2020 Health & Wellness Directory
Medical Resource Guide
Barton Center for Orthopedics & Wellness
Orthopedics • Rehabilitation • Performance • Wellness

ONE TAHOE. ONE YOU.

Certified Center of Excellence

530.539.6600
BartonOrthopedicsAndWellness.com
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Barton Memorial Hospital
Operator ........................................ 530-541-3420

Admitting ........................................ 530-543-5835
Infusion Center ............................... 530-543-5876
Attic Thrift Store ............................. 530-541-3378
Community Health Center .............. 530-543-5623
Customer Service (Billing) .............. 530-543-5930
Education ..................................... 530-543-5549
EKG ............................................. 530-543-5881
Emergency Department .................. 530-543-5890
Foundation ................................... 530-543-5909
Gift Shop ...................................... 530-543-5927
Guest Services-Front Desk ............. 530-543-5926

Health Information Management
(Medical Records) ......................... 530-543-5900

Home Health/ Hospice ...................... 530-543-5581
Human Resources (Personnel) ........ 530-543-5564
Intensive Care Unit (ICU) ............... 530-543-5860
Laboratory — 4th Street ................. 530-543-5913
Laboratory — Hospital ................. 530-543-5855
Laboratory — Stateline ................. 775-589-8951

Medical Imaging (MRI, Nuclear Medicine,
Ultrasound, X-Ray, CT Scan) .......... 530-543-5850
Mammography ............................ 530-543-5851
Medical/Surgical Unit .................... 530-543-5870
Nutrition ..................................... 530-543-5824
Obstetrics (Family Birthing Center) ...... 530-543-5547
Occupational Health ..................... 775-589-8987
Orthopedics (In-Patient) .................. 530-543-5865
Public Relations ......................... 530-543-5615
Rehabilitation — (Hospital) ............ 530-543-5896
Rehabilitation — (Center) ............... 530-543-5706
Rehabilitation — (Stateline) ............ 775-589-8953
Respiratory Care ......................... 530-543-5884
Risk Management ....................... 530-543-5845
Sleep Studies Lab ....................... 530-543-5895
Surgery (General) ......................... 530-543-5691
  ▪ Lake Tahoe Surgery Center ........ 775-588-9188
  ▪ Pre-Op ................................. 530-543-5528
Volunteer Program (Auxiliary) ........ 530-543-5728
The following are outpatient services for those who do not need to be hospitalized for their medical care. For a full listing of all medical services, please visit our website: bartonhealth.org

Barton Education
1113 Emerald Bay Rd.
South Lake Tahoe, CA 96150
530-543-5549
Barton offers a range of classes for our community including CPR and first aid. Barton also offers a medical assistant vocational certification.

Medical & Continuing Education:
Education.BartonHealth.org

Barton Performance by ALTIS®
2170B South Ave.
South Lake Tahoe, CA 96150
530-539-6600
BartonPerformance.com
The collaboration between Barton Health and ALTIS® combines the medical expertise and wellness philosophy of Barton Health and the elite training experience of ALTIS®. Barton Performance by ALTIS® is offering memberships for all fitness levels and performance goals by utilizing a proven philosophy, sophisticated analysis tools, and internationally acclaimed performance coaching.

Emergency Department
IN A MEDICAL EMERGENCY DIAL 911
Barton Memorial Hospital
2170 South Avenue
South Lake Tahoe, CA 96150
530-543-5890
Level III Trauma Emergency services provided by board-certified emergency medicine physicians and specially trained nurses 24 hours a day, seven days a week.

Family Birthing Center
Barton Memorial Hospital
2170 South Ave.
South Lake Tahoe, CA 96150
530-543-5547
Offering a family-centered experience, the birthing center offers large, remodeled labor, delivery & recovery suites; experienced and dedicated maternity staff; board-certified lactation consultants; and follow up home visits with a registered nurse to answer all your questions after you return home. Barton Memorial Hospital’s Family Birthing Center is a Blue Distinction® Center for Maternity Care. Blue Distinction Centers are nationally designated hospitals that show expertise in delivering improved patient safety and better health outcomes.

Gastroenterology Lab
Barton Memorial Hospital
2170 South Ave.
South Lake Tahoe, CA 96150
530-543-5985
Our Gastroenterology (GI) lab offers preventive and curative services for digestive diseases. Some of the services provided are colonoscopies, sigmoidoscopies, hemorrhoid treatment and diagnosis, and treatment of diseases such as reflux/GERD, cancer, polyps and ulcers. The GI lab is also a satellite liver clinic for Stanford University.
Home Health
2092 Lake Tahoe Blvd., Ste. 500
South Lake Tahoe, CA 96150
530-543-5581 | 775-782-1510
Barton provides at-home health care services with a doctor’s referral. Under the direction of your physician, we provide care that best fits your needs. Our team includes registered nurses, rehabilitation services (including physical, occupational and speech therapy), medical social workers, nutritionists and home health aides.

Hospice
2092 Lake Tahoe Blvd., Suite 500
South Lake Tahoe, CA 96150
530-543-5581 | 775-782-1510
Hospice care is a specialty program providing comfort and relief of symptoms for those who are terminally ill. Hospice care is provided in the privacy and comfort of your own home, a nursing facility or group home. Our team will work with you, your physician and your family to determine the most beneficial treatment and how to provide care. Hospice care is reserved for those who have a disease with a life prognosis of six months or less, as determined by your physician.

Infusion Center
Barton Memorial Hospital
2170 South Avenue
South Lake Tahoe, CA 96150
530-543-5876
Outpatient infusion services are available. Blood draws from access devices, IV medication therapy and blood transfusions are a few of the services offered. Some cancer support services are also available.

Laboratory
Barton Memorial Hospital
2170 South Avenue
South Lake Tahoe, CA 96150
530-543-5855
1067 Fourth Street
South Lake Tahoe, CA 91650
530-543-5913
Stateline Medical Center
155 Highway 50
Stateline, NV 89449
775-589-8951
Our comprehensive laboratories offer full health panels and blood screenings, with a physician’s order, to help you be informed and proactive with your health.

Medical Imaging
Barton Memorial Hospital
2170 South Avenue
South Lake Tahoe, CA 96150
530-543-5851
Barton’s Medical Imaging Department offers the following services: CT scanning with 128-slice low dose technology, MRI machine features state-of-the-art Short Bore and Wide Bore technology, ultrasound, digital mammography with 3D tomosynthesis and stereotactic, X-ray and fluoroscopy, nuclear medicine and interventional radiography rivaling those of urban hospitals. We also offer preventive screenings and exams for cardiac and lung disease, cancer and tumors, organ function, respiratory diseases, vascular and circulatory diseases, arthritis, bone fractures, infections, breast screenings and biopsy, OB/GYN exams, digestive and colon disorders, spider vein treatment, embolisms, and many other diseases, disorders and abnormalities. All services are done in-house and appointments can usually be made in just a few days.

Nutrition
Barton Memorial Hospital
2170 South Avenue
South Lake Tahoe, CA 96150
530-543-5824
Our registered dietitian nutritionists provide individualized medical nutrition therapy, education and counseling for diabetes, cardiovascular disease, digestive disorders, oncology, maternal and pediatric nutrition, geriatric nutrition, weight control, sports nutrition, and wellness to meet your goals.

Occupational Health
Stateline Medical Center
155 Highway 50
Stateline, NV 89449
775-589-8987
Providing employee health services for your business, including workers compensation injuries, medical review officer service and drug testing, flight exams, commercial driver’s license exams, pre-employment exams, immunizations, and tuberculosis screenings.
Rehabilitation
Barton Memorial Hospital
2170 South Avenue
South Lake Tahoe, CA 96150
530-543-5896

Center for Orthopedics & Wellness
2170B South Ave.
South Lake Tahoe, CA 96150
530-539-6600

Stateline Medical Center
155 Highway 50
Stateline, NV 89449
775-589-8953

Providing physical, occupational, speech and hand therapy with the most comprehensive services for your rehabilitation needs. We treat sports injuries, chronic pain and will assist with surgery recovery. We accept many patients including those with neurological concerns, incontinence and lymphedema. Specialty services include orthotics, running video gait analysis, bike fitting, computerized VO2 Max and Resting Metabolism Rate Testing, functional knee testing, Alter G and treadmill and aquatic therapy.

Sleep Studies Lab
Barton Memorial Hospital
2170 South Avenue
South Lake Tahoe, CA 96150
530-543-5895

Offers in-house and at home sleep studies for diagnosis and treatment of sleep disorders such as snoring, sleep apnea, insomnia, narcolepsy and restless legs/periodic leg movements (PLM).

Ski Resort Clinics
Barton Medical Clinic
at Heavenly Mountain Resort
530-543-5575

Barton Medical Clinic at Kirkwood Resort
209-258-7236

Medical Clinic at Sierra-at-Tahoe
530-659-7434

Our resort-based clinics offer urgent care treatment of ski and snowboard injuries; X-rays, IV moderate sedation; patient ground & airlift transport to hospitals & trauma centers; ski resort employee health care; ski resort employee workers comp injuries.

Skilled Nursing
Barton Memorial Hospital
2170 South Avenue
South Lake Tahoe, CA 96150
530-543-5885

Our hospital-based Skilled Nursing Facility accommodates 48 residents with all of the home-like amenities integrated into the clinical setting. Our purpose is to exceed the health care needs of our residents in a safe and secure environment while encouraging them to feel like a part of our Barton community. The Skilled Nursing Facility provides long-term care and rehabilitation care to residents who do not need acute care but cannot be cared for at home.

Surgery
Barton General Surgery
1139 3rd Street
South Lake Tahoe, CA 96150
530-543-5691

Barton Memorial Hospital
Pre-Op Office
2170 South Avenue
South Lake Tahoe, CA 96150
530-543-5528

Lake Tahoe Surgery Center
212 Elks Point Road, Suite 201
Zephyr Cove, NV 89448
775-588-9188

Board-certified surgeons representing various specialties perform numerous surgical procedures. Registered nurses provide expertise for all areas of the surgery department, including pre-op, recovery and operating rooms. The da Vinci Robotic Surgery is available at Barton Memorial Hospital location.

Telemedicine
530-543-5833

Various specialists are offered through Telehealth for Tahoe related to cardiology, psychiatry, endocrinology, neurology, dermatology, oncology, infectious disease, and post-concussion management. Following a referral from a primary care physician, an appointment can be made with one of the specialists.
A PRIMARY CARE PROVIDER sees you for everyday health, wellness, and illnesses. This is your regular or family doctor who may specialize in Internal Medicine, Family Medicine, or Pediatrics. Your Primary Care Provider, who may be a doctor, nurse practitioner or a physician’s assistant, helps patients understand the bigger picture of your health and takes care of or coordinates any kind of health care services you may need, including:

- Reviewing your prescription medications
- Reviewing your lab test results
- Referring you to a special clinical program that might help you
- Referring you to a Care Manager to help you stay healthy
- Giving you a flu shot and other preventive screenings
- Referrals to a specialist

Providers covered by the hospital financial assistance program (FAP) are noted and may be subject to change. Please check with your provider to ensure coverage.

**ANDREA BALDWIN, FNP**

BARTON COMMUNITY HEALTH CENTER
2201 South Avenue, South Lake Tahoe, CA 96150  |  530-543-5623
Graduate School: Kaplan University
Specialty: Family Practice
Provider Covered by the Hospital Financial Assistance Policy (FAP)

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**CATHEY BERVID, RN, MSN, NP**

BARTON PRIMARY CARE | STATELINE MEDICAL CENTER
155 Highway 50, Stateline, NV 89449  |  775-589-8960
Graduate School: University of Nevada, Reno
Specialty: Family Practice
Provider Covered by the Hospital Financial Assistance Policy (FAP)

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**RICHARD D. BOTTO, MD**

FAMILY PRACTICE
3097 Harrison Ave., Ste. G, South Lake Tahoe, CA 96150  |  530-544-2922
Medical School: University of Tennessee Center for Health Sciences, Memphis, TN
Board Certification: American Board of Family Medicine
Services: General family medicine, acupuncture and holistic care offered in a peaceful environment

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**STEVEN L. BROOKS, MD**

BARTON PRIMARY CARE | STATELINE MEDICAL CENTER
155 Highway 50, Stateline, NV 89449  |  775-589-8960
Medical School: University of Illinois, Chicago, IL
Hospital Affiliation: Barton Memorial Hospital
Board Certification: American Association of Physicians Specialists
Provider Covered by the Hospital Financial Assistance Policy (FAP)
TODD DEGIOVANNI, PA-C
BARTON COMMUNITY HEALTH CENTER
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5623
Graduate School: Midwestern University
Certification: National Commission of Certification of Physician Assistants
Specialty: Family Practice
Provider Covered by the Hospital Financial Assistance Policy (FAP)

NICOLE DELAPLANTE, DO
BARTON FAMILY MEDICINE
1090 3rd Street, South Lake Tahoe, CA 96150 | 530-543-5660
Medical School: New York College of Osteopathic Medicine, Old Westbury, NY
Board Certifications: American Board of Obesity Medicine; American Board of Family Medicine; ACLS Certified; Advanced Life Support in Obstetrics (ALSO)
Provider Covered by the Hospital Financial Assistance Policy (FAP)

MICHAEL P. DOYLE, MD
BARTON PEDIATRICS
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5550
Medical School: Medical College of Wisconsin, Milwaukee, WI
Board Certification: American Board of Pediatrics
Services: Pediatric primary care and pediatric acute illness.
Provider Covered by the Hospital Financial Assistance Policy (FAP)

JENNIFER EHMANNN, MD
BARTON PEDIATRICS
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5550
Medical School: State University of New York School of Medicine, Brooklyn, NY
Board Certification: American Board of Pediatrics
Services: Pediatric primary care and pediatric acute illness.
Provider Covered by the Hospital Financial Assistance Policy (FAP)

DREW HERBERT, FNP
BARTON COMMUNITY HEALTH CENTER
2201 South Ave., South Lake Tahoe, CA 96150 | 530-543-5623
Graduate School: Vanderbilt University, TN
Board Certifications: American Association of Nurse Practitioners, California Board of Nursing
Specialty: Family Medicine
Provider Covered by the Hospital Financial Assistance Policy (FAP)
ERIN JONES, MD
BARTON FAMILY MEDICINE
1090 3rd Street, South Lake Tahoe, CA 96150  |  530-543-5660
Medical School: Keck School of Medicine, University of Southern California, Los Angeles, CA
Board Certification: American Board of Family Medicine
Services: Integrative medicine, child wellness checks, women’s health and geriatrics.
Provider Covered by the Hospital Financial Assistance Policy (FAP)

BROOKS MARTIN, MD
BARTON FAMILY MEDICINE
1090 3rd Street, South Lake Tahoe, CA 96150  |  530-543-5660
Medical School: Boston University, Boston, MA
Professional Certification: American Board of Family Medicine
Services: Board spectrum family medicine including geriatrics, pediatrics, preventative care and acute and chronic illnesses. Travel medicine including immunizations, ADHD diagnosis and management, vasectomy, DAN (Diver’s Alert Network affiliate physician.
Provider Covered by the Hospital Financial Assistance Policy (FAP)

D. PATRICK MARTIN, MD
ALPINE FAMILY PRACTICE
1108 4th Street, South Lake Tahoe, CA 96150  |  530-542-5740
Medical School: Tulane Medicine , New Orleans, LA
Hospital Affiliation: Barton Memorial Hospital
Board Certification: American Board of Family Medicine
Services: Full family care, pediatrics, health promotion, allergy testing and treatment, acute and chronic illnesses, complete skin care.

HENNING MEHRENS, MD
FAMILY PRACTICE AND URGENT CARE
960 Tahoe Keys Blvd., South Lake Tahoe, CA 96150  |  530-544-1733
Medical School: Ohio State University College of Medicine, Columbus, OH
Hospital Affiliation: Barton Memorial Hospital
Services: Family practice, urgent care clinic, open seven days a week.

ALLISON L. MONROE, MD
ALPINE FAMILY PRACTICE
1108 4th Street, South Lake Tahoe, CA 96150  |  530-542-5740
Medical School: University of Michigan, Ann Arbor, MI
Hospital Affiliation: Barton Memorial Hospital
Professional Certification: American Academy of Family Medicine
Board Certifications: American Board of Family Medicine
JENIFER E. NORRIS, MD
ALPINE FAMILY PRACTICE
1108 4th Street, South Lake Tahoe, CA 96150 | 530-542-5740
Medical School: Doctor of Nursing Practice, California State Fullerton
Hospital Affiliation: Barton Memorial Hospital
Board Certification: American Board of Family Medicine
Services: Acupuncture, preventative care, acute and chronic illness management for infants, children and adults. Speaks Spanish - Habla Español

KIM ORTA, FNP
BARTON COMMUNITY HEALTH CENTER
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5623
Graduate School: University of Phoenix, CA
Professional Certifications: American Association of Nurse Practitioners (AANP), California Association for Nurse Practitioners (CANP)

BARBARA PIDERMANN, DNP
BARTON FAMILY MEDICINE
1090 3rd Street, South Lake Tahoe, CA 96150 | 530-543-5660
Graduate School: California State Long Beach, Long Beach, CA
Board Certifications: American Academy of Nurse Practitioners
Provider Covered by the Hospital Financial Assistance Policy (FAP)

DANIELLE PRIEM, DO
BARTON PEDIATRICS
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5550
Medical School: Des Moines University, Des Moines, IA
Professional Certifications: American Board of Pediatrics
Provider Covered by the Hospital Financial Assistance Policy (FAP)

ALLISON STEINMETZ, MD
BARTON FAMILY MEDICINE
1090 3rd Street, South Lake Tahoe, CA 96150 | 530-543-5660
Medical School: Tulane University School of Medicine, New Orleans, LA
Board Certifications: American Board of Internal Medicine; American Board of Pediatrics
Services: Primary care physician for all ages with a specific talent for treating menopausal issues, teenagers and women’s health.
Provider Covered by the Hospital Financial Assistance Policy (FAP)
ANDREW H. TANG, MD

BARTON PRIMARY CARE | STATELINE MEDICAL CENTER
155 Highway 50, Stateline, NV 89449  |  775-589-8960

Medical School: Creighton University, Omaha, NE
Hospital Affiliations: Barton Memorial Hospital
Board Certifications: American Board of Internal Medicine
Provider Covered by the Hospital Financial Assistance Policy (FAP)

KELLY VIAL, FNP-C

BARTON FAMILY MEDICINE
1090 3rd Street, South Lake Tahoe, CA 96150  |  530-543-5660

Graduate School: Samuel Merritt University, Sacramento/Oakland, CA
Board Certifications: American Academy of Nurse Practitioners
Provider Covered by the Hospital Financial Assistance Policy (FAP)
A **SPECIALIST** is an individual that specializes in a particular type of medicine, like Orthopedics, Oncology, or Psychiatry. If your specialist appointment requires a referral, you can often get approval for your referral before you even leave your primary care doctor’s office. Some specialty services are available without referral from your doctor (called “self-referral”) such as well-woman visits. Some health insurance plans do not require you to get an authorized referral to see a specialist. Ask your primary care provider which services you are eligible to receive without prior authorization.

Providers covered by the hospital financial assistance program (FAP) are noted and may be subject to change. Please check with your provider to ensure coverage.

