexual Abuse and Domestic Violence Treatment for Survivors  
Payment/Insurance Accepted: Cash, Victim Witness Payment, CPS Payment

Viola Nungary, MFT  CA Lic# 31975  
2489 Lake Tahoe Blvd., Ste. 26  
South Lake Tahoe, CA 96150  
530-542-0800  
775-588-9230  
Treatments/Diagnoses: Anxiety, Depression, Marital/Couple Issues, Grief/Loss, Coping with a major life crisis or transition  
Populations: Individuals and couples  
Advanced Clinical Training: Eye Movement Desensitization & Reprocessing; Hypnosis  
Payment/Insurance Accepted: Most insurances accepted  
Populations Not Served: Not ADA accessible

Marianna Randolph, LCSW  CA Lic# 24256  
A Balanced Life  
2100 Eloise Ave.  
South Lake Tahoe, CA 96150  
530-544-1748  
530-544-1728 (fax)  
Treatments/Diagnoses: Anxiety, Grief/Loss, Chronic Pain, Health Condition, Adult ADHD  
Populations: 18+ years  
Payment/Insurance Accepted: Cash, Check, Medicare, Comp Psych (EAP for Kirkwood, Heavenly), Victim's Witness, Head Start, CPS. No Medi-Cal. Out-of-Network with most insurances. We accept Medicare.

Christina Rodriguez  LMFT: 106710  
Lakeside Therapy Private Practice  
3200 Highway 50 #3,  
South Lake Tahoe, CA 96150  
559-656-0929  
833-549-5588 (fax)  
Preferred Treatments/Diagnoses: Trauma, depression, Anxiety, defiant/disruptive behaviors, parent-child relational problems  
Preferred Populations: Children, Teens, Adults, Hispanic Culture, Spanish Speaking  
Advanced Clinical Training: Aggression Replacement Therapy—Trauma Therapy—in process of training Art and Anxiety  
Payment/Insurance Accepted: Cash, check, credit card, apple pay, Health Advocate EAP, Holman Group EAP  
Limits on access to services/populations not served: couples, perpetrators of violence, personality disorders, bipolar disorder  
www.lakesidetherapy.life  
Christina@lakesidetherapy.life

Lindsay Simon, LMFT  Cal Lic# 51979  
A Balanced Life  
2100 Eloise Ave.  
South Lake Tahoe, CA 96150  
530-544-1748  
530-544-1728 (fax)  
Treatments/Diagnoses: Mood disorders, anxiety, stress management, couples counseling, work related problems, life adjustments, adult ADHD, anger management  
Populations: Adults, Couples, Families with Teens  
Advanced Clinical Training: Domestic Violence Facilitation Certificate; Perinatal Mood & Anxiety Disorders; Specialized Family Therapy  
Payment/Insurance Accepted: Cash, Check, Comp Psych (EAP for Kirkwood & Heavenly), Victim's Witness, Head Start, CPS, No Medi-Cal, Out-of-Network with most insurances. We accept Medicare.
Debra Vance, LMFT  
Cal Lic# 23724  
3320 Sandy Way, Ste. 4  
South Lake Tahoe, CA 96150  
530-542-2409  
530-542-2791 (Fax)  
**Treatments/Diagnoses:** Depression, Anxiety/Stress, PTSD, Grief Work, Life Transitions  
**Populations:** Couples, Adults, Young Adults  
**Populations Not Served:** Young Children, Court Ordered, Custody Disputes  
**Advanced Clinical Training:** Cognitive Behavioral Therapy; Mindfulness, Couples Therapy  
**Payment/Insurance Accepted:** Anthem, Aetna, PEHP/Healthscope, Prominence Health, MHN, Magellan Blue Shield, BDA/Moreno Shepell

