



AFTER VASECTOMY INSTRUCTIONS

After your surgery the area was cleansed again with an antiseptic solution, followed by placement of a dressing and a scrotal suspensory. Other instructions re-iterated including:

1. No bathing for forty-eight (48) hours.
2. Bed rest for twelve to twenty-four hours (12-24) with ice packs to scrotum for as much of that time as possible.
3. Call if any unusual pain, significant scrotal swelling (other than minimal swelling) or bleeding from the incisional site(s).
4. No heavy or strenuous activity for a period of one (1) week.
5. No sexual activity for one (1) week. Patient may then resume sexual intercourse, but cautioned not to consider himself sterile until an aspermatic sperm count reported, usually after ten to twenty (10-20) ejaculations.
6. Mild analgesics may be used as directed over the next one (1) week.
7. Follow-up visit in one to two (1-2) weeks.
8. Suggest a single repeat sperm count at six (6) months to insure permanent sterilization; i.e.: no recanalization of the vasectomy.