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**AUDIOLOGY**

**MARINA MULVEY, AUD**

BARTON AUDIOLOGY  
2169 South Ave., South Lake Tahoe, CA 96150  |  530-543-5815  
**Post-Graduate School:** University of Florida, Gainesville, FL  
**Certifications:** California State License in Audiology  

Provider Covered by the Hospital Financial Assistance Policy (FAP)

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**CARDIOLOGY**

**HOLLY BURNAM, NP**

BARTON CARDIOLOGY | BARTON MEMORIAL HOSPITAL  
2170 South Ave., South Lake Tahoe, CA 96150  |  530-543-5497  
**Graduate School:** Sonoma State University, Rohnert Park, CA  
**Board Certifications:** Basic Life Support, Advanced Cardiac Life Support, Pediatric Advanced Life Support  

Provider Covered by the Hospital Financial Assistance Policy (FAP)

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**DAVID R. YOUNG, MD**

BARTON CARDIOLOGY | BARTON MEMORIAL HOSPITAL  
2170 South Ave., South Lake Tahoe, CA 96150  |  530-543-5497  
**Medical School:** University of Nevada, School of Medicine, Reno, NV  
**Board Certifications:** American Board of Internal Medicine with Sub-Specialty in Cardiology; American Board of Internal Medicine  
**Hospital Affiliations:** Barton Memorial Hospital, Renown Regional Medical Center  

Provider Covered by the Hospital Financial Assistance Policy (FAP)

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**DENTISTRY**

**HYUN HA, DDS**

TAHOE DENTAL ARTS  
2180 Lake Tahoe Blvd., #5, South Lake Tahoe, CA 96150  |  530-541-8229  
**Dental School:** Loma Linda University School of Dentistry, Loma Linda, CA  
**Hospital Affiliation:** Barton Memorial Hospital  
**Specialty:** General and cosmetic dentistry
ANDREK INGERSOLL, DDS

CARSON CITY PEDIATRIC DENTISTRY
4530 S. Carson St., Ste. 5, Carson City, NV 89701 | 775-461-3800

Dental School: Case Western Reserve School of Dental Medicine, Cleveland, OH
Residency: Offutt Air Force Base in Omaha, Nebraska
Hospital Affiliation: Barton Memorial Hospital
Specialty: Pediatric Dentistry

FREDERICK JOHN, DMD

CARSON CITY PEDIATRIC DENTISTRY
4530 S. Carson St., Ste. 5, Carson City, NV 89701 | 775-461-3800

Dental School: University of Nevada, Las Vegas School of Dental Medicine, Las Vegas, NV
Residency: Primary Children’s Medical Center; Pediatric Dental Residency
Hospital Affiliation: Barton Memorial Hospital
Services: Pediatric Dentistry

KEVIN OLSON, DMD

CARSON CITY PEDIATRIC DENTISTRY
4530 S. Carson St., Ste. 5, Carson City, NV 89701 | 775-461-3800

Dental School: University of Nevada, Las Vegas School of Dental Medicine, Las Vegas, NV
Residency: Cincinnati Children’s Hospital Medical Center
Hospital Affiliation: Barton Memorial Hospital
Services: Pediatric Dentistry
ALEX J. CATEN, MD
SIERRA NEVADA EAR, NOSE AND THROAT ASSOCIATES
1520 Virginia Ranch Rd., Ste. 103, Gardnerville, NV 89410 | 775-782-3888
2874 N. Carson St., Ste. 220, Carson City, NV 89706 | 775-883-7666
801 E. Williams Ave., Ste. 3310, Fallon, NV 89406 | 775-883-7666

Medical School: Tulane University School of Medicine, New Orleans, LA
Hospital Affiliation: Barton Memorial Hospital

PAUL D. MANOUKIAN, MD
SIERRA NEVADA EAR, NOSE AND THROAT ASSOCIATES
1520 Virginia Ranch Rd., Ste. 103, Gardnerville, NV 89410 | 775-782-3888
2874 N. Carson St., Ste. 220, Carson City, NV 89706 | 775-883-7666
801 E. Williams Ave., Ste. 3310, Fallon, NV 89406 | 775-883-7666

Medical School: Tufts University School of Medicine, Boston, MA; Harvard University School of Public Health, Boston, MA
Hospital Affiliations: Barton Memorial Hospital; Lake Tahoe Surgery Center; Carson Valley Medical Center; Carson Tahoe Regional Medical Center; Sierra Surgery and Imaging
Board Certifications: American Board of Otolaryngology
Services: Otolaryngology, rhinology, head and neck surgery, treatment of sinus and allergy

K. BRIAN ROMANESCHI, MD
SIERRA NEVADA EAR, NOSE AND THROAT ASSOCIATES
1520 Virginia Ranch Rd., Ste. 103, Gardnerville, NV 89410 | 775-782-3888
2874 N. Carson St., Ste. 220, Carson City, NV 89706 | 775-883-7666
801 E. Williams Ave., Ste. 3310, Fallon, NV 89406 | 775-883-7666

Medical School: University of Washington School of Medicine, Seattle, WA
Hospital Affiliations: Barton Memorial Hospital, Lake Tahoe Surgery Center, Carson Valley Medical Center, Carson Tahoe Regional Medical Center, Sierra Surgery and Imaging
Board Certifications: American Board of Otolaryngology
Services: Otolaryngology, rhinology, head and neck surgery, laser and facial plastic surgery, treatment of sinus and allergy

RONALD ROTH, MD
BARTON EAR, NOSE AND THROAT
2169 South Ave., South Lake Tahoe, CA 96150 | 530-543-5815

Medical School: University of Southern California, Los Angeles, CA
Hospital Affiliations: Barton Memorial Hospital; Lake Tahoe Surgery Center
Board Certifications: American Board of Otolaryngology
Services: Treatment of ear, nose and throat, breathing, voice and sinus problems, sleep apnea and allergy, facial trauma and reconstructive surgery.
Provider Covered by the Hospital Financial Assistance Policy (FAP)
JOSEPH HANCOCK, MD, FACP, FACG, JD
BARTON GASTROENTEROLOGY
1139 3rd Street, South Lake Tahoe, CA 96150 | 530-543-5691
Medical School: Hahnemann University, Philadelphia, PA
Board Certifications: Board Certified: Internal Medicine, American Board of Internal Medicine, Board Certified: Gastroenterology
Services: Anoscopy, colonoscopy, endoscopy, esophageal dilatation, nonsurgical treatment of hemorrhoid disease
Provider Covered by the Hospital Financial Assistance Policy (FAP)

DANIEL A. NORMAN, MD
BARTON GASTROINTESTINAL LAB | BARTON MEMORIAL HOSPITAL
2170 South Ave., South Lake Tahoe, CA 96150 | 530-543-5985
Medical School: Temple University, Philadelphia, PA
Board Certifications: American Board of Internal Medicine – Gastroenterology
Services: Anoscopy, colonoscopy, endoscopy, esophageal dilatation, nonsurgical treatment of hemorrhoid disease
Provider Covered by the Hospital Financial Assistance Policy (FAP)

MEGAN JEWELL, MD
BARTON WOMEN’S HEALTH
2175 South Ave., South Lake Tahoe, CA 96150 | 530-543-5711
GYNECOLOGY & OBSTETRICS | BARTON COMMUNITY HEALTH CENTER
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5467
Medical School: Chicago Medical School, Chicago, IL
Board Certifications: Board Certified in Obstetrics & Gynecologists, DaVinci Robot Certification for Benign Gynecology, American Board of Obstetrics & Gynecology
Provider Covered by the Hospital Financial Assistance Policy (FAP)

CLARE RUDOLPH, MD
BARTON WOMEN’S HEALTH
2175 South Ave., South Lake Tahoe, CA 96150 | 530-543-5711
GYNECOLOGY & OBSTETRICS | BARTON COMMUNITY HEALTH CENTER
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5467
Medical School: St. Louis University School of Medicine, St. Louis, MO
Board Certifications: American Board of Obstetrics & Gynecology
Provider Covered by the Hospital Financial Assistance Policy (FAP)
GYNECOLOGY

AMANDA STEVENS WEAVIL, MD
BARTON WOMEN'S HEALTH
2175 South Ave., South Lake Tahoe, CA 96150 | 530-543-5711
GYNECOLOGY & OBSTETRICS | BARTON COMMUNITY HEALTH CENTER
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5467
Medical School: University of Maryland School of Medicine, Baltimore, MD
Board Certifications: American Board of Obstetrics & Gynecology, DaVinci Robot Certification for Benign Gynecology
Provider Covered by the Hospital Financial Assistance Policy (FAP)

NEUROLOGY

RITUPARNA DAS, MD
BARTON NEUROLOGY
1139 3rd Street, South Lake Tahoe, CA 96150 | 530-539-6047
Medical School: Medical College of Georgia, Augusta, Georgia
Board Certifications: American Board of Psychiatry and Neurology
Provider Covered by the Hospital Financial Assistance Policy (FAP)

GARY F. WILLEN, MD, MBA
TAHOE WOMEN'S CARE
961 Mica Drive, Carson City, NV 89705 | 530-544-8333 | 775-267-6700
Medical School: MD – Albany Medical College, Albany, NY; MBA – University of South Florida, Tampa, FL
Hospital Affiliations: Barton Memorial Hospital; Carson Valley Medical Center; Lake Tahoe Surgery Center
Board Certifications: American Board of Obstetrics & Gynecology; Accreditation Council for Gynecologic Endoscopy

MICHAEL P. SULLIVAN, MD
BARTON COMMUNITY HEALTH CENTER
2201 South Ave., South Lake Tahoe, CA 96150 | 530-543-5783
Medical School: University of Arizona Medical College, Tucson, AZ
Board Certifications: American Board of Neurology, Electrophysiology
Provider Covered by the Hospital Financial Assistance Policy (FAP)
OBSTETRICS

MEGAN JEWELL, MD

BARTON WOMEN’S HEALTH
2175 South Ave., South Lake Tahoe, CA 96150 | 530-543-5711

GYNECOLOGY & OBSTETRICS | BARTON COMMUNITY HEALTH CENTER
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5467

Medical School: University of Tennessee Center for Health Sciences, Memphis, TN

Board Certifications: American Board of Obstetrics & Gynecology

Provider Covered by the Hospital Financial Assistance Policy (FAP)

CLARE RUDOLPH, MD

BARTON WOMEN’S HEALTH
2175 South Ave., South Lake Tahoe, CA 96150 | 530-543-5711

GYNECOLOGY & OBSTETRICS | BARTON COMMUNITY HEALTH CENTER
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5467

Medical School: St. Louis University School of Medicine, St. Louis, MO

Board Certifications: American Board of Obstetrics & Gynecology

Provider Covered by the Hospital Financial Assistance Policy (FAP)

AMANDA STEVENS WEAVIL, MD

BARTON WOMEN’S HEALTH
2175 South Ave., South Lake Tahoe, CA 96150 | 530-543-5711

GYNECOLOGY & OBSTETRICS | BARTON COMMUNITY HEALTH CENTER
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5467

Medical School: University of Maryland School of Medicine, Baltimore, MD

Board Certifications: American Board of Obstetrics & Gynecology, DaVinci Robot Certification for Benign Gynecology

Provider Covered by the Hospital Financial Assistance Policy (FAP)

OCCUPATIONAL HEALTH

RICHARD D. BOTTO, MD

BARTON OCCUPATIONAL HEALTH | STATLINE MEDICAL CENTER
155 Hwy. 50, Stateline, NV 89449 | 775-589-8987

Medical School: University of Tennessee Center for Health Sciences, Memphis, TN

Board Certifications: American Board of Family Medicine

Services: General family medicine, acupuncture and holistic care offered in a peaceful environment.
JANET GOODALL, PA, FNP
BARTON OCCUPATIONAL HEALTH | STATELINE MEDICAL CENTER
155 Hwy. 50, Stateline, NV 89449 | 775-589-8987
Graduate School: Master of Physician Assistant — University of Nebraska Medical Center, Omaha, NE; Master of Family Nurse Practitioner/Physician Assistant — University of California, Davis, Davis, CA
Certifications: American Academy of Nurse Practitioners; National Commission on Certification of Physician Assistants

STEVEN LEMAN, MD
BARTON OCCUPATIONAL HEALTH | STATELINE MEDICAL CENTER
155 Hwy. 50, Stateline, NV 89449 | 775-589-8987
Medical School: University of Washington School of Medicine, Seattle, WA
Board Certifications: American Board of Family Medicine

CLINTON PURVANCE, MD
BARTON OCCUPATIONAL HEALTH | STATELINE MEDICAL CENTER
155 Hwy. 50, Stateline, NV 89449 | 775-589-8987
Medical School: University of Nevada, Reno, NV
Board Certifications: American Board of Emergency Medicine
Services: Occupational Medicine

ANDREW H. TANG, MD
BARTON OCCUPATIONAL HEALTH | STATELINE MEDICAL CENTER
155 Highway 50, Stateline, NV 89449 | 775-589-8960
Medical School: Creighton University, Omaha, NE
Board Certifications: American Board of Internal Medicine
CATHEY BERVID, RN, MSN, NP
BARTON ONCOLOGY
1139 3rd Street, South Lake Tahoe, CA 96150 | 530-600-1950
Graduate School: University of Nevada, Reno
Specialty: Family Practice

JANET GOODALL, PA, FNP
BARTON ONCOLOGY
1139 3rd Street, South Lake Tahoe, CA 96150 | 530-600-5691
Graduate School: Master of Physician Assistant – University of Nebraska Medical Center, Omaha, NE; Master of Family Nurse Practitioner/Physician Assistant – University of California, Davis, Davis, CA
Certifications: American Academy of Nurse Practitioners; National Commission on Certification of Physician Assistants

MELISSA KAIME, MD, FACP
BARTON ONCOLOGY
1139 3rd Street, South Lake Tahoe, CA 96150 | 530-600-5691
TAHOE FOREST CANCER CENTER
10121 Pine Ave., Truckee, CA 96161 | 530-582-6450
Medical School: St. Louis University School of Medicine, St. Louis, MO
Board Certifications: American Board of Internal Medicine – Oncology, Internal Medicine, Hematology

AHRIN B. KOPPEL, MD
BARTON ONCOLOGY
1139 3rd Street, South Lake Tahoe, CA 96150 | 530-600-5691
TAHOE FOREST CANCER CENTER
10121 Pine Ave., Truckee, CA 96161 | 530-582-6450
Medical School: Sackler School of Medicine - New York State American Branch, New York, NY
Hospital Affiliations: Barton Memorial Hospital; Tahoe Forest Hospital; UC Davis
Board Certifications: American Board of Internal Medicine – Oncology, Internal Medicine, Hematology & Medical Oncology

THOMAS SEMRAD, MD
BARTON ONCOLOGY
1139 3rd Street, South Lake Tahoe, CA 96150 | 530-600-5691
TAHOE FOREST CANCER CENTER
10121 Pine Ave., Truckee, CA 96161 | 530-582-6450
Medical School: Rush University Medical School, Chicago, IL
Hospital Affiliations: Barton Memorial Hospital, Tahoe Forest Hospital
Board Certifications: American Board of Internal Medicine – Medical Oncology; American Board of Internal Medicine – Internal Medicine, Physician & Surgeon.
## Ophthalmology

### ROBERT S. WOLFF, MD

**SIERRA NEVADA EYE CENTER**  
3475 G.S. Richards Blvd., Carson City, NV 89703 | 775-841-2000  
**Medical School:** Vanderbilt University, Nashville, TN  
**Hospital Affiliations:** Barton Memorial Hospital; Carson Valley Medical Center; Carson Tahoe Regional Medical Center; Renown; St. Mary’s Medical Center; Northern Nevada Medical Center; Lake Tahoe Surgery Center  
**Board Certifications:** American Board of Ophthalmology  
**Services:** Evaluation and treatment of eye disease, no-stitch cataract surgery, glaucoma laser and surgery, pterygium excision, Botox treatment, eyelid surgery

## Optometry

### BILL DOWNEY, OD

**WILLIAM A. DOWNEY, O.D., INC.**  
3637 Larch Ave., Ste. 2 & 3, South Lake Tahoe, CA 96150 | 530-544-3403  
**Medical School:** Southern California College of Optometry, Fullerton, CA  
**Hospital Affiliation:** Barton Memorial Hospital  
**Board Certifications:** National Board of Examiners in Optometry

### MARK LEHMANN, OD

**LAKE TAHOE EYE CARE OPTOMETRY**  
2074 Lake Tahoe Blvd. Suite 2, South Lake Tahoe, CA 96150 | 530-541-2030  
**Medical School:** Illinois University, Chicago, IL  
**Hospital Affiliation:** Barton Memorial Hospital  
**Services:** Comprehensive eye care for all ages, diagnosing and treating ocular disease and performing pre and post-operative exams for refractive, cataract and strabismus surgery.
RACHEL APPELBLATT, MD

TAHOE ORAL SURGERY AND IMPLANT CENTER
591 Tahoe Keys Blvd., Ste. D4, South Lake Tahoe, CA 96150 | 530-541-4042

Medical School: University of the Pacific Arthur A. Dugoni School of Dentistry, San Francisco, CA; New York University School of Medicine, New York, NY

Hospital Affiliation: Barton Memorial Hospital

Board Certifications: California Dental License; California Physician & Surgeon’s License

DANIEL MARTIN, DDS

TAHOE ORAL SURGERY AND IMPLANT CENTER
591 Tahoe Keys Blvd., Ste. D4, South Lake Tahoe, CA 96150 | 530-541-4042

Dental School: University of the Pacific Arthur A. Dugoni School of Dentistry, San Francisco, CA

Hospital Affiliation: Barton Memorial Hospital

Board Certifications: American Board of Oral & Maxillofacial Surgeons; California Dental License; Nevada Dental License; Nevada General Anesthesia; Advanced Cardiac Life Support; Basic Life Support for Health Care Providers; Advanced Traumatic Life Support; California DEA Certificate

AUTUMN APGAR, PA-C

CENTER FOR ORTHOPEDICS & WELLNESS
2170B South Ave, South Lake Tahoe, CA 96150 | 530-543-5554

TAHOE ORTHOPEDICS & SPORTS MEDICINE
925 Tahoe Blvd, Ste. 105, Incline Village, NV 89451 | 775-580-7600

Graduate School: Western University of Health Sciences, Pomona, CA

Board Certifications: National Commission on Certification of PA

Provider Covered by the Hospital Financial Assistance Policy (FAP)

GREGORY BURKARD JR., DO

CENTER FOR ORTHOPEDICS & WELLNESS
2170B South Ave, South Lake Tahoe, CA 96150 | 530-543-5554

TAHOE ORTHOPEDICS & SPORTS MEDICINE
212 Elks Point Rd., Ste. 200, Zephyr Cove, NV 89448 | 775-589-8950
935 Mica Dr., Bldg. C, Ste. 15, Carson City, NV 89705 | 775-783-3065

Medical School: New York College of Osteopathic Medicine, Old Westbury, NY

Board Certifications: Physical Medicine and Rehabilitation, Board Certified in Physical Medicine and Rehabilitation

Specialties: Sports and Musculoskeletal Medicine, Regenerative medicine therapies (i.e. PRP, Bone Marrow Aspirate), Musculoskeletal ultrasound including therapeutic injections and diagnostics, Comprehensive spine care using fluoroscopy-guided interventional procedures (cervical to lumbar spine)

Provider Covered by the Hospital Financial Assistance Policy (FAP)
JASON CALL, PA-C
CENTER FOR ORTHOPEDICS & WELLNESS
2170B South Ave, South Lake Tahoe, CA 96150 | 530-543-5554
TAHOE ORTHOPEDICS & SPORTS MEDICINE
212 Elks Point Rd., Ste. 200, Zephyr Cove, NV 89448 | 775-589-8950
935 Mica Dr., Bldg. C, Ste. 15, Carson City, NV 89705 | 775-783-3065
Graduate School: University of Nebraska Medical Center, Lincoln, NE
Board Certifications: American Academy of Physician Assistants; National Commission on Certification of Physician Assistants; NCCPA; Advanced Cardiac Life Support; Basic Life Support
Provider Covered by the Hospital Financial Assistance Policy (FAP)