Michael G. Van Gordon, MFC  CA Lic# 36265  
3351 Lake Tahoe Blvd., Ste. 9  
South Lake Tahoe, CA 96150  
530-318-1502  
**Treatments/Diagnoses:** Gambling Problems, Depression, Anxiety, Trauma/PTSD, Couples/Marriage Counseling  
**Populations:** Individuals, Couples, Adolescents, First Responders, Faith-Based Community  
**Advanced Clinical Training:** Eye Movement Desensitization & Reprocessing; CBT; Gambling Problems/Addiction; Compassion Fatigue  
**Payment/Insurance Accepted:** Cash, Credit Card, EAPs, AETNA, Anthem Blue Cross-EAP, Behavioral Health care Options, Blue Shield Magelin, MHN, United Behavioral Health, Holman Group, PsyComp, Behavioral Health Options & Provider for the California Gambling Program

Matthew Wong, PSY.D.  
CA PSY# 26365  
870 Emerald Bay Rd., Ste. 303, Box 3  
South Lake Tahoe, CA 96150  
415-806-0275  
650-618-6545 Fax  
**Treatments/Diagnoses:** ADHD, Anxiety, Depression, Adjustment Disorder, Learning Disorders  
**Populations:** Children (4+), Adolescents, Young Adults  
**Limits on Access to Services/Populations Not Served:** Active substance abuse, dual-diagnosis, active psychotic disorders  
**Advanced Clinical Training:** Pediatric Neuropsychology, Psych Assessment  
**Payment/Insurance Accepted:** Anthem, Cigna, Blue Shield, Medi-Cal
IN CASE OF EMERGENCY

POLICE • FIRE • MEDICAL

911

LAW ENFORCEMENT

California Highway Patrol (CHP)
Highway law enforcement, child safety seat information, AMBER Alerts, DUI info and other youth safety information.
2063 Hopi Ave.
South Lake Tahoe, CA 96150
530-577-1001
chp.ca.gov

City Of South Lake Tahoe - Emergency Alerts
Receive emergency alerts via cell phone or email. Sign up at the city’s website.
530-542-6093
CityOfSLT.us/signups

Douglas County Sheriff’s Office
175 Highway 50
Stateline, NV 89449
775-782-5126
DouglasCoNVSheriff.com

El Dorado County Public Defender’s Office - South Lake Tahoe
1360 Johnson Blvd., #106
South Lake Tahoe, CA 96150
530-573-3115
530-542-4801 (Fax)

El Dorado County Jail - South Lake Tahoe
1051 Al Tahoe Blvd.
South Lake Tahoe, CA 96150
530-573-3030
530-573-3032 (Fax)

Lake Tahoe Secret Witness
The Secret Witness Program relies on the anonymous tips of community members. When a person becomes aware of criminal activity, the individual can make an anonymous phone call to a 24-hour, 7-days a week hotline.
P.O. Box 14282
South Lake Tahoe, CA 96151
530-541-6800 (Hotline)

El Dorado County Sheriff’s Office
1360 Johnson Blvd., #100
South Lake Tahoe, CA 96150
530-573-3000
530-573-3300 (Non-Emergency Dispatch)
edcogov.us/Government/sheriff

El Dorado County Tahoe Crisis Information
Crisis Hotline, Live Violence Free, 24-Hour
530-544-4444 Crisis Hotline
530-544-4444 Live Violence Free (24 hour)
911 Imminent Danger

South Lake Tahoe Police Department
City of South Lake Tahoe law enforcement.
1352 Johnson Blvd.
South Lake Tahoe, CA 96150
530-542-6100
CityOfSLT.us/police

Crisis Call Center
775-784-8085 Local
775-784-8090 Local
800-992-5757 Crisis Hotline
FIRE & RESCUE

Lake Valley Fire Protection District
Fire protection and emergency medical response on the East Slope of El Dorado County. Chipping program, defensible space program and information.
2211 Keetack St.
South Lake Tahoe, CA 96150
530-577-3737
LakeValleyFire.org

South Lake Tahoe Fire & Rescue
Fire protection within the City of South Lake Tahoe.
2101 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-542-6160
cityofslt.us/fire

Tahoe Douglas Fire Protection District
Nevada fire protection department. Chipping, fuels reduction program, fire prevention information
P.O. Box 919 / 193 Elks Point Rd.
Zephyr Cove, NV 89448
775-588-3591
TahoeFire.org