ZACHARY CHILD, MD
CENTER FOR ORTHOPEDICS & WELLNESS
2170B South Ave, South Lake Tahoe, CA 96150 | 530-543-5554
TAHOE ORTHOPEDICS & SPORTS MEDICINE
925 Tahoe Blvd, Ste. 105, Incline Village, NV 89451 | 775-580-7600
935 Mica Dr., Bldg. C, Ste. 15, Carson City, NV 89705 | 775-783-3065
Medical School: University of Nevada School of Medicine, Reno, NV
Board Certifications: American Board of Orthopaedic Surgery, Step 1 & 2
Services: Orthopedics, Spine, chronic back pain, artificial disc replacement and repair, tumor surgery with emphasis on primary and malignant tumors of pelvis, spine and extremities.
Provider Covered by the Hospital Financial Assistance Policy (FAP)

JEFFREY R. CUMMINGS, MD
TAHOE FRACTURE & ORTHOPEDIC CLINIC
973 Mica Dr., Ste. 201, Carson City, NV 89705 | 775-783-6190
1520 Virginia Ranch Rd., Ste 101B, Gardnerville, NV 89410 | 800-500-1135
Medical School: Loma Linda University, Loma Linda, CA
Hospital Affiliations: Barton Memorial Hospital; Lake Tahoe Surgery Center; Carson Valley Medical Center; Carson Tahoe Regional Medical Center; Sierra Surgery Hospital
Board Certifications: American Board of Orthopaedic Surgery
Services: Sports orthopedics & arthroscopy specializing in the treatment of shoulder injuries and arthritis

KYLE ERKKILA, PA-C
CENTER FOR ORTHOPEDICS & WELLNESS
2170B South Ave, South Lake Tahoe, CA 96150 | 530-543-5554
TAHOE ORTHOPEDICS & SPORTS MEDICINE
212 Elks Point Rd., Ste. 200, Zephyr Cove, NV 89448 | 775-589-5554
935 Mica Dr., Bldg. C, Ste. 15, Carson City, NV 89705 | 775-783-3065
Graduate School: Oregon Health & Science University, Portland, OR
Board Certifications: National and State Commission of Physician Assistants
Provider Covered by the Hospital Financial Assistance Policy (FAP)
MICHAEL F. FRY, MD
CENTER FOR ORTHOPEDICS & WELLNESS
2170B South Ave, South Lake Tahoe, CA 96150 | 530-543-5554

Tahoe Fracture & Orthopedic Clinic
1520 Virginia Ranch Rd., Ste 101B, Gardnerville, NV 89410 | 800-500-1135
973 Mica Dr., Ste. 201, Carson City, NV 89705 | 775-783-6190 | 800-500-1135

Medical School: University of Southern California School of Medicine, Los Angeles, CA
Hospital Affiliations: Barton Memorial Hospital; Carson Tahoe Regional Medical Center; University of California – Davis; Sierra Surgery Hospital
Board Certifications: American Board of Orthopaedic Surgery; Fellowship – Spine Surgery at U.C. Davis
Services: Treatment of adult and pediatric diseases of the spine and spine trauma.
Provider Covered by the Hospital Financial Assistance Policy (FAP)

ALISON GANONG, MD
CENTER FOR ORTHOPEDICS & WELLNESS
2170B South Ave, South Lake Tahoe, CA 96150 | 530-543-5554

TAHOE ORTHOPEDICS & SPORTS MEDICINE
925 Tahoe Blvd, Ste. 105, Incline Village, NV 89451 | 775-580-7600

Medical School: Medical University of Nevada, Reno, NV
Board Certifications: Physical Medicine & Rehabilitation; Sports Medicine Diplomat in Physical Medicine & Rehabilitation
Provider Covered by the Hospital Financial Assistance Policy (FAP)

MICHAEL JASKOT, PA-C
CENTER FOR ORTHOPEDICS & WELLNESS
2170B South Ave, South Lake Tahoe, CA 96150 | 530-543-5554

TAHOE ORTHOPEDICS & SPORTS MEDICINE
212 Elks Point Rd., Ste. 200, Zephyr Cove, NV 89448 | 775-589-8950
935 Mica Dr., Bldg. C, Ste 15, Carson City, NV 89705 | 775-783-3065

Graduate School: University of Utah, Salt Lake City, UT
Certification: National Commission on Certification of Physician Assistants
Provider Covered by the Hospital Financial Assistance Policy (FAP)
DAVID A. JONES, MD

TAHOE FRACTURE & ORTHOPEDIC CLINIC
973 Mica Dr., Ste. 201, Carson City, NV 89705  |  775-783-6190  |  800-500-1135

Medical School: Albert Einstein College of Medicine, Bronx, NY
Hospital Affiliations: Barton Memorial Hospital; Carson Tahoe Regional Medical Center; Sierra Surgery Center; University of California Davis Medical Center
Board Certification: American Board of Orthopaedic Surgery
Services: Specializing in operative and non-operative services for orthopedic and sports medicine needs with concentration on bones, joints, ligaments, tendons, muscles, and nerves.

LYDIA O'BANNON, PA-C

CENTER FOR ORTHOPEDICS & WELLNESS
21708 South Ave, South Lake Tahoe, CA 96150  |  530-543-5554

TAHOE ORTHOPEDICS & SPORTS MEDICINE
212 Elks Point Rd., Ste. 200, Zephyr Cove, NV 89448  |  775-589-8950
925 Tahoe Blvd, Ste. 105, Incline Village, NV 89451  |  775-580-7600
935 Mica Dr., Bldg. C, Ste. 15, Carson City, NV 89705  |  775-783-3065

Graduate School: Towson University, MD
Board Certifications: NCCPA board certified, Phlebotomy certified, BLS/ACLS certified, Certified Aesthetic Injector, GAIT (Geriatric Assessment Interdisciplinary Team) certified
Provider Covered by the Hospital Financial Assistance Policy (FAP)

JEFFREY A. ORR, MD

CENTER FOR ORTHOPEDICS & WELLNESS
21708 South Ave, South Lake Tahoe, CA 96150  |  530-543-5554

TAHOE ORTHOPEDICS & SPORTS MEDICINE
925 Tahoe Blvd., Ste. 105, Incline Village, NV 89451  |  775-580-7600
935 Mica Dr., Bldg. C, Ste. 15, Carson City, NV 89705  |  775-783-3065
212 Elks Point Rd., Ste. 200, Zephyr Cove, NV 89448  |  775-589-8950

Medical School: Georgetown University, Washington D.C.
Board Certifications: American Board of Orthopaedic Surgery, Sports Medicine Fellowship
Services: Specializing in operative and non-operative services for orthopedic and sports medicine needs with concentration on bones, joints, ligaments, tendons, muscles, and nerves.
Provider Covered by the Hospital Financial Assistance Policy (FAP)
ORTHEPEDICS & SPORTS MEDICINE

TERRENCE R. ORR, MD
CENTER FOR ORTHOPEDICS & WELLNESS
21708 South Ave, South Lake Tahoe, CA 96150 | 530-543-5554
TAHOE ORTHOPEDICS & SPORTS MEDICINE
925 Tahoe Blvd, Ste. 105, Incline Village, NV 89451 | 775-580-7600
Medical School: Medical College of Wisconsin, Milwaukee, WI
Hospital Affiliations: Barton Memorial Hospital; Lake Tahoe Surgery Center; Sierra Surgery Hospital; St. Mary's at Galena
Board Certifications: American Board of Orthopaedic Surgery; Certificate of Added Qualification of Sports Medicine
Services: Sports medicine, arthroscopic surgery of the knee and shoulder.
Provider Covered by the Hospital Financial Assistance Policy (FAP)

DANA RANDALL, PA-C
CENTER FOR ORTHOPEDICS & WELLNESS
21708 South Ave, South Lake Tahoe, CA 96150 | 530-543-5554
TAHOE ORTHOPEDICS & SPORTS MEDICINE
935 Mica Dr., Bldg. C, Ste. 15, Carson City, NV 89705 | 775-783-3065
925 Tahoe Blvd, Ste. 105, Incline Village, NV 89451 | 775-580-7600
Graduate School: Kings College, Wilkes Barre, PA
Provider Covered by the Hospital Financial Assistance Policy (FAP)

LISA ROBERGE, PA
ORTHOPEDICS AT BARTON COMMUNITY HEALTH CENTER
2201 South Ave, South Lake Tahoe, CA 96150 | 530-543-5783
Graduate School: Medical University of South Carolina, Charleston, SC
Board Certifications: National Commission on Certification of Physician Assistants
Provider Covered by the Hospital Financial Assistance Policy (FAP)

DANIEL T. ROBERTSON, MD
CENTER FOR ORTHOPEDICS & WELLNESS
21708 South Ave, South Lake Tahoe, CA 96150 | 530-543-5554
TAHOE ORTHOPEDICS & SPORTS MEDICINE
212 Elks Point Rd., Ste. 200, Zephyr Cove, NV 89448 | 775-589-8950
935 Mica Dr., Bldg. C, Ste 15, Carson City, NV 89705 | 775-783-3065
Medical School: Loma Linda University, Loma Linda, CA
Hospital Affiliations: Barton Memorial Hospital; Lake Tahoe Surgery Center; Carson Valley Medical Center; Carson Tahoe Regional Medical Center; Sierra Surgery Hospital
Board Certifications: American Board of Orthopaedic Surgery; Additional certification in hand surgery.
Services: Specializing in surgery of the hand, wrist, elbow and shoulder.
Provider Covered by the Hospital Financial Assistance Policy (FAP)
ROBERT E. RUPP, MD

CENTER FOR ORTHOPEDICS & WELLNESS
2170B South Ave, South Lake Tahoe, CA 96150 | 530-543-5554

TAHOE ORTHOPEDICS & SPORTS MEDICINE
925 Tahoe Blvd., Ste. 105, Incline Village, NV 89451 | 775-580-7600
212 Elks Point Rd., Ste. 200, Zephyr Cove, NV 89448 | 775-589-8950
935 Mica Dr., Bldg. C, Ste 15, Carson City, NV 89705 | 775-783-3065

Medical School: University of Texas Medical Branch, Galveston, TX
Hospital Affiliations: Barton Memorial Hospital; Carson Valley Medical Center; Lake Tahoe Surgery Center; Incline Village Community Hospital
Board Certifications: American Board of Orthopaedic Surgery; Certificate of Added Qualification of Sports Medicine, Director of Lake Tahoe Sports Medicine Fellowship
Services: Sports medicine, advanced techniques of shoulder, hip and knee surgery, arthroscopic rotator cuff repair and hip arthroscopy to avoid hip replacement, trauma and fracture surgery.
Provider Covered by the Hospital Financial Assistance Policy (FAP)

SCOTT W. SOUTHARD, MD

1520 Virginia Ranch Rd., Ste. 1B, Gardnerville, NV 89410 | 775-782-1670
2158 Jean Ave., South Lake Tahoe, CA 96150 | 530-541-4117

Medical School: University of Nevada School of Medicine, Reno, NV
Hospital Affiliations: Barton Memorial Hospital; Carson Valley Medical Center; University of California Davis Medical Center
Board Certifications: American Board of Orthopaedic Surgery; North American Arthroscopy Board
Services: Orthopedic surgery, sports medicine
ORTHOPEDICS & SPORTS MEDICINE

KYLE E. SWANSON, MD
CENTER FOR ORTHOPEDICS & WELLNESS
2170B South Ave, South Lake Tahoe, CA 96150 | 530-543-5554
TAHOE ORTHOPEDICS & SPORTS MEDICINE
212 Elks Point Rd., #200, Zephyr Cover, NV 89448 | 775-589-8950
935 Mica Dr., Ste. 15, Carson City NV 89705 | 775-783-3065
Medical School: Texas Tech University Health Sciences Center, Lubbock, TX
Hospital Affiliations: Barton Memorial Hospital; Lake Tahoe Surgery Center; Carson Valley Medical Center
Board Certifications: American Board of Orthopaedic Surgery; Certificate of Added Qualifications in Sports Medicine
Services: Orthopedic surgery, total shoulder, total shoulder replacement, treatment of sports injuries and bone trauma.
Provider Covered by the Hospital Financial Assistance Policy (FAP)

AMY VILLARET, PA
CENTER FOR ORTHOPEDICS & WELLNESS
2170B South Ave, South Lake Tahoe, CA 96150 | 530-539-6600
TAHOE ORTHOPEDICS & SPORTS MEDICINE
925 Tahoe Blvd, Ste. 105, Incline Village, NV 89451 | 775-580-7600
Graduate School: Stanford University, Palo Alto, CA
Certifications: National Commission on Certification of Physician Assistants
Provider Covered by the Hospital Financial Assistance Policy (FAP)

OSTEOPOROSIS

WILLIAM COTTRELL, MD
BARTON OSTEOPOROSIS & BONE HEALTH
1139 3rd Street, South Lake Tahoe, CA 96150 | 530-543-5490
935 Mica Dr., Bldg. C, Ste 15, Carson City, NV 89703 | 775-783-3065
Medical School: University of Missouri School of Medicine, Columbia, MO
Hospital Affiliations: Barton Memorial Hospital
Services: Treatment for Osteoporosis and metabolic bone disease.
Provider Covered by the Hospital Financial Assistance Policy (FAP)

PAIN MANAGEMENT

PETER J. DIGRANDE, MD
BARTON MEMORIAL HOSPITAL
2170 South Ave., South Lake Tahoe, CA 96150 | 530-543-5552
Medical School: University of California at San Diego, San Diego, CA
Hospital Affiliations: Barton Memorial Hospital; Carson Valley Medical Center; Lake Tahoe Surgery Center
Board Certifications: American Board of Anesthesia Association membership; Fellow — pain management.
Services: Treatment of acute chronic pain and malignant chronic benign pain syndromes.
SHERELLEN GERHART, MD

BARTON PALLIATIVE CARE
1067 4th Street, South Lake Tahoe, CA 96150 | 530-600-1960

Medical School: University of Texas Health Science Center, San Antonio, TX

Board Certifications: Board Certified Internists; Board Certified in Geriatric Medicine; Board Certified in Palliative and Hospice Medicine

Provider Covered by the Hospital Financial Assistance Policy (FAP)

GREGORY BURKARD JR., DO

CENTER FOR ORTHOPEDICS & WELLNESS
2170B South Ave, South Lake Tahoe, CA 96150 | 530-543-5554

TAHOE ORTHOPEDICS & SPORTS MEDICINE
212 Elks Point Rd., Ste. 200, Zephyr Cove, NV 89448 | 775-589-8950
935 Mica Dr., Bldg. C, Ste. 15, Carson City, NV 89705 | 775-783-3065

Medical School: New York College of Osteopathic Medicine, Old Westbury, NY

Board Certifications: Physical Medicine and Rehabilitation, Board Certified in Physical Medicine and Rehabilitation

Specialties: Sports and Musculoskeletal Medicine, Regenerative medicine therapies (i.e. PRP, Bone Marrow Aspirate), Musculoskeletal ultrasound including therapeutic injections and diagnostics, Comprehensive spine care using fluoroscopy-guided interventional procedures (cervical to lumbar spine)

Provider Covered by the Hospital Financial Assistance Policy (FAP)

ALISON GANONG, MD

CENTER FOR ORTHOPEDICS & WELLNESS
2170B South Ave, South Lake Tahoe, CA 96150 | 530-539-6600

TAHOE ORTHOPEDICS & SPORTS MEDICINE
925 Tahoe Blvd., Ste. 105, Incline Village, NV 89541 | 775-580-7600

Medical School: University of Nevada, Reno School of Medicine, Reno, NV

Board Certifications: Physical Medicine & Rehabilitation; Sports Medicine Diplomat in Physical Medicine & Rehabilitation

Provider Covered by the Hospital Financial Assistance Policy (FAP)

ROBIN Y. TOMITA, MD

AFFILIATE OF TAHOE FRACTURE & ORTHOPEDIC CLINIC
1139 Third St., South Lake Tahoe, CA 96150 | 530-543-5554
973 Mica Dr., Ste. 201, Carson City, NV 89705 | 775-783-6190 | 800-500-1135

Medical School: Hahnemann University School of Medicine, Philadelphia, PA

Hospital Affiliations: Barton Memorial Hospital; Carson Tahoe Regional Medical Center

Board Certifications: American Board of Physical Medicine & Rehabilitation; American Board of Electrodiagnostic Medicine

Services: Nonoperative management of low back and neck pain, arthritis, nerve disorders and carpal tunnel syndrome, EMG/nerve conduction, nerve conduction studies, pain management.
### Podiatry

**Patricia L. Ferraro, DPM**  
2229 Barton Ave., South Lake Tahoe, CA 96150 | 530-541-2665  
*Medical School:* California College of Podiatric Medicine, Oakland, CA  
*Hospital Affiliations:* Barton Memorial Hospital; Lake Tahoe Surgery Center  
*Board Certifications:* American Board of Podiatric Orthopedics & Primary Medicine  
*Services:* Diabetic foot care, sports medicine, all foot concerns.

### Psychiatry & Behavioral Health

**Rebecca Phillipson, MSW, LCSW, RPT**  
Barton Psychiatry | Stateline Medical Center  
155 Highway 50, Stateline, NV 89449 | 775-589-8946  
*Graduate School:* San Diego State University, San Diego, CA  
*Board Certifications:* Board of Behavioral Sciences  
*Services:* Play and Expressive Arts Child Therapy  
*Provider Covered by the Hospital Financial Assistance Policy (FAP)*

**Betsy Glass, LCSW**  
Behavioral Health | Barton Community Health Center  
2201 South Ave., South Lake Tahoe, CA 96150 | 530-543-5623  
*Graduate School:* University of South Carolina, Columbia, SC  
*Board Certifications:* Board of Behavioral Sciences  
*Services:* Individual therapy with adults 18+  
*Provider Covered by the Hospital Financial Assistance Policy (FAP)*

**Tracy Protell, MD**  
Barton Psychiatry | Stateline Medical Center  
155 Highway 50, Stateline, NV 89449 | 775-589-8946  
*Barton Community Health Center*  
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-600-1968  
*Medical School:* University of Nevada School of Medicine, Reno, NV  
*Board Certifications:* American Board of Pediatrics, American Board of Psychiatry and Neurology  
*Provider Covered by the Hospital Financial Assistance Policy (FAP)*

**Patricia L. Ferraro, DPM**  
2229 Barton Ave., South Lake Tahoe, CA 96150 | 530-541-2665  
*Medical School:* California College of Podiatric Medicine, Oakland, CA  
*Hospital Affiliations:* Barton Memorial Hospital; Lake Tahoe Surgery Center  
*Board Certifications:* American Board of Podiatric Orthopedics & Primary Medicine  
*Services:* Diabetic foot care, sports medicine, all foot concerns.

### Psychiatry & Behavioral Health

**Rebecca Phillipson, MSW, LCSW, RPT**  
Barton Psychiatry | Stateline Medical Center  
155 Highway 50, Stateline, NV 89449 | 775-589-8946  
*Graduate School:* San Diego State University, San Diego, CA  
*Board Certifications:* Board of Behavioral Sciences  
*Services:* Play and Expressive Arts Child Therapy  
*Provider Covered by the Hospital Financial Assistance Policy (FAP)*

**Betsy Glass, LCSW**  
Behavioral Health | Barton Community Health Center  
2201 South Ave., South Lake Tahoe, CA 96150 | 530-543-5623  
*Graduate School:* University of South Carolina, Columbia, SC  
*Board Certifications:* Board of Behavioral Sciences  
*Services:* Individual therapy with adults 18+  
*Provider Covered by the Hospital Financial Assistance Policy (FAP)*

**Tracy Protell, MD**  
Barton Psychiatry | Stateline Medical Center  
155 Highway 50, Stateline, NV 89449 | 775-589-8946  
*Barton Community Health Center*  
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-600-1968  
*Medical School:* University of Nevada School of Medicine, Reno, NV  
*Board Certifications:* American Board of Pediatrics, American Board of Psychiatry and Neurology  
*Provider Covered by the Hospital Financial Assistance Policy (FAP)*
MARIANNA RANDOLPH, LCSW
CENTER FOR ORTHOPEDICS & WELLNESS
2170 B South Ave., South Lake Tahoe, CA | 530-539-6620

BEHAVIORAL HEALTH
1067 Fourth St., South Lake Tahoe, CA | 530-539-6620
Graduate School: San Diego State University, San Diego, CA
Board Certifications: Board of Behavioral Sciences (CA)
Services: Individual therapy with adults 18+
Provider Covered by the Hospital Financial Assistance Policy (FAP)

SONIA RUPP, MD
BARTON PSYCHIATRY | STATELINE MEDICAL CENTER
155 Highway 50, Stateline, NV 89449 | 775-589-8946
Medical School: University of Texas Medical Branch, Galveston, TX
Hospital Affiliations: Barton Memorial Hospital
Board Certifications: American Board of Psychiatry and Neurology
Provider Covered by the Hospital Financial Assistance Policy (FAP)

KIMBERLY VANKIRK, LCSW
BEHAVIORAL HEALTH | BARTON COMMUNITY HEALTH CENTER
2201 South Ave., South Lake Tahoe, CA 96150 | 530-543-5623
Graduate School: University of Denver, Denver, CO
Board Certifications: Board of Behavioral Sciences (CA)
Services: Individual therapy with adults 18+
Provider Covered by the Hospital Financial Assistance Policy (FAP)
LEONARD HOLMGREN, MD
BARTON MEMORIAL HOSPITAL MEDICAL IMAGING
2170 South Ave., South Lake Tahoe, CA 96150 | 530-543-5850
CARSON VALLEY MEDICAL CENTER MEDICAL IMAGING
1107 Hwy. 395 South, Gardnerville, NV 89410 | 775-782-1533
Medical School: Tufts University School of Medicine, Boston, MA
Hospital Affiliations: Barton Memorial Hospital, Carson Valley Medical Center
Board Certifications: American College of Radiology, Radiology Society of North America, American Roentgen Ray Society
Services: Fellowship-trained Musculoskeletal Radiologist with interests in pain management procedures, kyphoplasty and coronary CTA.

PAUL KNIGHT, MD
MEDICAL IMAGING | BARTON MEMORIAL HOSPITAL
2170 South Ave., South Lake Tahoe, CA 96150 | 530-543-5850
CARSON VALLEY MEDICAL CENTER MEDICAL IMAGING
1107 Hwy. 395 South, Gardnerville, NV 89410 | 775-782-1533
Medical School: Rush University Medical School, Chicago, IL
Hospital Affiliations: Barton Memorial Hospital, Carson Valley Medical Center
Board Certifications: American Board of Radiology

ROBERT SILK, MD
MEDICAL IMAGING | BARTON MEMORIAL HOSPITAL
2170 South Ave., South Lake Tahoe, CA 96150 | 530-543-5850
CARSON VALLEY MEDICAL CENTER MEDICAL IMAGING
1107 Hwy. 395 South, Gardnerville, NV 89410 | 775-782-1533
Medical School: Uniformed Services University of the Health Sciences, Bethesda, MD
Hospital Affiliations: Barton Memorial Hospital, Carson Valley Medical Center
Board Certifications: American Board of Radiology
Services: Interventional Radiology

SLEEP MEDICINE

CATHEY BERVID, RN, MSN, NP
BARTON PRIMARY CARE | STATELINE MEDICAL CENTER
155 Highway 50, Stateline, NV 89449 | 775-589-8960
Graduate School: University of Nevada, Reno
Specialty: Family Practice
Provider Covered by the Hospital Financial Assistance Policy (FAP)
GREG TIRDEL, MD
BARTON SLEEP STUDIES LAB
2170 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5895
TAHOE FOREST
10956 Donner Pass Road, Ste. 260, Truckee, CA 96161 | 530-82-6400
Education: Hahnemann University
Residency: Santa Clara Valley Medical Center
Fellowship: Stanford University Hospital
Hospital Affiliations: Barton Memorial Hospital, Tahoe Forest Hospital
Board Certifications: American Board of Internal Medicine, American Board of Internal Medicine - Critical Care Medicine, American Board of Internal Medicine - Pulmonary Medicine, American Board of Sleep Medicine

KIMBERLY EVANS, MD
BARTON GENERAL SURGERY
1139 3rd Street, South Lake Tahoe, CA 96150 | 530-543-5691
Medical School: University of Florida College of Medicine, Gainesville, FL
Hospital Affiliations: Barton Memorial Hospital, Carson Valley Medical Center
Board Certifications: American Board of Surgery
Services: Advanced Trauma Life Support, Da Vinci Advanced Training, General Surgery
Provider Covered by the Hospital Financial Assistance Policy (FAP)

WILLIAM SHEPARD, DO
BARTON GENERAL SURGERY
1139 3rd Street, South Lake Tahoe, CA 96150 | 530-543-5691
Medical School: College of Osteopathic Medicine of the Pacific, Pomona, CA
Services: Advanced Trauma Life Support, Da Vinci Advanced Training, GI endoscopy, General Surgery
Provider Covered by the Hospital Financial Assistance Policy (FAP)

SANDRA TAYLOR, MD, FACS, MS
BARTON GENERAL SURGERY
1139 3rd Street, South Lake Tahoe, CA 96150 | 530-543-5691
Medical School: University of Colorado Health Sciences Center, Denver, CO
Hospital Affiliation: Barton Memorial Hospital
Board Certifications: Diplomate American Board of Surgery
Services: Advanced Trauma Life Support, Da Vinci Advanced Training
Provider Covered by the Hospital Financial Assistance Policy (FAP)
STEVEN L. BROOKS, MD
BARTON URGENT CARE | STATELINE MEDICAL CENTER
155 Hwy. 50, Stateline, NV 89449  |  775-589-8900
Medical School: University of Illinois, Chicago, IL
Board Certifications: American Association of Physicians Specialists
Provider Covered by the Hospital Financial Assistance Policy (FAP)

ERIC EWALD, MD
BARTON URGENT CARE | STATELINE MEDICAL CENTER
155 Hwy. 50, Stateline, NV 89449  |  775-589-8900
Medical School: Ross University School of Medicine, Dominica, West Indies
Board Certifications: American Board of Family Medicine
Provider Covered by the Hospital Financial Assistance Policy (FAP)

MICHICLLE FEENEY, MSN, FNP
BARTON URGENT CARE | STATELINE MEDICAL CENTER
155 Hwy. 50, Stateline, NV 89449  |  775-589-8900
Graduate School: University of San Francisco, San Francisco, CA
Certifications: American Academy of Nurse Practitioners
Services: Adult and pediatric acute illnesses, adult and pediatric primary care.
Provider Covered by the Hospital Financial Assistance Policy (FAP)

JANET GOODALL, PA, FNP
BARTON URGENT CARE | STATELINE MEDICAL CENTER
155 Hwy. 50, Stateline, NV 89449  |  775-589-8900
Graduate School: Master of Physician Assistant — University of Nebraska Medical Center, Omaha, NE; Master of Family Nurse Practitioner/Physician Assistant — University of California, Davis, Davis, CA
Certifications: American Academy of Nurse Practitioners; National Commission on Certification of Physician Assistants
Provider Covered by the Hospital Financial Assistance Policy (FAP)

STUART MICHELSOEN, MD
BARTON URGENT CARE | STATELINE MEDICAL CENTER
155 Hwy. 50, Stateline, NV 89449  |  775-589-8900
Medical School: Oregon Health & Science University School of Medicine
Board Certifications: American Board of Emergency Medicine
Provider Covered by the Hospital Financial Assistance Policy (FAP)
SCOTT SWANSON, MD
BARTON UROLOGY
2169 South Ave., South Lake Tahoe, CA 96150  |  530-543-5400
Medical School: Temple University School of Medicine & Dentistry
Board Certifications: American Board of Urology
Provider Covered by the Hospital Financial Assistance Policy (FAP)

WARREN WITHERS, MD
BARTON URGENT CARE | STATELINE MEDICAL CENTER
155 Hwy. 50, Stateline, NV 89449  |  775-589-8900
Medical School: Creighton University School of Medicine, Omaha, NE
Board Certifications: American Board of Emergency Medicine
Provider Covered by the Hospital Financial Assistance Policy (FAP)

BRIAN STEIXNER, MD
BARTON UROLOGY
2169 South Ave., South Lake Tahoe, CA 96150  |  530-543-5400
Medical School: Temple University School of Medicine, Philadelphia, PA
Hospital Affiliations: Barton Memorial Hospital
Board Certifications: American Board of Urology
Services: Specializing in urologic conditions for men, women, teens and children. Performing minimally invasive procedures in the diagnosis and treatment of urologic cancers, voiding issues in men and women, kidney stones, erectile dysfunction, low testosterone and other urologic conditions. Treats all diseases of the male and female urinary system.
Provider Covered by the Hospital Financial Assistance Policy (FAP)
WELLNESS SERVICES

GREG BERGNER, MD, ACLM
CENTER FOR ORTHOPEDICS & WELLNESS
2170 B South Ave., South Lake Tahoe, CA  |  530-539-6620
Medical School: University of Illinois, Champaign, IL
Board Certifications: American College of Lifestyle Medicine Diplomat
Services: Medical Director of Wellness and Lifestyle, Complete Health Improvement Program Facilitator, Lifestyle Medicine consultations
Provider Covered by the Hospital Financial Assistance Policy (FAP)

MELINDA CHOY, LAC, MTCM
CENTER FOR ORTHOPEDICS & WELLNESS
2170 B South Ave., South Lake Tahoe, CA 96150  |  530-539-6620
Graduate School: Five Branches University, Santa Cruz, CA
Board Certifications: Licensed Acupuncturist, Masters Degree in Traditional Chinese Medicine, National Certification Diplomat in Acupuncture and Chinese Herbology
Services: Acupuncture, Traditional Chinese Medicine, Herbology, Functional Medicine, Root Cause Medicine
Provider Covered by the Hospital Financial Assistance Policy (FAP)

ADRIANA COVELL, BS, HHP, CN
CENTER FOR ORTHOPEDICS & WELLNESS
2170B South Ave., South Lake Tahoe, CA  |  530-539-6620
Graduate School: University of Sao Paulo, Brazil, Natural Healing Institute of Naturopathy, Encinitas, CA, Institute for Professional Excellence in Coaching, USA
Services: Health Coach, Certified Holistic Health Practitioner, Certified Nutritionist & Life Coach specializing in weight management, emotional health and behavior modification in order to promote and improve the health of participants.
Provider Covered by the Hospital Financial Assistance Policy (FAP)

NANCY LAURENSON, MSc., NBC-HWC
CENTER FOR ORTHOPEDICS & WELLNESS
2170B South Ave., South Lake Tahoe, CA  |  530-539-6620
Graduate School: Kings College London, UK; Duke Integrative Medicine
Board Certification: National Board Certified Health & Wellness Coach
Services: Wellness Navigator, Clinical Exercise Physiologist and Integrative Health Coach specializing in lifestyle modification, cancer and cardiac rehab, chronic disease and stress management to promote and improve the health of participants.
Provider Covered by the Hospital Financial Assistance Policy (FAP)

JAMIE MILLER, LAC, MTCM
CENTER FOR ORTHOPEDICS & WELLNESS
2170 B South Ave., South Lake Tahoe, CA  |  530-539-6620
Graduate School: Five Branches University, Santa Cruz, CA
Board Certifications: CA State Board licensed acupuncturist, Masters Degree in Traditional Chinese Medicine, Doctoral Candidate in Classical Chinese Medicine & Acupuncture Orthopedics
Services: Acupuncture, Traditional Chinese Medicine & Herbology, Orthopedic Acupuncture & Integrative Sports Medicine
Provider Covered by the Hospital Financial Assistance Policy (FAP)
MARIANNA RANDOLPH, LCSW

CENTER FOR ORTHOPEDICS & WELLNESS
2170 B South Ave., South Lake Tahoe, CA | 530-539-6620

BEHAVIORAL HEALTH
1067 Fourth St., South Lake Tahoe, CA | 530-539-6620

Graduate School: San Diego State University, San Diego, CA

Board Certification: Board of Behavioral Sciences (CA)

Services: Individual therapy with adults 18+ specializing in chronic pain, chronic health conditions, family caregiving, life transitions, depression, anxiety, grief and loss, stress management and finding sense of purpose. Group therapy and psychoeducational classes on stress management, mindfulness techniques, and Cognitive Behavioral Therapy

Provider Covered by the Hospital Financial Assistance Policy (FAP)

AMY SMITH, FNP, NBC-HWC

CENTER FOR ORTHOPEDICS & WELLNESS
2170 B South Ave., South Lake Tahoe, CA | 530-539-6620

Graduate School: University of San Francisco, San Francisco, CA; University of Arizona Integrative Medicine Fellow

Board Certifications: American Nurses Credentialing Center, Integrative Health Coaching Certification, National Board Certified Health & Wellness Coach

Services: Incorporates a patient-centered, holistic healing approach focused on treating root cause of disease by combining conventional medicine and research-based complementary healing modalities including Integrative Medicine Consultations, Nutrient/Supplement Assessments, and Mindfulness Training.

Provider Covered by the Hospital Financial Assistance Policy (FAP)
The Barton Community Health Center provides comprehensive healthcare services to the community. Most forms of insurance are accepted for various preventative and curative visits; please check with your insurance to validate your network. For those who do not have healthcare coverage, we will work with you to find an applicable program that may offset charges. Free vaccinations are available for children and adults who qualify.

Open six days a week, Monday through Saturday from 8am to 5pm. Same day and walk-in appointments available. Accepting Medi-Cal, other insurances and sliding scale. Providers covered by the hospital financial assistance program (FAP) are noted and may be subject to change. Please check with your provider to ensure coverage.

Please call to schedule an appointment. Same day Family Practice appointments are available.

Main: 530-543-5623 | Pediatrics: 530-543-5550 | Obstetrics: 530-543-5467
MICHAEL F. FRY, MD

ORTHOPEDICS | BARTON COMMUNITY HEALTH CENTER
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5783

Medical School: University of Southern California School of Medicine, Los Angeles, CA
Hospital Affiliations: Barton Memorial Hospital; Carson Tahoe Regional Medical Center; University of California – Davis; Sierra Surgery Hospital
Board Certifications: American Board of Orthopaedic Surgery; Fellowship – Spine Surgery at U.C. Davis
Services: Treatment of adult and pediatric diseases of the spine and spine trauma.
Provider Covered by the Hospital Financial Assistance Policy (FAP)

BETSY GLASS, LCSW

BEHAVIORAL HEALTH | BARTON COMMUNITY HEALTH CENTER
2201 South Ave., South Lake Tahoe, CA 96150 | 530-543-5623

Graduate School: University of South Carolina, Columbia, SC
Board Certifications: Board of Behavioral Sciences
Services: Individual therapy with adults 18+
Provider Covered by the Hospital Financial Assistance Policy (FAP)

DREW HERBERT, FNP

BARTON COMMUNITY HEALTH CENTER
2201 South Ave., South Lake Tahoe, CA 96150 | 530-543-5623

Graduate School: Vanderbilt University, TN
Board Certifications: American Association of Nurse Practitioners, California Board of Nursing
Specialty: Family Medicine
Provider Covered by the Hospital Financial Assistance Policy (FAP)

MEGAN JEWELL, MD

GYNECOLOGY & OBSTETRICS | BARTON COMMUNITY HEALTH CENTER
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5467

Medical School: Chicago Medical School, Chicago, IL
Board Certifications: Board Certified in Obstetrics & Gynecologists, DaVinci Robot Certification for Benign Gynecology, American Board of Obstetrics & Gynecology
Provider Covered by the Hospital Financial Assistance Policy (FAP)
BROOKS MARTIN, MD
BARTON COMMUNITY HEALTH CENTER
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5623
Medical School: Boston University, Boston, MA
Professional Certification: American Board of Family Medicine
Services: Board spectrum family medicine including geriatrics, pediatrics, preventative care and acute and chronic illnesses. Travel medicine including immunizations, ADHD diagnosis and management, vasectomy, DAN (Diver’s Alert Network affiliate physician.
Provider Covered by the Hospital Financial Assistance Policy (FAP)

KIM ORTA, FNP
BARTON COMMUNITY HEALTH CENTER
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5623
Graduate School: University of Phoenix, CA
Professional Certifications: American Association of Nurse Practitioners (AANP), California Association for Nurse Practitioners (CANP)
Provider Covered by the Hospital Financial Assistance Policy (FAP)

DANIELLE PRIEM, DO
BARTON PEDIATRICS | BARTON COMMUNITY HEALTH CENTER
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-543-5550
Medical School: Des Moines University, Des Moines, IA
Board Certifications: American Board of Pediatrics
Provider Covered by the Hospital Financial Assistance Policy (FAP)

TRACY PROTELL, MD
PSYCHIATRY | BARTON COMMUNITY HEALTH CENTER
2201 South Avenue, South Lake Tahoe, CA 96150 | 530-600-1968
Medical School: University of Nevada School of Medicine, Reno, NV
Board Certifications: American Board of Psychiatry and Neurology
Provider Covered by the Hospital Financial Assistance Policy (FAP)

LISA ROBERGE, PA
ORTHOPEDICS | BARTON COMMUNITY HEALTH CENTER
2201 South Ave., South Lake Tahoe, CA 96150 | 530-543-5783
Graduate School: Medical University of South Carolina, Charleston, SC
Board Certifications: National Commission on Certification of Physician Assistants
Provider Covered by the Hospital Financial Assistance Policy (FAP)
CLARE RUDOLPH, MD
GYNECOLOGY & OBSTETRICS | BARTON COMMUNITY HEALTH CENTER
2201 South Avenue, South Lake Tahoe, CA 96150  |  530-543-5467
Medical School: St. Louis University School of Medicine, St. Louis, MO
Board Certifications: American Board of Obstetrics and Gynecology
Provider Covered by the Hospital Financial Assistance Policy (FAP)

KIMBERLY VANKIRK, LCSW
BEHAVIORAL HEALTH | BARTON COMMUNITY HEALTH CENTER
2201 South Ave., South Lake Tahoe, CA 96150  |  530-543-5623
Graduate School: University of Denver, Denver, CO
Board Certifications: Board of Behavioral Sciences (CA)
Services: Individual therapy with adults 18+
Provider Covered by the Hospital Financial Assistance Policy (FAP)

AMANDA STEVEN WEAVIL, MD
GYNECOLOGY & OBSTETRICS | BARTON COMMUNITY HEALTH CENTER
2201 South Avenue, South Lake Tahoe, CA 96150  |  530-543-5467
Medical School: University of Maryland School of Medicine, Baltimore, MD
Board Certifications: American Board of Obstetrics & Gynecology
Provider Covered by the Hospital Financial Assistance Policy (FAP)

MICHAEL P. SULLIVAN, MD
NEUROLOGY | BARTON COMMUNITY HEALTH CENTER
2201 South Ave., South Lake Tahoe, CA 96150  |  530-543-5783
Medical School: University of Arizona Medical College, Tucson, AZ
Board Certifications: American Board of Neurology, Electrophysiology
Provider Covered by the Hospital Financial Assistance Policy (FAP)
The following physicians see patients at Barton Health, but do not take direct appointments.