EMERGENCY MEDICAL

American Red Cross
Disaster relief and emergency preparedness plus CPR certification and first aid courses.
1565 Exposition Blvd.
Sacramento, CA 95815
916-993-7070
RedCrossCRC.org/CA/sacramento

Barton Memorial Hospital
24-hour emergency care. Level III Trauma Center.
2170 South Ave.
South Lake Tahoe, CA 96150
530-541-3420
BartonHealth.org

Barton Urgent Care
Monday–Friday 8am-6pm and Saturday & Sunday 9am-5pm. Insurance and self-pay.
Stateline Medical Center
1555 Hwy. 50
Stateline, NV 89449
775-589-8900
BartonHealth.org

California Poison Control System (CPCS)
Provides immediate, free and expert treatment, advice and referral over the phone in case of exposure to poisonous or toxic substances. Services are available 24-hours a day, 7-days a week.
800-222-1222
CalPoison.org

Tahoe Urgent Care
Available 6 days a week (closed Sundays)
8am-12pm, 1:30pm-5:00pm. Insurance and self pay.
2130 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-541-3277
TahoeUrgentCare.com
CANCER SUPPORT

American Cancer Society
Offering multiple support programs for patients and caregivers throughout Northern California and Nevada. Transportation support in many areas.
800-227-2345 24-hour Cancer.org

Barton Cancer Wellness Program
Helping participants reach an improved state of wellness through guided exercise, yoga, behavior therapy, and nutrition. It is free to all cancer patients and recovering cancer patients and is funded by the Barton Foundation.
530-543-5720 Exercise For Energy
530-539-6620 Behavior Therapy
530-543-5824 Nutrition
BartonHealth.org/cancer

Barton Health Oncology Labwork
Follow up appointments available in cooperation with the Gene Upshaw Memorial Tahoe Forest Cancer Center.
1139 3rd St
South Lake Tahoe, CA 96150
530-600-1950

Barton Infusion Center
Inside Barton Memorial Hospital
Cancer support services including blood transfusions, hydrations, labs and medications.
2170 South Ave.
South Lake Tahoe, CA 96150
530-543-5876

Gene Upshaw Memorial Tahoe Forest Cancer Center
The Cancer Center at Tahoe Forest Hospital offers services for the early detection, diagnosis and treatment of cancer. Affiliated with UC Davis.
10121 Pine Ave.
Truckee, CA 96161
530-582-6450
TahoeCancerCenter.com

Women's Cancer Support Group
The Women's Cancer Support Group offers a safe, confidential environment where women with cancer, or a history of cancer, can meet others and address their challenges.
Held monthly on the last Tuesday of each month from 5:30-6:30pm
Barton Memorial Hospital Mountain Café
2170 South Ave.,
South Lake Tahoe, CA
530-600-1950
BartonHealth.org/events

Renown Children's Hospital
Treats children and adolescents with cancer. Children's Specialty Care is also home to the Children's Infusion Center offering 24/7 physical coverage
1155 Mill St.
Reno, NV 89502
775-982-KIDS (5437)
Renown.org/children

South Lake Tahoe Cancer League
Limited financial assistance grants for permanent South Lake Tahoe residents who are receiving treatment for cancer. Provides transportation at no charge for active treatment at US Davis/Sacramento, Truckee, Reno, Carson Valley and local. No charge.
P.O. Box 17982
South Lake Tahoe, CA 96151
530-573-1703
solaketahoecl@gmail.com

MEDI-CAL (for Dental)

Dr. Mitchell Goodis
Dentist on the western slope of El Dorado County who sees both adults and children and takes all forms of private insurance, Medi-Cal, CMS and discount plans.
540 Main St., #102
Diamond Springs, CA 95619
530-344-0290

Preventive Dental Care
Dr. Injoo Han
Placerville dentist who takes Medi-Cal, self-pay, most insurances.
4355 Golden Center Drive, Ste. A
Placerville, CA 95667
530-622-3430
Young Tahoe Smiles
Dr. Mireya Ortega
Basic dental care for children ages 0-16 without insurance and whose family meets financial eligibility. Cost $5, $10, $20 per visit.
Young Tahoe Smiles Program
1060 Ski Run Blvd.
South Lake Tahoe, CA 96150
530-541-7040
YoungTahoeSmiles.com