**ANESTHESIOLOGY**

**TIGRAN AVAKUMOV, MD**
Medical School: University of South Dakota Sanford School of Medicine, Sioux Falls, SD

**PATRICK BAGHDIKIAN, MD**
Medical School: University of California, San Francisco, CA

**PETER DIGRANDE, MD**
Medical School: University of California, San Diego, CA

**WES IRWIN, MD**
Medical School: Chicago Medical School, Chicago, IL

**NIRVANA KUNDU, MD**
Medical School: Uniformed Services University of the Health Sciences, Bethesda, MD

**CHERYL ORR, MD**
Medical School: University of Pittsburgh, Pittsburgh, PA

**BROOKS ROHLEN, MD**
Medical School: University of Utah School of Medicine

**JAMES STANSBURY, MD**
Medical School: University of Medicine & Dentistry of New Jersey, Newark, New Jersey

**EMERGENCY**

**STEVE ASTENGO, DO**
Medical School: Arizona College of Osteopathic Medicine, Glendale, AZ
Provider Covered by the Hospital Financial Assistance Policy (FAP)

**ALLISON BREWER, MD**
Medical School: University of Vermont College of Medicine, Burlington, VT
Provider Covered by the Hospital Financial Assistance Policy (FAP)

**LARS ENSIGN, MD**
Medical School: University of Washington School of Medicine, Seattle, WA
Provider Covered by the Hospital Financial Assistance Policy (FAP)
NATHAN FURST-NICOLS, MD
Medical School: University of Rochester, Rochester, NY
Provider Covered by the Hospital Financial Assistance Policy (FAP)

KATHI GLAUNER, MD
Medical School: University of Kansas School of Medicine, Kansas, KS
Provider Covered by the Hospital Financial Assistance Policy (FAP)

MICHAEL HABICHT, MD
Medical School: University of California Irvine School of Medicine, Irvine, CA
Provider Covered by the Hospital Financial Assistance Policy (FAP)

MICHAEL MCLAUGHLIN, MD
Medical School: University of Pittsburgh School of Medicine, Pittsburgh, PA
Provider Covered by the Hospital Financial Assistance Policy (FAP)

COREY MCLEOD, MD
Medical School: University of South Florida College of Medicine, Tampa, FL
Provider Covered by the Hospital Financial Assistance Policy (FAP)

CLAY JOSEPHY, MD
Medical School: University of Washington School of Medicine, Seattle, WA
Provider Covered by the Hospital Financial Assistance Policy (FAP)

STEVEN LEMAN, MD
Medical School: University of Washington School of Medicine, Seattle, WA
Provider Covered by the Hospital Financial Assistance Policy (FAP)

THOMAS JANTOS, MD
Medical School: University of Pittsburgh School of Medicine, Pittsburgh, PA
Provider Covered by the Hospital Financial Assistance Policy (FAP)

STEVEN LEMAN, MD
Medical School: University of Washington School of Medicine, Seattle, WA
Provider Covered by the Hospital Financial Assistance Policy (FAP)
<table>
<thead>
<tr>
<th>Name</th>
<th>Medical School</th>
<th>Financial Assistance Policy (FAP)</th>
</tr>
</thead>
<tbody>
<tr>
<td>ELIZABETH MCNAMARA, MD</td>
<td>Weill Medical College of Cornell</td>
<td>Provider Covered by the Hospital Financial Assistance Policy (FAP)</td>
</tr>
<tr>
<td>STEVE MCNAMARA, MD MPH</td>
<td>Oregon Health &amp; Science University School of Medicine, Portland, OR</td>
<td>Provider Covered by the Hospital Financial Assistance Policy (FAP)</td>
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<tr>
<td>BROOKE MYATT, MD</td>
<td>University of Nevada, Reno School of Medicine, Reno, NV</td>
<td>Provider Covered by the Hospital Financial Assistance Policy (FAP)</td>
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<tr>
<td>TARGHEE OEVERAAS, MD</td>
<td>University of Nevada, Reno School of Medicine, Reno, NV</td>
<td>Provider Covered by the Hospital Financial Assistance Policy (FAP)</td>
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<td>LANCE ORR, MD</td>
<td>Augusta University, Medical School of Georgia, Augusta, GA</td>
<td>Provider Covered by the Hospital Financial Assistance Policy (FAP)</td>
</tr>
<tr>
<td>PETER PROTELL, MD</td>
<td>University of Nevada, Reno School of Medicine, Reno, NV</td>
<td>Provider Covered by the Hospital Financial Assistance Policy (FAP)</td>
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<td>RAYMOND STILLWELL, MD</td>
<td>Keck School of Medicine of USC, Los Angeles, CA</td>
<td>Provider Covered by the Hospital Financial Assistance Policy (FAP)</td>
</tr>
<tr>
<td>TIMOTHY TONINI, DO</td>
<td>Pikeville Kentucky College of Medicine, Pikeville, KY</td>
<td>Provider Covered by the Hospital Financial Assistance Policy (FAP)</td>
</tr>
<tr>
<td>KANDRA YEE, MD</td>
<td>Oregon Health &amp; Science University School of Medicine, Portland, OR</td>
<td>Provider Covered by the Hospital Financial Assistance Policy (FAP)</td>
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</tbody>
</table>
HOSPITALISTS

DAVID FINNIGAN, MD
Medical School: Georgetown University School of Medicine
Provider Covered by the Hospital Financial Assistance Policy (FAP)

GRACE HARDING, DO
Medical School: Lake Erie College of Osteopathic Medicine, Erie, PA
Provider Covered by the Hospital Financial Assistance Policy (FAP)

JEAN MAKRIS, MD
Medical School: University of California, San Francisco, CA
Provider Covered by the Hospital Financial Assistance Policy (FAP)

JACOB MARQUETTE, DO
Medical School: Lake Erie College of Osteopathic Medicine, Erie, PA
Provider Covered by the Hospital Financial Assistance Policy (FAP)

TAMARA MCBRIDE, MD
Medical School: University of Arizona College of Medicine, Tucson, AZ
Provider Covered by the Hospital Financial Assistance Policy (FAP)

LEIGH WAYNE MILLER, MD
Medical School: East Tennessee State University James H. Quillen College of Medicine, Johnson City, TN
Provider Covered by the Hospital Financial Assistance Policy (FAP)

MARISSA MUSCAT, MD
Medical School: Michigan State University College of Human Medicine, East Lansing, MI
Provider Covered by the Hospital Financial Assistance Policy (FAP)

PHYSICIANS AND PATHOLOGY

STEFAN SCHUNK, MD
Medical School: University of Medicine & Dentistry of New Jersey, Newark, NJ
Provider Covered by the Hospital Financial Assistance Policy (FAP)

MARY RHONDA SNEERINGER, MD
Medical School: Stritch School of Medicine, Loyola University Chicago, Chicago, IL
Provider Covered by the Hospital Financial Assistance Policy (FAP)

ANDREW TANG, MD
Medical School: Creighton University School of Medicine, Omaha, NE
Provider Covered by the Hospital Financial Assistance Policy (FAP)

PATHOLOGY

FAYE SMITH-CHAKMAKOVA, MD
Medical School: Ross University School of Medicine, Barbados
<table>
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<td>Ferraro, Patricia</td>
<td>30A</td>
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<td>Fry, Michael</td>
<td>23A, 39A</td>
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<td>Ganong, Alison</td>
<td>24A, 29A</td>
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<tr>
<td>Gerhart, Sherellen</td>
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<tr>
<td>Glass, Betsy</td>
<td>30A, 39A</td>
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<tr>
<td>Goodall, Janet</td>
<td>19A, 20A, 34A</td>
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<td>Ha, Hyun</td>
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<tr>
<td>Hancock, Joseph</td>
<td>16A</td>
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<td>Herbert, Drew</td>
<td>9A, 39A</td>
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<td>Holmgren, Leonard</td>
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<td>Ingersoll, Andrek</td>
<td>14A</td>
</tr>
<tr>
<td>Jaskot, Michael</td>
<td>24A</td>
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<tr>
<td>Jewell, Megan</td>
<td>16A, 18A, 39A</td>
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<td>John, Frederick</td>
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<td>Jones, David</td>
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<td>Jones, Erin</td>
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<td>Kaim, Melissa</td>
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<td>Knight, Paul</td>
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<td>Koppel, Ahrin</td>
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<td>Laurensen, Nancy</td>
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<td>Lehmann, Mark</td>
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<td>Leman, Steven</td>
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<td>Manouski, Paul</td>
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<tr>
<td>Martin, Brooks</td>
<td>10A, 40A</td>
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<td>Martin, Daniel</td>
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Martin, Patrick ..................... 10A
Mehrens, Henning ................. 10A
Mendoza, Marco ................... 25A
Michelson, Stuart ................ 34A
Miller, Jamie ....................... 36A
Monroe, Allison ................... 10A
Mulvey, Marina .................... 13A
Norman, Daniel .................... 16A
Norris, Jenifer ..................... 11A
O'Bannon, Lydia .................... 25A
Olson, Kevin ....................... 14A
Or, Jeffrey ......................... 25A
Or, Terrence ....................... 26A
Orta, Kim .......................... 11A, 40A
Phillipsen, Rebecca ............... 30A
Pidermann, Barbara ............... 11A
Priem, Danielle ..................... 11A, 40A
Protell, Tracy ...................... 30A, 40A
Purvance, Clinton ................ 19A
Randall, Dana ...................... 26A
Randolph, Marianna ............... 31A, 37A
Roberge, Lisa ...................... 26A, 40A
Robertson, Daniel ................ 26A
Romaneschi, Brian ................ 15A
Roth, Ronald ....................... 15A
Rudolph, Clare ..................... 16A, 18A, 41A
Rupp, Robert ....................... 27A
Rupp, Sonia ......................... 31A
Semrad, Thomas .................... 20A
Shepard, William .................. 33A
Silk, Robert ......................... 32A
Smith, Amy ......................... 37A
Southard, Scott .................... 27A
Steinmetz, Allison ................ 11A
Steixner, Brian ..................... 35A
Sullivan, Michael P. .............. 17A, 41A
Swanson, Kyle ...................... 28A
Swanson, Scott ..................... 35A
Tang, Andrew ....................... 12A, 19A
Taylor, Sandra ..................... 33A
Tirdel, Greg ......................... 33A
Tomita, Robin ...................... 29A
Vankirk, Kimberly ................. 31A, 41A
Vial, Kelly .......................... 12A
Villaret, Amy ....................... 28A
Weavil, Amanda .................... 17A, 18A, 41A
Willen, Gary ......................... 17A
Withers, Warren .................... 35A
Wolff, Robert ....................... 21A
Young, David ....................... 13A
# YOUTH PREVENTIVE CARE CHECKLIST

Talk with your doctor about your child’s risks and preventive care screening plan.

<table>
<thead>
<tr>
<th>EXAMS</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Refer to Your Pediatrician’s Recommendation for Well-Child</td>
<td>1 week and older</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>VACCINES</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Annual Flu Shot - Every Fall</td>
<td>6 months and older</td>
</tr>
<tr>
<td>Pentacel, Prevnar, Hepatitis B and Rotavirus</td>
<td>2 months</td>
</tr>
<tr>
<td>Pentacel, Prevnar and Rotavirus</td>
<td>4 months</td>
</tr>
<tr>
<td>Pentacel, Prevnar, Hepatitis B, Flu Shot and Rotavirus</td>
<td>6 months</td>
</tr>
<tr>
<td>MMR, Varicella and Hepatitis A</td>
<td>12 months</td>
</tr>
<tr>
<td>Pentacel and Prevnar</td>
<td>15 months</td>
</tr>
<tr>
<td>Hepatitis A</td>
<td>18 months</td>
</tr>
<tr>
<td>DTaP, Polio, MMR, and Varicella</td>
<td>4 years</td>
</tr>
<tr>
<td>Human Papillomavirus (HPV)</td>
<td>11-12</td>
</tr>
<tr>
<td>Meningococcal Conjugate (MCV4)</td>
<td>11-12</td>
</tr>
<tr>
<td>Tetanus, Diptheria, Pertussis (Tdap)</td>
<td>11-12</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SCREENINGS</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Oral Health Assessment</td>
<td>6 months</td>
</tr>
<tr>
<td>Anemia, TB, and Lead Tests</td>
<td>12 months</td>
</tr>
<tr>
<td>Body Mass Index (BMI)</td>
<td>2 and older</td>
</tr>
<tr>
<td>Vision Test</td>
<td>3 and older</td>
</tr>
<tr>
<td>Depression</td>
<td>12 and older</td>
</tr>
</tbody>
</table>
# Adult Preventive Care Checklist

Talk with your doctor about your risks and preventive care screening plan.

## Exams

<table>
<thead>
<tr>
<th>Exam</th>
<th>Age Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>Periodic Well Visits with Your Primary Care Physician</td>
<td>18 and older</td>
</tr>
</tbody>
</table>

## Vaccines

<table>
<thead>
<tr>
<th>Vaccine</th>
<th>Age Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>Annual Flu Shot – Every Fall</td>
<td>18 and older</td>
</tr>
<tr>
<td>Pneumococcal (Pneumonia)</td>
<td>65 and older</td>
</tr>
<tr>
<td>Tetanus, Diptheria, Pertussis (Td/Tdap) – Every 10 Years</td>
<td>18 and older</td>
</tr>
<tr>
<td>Zostavax (Shingles)</td>
<td>60 and older</td>
</tr>
</tbody>
</table>

## Screenings

<table>
<thead>
<tr>
<th>Screening</th>
<th>Age Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oral Health Assessment</td>
<td>6 months</td>
</tr>
<tr>
<td>Anemia, TB, and Lead Tests</td>
<td>12 months</td>
</tr>
<tr>
<td>Body Mass Index (BMI)</td>
<td>2 and older</td>
</tr>
<tr>
<td>Vision Test</td>
<td>3 and older</td>
</tr>
<tr>
<td>Depression</td>
<td>12 and older</td>
</tr>
</tbody>
</table>

## Women Only Screenings

<table>
<thead>
<tr>
<th>Screening</th>
<th>Age Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cervical Cancer (Pap Smear, HPV) – Every 3-5 Years</td>
<td>21 - 65</td>
</tr>
<tr>
<td>Chlamydia</td>
<td>24 and younger</td>
</tr>
<tr>
<td>Breast Cancer Screening</td>
<td>40 and older</td>
</tr>
<tr>
<td>Osteoporosis</td>
<td>65 and older</td>
</tr>
</tbody>
</table>
Pain isn't always obvious, but most suicidal people show signs that they are thinking about suicide.

Warning signs can be subtle and may include increased alcohol and drug use, mood changes and withdrawal. By recognizing these signs, knowing how to start a conversation and where to turn for help, you have the power to make a difference – the power to save a life.

GIVE & GET SUPPORT
For suicide prevention and support, call the National Suicide Prevention Lifeline at 1-800-273-8255 or visit suicideispreventable.org.
BASIC NEEDS SERVICES
Animal Services ................................................................. 4B
Financial Assistance ....................................................... 4B
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Transportation ............................................................... 7B

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Mental Health Counseling .............................................. 12B - 13B
Substance Abuse Counseling ........................................... 14B
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Fire ............................................................... 23B
Emergency Medical .......................................................... 23B

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Medical Support Services .................................................. 25B
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Housing & Care Facilities .................................................. 27B
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ANIMAL SERVICES

El Dorado County Animal Services
1120 Shakori Dr
South Lake Tahoe, CA 96150
530-573-7925

Humane Society of Truckee-Tahoe
Promotes sentiments of humanity and gentleness towards domestic and other animals to protect their health and safety via education, advocacy and humane ethics.
10961 Stevens Ln
Truckee, CA 96161
530-587-5948
hstt.org

Lake Tahoe Wildlife Care
An independent, nonprofit volunteer organization whose function is to raise, rehabilitate and release orphaned and injured wild birds and animals.
1485 Cherry Hills Cir
South Lake Tahoe, CA 96150
530-577-2273
ltwc.org

FINANCIAL ASSISTANCE

CalWORKS
Cash aid and services for families in need.
3368 Sandy Way
South Lake Tahoe, CA 96150
3368 Lake Tahoe Blvd., Ste. 100
South Lake Tahoe, CA 96150
530-573-3200
C4Yourself.com

El Dorado County Victim/Witness
Advocacy and assistance with medical bills, wage loss, relocation and other services for victims or witnesses of crimes.
778 Pacific St.
Placerville, CA 95667
530-642-4760
EDCGov.us

General Assistance
Cash aid program providing vouchers for housing, utilities and personal needs.
3368 Lake Tahoe Blvd., Ste. 100
South Lake Tahoe, CA 96150
530-573-3200
C4Yourself.com

HEAP
Federally funded HEAP helps income-eligible families pay their energy bills. If you are eligible, HEAP can help you pay for electricity, wood, propane or heating oil. Benefits may be paid once a year. No charge.
1360 Johnson Blvd., #103
South Lake Tahoe, CA 96150
530-573-3490
EDCGov.us

South Lake Tahoe Cancer League
Offers limited needed financial aid and transportation to cancer patients who are in active treatment (i.e. not in remission, "being followed after treatment" or on Hospice). In order to be eligible for a grant or transportation, the cancer patient must be a permanent resident of the area from the El Dorado/Placer County Line, CA on the west through the south shore of Douglas County Line/Stateline Lake Tahoe to Glenbrook, NV on the east.
P.O. Box 17962
South Lake Tahoe, CA 96151
530-573-1703
solaketahoecl@gmail.com

Veterans Resource Centers of America
Services provided include rental assistance, utility assistance, security deposits, case management and referrals for employment, legal, health, childcare, food, transportation and assistance for homeless veterans.
106 East Adams St., #203
Carson City, NV 89706
775-360-2155
nnvrc@vetsresource.org

Veterans Service Center
Funded by the United States Department of Veterans Affairs, the Veteran Family Services program is administered through Volunteers of America to provide supportive services to extremely low or very low-income veteran families who are homeless or at risk of becoming homeless.
916-228-3153
voa-ncnn.org
Basic Needs

**FOOD & CLOTHING**

**Boys & Girls Club of Lake Tahoe**
Free meals for any child, 18 or under, in the community. Meal time starts at 5pm, Monday through Friday at the Boys & Girls Club of Lake Tahoe. Children do not need to be current members of the club.

1100 Lyons Ave.
South Lake Tahoe, CA 96150
530-542-0838
BGCLT.org

**Bread & Broth – Hot Meals**
Monday Meal - Every Monday 4:00-5:30pm

St. Theresa Grace Hall
1041 Lyons Ave.
South Lake Tahoe, CA 96150
530-542-2876

Second Serving - Every Friday 4-5pm

Lake Tahoe Community Presbyterian Church
2733 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
775-588-3993
BreadAndBroth.org

**CalFresh**
Formerly known as food stamps - can add to your food budget to put healthy, nutritious food on your table using monthly electronic benefits that can be used to buy foods at many markets and stores. Apply by phone, online or in person.

3368 Sandy Way
South Lake Tahoe, CA 96150
530-573-3200
C4Yourself.com

**Christmas Cheer**
Provides food, some clothing and household items. Open Tuesday thru Thursday, 11am to 2pm.

1120 3rd St.
South Lake Tahoe, CA 96150
P.O. Box 14489
South Lake Tahoe, CA 96151
530-542-4934
ChristmasCheerTahoe@gmail.com

**El Dorado County Community Services**
Offering a wide range of accessible programs designed to meet basic needs and improve the quality of life for residents living in our community. No charge.

1360 Johnson Blvd., Ste #103
South Lake Tahoe, CA 96150
530-573-3490
EDCGov.us

**Family Resource Center**
Clothing available and a variety of food items everyday Mon-Fr 8:30am to 4:30pm. USDA food commodities are distributed the second Friday of every month until gone.