El Dorado Smiles - El Dorado Community Health Center Mobile Dental Clinic
Provides high-quality preventative services—comprehensive exams, x-rays, basic fillings, restorative procedures, fluorides, varnishes, sealants, dental cleanings, oral hygiene instruction, and dental education to everyone. Please call for information.
Services also available in the Dental Mobile Van.
Check our website for a calendar of dates and locations.
3100 Ponte Morino Dr., #120
Cameron Park, CA 95682
530-497-5016
edchc.org

The Smile Shop
Dr. April Westfall, DMD
Dr. LaVonne Hammelman, DMD MPH
Accepts Medi-Cal and Met-Life insurance.
Serves all ages. Currently accepting new patients.
Emergency walk-in hours Mon-Fri 7am
3358 Sandy Way
South Lake Tahoe, CA 96150
530-600-2835
TheSmileShopTahoe.com
TheSmileShopTahoe@gmail.com

County Medical Services Program (CMSP) & Path2Health/Medical
Health coverage for low-income adults in 35 rural counties including El Dorado. Apply in person, by phone or online.
3368 Lake Tahoe Blvd., #100
South Lake Tahoe, CA 96150
530-573-3200
c4yourself.com

El Dorado County Health & Human Services
Provides a variety of services including communicable disease control, immunizations and community nursing.
1360 Johnson Blvd., #103
South Lake Tahoe, CA 96150
530-573-3155
edcgov.us/humanservices

Medi-Cal
California's Medicaid health care program. Pays for a variety of medical services for children and adults with limited income and resources. Apply in person, by phone, or online.
3368 Lake Tahoe Blvd., Ste. 100
South Lake Tahoe, CA 96150
530-573-3200
c4yourself.com

PEOPLE WITH DISABILITIES

Alta CA Regional
Intervention and support for adults and children at risk for, or with, intellectual and/or developmental disabilities and their families.
2489 Lake Tahoe Blvd., Ste. 1
South Lake Tahoe, CA 96150
530-314-5970
AltaRegional.org

Choices Day Program
Support services for adults with developmental disabilities. Programs to foster independence, personal development and self-sufficiency.
870 Emerald Bay Rd., #400
South Lake Tahoe, CA 96150
530-541-0167
CTS-choices.org/south-lake-tahoe
Job Placement: Vocational Rehabilitation
Provide services and advocacy resulting in employment and equality for individuals with disabilities.
2489 Lake Tahoe Blvd., Ste. 4
South Lake Tahoe, CA 96150
530-541-3226
dor.ca.gov

Lake Tahoe Unified School District
Programs for special needs students ages 0-22 years; Early intervention program 0-3 years; Preschool program for 3-5 year olds; Special education classes for students in transitional Kindergarten through grade 12.
1021 Al Tahoe Blvd.
South Lake Tahoe, CA 96150
530-541-2850 x1026
LTUSD.org

Tahoe Area Coordinating Council for the Disabled
Community Advocacy Group. Meets at California Department of Vocational Rehabilitation office at Noon on the 4th Monday of the month. FREE.
2849 Lake Tahoe Blvd.
P.O. Box 8728
South Lake Tahoe, CA 96158
530-544-1127
TahoeAreaCoordinatingCouncilForTheDisabled.com

Trails At The Lake
Provides personnel services, training and support for the physically, developmentally, and/or psychiatrically challenged persons including job training, personal budgeting assistance and independent or assisted living services. Private pay, may qualify for aid.
2494 Lake Tahoe Blvd., Ste. 5
P.O. Box 8728
South Lake Tahoe, CA 96150
530-544-1127
TrailsAtTheLake.org
HOUSING & CARE FACILITIES

Barton Skilled Nursing Facility
A 48-bed unit located within the Barton Memorial Hospital campus, providing both long-term care and short-term rehabilitation stays.
2170 South Ave.
South Lake Tahoe, CA 96150
530-543-5885
BartonHealth.org

Senior Living in Gardnerville
Assisted living and memory care services for seniors promoting an active lifestyle. Private pay, long term care insurance.
1565 Virginia Ranch Rd.
Gardnerville, NV 89410
775-782-3100

Carson Valley Senior Living
High quality assisted living and memory care in Gardnerville, Nevada. Pet friendly.
1189 Kimerling Rd.
Gardnerville, NV 89460
775-265-1400
CarsonValleySeniorLiving.net

Gardnerville Health And Rehabilitation Center
A 24-hour skilled nursing facility. Providing long-term care, post acute rehabilitation, physical therapy, occupational therapy, speech-language pathology, social services including transition planning. Accepting Medicare, Medicaid, private insurance and private pay.
1573 Muller Parkway
Gardnerville, NV 89410
775-782-6620
GardnervilleHealthAndRehab.com

Kelly Ridge Apartments
Affordable housing for seniors. Independent living.
1447 Herbert Ave.
South Lake Tahoe, CA 96150
530-542-1680
KellyRidgeLakeTahoe.com

Mountain View Health And Rehabilitation Center
Residential facility for seniors providing dementia services, 24-hour skilled nursing, restorative nursing, and long-term care. Accepting Medicare, Medicaid, private insurance, HMO and private pay.
201 Koontz Ln.
Carson City, NV 89701
775-883-3622
MountainViewHealthAndRehab.com

Tahoe Senior Plaza
Affordable housing for seniors 62 and older. Independent living.
1101 3rd St.
South Lake Tahoe, CA 96150
530-542-7048
TahoeSeniorPlaza.com

The Arbors Memory Care Community
Alzheimer's and other dementia care facility in Nevada.
2121 East Prater Way
Sparks, NV 89434
775-331-2229
ArborsMemoryCare.com
SUPPORT SERVICES

Adult Protective Services
Investigates reports of abuse or neglect of persons 65 years of age and older, and those ages 18-64 who meet the criteria for dependent adults. Licensed in CA and NV.
3057 Briw Road
Placerville, CA 95667
530-642-4800

A Hand At Home
Provides a wide range of non-medical support services that help families function and meet their needs for daily living in the comfort of their own home. Private pay and long-term care insurance. Licensed in California and Nevada.
3053 Harrison Ave., Ste. 205
South Lake Tahoe, CA 96150
530-545-0780
AHandAtHome.net

Barton Home Health
Skilled home health care for post-operative, diabetic, rehabilitation, cardiac and wound care.
2092 Lake Tahoe Blvd., Ste. 500
South Lake Tahoe, CA 96150
530-543-5581
BartonHealth.org/homehealth

Barton Hospice
Provides comfort and relieves symptoms of those who are terminally ill.
2092 Lake Tahoe Blvd., Ste. 500
South Lake Tahoe, CA 96150
530-543-5581
BartonHealth.org/hospice

Douglas County Senior Center
Recreational, educational and wellness activities for seniors age 60 and older. Meals on Wheels, homemaker services and DART transportation.
1329 Waterloo Lane
Gardnerville, NV 89410
775-783-6455
DouglasCountyNV.gov

Eden Home Care
Our compassionate caregivers are ready to help you with a variety of daily activities such as light housekeeping, meal planning, medication reminders, bathing, dressing and other helpful tasks.
911 Mountain St.
Carson City, NV 89703
775-392-2000
Eden-Health.com

Elder Options
Working with families to find solutions for older family members in honoring their wishes and keeping them safe at home. Provides 24/7 home care and care management supervision.
2074 Lake Tahoe Blvd., #7
South Lake Tahoe, CA 96150
530-541-1812
800-336-1709
ElderOptionsCA.com

El Dorado County Senior Center
Senior Helpline.
800-510-2020
530-621-6369

El Dorado County Veterans Affairs
Hours in South Lake Tahoe: Open 1st and 2nd Tuesday of each month. By appointment only. Veterans can get help with compensation for service related disabilities; pension and education benefits; referrals to VA medical facilities; government life insurance; survivor benefits; CA college fee waiver; and more.
924 Emerald Bay Rd.
South Lake Tahoe, CA 96150
By Appointment Only
530-573-7955 x5892
530-621-2218 Fax
edcgov.us/veterans
Employment Resource Center
Helping individuals search for a job, develop a quality resume, enhance job interview skills and more.
3368 Lake Tahoe Blvd., #102
South Lake Tahoe, CA 96150
530-573-4330
edcgov.us