3501 Spruce Ave., #B
South Lake Tahoe, CA 96150
530-542-0740
TahoeFRC.org

**Live Violence Free**
Food, clothing, toys and a variety of household items available for victims of domestic violence and sexual assault.

2941 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-544-2118 Business
530-544-4444 24-hour
LiveViolenceFree.org

**City of South Lake Tahoe Senior Center Nutrition Program**
People age 60 and older can have a lunch time meal Monday through Friday in El Dorado County. Call for information.

530-573-3130
HOUSING

AFFORDABLE HOUSING COMPLEXES IN TAHOE

**Bijou Woods Apartments**
3421 Spruce Ave.
South Lake Tahoe, CA 96150
530-544-4070

**Evergreen Tahoe Apartments**
1432 Melba Dr.
South Lake Tahoe, CA 96150
530-541-1543

**Sierra Garden Apartments**
1801 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-541-7237

**Sky Forest Acres**
Affordable housing for persons with physical disabilities
750 Emerald Bay Rd.
South Lake Tahoe, CA 96150
800-466-7722

**Tahoe Coalition for the Homeless**
Provides a warm room shelter during evenings in the winter months. Phone number and mailing address in service year round.
P.O. Box 13514
South Lake Tahoe, CA 96151
775-573-0822
TahoeHomeless.org
or Find Us on Facebook at: TahoeCoalitionForTheHomeless

**Tahoe Pines Apartments**
3431 Spruce Ave.
South Lake Tahoe, CA 96150
530-541-1333

**Tahoe Valley Townhomes**
1055 Tata Ln.
South Lake Tahoe, CA 96150
530-541-7274

SECTION 8 RENTAL ASSISTANCE

**El Dorado County Community Services**
1360 Johnson Blvd. #103
South Lake Tahoe, CA 96150
530-573-3490

**Domestic Violence Shelter**
24-hour response: Emergency shelter and 90-day temporary shelter for male and female victims of domestic violence and their families.
2941 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-544-2118 (Business)
530-544-4444 (24-hour)
LiveViolenceFree.org

**Housing Hotline**
The Housing Hotline is a phone number you can call and get information, locate resources, request assistance, or potentially file a complaint regarding the condition of your rental unit. No charge. English & Spanish.
1052 Tata Ln.
South Lake Tahoe, CA 96150
530-542-7417
CityOfSLT.us

**Only Kindness, Inc.**
Offering rapid rehousing, veteran services and coordinated entry.
Placerville, CA
530.344.1864
info@onlykindness.net
TRANSPORTATION

AMTRAK
Bus to Sacramento and out of the area.
800-872-7245
amtrak.com

Tahoe Transportation District
Includes South Shore fixed-route service and commuter bus service to Carson City and the Carson Valley. Provides ADA paratransit service within the City of South Lake Tahoe, northern El Dorado County and western Douglas County.
775-589-5502
530-541-7149
TahoeTransportation.org

South Lake Tahoe Cancer League
Free transportation for permanent residents for cancer treatments or office visits for cancer patients currently undergoing treatment. Transportation provided in South Lake Tahoe, Reno, Sparks, Truckee, the Carson Valley and UC Davis/Sacramento.
P.O. Box 17962
South Lake Tahoe, CA 96151
530-573-1703
solaketahoecl@gmail.com

South Tahoe Express
Shuttle from Stateline Casinos to Reno International Airport.
775-325-8944
SouthTahoeExpress.com

ADA Paratransit Transportation Services
A shared-ride, origin to destination, curb-to-curb transportation service. Intended for persons who are unable to travel to or from transit stops or centers within the service area, independently board, ride, or exit fixed-route transit vehicles or otherwise independently “navigate the system.” All persons must prove eligibility for the paratransit service. Eligible riders include seniors age 65 and over with government issued photo ID, veterans of any age with a service-connected disability and individuals under 65 with a medically verified disability.

FARE
One-way ride = $3 | Ten one-way rides = $30
Pay with a pre-purchased pass or exact cash. Drivers cannot make change. Personal Care Attendants (PCAs) travel for free with eligible passengers.

Make Reservations: Call Dispatch between 6:00am to 8:00pm at least the day prior to travel.
530-541-7149 Ext. 3
TahoeTransportation.org
info@tahoetransportation.org
INSURANCE TYPES

**ADULT**

- **Adult Severe:** El Dorado County Behavioral Health
- **Adult Mild to Moderate:** Barton Community Health Center
- **Adult Medi-Care – Mild to Moderate:** A Balanced Life

**Medi-Care or Medi-Cal**

- **Child Severe:** El Dorado County Behavioral Health
  - Sierra Child & Family
- **Child Mild to Moderate:**
  - Tahoe Youth & Family Services
  - Live Violence Free
  - Family Resource Center

**CHILD**

- **No Insurance / Low-Income**
  - Barton Community Health Center
  - Live Violence Free
  - Family Resource Center

- **Private Pay**
  - Private Practice
  - Barton Family Medicine
  - Live Violence Free

**ALL OTHERS**

- **El Dorado County Behavioral Health**
- **Sierra Child & Family**
- **13B, 16B, 32B**
- **13B, 14B, 32B**
- **13B, 15B, 30B**

Always call your insurance carrier to get a list of in-network providers as the list above may change and is not a comprehensive list.

There is also an option of setting up a single-case agreement. Check your insurance coverage as it may include an **Employee Assistance Program (EAP)** which can provide therapy sessions among other benefits.
INFORMATION & RESOURCES

1-800-NO-BUTTS
Smoking cessation information. Quitting literature and telephone counseling. Qualifying Medi-Cal patients provide prescription from physician. If pregnant, need authorization from physician. Children in household 5 years or less, no authorization. Monday–Friday 7am–9pm and Saturday 9am to 5pm.
1-800-662-8887 (1-800-NO-BUTTS)

Alzheimer's Association of Northern CA and Northern NV
Helpline available 24-hours a day, 7-days a week, 365-days a year.
775-786-8061
800-272-3900 Helpline
alz.org/norcal

Brain & Behavior Research Foundation
Research breakthroughs, causes and to someday find a cure for mental illnesses. Free webinars, recovery stories, and the latest in brain research studies.
800-829-8289
BBRFoundation.org

Each Mind Matters
California's mental health movement. Recover stories and inspirational blogs. Adults and youth.
800-273-8255
SuicidelsPreventable.org
EachMindMatters.org

El Dorado Substance Youth Disorder Services
Provides substance youth disorder treatment and prevention. Free for those referred by the court system.
M-F 8-5 Access Line 530-621-6290 and the 24 hour Access line 1-800-929-1955
1900 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-573-7959
EDCGov.us

El Dorado County Victim/Witness Assistance
Referrals for crisis intervention and counseling, advocacy, and compensation for victims of crime. All ages. No charge.
778 Pacific St.
Placerville, CA 95667
530-642-4760
EDCGov.us
VCGB.ca.gov/victims

Health Coaching
Health coaching is a process that promotes a healthy lifestyle through individual empowerment and motivation. Your health coach partners with you to identify your health and wellness goals, then helps you achieve sustainable behavior changes.

Barton Center for Orthopedics & Wellness
2170B South Ave.
South Lake Tahoe, CA 96150
530-539-6620
BartonOrthopedicsAndWellness.com/
healthcoach

Hope Lutheran Church
Spiritual & family counseling.
930 Julie Ln.
South Lake Tahoe, CA 96150
530-541-1975

Mindfulness Training
Become more aware of your present self with your thoughts, feelings, body, and the environment with Mindfulness Training. Decrease stress, improve concentration and functioning, and better manage emotional and physical health with different, guided mindfulness techniques.

Barton Center for Orthopedics & Wellness
2170B South Ave.
South Lake Tahoe, CA 96150
530-539-6620
BartonOrthopedicsAndWellness.com/classes

M.O.S.T. (Mobile Outreach Safety Team)
The Douglas County Sheriff’s Department has developed their own intervention team.
775-782-5126
MOSTDouglas.com
NAMI (National Alliance on Mental Illness)  
Education, support and advocacy. Mental health statistics, definitions, how to get help, recovery stories, national mental health policy guidelines promoting improved services and supports. The toll-free NAMI Helpline provides free referral, information and support – a much needed lifeline for many.  
English Warm-line: 530-306-4101  
Spanish Warm-line: 775-407-0306  
NAMI Warm-line: county-wide available  
M-Thur 10 a.m. - 3 p.m.: 530-306-4101  
NAMI.org  
  
NAMI - El Dorado County So. Lake Tahoe  
Non-judgmental support to families and individuals living with mental illness (support, education, advocacy) during times of need as well as guidance on how to begin a path of recovery. Donations accepted.  
Mon-Thu 10am-3pm  
English Warm-line: 530-306-4101  
Spanish Warm-line: 775-407-0306  
NAMI Warm-line: county-wide available  
M-Thur 10 a.m. - 3 p.m.: 530-306-4101  
NAMIElDoradoCounty.org  
f2fnami@gmail.com  
  
NAMI - Family To Family  
Free 12-session class for family members, partners and friends of individuals with mental health issues.  
English Warm-line: 530-306-4101  
Spanish Warm-line: 775-407-0306  
NAMI Warm-line: county-wide available  
M-Thur 10 a.m. - 3 p.m.: 530-306-4101  
f2fnami@gmail.com  
  
NAMI South Lake Tahoe - Warm Lines  
English Warm-line: 530-306-4101  
Spanish Warm-line: 775-407-0306  
NAMI Warm-line: county-wide available  
M-Thur 10 a.m. - 3 p.m.: 530-306-4101  
  
National Suicide & Prevention Lifeline  
800-799-4889  
  
Smoking Cessation Classes  
Start your smoke-free life now. Freedom from Smoking is the premier smoking cessation program from the American Lung Association. It helps you develop a plan of action that leads to your quit day. Call today for upcoming class details.  
530-539-6620  
BartonHealth.org/communityed
South Tahoe Drug Free Coalition
Community coalition focused on youth substance abuse prevention.
BeDrugSafe.com

St. Theresa’s Catholic Church
Spiritual and family counseling.
1037 Lyons Ave.
South Lake Tahoe, CA 96150
530-544-3533
Tahoecatholic.com

Suicide Prevention Network
Local South Shore suicide support & resources.
775-783-1510
530-600-6520
SPNAwareness.org

Tahoe Coalition for the Homeless
Provides a warm room shelter during evenings in the winter months. Phone number and mailing address in service year round.
P.O. Box 13514
South Lake Tahoe, CA 96151
775-573-0822
TahoeHomeless.org
Facebook.com/TahoeCoalitionForTheHomeless

Teen Text Support Line
Text "start" to 741741 to get immediate help.
CrisisTextLine.org
A Balanced Life: Individual, Family & Child Therapy, Inc.
Provides individual, couples and family therapy to children, adolescents and adults. Call or go to the website for available programs and services. ComPsych EAP, Medicare, California Victim Compensation Program, County of El Dorado office of Education Child Development Programs, Veterans Choice Program, California Conservation Corps, Caesars Entertainment EA Nevada Behavioral Healthcare Option.
2100 Eloise Ave.
South Lake Tahoe, CA 96150
530-544-1748
ABalancedLifeTahoe.com

Barton Community Health Center
This clinic provides primary health care services and mental and behavioral health services. Insurance accepted: Medi-Cal, other insurance and Sliding Scale.
2201 South Ave.
South Lake Tahoe, CA 96150
530-543-5623
BartonHealth.org

Barton Psychiatry
Evaluation and medication for children and adolescents, including play therapy. Insurance and private pay by referral.
Stateline Medical Center
155 Hwy. 50
Stateline, NV 89449
774-589-8946
Community Health Center
2201 South Ave.
South Lake Tahoe, CA 96150
530-600-1968
BartonHealth.org

Carson Tahoe Behavioral Health Services – Inpatient Psychiatric
Adults ages 18 and older inpatient psychiatric disorders and chemical dependency. Accepts most insurance, Medicare and Medicaid.
1080 N. Minnesota St.
Carson City, NV 89703
775-445-7350
CarsonTahoe.com

Carson Tahoe Behavioral Health Services – Outpatient Psychiatric
Treats adults with psychiatric and addictive disorders through individual counseling. Accepts most insurance, Medicare.
775 Fleischmann Way
Carson City, NV 89703
775-445-7756
CarsonTahoe.com

Carson Tahoe Behavioral Health Services – Outpatient Treatment
Adult, individual and/or group substance abuse counseling. Accepts most insurance, Medicare.
775 Fleischmann Way
Carson City, NV 89703
775-445-7756
CarsonTahoe.com

El Dorado County Behavioral Health
Assessments for specialty mental health services for adults and children with Medi-Cal. Individual, family and group therapy, case management and medication support for those that qualify. Referrals to other community providers for those not meeting Medi-Cal requirements for specialty mental health services. Wellness Center open from 1pm-4pm Mon-Fri., open to all community members 18 years and older regardless of insurance status or enrollment in services. Wellness activities range from socialization, peer support and quality of life improvement classes and activities. 24-hour Crisis Hotline.
1900 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-544-2219 24-Hour Crisis Hotline
530-573-7970
edcgov.us/mentalhealth
**Family Resource Center**  
Bilingual counseling for children ages 5 to 18 and adults who do not have insurance. Donations accepted. No charge.  
3501 Spruce Ave., #B  
South Lake Tahoe, CA 96150  
530-542-0740  
[FamilyResourceCenter.com](http://FamilyResourceCenter.com)

**Infant Parent Center**  
The Infant Parent Center is a non profit that serves families from conception to five years of age. Our relationship with each family is warm and personal creating a safe and collaborative environment. Our agency promotes prevention and family wellness. Our staff have specialized training in Infant Mental Health and have an average of over 15 years working with families.  
2949 Lake Tahoe Blvd., Ste. B4  
South Lake Tahoe, CA 96150  
530-676-2899 #0  
[InfantParentCenter.com](http://InfantParentCenter.com)

**Live Violence Free**  
Counseling, advocacy and support for child and adult victims of domestic violence, sexual assault and child abuse and their families. 24-hour emergency response. No insurance or payment for our counseling.  
2941 Lake Tahoe Blvd.  
South Lake Tahoe, CA 96150  
530-544-4444 – 24-Hour  
530-544-2118 – Business  
[LiveViolenceFree.org](http://LiveViolenceFree.org)

**Psychiatric Health Facility**  
A 24-hour structured, therapeutic environment staffed by trained mental health professionals which provides services to both voluntary and involuntary adult patients who are in acute psychiatric distress. Private pay, Medi-Cal, sliding scale.  
935-B Spring St.  
Placerville, CA 95667  
530-621-6210  
[edcgov.us/mentalhealth](http://edcgov.us/mentalhealth)

**Rural Clinic of Carson City**  
Services for children, adolescents and adults. Includes outpatient counseling, psychosocial rehabilitation, service coordination, consultation and education, crisis services, group therapy. Sliding scale, Medicare, and Medicaid.  
1665 Old Hot Springs Rd., Ste. 150  
Carson City, NV 89706  
775-687-0870  
[Renobehavioral.com](http://Renobehavioral.com)

**Sierra Child & Family Services**  
Provides counseling services to children & families. Medi-Cal only.  
**Populations Served:** Children/Youth 0-21 years old that are referred from El Dorado County Mental Health for intensive services, Specialty Mental Health Services  
**Payment Accepted:** Medi-Cal  
2580 Lake Tahoe Blvd.  
South Lake Tahoe, CA 96150  
530-544-2111  
[SierraChildFamilyServices.org](http://SierraChildFamilyServices.org)

**Tahoe Youth & Family Services**  
Substance abuse evaluations and counseling for youth and adults. Medi-Cal, private insurance and private pay.  
1021 Fremont Ave.  
South Lake Tahoe, CA 96150  
530-541-2445  
[TahoeYouth.org](http://TahoeYouth.org)
SUBSTANCE ABUSE COUNSELING

El Dorado County Behavioral Health
Substance use assessments, treatment referrals and group therapy.
M-F, 8-5 Access Line 530-621-6290 and the 24 hour Access line 1-800-929-1955
1900 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-573-7970

National Institute on Drug Abuse
Use the SAMHSA Treatment Locator or call 1-800-662-HELP (4357)
DrugAbuse.gov

Reno Behavioral Healthcare Hospital
Comprehensive mental health and addiction treatment for patients of all ages. Free, confidential assessments available 24/7
6940 Sierra Center Pkwy.
Reno, NV 89511
775-393-2201
Renobehavioral.com

RJ Counseling
Individual and Family Addiction Counseling. Providing counseling to overcome drug and alcohol problems. All ages: Adolescents, Teens and Adults.
870 Emerald Bay Road
South Lake Tahoe, CA 96150
(530) 545-0891
rbarna@rjcounseling.com
rjcounseling.com

Tahoe Youth and Family Services
Substance abuse evaluations and counseling for youth and adults. Medi-Cal, private insurance and private pay.
1021 Fremont Ave.
South Lake Tahoe, CA 96150
530-541-2445
TahoeYouth.org

SUPPORT GROUPS

A Balanced Life:
SMART Recovery Group
Free weekly group counseling for addiction of any type (drugs, alcohol, gambling, overeating, etc.). Tuesdays 6-7pm.
2100 Eloise Ave.
South Lake Tahoe CA 96150
530-544-1748
ABalancedLifeTahoe.com/community-programs

Adult Family Caregiver Support Group
Adults/ families who care for adults with chronic and disabling health conditions are invited to attend a monthly caregiver support group. Group members will learn about community resources, disease processes, coping strategies, importance of self-care, and ways to connect to others with adult family member with a chronic health condition, such as dementia, Parkinson's disease, MS, or diabetes.

Barton Center for Orthopedics & Wellness
2170B South Ave.
South Lake Tahoe, CA 96150
530-539-6620
BartonOrthopedicsandWellness.com/supportgroups

Al-Anon
Friends and family members of problem drinkers share their experiences and learn how to apply the principles of the Al-Anon program to their individual situations. No charge.
888-425-2666 - Call 24 Hours a Day
al-anon-alateen.org

Alcoholics Anonymous
Groups are held 7 days per week with specialty groups for men, women and young people. Please call for more information. No charge.
530-541-1243 - Call 24 Hours a Day
Camp Sunrise
Camp Sunrise is a FREE grief summer camp designed for children age 7 – 14 who have experienced the death of a family member. Children receive grief education and support through fun-filled activities and programs. Held once each year.
2092 Lake Tahoe Blvd., Ste. 500
South Lake Tahoe, CA 96150
530-543-5592
BartonHealth.org/CampSunrise

Live Violence Free
Domestic Violence Support Group
Support group for victims affected by domestic violence.
2941 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-544-2118
LiveViolenceFree.org

El Dorado County Family Caregiver Support Program
Meets the 1st Wednesday of every month from 3-4:30pm.
3050 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-621-6151
edcgov.us

El Dorado County Behavioral Health Community - Wellness Support Groups
Substance use assessments, treatment referrals, group therapy, social activities and education for improved mental health. Call for scheduled activities.
M-F 8-5 Access Line 530-621-6290 and the 24 hour Access line 1-800-929-1955
1900 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-544-2219 - 24 Hour Crisis Help
530-573-7970
edcgov.us/mentalhealth

Family Ties of Nevada
This support line is designed to assist people in finding resources for a loved one with any chronic illness, disability or other condition. Callers who don’t know where to go for help call the support line from 8:30am – 5pm, Monday-Friday.
3710 Grant Dr., #B, Reno, NV 89509
866-326-8437
FamilyTiesNV.net

Foster and Kinship Care Support - Spanish
Tuesdays & Wednesdays 5pm-7:15pm
3501 Spruce Ave., Ste. #B
South Lake Tahoe, CA 96150
530-542-0740
TahoeFRC.org

Freedom From Smoking Classes
Ready to quit? Start your smoke-free life now. Freedom From Smoking® is the premier smoking cessation program from the American Lung Association. It helps you develop a plan of action that leads to your quit day. Learn how to quit smoking. In-person classes.
530-539-6620
BartonHealth.org/communityed

Gamblers Anonymous
Support group for people with a gambling problem. Senior and adults eligible. Tuesdays at 6pm
Tahoe Community Church
145 Daggett Way, Stateline, NV 89449
775-588-5860
tahoecommunitychurch.org

Head Injury Association of Northern Nevada (HIANN)
Our mission is to be the voice of advocacy for brain injury survivors, their families, and caregivers. We help brain injury survivors that have conditions resulting from concussions, TBI, strokes and other causes, put their lives back together “piece by piece.”
P.O. Box 19314, Reno, NV 89511
(775) 830-4261
hiann.org
info@hiann.org

Mommy & Me Support Group
We invite new parents and their babies or toddlers to attend our FREE weekly groups to share experiences and discuss the joys and challenges of parenting. Get support from other parents as well as professional support from a childbirth instructor, nurse, and guest presenters. Infants & Toddlers (up to 36 months)
Barton Center for Orthopedics & Wellness
2170B South Ave
South Lake Tahoe, CA 96150
530-539-6620
BartonHealth.org/mommyandme
NAMI Family Support Group
Free support group for families who have a loved one affected by mental illness. Second Tuesday of each month from 6-7:30pm at the El Dorado County Main Library. Adults eligible.