South Lake Tahoe Senior Center
An activity and information center that brings support services including exercise programs, computer lab, tax preparation, legal services, daily meals and nutrition counseling to the senior population of South Lake Tahoe. Call for more information.
3050 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-542-6094
CityOfSLT.us

Tahoe Douglas Senior Center
Membership program for Tahoe basin residents. Recreational and support available including a month luncheon, group shopping and activity trips.
885 U.S. Hwy. 50
P.O. Box 1771
Zephyr Cove, NV 89448
775-588-5140

Vitality For Life
Intensive outpatient senior wellness and mental health program serving seniors with depression, anxiety, grief and loss, social isolation and other mental health/life issues. Primary Medicare with secondary insurance or private pay.
Carson Valley Medical Center
1107 Hwy. 395 N.
Gardnerville, NV 89410
775-782-1599

Widowed Persons Association Of CA
Membership group for men and women with weekly recreational and support opportunities in addition to a monthly group gathering the last Sunday of each month.
530-573-0814
ACO Medicare Nurse Wise Health Line
Accountable Care Organization's NurseWise 24-Hour Medicare line. A dedicated nurse line for Barton Health Medicare patients available 24-hours a day, 7-days a week to answer questions. 844-811-7358

Big Brothers Big Sisters Of El Dorado County
BBBS makes meaningful, monitored matches between adult volunteers and at-risk children, ages 3 through 18, in El Dorado County. These mentors are friends and champions who serve as a positive role model and consistent supportive presence in these children's chaotic and unstable lives.

Tahoe Mountain Lab
3079 Harrison Ave.
South Lake Tahoe, CA 96150
530-626-1222
Todd White
530-417-0807
bbbs-edc.org

Boys And Girls Club
After school programs for school aged children during the school year. All day programs during summer and school breaks.

P.O. Box 17846
South Lake Tahoe, CA 96151
1100 Lyons Ave.
South Lake Tahoe, CA 96150
530-542-0838
bgclt.org

CASA – Court Appointed Special Advocates
CASA El Dorado’s trained and court-appointed volunteers advocate on behalf of abused, neglected and at-risk youth.

1354 Johnson Blvd., Ste. 2
South Lake Tahoe, CA 96150
530-573-3093
CASAElDorado.org

Child Health And Disability Prevention Program
Complete health and dental assessments for early detection and prevention of diseases and disabilities in children and youth. Services include school entry exams, sports physicals and immunizations. Serving Medi-Cal eligible children birth through 20 years and low income children at or below 200 percent of poverty, birth through 18 years.

1360 Johnson Blvd., Ste. 103
South Lake Tahoe, CA 96150
530-573-3165
edcgov.us /publichealth

Choices For Children

1029 Takela Dr.
South Lake Tahoe, CA 96150
530-541-5848

El Dorado County Child Protective Services
Investigates reports of abuse, neglect or harm. Provides referrals to community resources.

3368 Lake Tahoe Blvd., Ste. 100
South Lake Tahoe, CA 96150
530-573-3201
844-756-3699 (toll free)
edcgov.us
El Dorado County – Community Hub Health Team
Public Health Nurses and Community Health Advocates focus on primary prevention and early intervention by providing physical and behavioral health screenings, short-term case management, education, resource referrals and outreach to pregnant women, and families with children 0-18 throughout El Dorado County. Services are located at local libraries or by calling the toll free line 1-800-844-4491 First5ElDorado.com/community-hubs

El Dorado County Health & Human Services – Public Health
Public Health provides a variety of services including communicable disease control, community health assessment, specialized health education, tuberculosis testing (PPD), nursing case management for high risk women and infants and immunizations for all ages.