El Dorado County Main Library
1000 Rufus Allen St.
South Lake Tahoe, CA 96150
English Warm-line: 530-306-4101
Spanish Warm-line: 775-407-0306
NAMI Warm-line: county-wide available M-Thur 10 a.m. - 3 p.m.: (530) 306-4101
f2fnami@gmail.com

Narcotics Anonymous
Call for meetings and locations.
530-541-4100
SierraSageNA.org

Overeaters Anonymous
Adults eligible. Tuesdays at 6pm
Tahoe Community Church
145 Daggett Way, Stateline, NV 89449
775-588-5860

Parkinson's Disease Support Group
The Parkinson's Disease Support Group offers support for those diagnosed with Parkinson's disease, as well as family members and caretakers of those affected.
Barton Center for Orthopedics & Wellness
2170B South Ave, South Lake Tahoe, CA
530-543-5712
BartonOrthopedicsandWellness.com/supportgroups

Reflections Of Life And Loss
Free grief support group provides info and support for those grieving the loss of a loved one. Please call for times. Registration required.
2092 Lake Tahoe Blvd., Ste. 500
South Lake Tahoe, CA 96150
530-543-5592
BartonOrthopedicsandWellness.com/supportgroups

Sierra Child & Family Services
Foster and adoptive parent support group. First Thursday of every month, 5pm-6:30pm.
2580 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-544-2111

Smart Recovery Group
A science-based addiction recovery support group. Alternative to traditional 12-step programs. Fridays 6pm-7pm. Free.
2100 Eloise Ave.
South Lake Tahoe, CA 96150
530-544-1748

Survivors Of Suicide Loss Support Group
Provides healing peer support for people coping with the loss of a loved one to suicide. First Tuesday of every month, 3:30-5pm.
El Dorado County Main Library
1000 Rufus Allen St.
South Lake Tahoe, CA 96150
530-600-6520
SPAwareness.org

Women's Cancer Support Group
The Women's Cancer Support Group offers a safe, confidential environment where women with cancer, or a history of cancer, can meet others and address their challenges.
Barton Center for Orthopedics & Wellness
2170B South Ave, South Lake Tahoe, CA
530-539-6620
BartonOrthopedicsandWellness.com/supportgroups
Accepting private health insurance, reimbursement or cash payments.

**Catherine Aisner, PH.D., PSY**  CA Lic# 10543  
2311 Lake Tahoe Blvd., Ste. 3  
South Lake Tahoe, CA 96150  
530-541-6696  
Treatments/Diagnosis: Couples, Trauma  
Populations: Couples  
Advanced Clinical Training: ICEEFT-Certified Emotionally Focused Couples Therapist, Eye Movement Desensitization and Reprocessing; IA Certified EMDR Therapist  
Payment/Insurance Accepted: Barton employees

**Marcella Araiza, LMFT**  CA Lic# 111395  
(A Under clinical supervision of Lindsay Simon)  
A Balanced Life  
2100 Eloise Ave.  
South Lake Tahoe, CA 96150  
530-544-1748  
530-544-1728 (fax)  
Treatments/Diagnosis: Co-occurring substance abuse issues, self-harm, depression, anxiety, parenting, family conflict, teen behavioral issues.  
Populations: Adults, Teens, Spanish-speaking  
Payment/Insurance Accepted: Cash, Check, Credit, sliding scale, CPS, Victim’s Compensation Board, Head Start, soon to be accepting Com Psych EAP, Nevada Behavioral Health EAP

**Lisa Barker, LMFT**  CA Lic# #96308  
A Balanced Life  
2100 Eloise Avenue  
South Lake Tahoe, CA 96150  
530-544-1748  
530-544-1728 (fax)  
Populations: adults, teens, kids ages 3+  
Treatment/diagnoses: crisis counseling, grief & trauma, co-occurring with substance abuse, family issues  
advanced training: EMDR (for minors and adults), Theraplay  
Payment methods: Cash, Check, Credit, ComPsych, Nevada Behavioral Health EAP, Victim’s Compensation Board. Out of network with most insurances.

**Monica Campbell, LMFT**  NV Lic# #01153  
Restoring Relationships Parent Consultation  
310 Dorla Ct, Ste 209  
Zephyr Cove, NV 89448  
530-544-1748  
Populations: Parents, teens, families  
Treatment/diagnoses: Teens ages 12-18 anxiety and depression. Family Therapy, Parent information, education and support.  
Advanced Clinical Training: Art Therapy EMDR  
Payment methods: Cash practice  
Populations Not Served: Not a medical provider. Do not work with personality disorders.  
Restoringrelationships.today  
monica@restoringrelationships.today

**Nicole Cooley, LMFT, RDT**  NV MFT Lic# 01430  
Green Room Healing Arts  
160 Pine Ridge Dr, Suite D  
Stateline, NV 89449  
775-580-7890  
Populations: Adults, children, couples, families  
Treatment/diagnoses: Anxiety, depression, trauma, relationships, personal growth  
Advanced Clinical Training: Expressive arts/drama therapy, yoga RYT-200  
Payment methods: United Healthcare, Cigna, Beacon, Out of network, sliding scale  
Greenroomhealingarts.com  
Greenroomhealingarts@gmail.com

**Thomas Dickey, MFT**  CA Lic# 32853  
2489 Lake Tahoe Blvd., Ste. 26  
South Lake Tahoe, CA 96150  
530-543-0400  
530-543-1209 (fax)  
Diagnoses: Depression, Anxiety, Relationships, Goal Setting, Parenting  
Treatments: Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Family Systems Therapy, Short Term Dynamic Psychotherapy  
Populations: Teens and older.  
Payment/Insurance Accepted: Cash, Sliding Scale, Most Insurance Accepted
Erin Eisenlohr, LMFT  
CA Lic# 50832  
NV Lic# 01349  
310 Dorla Ct., Ste. 209  
Zephyr Cove, NV 89449  
775-749-8161  
ErinEisenlohr.com  

**Treatments/Diagnoses:** Anxiety, Depression, Trauma/PTSD, Grief/Loss, Life Transitions  
**Populations:** Individuals – Adults and Adolescents  
**Advanced Clinical Training:** Diplomat of the Academy of Cognitive Therapy; Certified Provider of Prolonged Exposure; Advanced Clinical Training in Trauma-Focused Cognitive Behavioral Therapy and Cognitive Processing Therapy, Bilingual (English/Spanish)  
**Payment/Insurance Accepted:** Cash, Check, Barton EAP, Anthem Blue Cross and Prominence

Karen Joaquin, LMFT  
CA Lic# 82969  
A Balanced Life  
2100 Eloise Ave.  
South Lake Tahoe, CA 96150  
530-544-1748  
530-544-1728 (fax)  

**Treatments/Diagnoses:** Depression, anxiety, co-occurring substance abuse, self-harming, trauma and EMDR certified  
**Population:** Adults, 3+ Kids, Teens, Families  
**Payment/Insurance Accepted:** Cash, Check, Credit, Comp Psych (EAP for Kirkwood & Heavenly), Victim’s Compensation Board, Out-of-Network with most insurances.

Laurie Gallagher, LSCW  
CA Lic# 13934  
3320 Sandy Way, #4  
South Lake Tahoe, CA 96150  
530-542-2409 *2  

**Treatment/Diagnosis:** Depression, Anxiety, PTSD, Transitions  
**Populations:** Adults, Children, Couples, Families  
**Advanced Clinical Training:** Eye Movement Desensitization & Reprocessing; Cognitive Behavioral Therapy; Dialectical Behavioral Therapy; Domestic Violence; Certified EMDR Provider  
**Payment/Insurance Accepted:** Cash, Check, Aetna, Blue Shield, Raley’s, Safeway, Barton employee insurance, Holman Group.

Karen Mack, MFT  
CA Lic# 42597  
3351 Lake Tahoe Blvd, Suite 7  
South Lake Tahoe, CA 96150  
530-545-8928  

**Treatments/Diagnoses:** Everything; Depression/Anxiety  
**Populations:** Individuals, Couples, Adolescents  
**Payment/Insurance Accepted:** Cash, EAP, Aetna, Hometown Health, Prominence Blue Cross

Nancy J. Huzicka Crebs, LMFT  
CA Lic# 92420  
870 Emerald Bay Rd, Ste. 104, Room 3  
South Lake Tahoe, CA 96150  
530-386-8386  

**Treatments/Diagnoses:** PTSD, Uncomplicated Bereavement, Social Anxiety Disorder, Anxiety Disorders, Depressive Disorders  
**Populations:** Adolescents, Adults, Geriatrics  
**Advanced Clinical Training:** Eye Movement Desensitization & Reprocessing; Repair & Reattachment Grief Therapy  
**Payment/Insurance Accepted:** Cash, Check, Credit, Comp Psych (EAP for Kirkwood & Heavenly), Victim’s Compensation Board, Out-of-Network with most insurances.

Erin Kelly, LMFT  
CA Lic# 45628  
A Balanced Life  
2100 Eloise Ave.  
South Lake Tahoe, CA 96150  
530-544-1748  
530-544-1728 Fax  

**Treatments/Diagnoses:** Co-occurring disorders, Play Therapy, Substance Abuse.  
**Population:** ages 3+  
**Advanced Clinical Training:** Art Therapy  
**Payment Insurance Accepted:** Cash, Check, Comp Psych (EAP for Kirkwood & Heavenly), Victim’s Witness, Head Start, CPS, Nevada Behavioral Health EAP. No Medi-Cal. Out-of-Network with most insurances. EAP Nevada Behavioral Healthcare option
Tiffany Machia, AMFT  CA Lic# 110842
(Under clinical supervision of Lindsay Simon and Karen Joaquin)
A Balanced Life
2100 Eloise Ave.
South Lake Tahoe, CA 96150
530-544-1748
530-544-1728 Fax
Treatments/Diagnoses: Parental Guidance, Family conflict, child play therapy, childhood trauma
Preferred Populations: Adults, Children 3+, Teens, Families
Advanced Clinical Training: Trauma-Focused CBT, Child Play Therapy, certified level I Gottman Couples therapist
Payment/Insurance Accepted: Sliding Scale, Cash, Check, Credit, CPS, Victims Compensation Board, Head Start

Kate Mosher, LCSW  CA Lic# 66640
870 Emerald Bay Rd., Ste. 303
South Lake Tahoe, CA 96150
530-494-9839
Treatments/Diagnoses: PTSD; Anxiety Disorders; Reactive Attachment Disorder; Mood Disorders; Childhood Disorders
Preferred Populations: 0-6 Years Old, Children, Trauma Survivors
Advanced Clinical Training: Trauma-Focused Cognitive Behavioral Therapy; Early Childhood Mental Health Training; Sexual Abuse and Domestic Violence Treatment for Survivors
Payment/Insurance Accepted: Cash, Victim Witness Payment, CPS Payment

Viola Nungary, MFT  CA Lic# 31975
2489 Lake Tahoe Blvd., Ste. 26
South Lake Tahoe, CA 96150
530-542-0800
775-588-9230
Treatments/Diagnoses: Anxiety, Depression, Marital/Couple Issues, Grief/Loss, Coping with a major life crisis or transition
Populations: Individuals and couples
Advanced Clinical Training: Eye Movement Desensitization & Reprocessing; Hypnosis
Payment/Insurance Accepted: Most insurances accepted
Populations Not Served: Not ADA accessible

Marni Perschnick, LCSW
Wildflower Wellness LLC
208-801-1645
Therapy is done online, can serve anyone in Nevada or Idaho
Marni.counseling@gmail.com
Treatments/Diagnoses: Anxiety, Depression, women’s challenges, spiritual challenges, relationship challenges
Treatments/Diagnoses: Adult and adolescent females, female caregivers (by occupation or role in relationships)
Advanced Clinical Training: Certified in Forest Therapy
Payment/Insurance Accepted: Private pay, no insurance
Limits on access to services/populations not served: Violent individuals, clients with high risk for suicide or harm to self or others, Borderline Personality Disorder

Marianna Randolph, LCSW  CA Lic# 24256
A Balanced Life
2100 Eloise Ave.
South Lake Tahoe, CA 96150
530-544-1748
530-544-1728 (fax)
Treatments/Diagnoses: Anxiety, Grief/Loss, Chronic Pain, Health Condition, Adult ADHD, Caretaker Burden
Populations: 18+ years
Christina Rodriguez, LMFT  
Lakeside Therapy  
3053 Harrison Ave Suite 203  
South Lake Tahoe, CA 96150  
559-656-0929  
Preferred diagnoses: Trauma, depression, anxiety, chronic stress, defiant/ oppositional children/teens, parenting  
Treatments: Play therapy, Sand Tray, Art therapy, Aggression Replacement, Cognitive Behavioral Therapy, Trauma Focused CBT, 123-Magic, Pet therapy, Solution Focused, Immigration Evaluations  
Preferred Populations: Children, Teens, Adults  
Payment/Insurance Accepted: Cash, Credit card, check, Holmon Group EAP, Trindel EAP, Anthem Blue Cross/Blue shield, Magellan, Blomquist Hale EAP, Optum Health  
www.lakesidetherapy.life  
Christina@lakesidetherapy.life

Lindsay Simon, LMFT  
A Balanced Life  
2100 Eloise Ave.  
South Lake Tahoe, CA 96150  
530-544-1748  
530-544-1728 (fax)  
Treatments/Diagnoses: Mood disorders, anxiety, stress management, couples counseling, work related problems, life adjustments, adult ADHD, anger management  
Populations: Adults or adult children, medical professionals, Couples, Families with Teens  
Advanced Clinical Training: Domestic Violence Facilitation Certificate; Perinatal Mood & Anxiety Disorders; Specialized Family Therapy; Court Ordered Family Reunification, Certified Level I Gottman Couples Therapist  
Payment/Insurance Accepted: Cash, Check, Com Psych (EAP for Kirkwood & Heavenly), Victim’s Witness, Head Start, CPS, No Medi-Cal, Out-of-Network with most insurances. Nevada Behavioral Health EAP.

Debra Vance, LMFT  
3320 Sandy Way, Ste. 4  
South Lake Tahoe, CA 96150  
530-542-2409  
530-542-2791 (Fax)  
Treatments/Diagnoses: Depression, Anxiety/Stress, PTSD, Grief Work, Life Transitions  
Populations: Couples, Adults, Young Adults  
Populations Not Served: Young Children, Court Ordered, Custody Disputes  
Advanced Clinical Training: Cognitive Behavioral Therapy; Mindfulness, Couples Therapy  
Payment/Insurance Accepted: Anthem, Aetna, PEHP/Healthscope, Prominence Health, MHN, Magellan Blue Shield, BDA/Morneau Shepell
Michael G. Van Gordon, MFC  CA Lic# 36265
3351 Lake Tahoe Blvd., Ste. 9
South Lake Tahoe, CA 96150
530-318-1502
Treatments/Diagnoses: Gambling Problems, Depression, Anxiety, Trauma/PTSD, Couples/Marriage Counseling
Populations: Individuals, Couples, Adolescents, First Responders, Faith-Based Community
Advanced Clinical Training: Eye Movement Desensitization & Reprocessing; CBT; Gambling Problems/Addiction; Compassion Fatigue
Payment/Insurance Accepted: Cash, Credit Card, EAPs, AETNA, Anthem Blue Cross-EAP, Behavioral Health care Options, Blue Shield Magelin, MHN, United Behavioral Health, Holman Group, PsyComp, Behavioral Health Options & Provider for the California Gambling Program

Matthew Wong, PSY.D.  CA PSY# 26365
870 Emerald Bay Rd., Ste. 303, Box 3
South Lake Tahoe, CA 96150
415-806-0275
530-600-0633 Fax
Treatments/Diagnoses: ADHD, Anxiety, Depression, Adjustment Disorder, Learning Disorders
Populations: Children (4+), Adolescents, Young Adults
Limits on Access to Services/Populations Not Served: Active substance abuse, dual-diagnosis, active psychotic disorders
Advanced Clinical Training: Pediatric Neuropsychology, Psych Assessment
Payment/Insurance Accepted: Anthem, Cigna, Blue Shield
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**FIRE & RESCUE**

**Lake Valley Fire Protection District**
Fire protection and emergency medical response on the East Slope of El Dorado County. Chipping program, defensible space program and information.

2211 Keetack St.
South Lake Tahoe, CA 96150
530-577-3737
LakeValleyFire.org

**South Lake Tahoe Fire & Rescue**
Fire protection within the City of South Lake Tahoe.

2101 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-542-6160
cityofslt.us/fire

**Tahoe Douglas Fire Protection District**
Nevada fire protection department. Chipping, fuels reduction program, fire prevention information

P.O. Box 919 / 193 Elks Point Rd.
Zephyr Cove, NV 89448
775-588-3591
TahoeFire.org

**EMERGENCY MEDICAL**

**American Red Cross**
Disaster relief and emergency preparedness plus CPR certification and first aid courses.

1565 Exposition Blvd.
Sacramento, CA 95815
916-993-7070
RedCrossCRC.org/CA/sacramento

**Barton Memorial Hospital**
24-hour emergency care. Level III Trauma Center.

2170 South Ave.
South Lake Tahoe, CA 96150
530-541-3420
BartonHealth.org

**Barton Urgent Care**
Monday-Saturday, 8am-6pm & Sunday 9am-5pm. Insurance and self-pay.

Stateline Medical Center
1555 Hwy. 50
Stateline, NV 89449
775-589-8900
Online Check In: BartonHealth.org/urgentcare

**California Poison Control System (CPCS)**
Provides immediate, free and expert treatment, advice and referral over the phone in case of exposure to poisonous or toxic substances. Services are available 24-hours a day, 7-days a week.