1360 Johnson Blvd., Ste. 103
South Lake Tahoe, CA 96150
(530) 573-3155 edcgov.us/PublicHealth/

El Dorado County Office Of Education Early Start Programs
Serves birth to age 3 years, including teen parents, with weekly home visits. The focus of this federally funded program is to enhance family relationships and promote healthy child growth and development. Free for income eligible families.

Head Start Center-Based Programs
Preschool programs for children ages 3 to 5. Individualized early childhood programs focus on school readiness, literacy, health, nutrition and social services. Free for income eligible families.

El Dorado County Office Of Education Child Development Programs
1286 Kyburz Ave.
South Lake Tahoe, CA 96150
530-543-8200 – South Lake Tahoe
530-295-2270 – Western Slope

Family Resource Center
Low cost bilingual summer environmental education program and social skills groups during the school year.
3501 Spruce Ave., Ste. B
South Lake Tahoe, CA 96150
530-542-0740
TahoeFRC.org

HealthyChildren.org
Up-to-the-minute pediatric health information specially customized for you and your family. A monthly HealthyChildren.org e-newsletter.

The American Academy Of Pediatrics
141 Northwest Point Blvd.
Elk Grove Village, IL 60007
HealthyChildren.org
info@healthychildren.org
Live Violence Free
Children’s Art Therapy
A program that is trauma focused for children using techniques to help children from the Windows Between Worlds Art Program.
2941 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-544-2118
LiveViolenceFree.org

Sierra Child & Family Services
Provides support for foster youth and foster or adoptive families. Families who are interested in becoming a foster or adoptive parent should call to inquire.
2580 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-544-2111

SOS Outreach
A national youth development non-profit which utilizes adventure sports to engage at-risk and underserved students in long-term relationships
3053 Harrison Ave unit #204
South Lake Tahoe, CA 96151
530-918-4092
775-298-0260 Direct
530-206-6361 Mobile
SOSOutreach.org

South Lake Tahoe Library
Public access internet, wifi, books, audiobooks, movies and children's programs. Mon: 10-5, Tues and Wed: 10-7 Thurs-Sat: 10-5, Closed Sundays
1000 Rufus Allen Blvd.
South Lake Tahoe, CA 96150
530-573-3185
ElDoradoLibrary.org

South Lake Tahoe Recreation Center
Year-round aquatic and other recreational programs for families. Self pay with a sliding scale.
1180 Rufus Allen Blvd.
South Lake Tahoe, CA 96150
530-542-6056
CityOfSLT.us

Tahoe Youth & Family Services
Drop-in center for youth up to age 24. Tues 1:30-5, Thurs 1:30-5, Sat 12-4 Basic needs and support. No charge.
1021 Fremont Ave.
South Lake Tahoe, CA 96150
530-541-2445
TahoeYouth.org

University Of California CalFresh
Nutrition Education
Advocating for nutrition, help adults and their families establish and maintain healthy eating habits and physically active lifestyles. Available for any nutritional resources you may need. No charge but must be eligible for Supplemental Nutrition Assistance Program (SNAP), WIC or Head Start.
1100 Lyons Ave., Room A5
South Lake Tahoe, CA 96150
530-543-2312 x1112
UCCalFresh.com

Supportive Services
for Veterans Families
Funded by the United States Department of Veterans Affairs, the Veteran Family Services program is administered through Volunteers of America to provide supportive services to extremely low or very low-income veteran families who are homeless or at risk for becoming homeless. For more information call or visit online.
916-228-3153
VOA-NCNN.org

University Of California CalFresh
Nutrition Education
Advocating for nutrition, help adults and their families establish and maintain healthy eating habits and physically active lifestyles. Available for any nutritional resources you may need. No charge but must be eligible for Supplemental Nutrition Assistance Program (SNAP), WIC or Head Start.
1100 Lyons Ave., Room A5
South Lake Tahoe, CA 96150
530-543-2312 x1112
UCCalFresh.com

Supportive Services
for Veterans Families
Funded by the United States Department of Veterans Affairs, the Veteran Family Services program is administered through Volunteers of America to provide supportive services to extremely low or very low-income veteran families who are homeless or at risk for becoming homeless. For more information call or visit online.
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VOA-NCNN.org
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