800-222-1222
CalPoison.org

**Tahoe Urgent Care**
Available 6 days a week (closed Sundays)
8am-12pm, 1:30pm-5:00pm. Insurance and self-pay.

2130 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-541-3277
TahoeUrgentCare.com
**CANCER SUPPORT**

**American Cancer Society**
Offering multiple support programs for patients and caregivers throughout Northern California and Nevada. Transportation support in many areas.
800-227-2345 24-hour Cancer.org

**Barton Cancer Support Services**
Helping participants reach an improved state of wellness through guided exercise, yoga, behavior therapy, and nutrition. Cancer support services are supported by the Barton Foundation with a simple application process.
530-539-6620 BartonHealth.org/cancersupport

**Barton Oncology Labwork**
Follow up appointments available in cooperation with the Gene Upshaw Memorial Tahoe Forest Cancer Center.
1139 3rd St
South Lake Tahoe, CA 96150
530-600-1950 BartonHealth.org/oncology

**Barton Infusion Center**
Inside Barton Memorial Hospital
Cancer support services including blood transfusions, hydrations, labs and medications.
2170 South Ave.
South Lake Tahoe, CA 96150
530-543-5876

**Gene Upshaw Memorial Tahoe Forest Cancer Center**
The Cancer Center at Tahoe Forest Hospital offers services for the early detection, diagnosis and treatment of cancer. Affiliated with UC Davis.
10121 Pine Ave.
Truckee, CA 96161
530-582-6450 TahoeCancerCenter.com

**Renown Children’s Hospital**
Treats children and adolescents with cancer. Children’s Specialty Care is also home to the Children’s Infusion Center offering 24/7 physical coverage
1155 Mill St.
Reno, NV 89502
775-982-KIDS (5437) Renown.org/children

**South Lake Tahoe Cancer League**
Limited financial assistance grants for permanent South Lake Tahoe residents who are receiving treatment for cancer. Provides transportation at no charge for active treatment at UC Davis/Sacramento, Truckee, Reno, Carson Valley and local. No charge.
P.O. Box 17982
South Lake Tahoe, CA 96151
530-573-1703 solaketahoec@gmail.com

**Women’s Cancer Support Group**
The Women’s Cancer Support Group offers a safe, confidential environment where women with cancer, or a history of cancer, can meet others and address their challenges. Held monthly on the first Tuesday of each month from 5:30-6:30pm

**Center for Orthopedics & Wellness**
2170-B South Ave.
South Lake Tahoe, CA 96150
530-539-6620 BartonOrthopedicsAndWellness.com/supportgroups

**MEDI-CAL (for Dental)**

**Diamond Springs Dental**
Dr. April Westfall, DMD
Dentist on the western slope of El Dorado County who sees both adults and children and takes all forms of private insurance, Medi-Cal, CMSP and discount plans.
540 Main St., #102
Diamond Springs, CA 95619
530-344-0290
El Dorado Smiles - El Dorado Community Health Center Mobile Dental Clinic
Provides high-quality preventative services—comprehensive exams, x-rays, basic fillings, restorative procedures, fluorides, varnishes, sealants, dental cleanings, oral hygiene instruction, and dental education to everyone. Please call for information.

Services also available in the Dental Mobile Van.
Check our website for a calendar of dates and locations.

3100 Ponte Morino Dr., #120
Cameron Park, CA 95682
530-497-5016
edchc.org

Preventive Dental Care
Dr. Injoo Han
Placerville dentist who takes Medi-Cal, self-pay, most insurances.
4355 Golden Center Drive, Ste. A
Placerville, CA 95667
530-622-3430

Shingle Springs Health & Wellness Center- Dental
5168 Honpie Rd.
Shingle Springs, CA 95667
530-387-4342
sshwc.org

The Smile Shop
Dr. April Westfall, DMD
Dr. Lavonne Hammelman, DMDMPH
Accepts Medi-Cal and Met-Life insurance. Serves all ages. Currently accepting new patients.
Emergency walk-in hours Mon-Fri 7am

3358 Sandy Way
South Lake Tahoe, CA 96150
530-600-2835
TheSmileShopTahoe.com
TheSmileShopTahoe@gmail.com

Young Tahoe Smiles
Dr. Mireya Ortega
Basic dental care for children ages 0-16 without insurance and whose family meets financial eligibility. Cost $5, $10, $20 per visit.

Young Tahoe Smiles Program
1060 Ski Run Blvd.
South Lake Tahoe, CA 96150
530-541-7040
YoungTahoeSmiles.com

MEDICAL SUPPORT SERVICES

Accountable Care Organizations (ACO)
NurseWise 24-Hour line. A dedicated nurse line available 24-hour a day, 7-days a week to answer questions.
844-811-7358

County Medical Services Program (CMSP) & Path2Health/Medical
Health coverage for low-income adults in 35 rural counties including El Dorado. Apply in person, by phone or online.
3368 Lake Tahoe Blvd., #100
South Lake Tahoe, CA 96150
530-573-3200
c4yourself.com

El Dorado County Health & Human Services
Provides a variety of services including communicable disease control, immunizations and community nursing.
1360 Johnson Blvd., #103
South Lake Tahoe, CA 96150
530-573-3155
edcgov.us/humanservices

Medi-Cal
California’s Medicaid health care program. Pays for a variety of medical services for children and adults with limited income and resources. Apply in person, by phone, or online.
3368 Sandy Way
South Lake Tahoe, CA 96150
530-573-3200
c4yourself.com
PEOPLE WITH DISABILITIES

Alta CA Regional
Intervention and support for adults and children at risk for, or with, intellectual and/or developmental disabilities and their families.
2489 Lake Tahoe Blvd., Ste. 1
South Lake Tahoe, CA 96150
530-314-5970
AltaRegional.org

Choices Day Program
Support services for adults with developmental disabilities. Programs to foster independence, personal development and self-sufficiency.
870 Emerald Bay Rd., #400
South Lake Tahoe, CA 96150
530-541-0167
CTS-choices.org/south-lake-tahoe

Job Placement:
Vocational Rehabilitation
Provide services and advocacy resulting in employment and equality for individuals with disabilities.
2489 Lake Tahoe Blvd., Ste. 4
South Lake Tahoe, CA 96150
530-541-3226
dor.ca.gov

Lake Tahoe Unified School District
Programs for special needs students ages 0-22 years; Early intervention program 0-3 years; Preschool program for 3-5 year olds; Special education classes for students in transitional Kindergarten through grade 12.
1021 Al Tahoe Blvd.
South Lake Tahoe, CA 96150
530-541-2850 x1026
LTUSD.org

Tahoe Area Coordinating Council for the Disabled
Community Advocacy Group. Meets at California Department of Vocational Rehabilitation office at Noon on the 4th Monday of the month. FREE.
2849 Lake Tahoe Blvd.
P.O. Box 8728
South Lake Tahoe, CA 96158
530-544-1127
TahoeAreaCoordinatingCouncilForTheDisabled.com

Trails At The Lake
Provides personnel services, training and support for the physically, developmentally, and/or psychiatrically challenged persons including job training, personal budgeting assistance and independent or assisted living services. Private pay, may qualify for aid.
2494 Lake Tahoe Blvd., Ste. 5
P.O. Box 8728
South Lake Tahoe, CA 96150
530-544-1127
TrailsAtTheLake.org

Lake Tahoe Unified School District
Programs for special needs students ages 0-22 years; Early intervention program 0-3 years; Preschool program for 3-5 year olds; Special education classes for students in transitional Kindergarten through grade 12.
1021 Al Tahoe Blvd.
South Lake Tahoe, CA 96150
530-541-2850 x1026
LTUSD.org

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P.O. Box 8728
South Lake Tahoe, CA 96150
530-544-1127
TrailsAtTheLake.org
**HOUSING & CARE FACILITIES**

**Barton Skilled Nursing Facility**
A 48-bed unit located within the Barton Memorial Hospital campus, providing both long-term care and short-term rehabilitation stays.

2170 South Ave.
South Lake Tahoe, CA 96150
530-543-5885
BartonHealth.org

**Senior Living in Gardnerville**
Assisted living and memory care services for seniors promoting an active lifestyle. Private pay, long term care insurance.

1565 Virginia Ranch Rd.
Gardnerville, NV 89410
775-782-3100

**Carson Valley Senior Living**
High quality assisted living and memory care in Gardnerville, Nevada. Pet friendly.

1189 Kimerling Rd.
Gardnerville, NV 89460
775-265-1400
CarsonValleySeniorLiving.net

**Gardnerville Health And Rehabilitation Center**
A 24-hour skilled nursing facility. Providing long-term care, post acute rehabilitation, physical therapy, occupational therapy, speech-language pathology, social services including transition planning. Accepting Medicare, Medicaid, private insurance and private pay.

1573 Muller Parkway
Gardnerville, NV 89410
775-782-6620
GardnervilleHealthAndRehab.com

**Kelly Ridge Apartments**
Affordable housing for seniors. Independent living.

1447 Herbert Ave.
South Lake Tahoe, CA 96150
530-542-1680
KellyRidgeLakeTahoe.com

**Mountain View Health And Rehabilitation Center**
Residential facility for seniors providing dementia services, 24-hour skilled nursing, restorative nursing, and long-term care. Accepting Medicare, Medicaid, private insurance, HMO and private pay.

201 Koontz Ln.
Carson City, NV 89701
775-883-3622
MountainViewHealthAndRehab.com

**Tahoe Senior Plaza**
Affordable housing for seniors 62 and older. Independent living.

1101 3rd St.
South Lake Tahoe, CA 96150
530-542-7048
TahoeSeniorPlaza.com

**The Arbors Memory Care Community**
Alzheimer’s and other dementia care facility in Nevada.

2121 East Prater Way
Sparks, NV 89434
775-331-2229
ArborsMemoryCare.com
**SUPPORT SERVICES**

**Adult Protective Services**
Investigates reports of abuse or neglect of persons 65 years of age and older, and those ages 18-64 who meet the criteria for dependent adults. Licensed in CA and NV.
3057 Briw Road
Placerville, CA 95667
530-642-4800

**A Hand At Home**
Provides a wide range of non-medical support services that help families function and meet their needs for daily living in the comfort of their own home. Private pay and long-term care insurance. Licensed in California and Nevada.
3053 Harrison Ave., Ste. 205
South Lake Tahoe, CA 96150
530-545-0780
AHandAtHome.net

**Barton Home Health**
Skilled home health care for post-operative, diabetic, rehabilitation, cardiac and wound care.
2092 Lake Tahoe Blvd., Ste. 500
South Lake Tahoe, CA 96150
530-543-5581
BartonHealth.org/homehealth

**Barton Hospice**
Provides comfort and relieves symptoms of those who are terminally ill.
2092 Lake Tahoe Blvd., Ste. 500
South Lake Tahoe, CA 96150
530-543-5581
BartonHealth.org/hospice

**Douglas County Senior Center**
Recreational, educational and wellness activities for seniors age 60 and older. Meals on Wheels, homemaker services and DART transportation.
1329 Waterloo Lane
Gardnerville, NV 89410
775-783-6455
DouglasCountyNV.gov

**Eden Home Care**
Our compassionate caregivers are ready to help you with a variety of daily activities such as light housekeeping, meal planning, medication reminders, bathing, dressing and other helpful tasks.
911 Mountain St.
Carson City, NV 89703
775-392-2000
Eden-Health.com

**Elder Options**
Working with families to find solutions for older family members in honoring their wishes and keeping them safe at home. Provides 24/7 home care and care management supervision.
2074 Lake Tahoe Blvd., #7
South Lake Tahoe, CA 96150
530-541-1812
800-336-1709
ElderOptionsCA.com

**El Dorado County Senior Center**
Senior Helpline.
800-510-2020
530-621-6369

**El Dorado County Veterans Affairs**
Hours in South Lake Tahoe: Open 1st and 2nd Tuesday of each month. By appointment only. Veterans can get help with compensation for service related disabilities; pension and education benefits; referrals to VA medical facilities; government life insurance; survivor benefits; CA college fee waiver; and more.
924 Emerald Bay Rd.
South Lake Tahoe, CA 96150
By Appointment Only
530-573-7955 x5892
530-621-2218 Fax
130 Placerville Dr., Ste. B
Placerville, CA 95667
530-621-5892
530-621-2218 Fax
edc.gov/us/veterans
Employment Resource Center
Helping individuals search for a job, develop a quality resume, enhance job interview skills and more.
3368 Sandy Way
South Lake Tahoe, CA 96150
530-573-4330
edcgov.us

Tahoe Douglas Senior Center
Membership program for Tahoe basin residents. Recreational and support available including a month luncheon, group shopping and activity trips.
885 U.S. Hwy. 50
P.O. Box 1771
Zephyr Cove, NV 89448
775-588-5140

South Lake Tahoe Senior Center
An activity and information center that brings support services including exercise programs, computer lab, tax preparation, legal services, daily meals and nutrition counseling to the senior population of South Lake Tahoe. Call for more information.
3050 Lake Tahoe Blvd.
South Lake Tahoe, CA 96150
530-542-6094
CityOfSLT.us

Vitality For Life
Intensive outpatient senior wellness and mental health program serving seniors with depression, anxiety, grief and loss, social isolation and other mental health/life issues. Primary Medicare with secondary insurance or private pay.
Carson Valley Medical Center
1107 Hwy. 395 N.
Gardnerville, NV 89410
775-782-1599

Widowed Persons Association Of CA
Membership group for men and women with weekly recreational and support opportunities in addition to a monthly group gathering the last Sunday of each month.
530-573-0814
**YOUTH & FAMILY SERVICES**

**ACO Medicare Nurse Wise Health Line**
Accountable Care Organization’s NurseWise 24-Hour Medicare line. A dedicated nurse line available 24-hours a day, 7-days a week to answer questions.
844-811-7358

**Big Brothers Big Sisters Of El Dorado County**
BBBS makes meaningful, monitored matches between adult volunteers and at-risk children, ages 3 through 18, in El Dorado County. These mentors are friends and champions who serve as a positive role model and consistent supportive presence in these children's chaotic and unstable lives.

Tahoe Mountain Lab
3079 Harrison Ave.
South Lake Tahoe, CA 96150
530-626-1222

Todd White
530-417-0807
bbbs-edc.org

**Boys And Girls Club**
After school programs for school aged children during the school year. All day programs during summer and school breaks.

P.O. Box 17846
South Lake Tahoe, CA 96151
1100 Lyons Ave.
South Lake Tahoe, CA 96150
530-542-0838
bgclt.org

**CASA – Court Appointed Special Advocates**
CASA El Dorado’s trained and court-appointed volunteers advocate on behalf of abused, neglected and at-risk youth.

1354 Johnson Blvd., Ste. 2
South Lake Tahoe, CA 96150
530-573-3093
CASAElDorado.org

**Foster Kinship Education Program**
Providing education and support opportunities to care providers of children and youth in out-of-home care. Trainings are free and open to all community members. Trainings support attachment; social-emotional development; mental health; positive parenting techniques; trauma impacts, trauma informed care; developmental delays; neurodiversity; sensory issues; community resources; self-care and resiliency. FKCE also offers Kinship Provider Support Groups to provide support to relatives caring for family members.

LTCC.edu/FKCE
kehuxtable@ltcc.edu

**Child Health And Disability Prevention Program**
Complete health and dental assessments for early detection and prevention of diseases and disabilities in children and youth. Services include school entry exams, sports physicals and immunizations. Serving Medi-Cal eligible children birth through 20 years and low income children at or below 200 percent of poverty, birth through 18 years.

1360 Johnson Blvd., Ste. 103
South Lake Tahoe, CA 96150
530-573-3165
edcgov.us/publichealth

**Choices For Children**

1029 Takela Dr.
South Lake Tahoe, CA 96150
530-541-5848
ChoicesforChildren.org

**El Dorado County Child Protective Services**
Investigates reports of abuse, neglect or harm. Provides referrals to community resources.

3368 Lake Tahoe Blvd., Ste. 100
South Lake Tahoe, CA 96150
530-573-3201
844-756-3699 (toll free)
edcgov.us
El Dorado County – Community Hub Team
Hub Teams help families with everyday parenting by offering guidance on children’s behavior, parenting support, early literacy activities and connections to health insurance, doctors, dentists and wellness visits for expectant parents and families with children 0-18 throughout El Dorado County. Services are located at local libraries or by calling the toll free line 1-833-322-4827.
First5ElDorado.com/community-hubs

El Dorado County Health & Human Services – Public Health
Public Health provides a variety of services including communicable disease control, community health assessment, specialized health education, tuberculosis testing (PPD), nursing case management for high risk women and infants and immunizations for all ages.
1360 Johnson Blvd., Ste. 103
South Lake Tahoe, CA 96150
(530) 573-3155
edcgov.us/PublicHealth/

El Dorado County Office Of Education Early Head Start Programs
Serves birth to age 3 years, including teen parents, with weekly home visits. The focus of this federally funded program is to enhance family relationships and promote healthy child growth and development. Free for income eligible families.

Head Start Center-Based Programs
Preschool programs for children ages 3 to 5. Individualized early childhood programs focus on school readiness, literacy, health, nutrition and social services. Free for income eligible families.

El Dorado County Office Of Education Child Development Programs
1286 Kyburz Ave.
South Lake Tahoe, CA 96150
530-543-8200 – South Lake Tahoe
530-295-2270 – Western Slope

Family Resource Center
Low cost bilingual summer environmental education program and social skills groups during the school year.
3501 Spruce Ave., Ste. B
South Lake Tahoe, CA 96150
530-542-0740
TahoeFRC.org

HealthyChildren.org
Up-to-the-minute pediatric health information specially customized for you and your family. A monthly HealthyChildren.org e-newsletter.

The American Academy Of Pediatrics
141 Northwest Point Blvd.
Elk Grove Village, IL 60007
HealthyChildren.org
info@healthychildren.org
**Live Violence Free Children's Art Therapy**  
A program that is trauma focused for children using techniques to help children from the Windows Between Worlds Art Program.  
2941 Lake Tahoe Blvd.  
South Lake Tahoe, CA 96150  
530-544-2118  
LiveViolenceFree.org

**Sierra Child & Family Services**  
Provides support for foster youth and foster or adoptive families. Families who are interested in becoming a foster or adoptive parent should call to inquire.  
2580 Lake Tahoe Blvd.  
South Lake Tahoe, CA 96150  
530-544-2111

**SOS Outreach**  
A national youth development non-profit which utilizes adventure sports to engage at-risk and underserved students in long-term relationships.  
3053 Harrison Ave unit #204  
South Lake Tahoe, CA 96151  
530-918-4092  
775-298-0260 Direct  
530-206-6361 Mobile  
SOSOutreach.org

**South Lake Tahoe Library**  
Public access internet, wifi, books, audiobooks, movies and children's programs. Mon: 10-5, Tues and Wed: 10-7 Thurs-Sat: 10-5, Closed Sundays  
1000 Rufus Allen Blvd.  
South Lake Tahoe, CA 96150  
530-573-3185  
ElDoradoLibrary.org

**South Lake Tahoe Recreation Center**  
Year-round aquatic and other recreational programs for families. Self pay with a sliding scale.  
1180 Rufus Allen Blvd.  
South Lake Tahoe, CA 96150  
530-542-6056  
CityOfSLT.us

**Tahoe Youth & Family Services**  
Drop-in center for youth up to age 24. Tues 1:30-5, Thurs 1:30-5, Sat 12-4  
Basic needs and support. No charge.  
1021 Fremont Ave.  
South Lake Tahoe, CA 96150  
530-541-2445  
TahoeYouth.org

**University Of California CalFresh Nutrition Education**  
Advocating for nutrition, help adults and their families establish and maintain healthy eating habits and physically active lifestyles. Available for any nutritional resources you may need. No charge but must be eligible for Supplemental Nutrition Assistance Program (SNAP), WIC or Head Start.  
1100 Lyons Ave., Room A5  
South Lake Tahoe, CA 96150  
530-543-2312 x1112  
UCCalFresh.com

**Supportive Services for Veterans Families**  
Funded by the United States Department of Veterans Affairs, the Veteran Family Services program is administered through Volunteers of America to provide supportive services to extremely low or very low-income veteran families who are homeless or at risk for becoming homeless. For more information call or visit online.  
916-228-3153  
VOA-NCNN.org
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